



**April 7, 2016**

**Think...  
Manufacturing/  
Student Expo**



**You won't want to miss it!**

**Meet local business leaders who will discuss careers, internships, and part-time jobs.**



*Learn what business leaders are seeking in new hires for the future.*

The Victor Chamber of Commerce has created a new event where local industries are able to meet area students, encouraging them to consider a career in manufacturing. The event will introduce students and their families to the manufacturing environment of today, eliminating stereotypes and educating them about clean-room technology and other career options.

**Finger Lakes Community  
College (FLCC)**

**Victor Campus**

200 Victor Heights Parkway  
Victor, NY

**Thursday, April 7, 5-8pm**

**Questions?**

Call: (585) 742-1476

Email: [bonnie@victorchamber.com](mailto:bonnie@victorchamber.com)



## **“Think... Manufacturing/Student Expo”**

April 7, 2016

Chambers of commerce exist to grow business in the communities they serve. So what better way to make a difference than by promoting the area’s largest sector of business to its future workforce?

The Victor Chamber of Commerce decided to think outside the box when creating our **“Think... Manufacturing Student Expo”**. By collaborating with Finger Lakes Community College, our local school district and area manufacturers, we have created a new event where manufacturers are able to meet and greet area students, encouraging them to consider a career in manufacturing. The event will expose students to the manufacturing environment of today, eliminating stereotypes and educating them about clean-room technology and other options.

The event will target Victor area students and parents. From the business side our target is local companies hiring for current openings or looking ahead to replace waves of retiring employees. The jobs could include vocational careers in “the trades”, mid-level skill careers or high-tech careers. The event will give manufacturers and students an opportunity to discuss careers, internships, co-ops and part time jobs.

Prior to the event a roundtable meeting including teachers and representatives from manufacturers. The roundtable will feature a facilitated discussion with focused questions helping to frame the Spring event. Location- Finger Lakes Community College, Victor Campus, first quarter 2016

Our **“Think... Manufacturing Student Expo”** event combines elements of a Job Fair and Trade Show. Our target audience includes students and manufacturers. Location- Finger Lakes Community College, Victor Campus, April or May 2016.

In the Fall we follow up with our 4<sup>th</sup> Annual **“Techno Expo”** a Trade Show with elements of a Job Fair where students gain real world exposure to local industries. Our target audience includes students and manufacturers. Location- Pinnacle Athletic Campus, Victor, October 27, 2016

We hope you will attend or sponsor these events. Sponsorship information is available by contacting Mitch Donovan at 585-742-1476 or e-mail at: [mdonovan@victorchamber.com](mailto:mdonovan@victorchamber.com)

## Hike the Trails at MaryFrances Bluebird Haven & Monkey Run



On Saturday, April 9th, Victor Hiking Trails will lead a hike on the trails of two Town of Victor Parks.

Meet at the Butler Cottage, 235 County Road 9 (Victor-Egypt Rd) at 9:00 a.m. The hike will follow the trail around the perimeter of the property, cross over to the Monkey Run Trails and return to complete the trails at MaryFrances Bluebird Haven.

The hike will be about 4 miles long and take approximately 2 hours on relatively easy trails. This is an ideal hike for younger members of the family. We will be looking for wildflowers and bluebirds, so bring your camera and binoculars.

Check the website [www.victorhikingtrails.org](http://www.victorhikingtrails.org), Facebook, Meetup or the voice message line, 585-234-8226, for additional details.

*Victor Hiking Trails, Inc. is a 501(c)3 non-profit corporation dedicated to helping folks get in touch with nature through the development, maintenance and use of trails, mainly in the Town of Victor. The VHT board of directors meets on the third Thursday of each month at 7:30 P.M. at the Victor Town Hall, 85 East Main Street. There is parking in the rear of the building and the public is always welcome.*

## Victor Round Table 3.4.2016 notes

### Projects:

- Nat Fisher Memorial Bridge – Fishers Park – Final design and approval phase – over \$4,000 donated by friends and family of Nat toward the \$7,800 budget – grant application out to American Hiking Society for \$2,500
- George Heltz Fish Creek Bridge Eagle Project – Auburn Trail East Victor – Preliminary design and approval phase – has raised over \$5,000 toward the \$6,000 project
- Emily Waltman Mural – Auburn Trail Thruway underpass north of Fishers – final year for painting
- Laura Buggie – Boardwalk on Yellow Fisher’s Landing Trail – preliminary design
- Nyls Masoon – Boardwalk & small bridge on Seneca Trail on Apple Farm property – hoped to have this done last fall now Nyls needs it fast tracked
- Brian Waltman – 150’ boardwalk in Lehigh Crossing Park – maybe dock like design to keep above beaver waters as they back up

### Work Schedule for 2016:

- Over **60** 1 ½ to 2 ½ hour work sessions
- Monday evening, Wednesday evening and Friday mornings
- Starts Monday, May 2<sup>nd</sup>
- Doing trail sweep in April to check on winter damage and look for special needs

### Events:

- March 10, 2016 – VHT open house at Town Hall to go over VHT’s Strategic Plan – only a few folks showed up and half were from outside of the town
- March 19, 2016 – Uno’s Doughraiser – raised about \$300
- March 26, 2016 – Special Hike Gananondagan - wonderful hike with Peter Jemison leading
- April 9, 2016 – Next regular hike – see flyer on back
- April 21, 2016 – Regular VHT Board meeting – Victor Town Hall at 7:30pm
- April 25 or May 9, 2016 – Present Strategic Plan to Town Board
- May 14, 2016 – Monthly hike Boughton Park

See VHT Spring newsletter

Look for VHT on Meetup.com

Look for VHT on Facebook and like

The Partnership for Ontario County, Inc.  
&  
The Council on Alcoholism and Addictions of the Finger Lakes  
Present:

A Community Forum on the  
**HEROIN EPIDEMIC**

Tuesday, April 19, 2016

7pm - 8:45pm

Finger Lakes Community College  
Main Campus - 4<sup>th</sup> Floor Conference Room  
Canandaigua Wing, Rm. 4290/B440

First-hand experience & information on the  
heroin epidemic in Ontario County.  
Resources available for families and individuals.

Join invested community members, agencies, youth,  
and parents to better understand this issue



The Council  
on Alcoholism  
and Addictions  
of the Finger Lakes

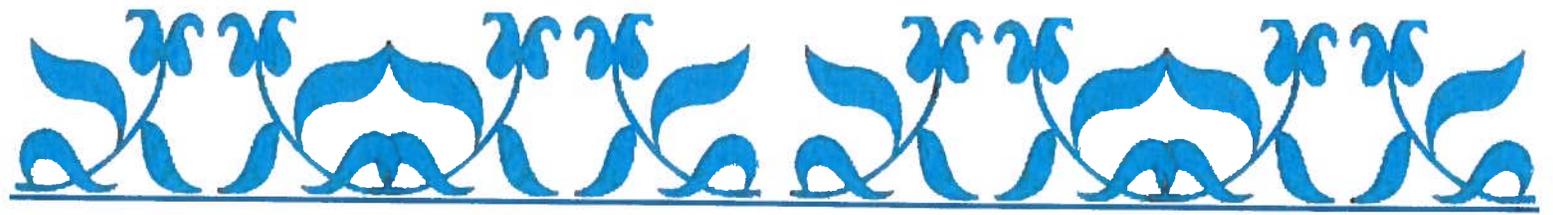


The Partnership for  
Ontario County, Inc.  
482 North Main Street  
Canandaigua, NY 14424  
(585) 396-4554

[partnershipforontariocounty.org](http://partnershipforontariocounty.org)

Council on Alcoholism  
and Addictions of the Finger Lakes  
620 West Washington St.  
Geneva, NY 14456  
(315) 789-0310

[councilonalcoholism.net](http://councilonalcoholism.net)



You are invited to the  
**Second Annual CAC Dinner**

Thursday, April 21, 2016

6:00pm

Food — music — raffles

to support the



Tickets \$60/person or \$100/couple

Purchase tickets by going to:

[www.cacfingerlakes.org](http://www.cacfingerlakes.org)

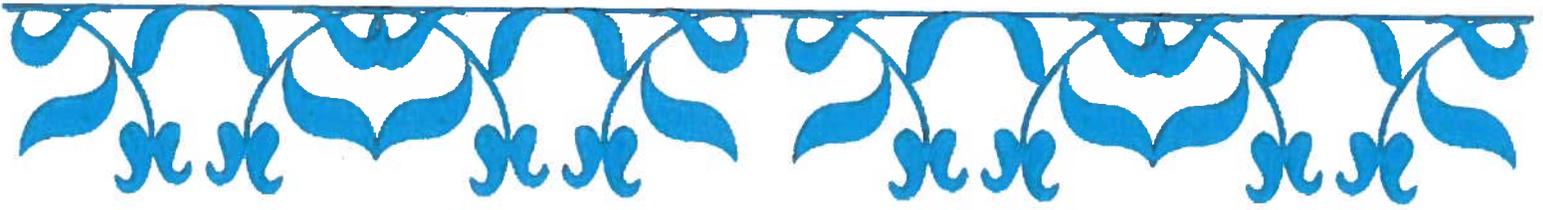
or mail a check to:

CAC of the Finger Lakes

482 North Main Street

Canandaigua, NY 14424

Kings Catering,  
4031 Routes 5 & 20 Canandaigua



# Your Victor Village Tree Board

Gene Pratt, Chairperson

Regina Muscarella

Judy McMillan

Bill Bross

Bob Hagggett

Larry Rhodes, Liaison



## Student Representatives

Emma Kubinski

Hannah Stewart

Riley White

If you are interested in being a part of this active and meaningful committee, please contact Pamela Hogenes at 924-3311.

Follow us:



Victor Village Tree Board

@victor\_trees

Celebrate the

Greening of the Village

# Victor

Tree City, USA



Victor Village Tree Board

To exist as a nation, to prosper as a state, and to live as a people, we must have trees.



Theodore Roosevelt

Arbor Day Celebration Project

2016

Original Cover Art by Emma Seager

The Village of Victor, a Tree City USA, is greening our community. Our School Street Arbor Day Project is a great opportunity to celebrate the importance of an urban tree canopy and improve care of these vital village trees.



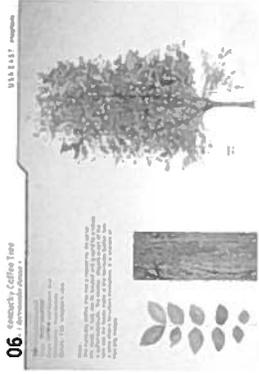
**TREE CITY USA®**

Trees make a world of difference. This is your opportunity to make a difference for them. Together, we can green up our village and make an impact on our planet.



**Catalpa**

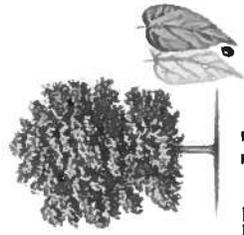
**Lilac Tree**



**Coffee Tree**

These species will be planted on School Street on April 23, 2016 at 9:30. Your support in planting and funding the project is appreciated.

Support our village's efforts to maintain and grow its urban canopy. Your donation will ensure that Victor's treasured natural resource, its trees, will shade, protect and enhance our community for generations to come.



**Hackberry**



**Snowdrift Crabapple**

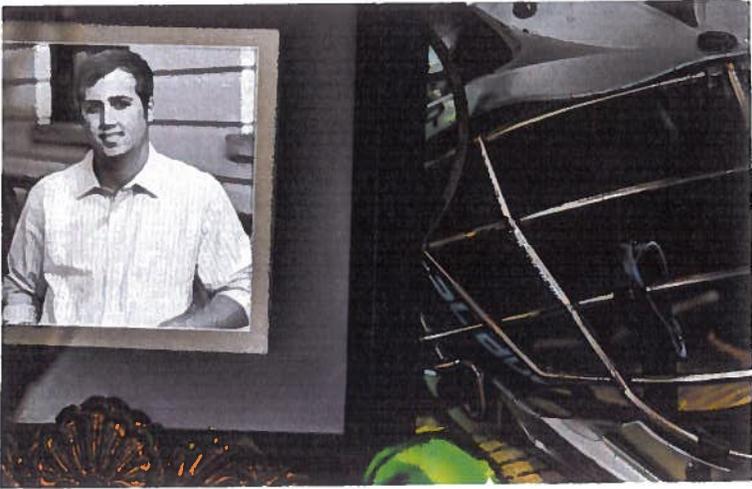


NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

LEVEL Donations  
 Please choose from the following suggested donations. NOTE: All Level donors will be recognized in the Victor Village Tree Board Registry.

- Seedling Level \$100
  - Sapling Level \$250
  - Signature Level \$500
  - Your gift \_\_\_\_\_
- Cash  Check # \_\_\_\_\_ (Payable to Victor Arbor Day Fund)

CNB Customers may cross customer transfer into account # ending in 0522 using email address victorarbordayfund@gmail.com  
 BillPay Customers : Establish payee—Victor Arbor Day Fund acct# 1106340522, Victor Village Hall, 60 E. Main Street, Victor, NY 14654  
 Cash and check donations can be sent to: Victor Village Hall, 60 E. Main Street, Victor, NY 14654



**APD**  
MEMORIAL GOLF  
TOURNAMENT

Proceeds to benefit  
Victor-Farmington Food Cupboard and Serenity House

*Life* is a  
beautiful *Ride*



The inaugural APD Memorial Golf Tournament gave us the opportunity to celebrate our son's life with a game he loved and with the intention to help others in his honor. We felt Alex's presence in the hearts and smiles of each and every person who participated. With the support of friends, family and sponsors we were able to raise funds for the Victor-Farmington Food Cupboard, Santa's Hide-A-Way Hollow and establish the APD Memorial Scholarship.

The Victor-Farmington Food Cupboard organization supports families and individuals experiencing food insecurity throughout Ontario County. December was dedicated to Alex's memory and the Food Cupboard, together with the support of many volunteers, provided more than 400 families ingredients to make a holiday dinner. Being able to support their extraordinary efforts left us speechless.

Santa's Hide-A-Way Hollow used our donation to update facilities visited by terminally ill children and their families celebrating Christmas at the Hollow. We presented Santa with a check in front of a Christmas tree planted by the Dieterle's in Alex's memory. The tree, a symbol of growth, resilience and beauty was the perfect backdrop for our small presentation.

And lastly, we established two scholarships through the Dollars for Scholars program at Victor High School. These scholarships are awarded each year to two scholar athletes who exhibit academic excellence, respect and compassion.

Songwriter Gary Allan says it best, "Life ain't always beautiful, sometimes it's just plain hard, life can knock you down, it can break your heart...but it's a beautiful ride."

This past year has been met with moments of intense sadness and tremendous joy. So as we embark on the 2016 APD Memorial Golf Tournament and another year without Alex, we continue to honor our son and life's "beautiful ride."

Bob and Debbie Davis



The 2nd Annual  
**APD**  
**MEMORIAL GOLF**  
**TOURNAMENT**

Sponsored by American Legion Post 931

**June 5, 2016**

Morning Golf - 7:30am - 1:00pm  
Golf Tournament - 11:30am - 8:30pm  
Cash Bar - 5:30pm  
Dinner - 6:30pm - 8:30pm

**Ravenwood Golf Club**  
929 Lynaugh Rd • Victor, NY 14564  
(585) 924-5100

### Tournament Fees

Morning Golf and lunch: \$125 per golfer/\$500 per foursome  
(limited to the first 36 entries received)

Golf and dinner: \$150 per golfer/\$600 per foursome  
(limited to the first 144 entries received)

Dinner only: \$65 per person

### Schedule of Events

Morning Golf Registration & Start	7:30am - 1:00pm
Afternoon Golf Registration	11:30am
Lunch	11:45am - 12:45pm
Opening Ceremony	12:45pm
Putting Contest	During play
Shotgun Start	1:00pm (promptly)
Cash Bar	5:30pm
Dinner & Awards	6:30pm - 8:30pm

### Tournament Highlights

Tournament Format: 4 person scramble

Win a new car with a "Hole in One"

Raffle and Silent Auction

Massages on the 3rd hole (compliments of Woodhouse Day Spa)

### Course Rules

The club requires proper golf attire and spikeless golf shoes.

There will be no rain date for golf.

Lunch/Dinner will be held as scheduled.

# New Tree Cities

*Bellerose Brookhaven Pound Ridge*  
*Tuxedo Park Victor (V) Warwick (T)*

## Tree Campus USA

*Fordham University Skidmore College SUNY Geneseo*

<i>Region 1</i>	Stony Brook University (3)	<i>Region 7</i>	Morrisville State College (3)
<i>Region 2</i>	The New School (1)* New York University (1)* St. John's University (4)		SUNY—Cortland (3) SUNY—ESF (5) SUNY—Upstate Medical University(2)
<i>Region 3</i>	Bard College (7) Vassar College (3)		Syracuse University (4)
<i>Region 5</i>	Paul Smith's College (1)*	<i>Region 8</i>	University of Rochester (6)
<i>Region 6</i>	Jefferson Community College (1)*		Hobart and William Smith Colleges (4)
<i>Region 7</i>	Cazenovia College (7) Cornell University (6)	<i>Region 9</i>	Jamestown Community College (7) St. Bonaventure University (6)

## Tree Line USA Utilities

Bath Electric, Gas &  
Water Systems (13)  
Consolidated Edison Company  
of New York (8)

Massena Electric Department (11)  
National Grid (17)  
Orange and Rockland Utilities (13)  
PSEG - Long Island (2)

# Recertifying Tree Cities

## Region 1

Amityville (28)  
 Babylon (25)  
 East Rockaway (16)\*  
 Floral Park (20)  
 Flower Hill (2)  
 Garden City (26)\*  
 Glen Cove (21)\*  
 Great Neck Estates (26)  
 Greenport (12)G  
 Huntington (5)G  
 Lindenhurst (32)  
 Long Beach (7)\*  
 Lynbrook (32)  
 Malverne (28)  
 Mineola (30)\*  
 North Hempstead (6)  
 Oyster Bay (26)\*  
 Port Washington North (2)\*  
 Rockville Centre (28)  
 Roslyn (4)\*  
 Smithtown (30)  
 Valley Stream (7)  
 Westhampton Beach (28) G

## Region 2

New York City (20) G  
 Roosevelt Island Operating Corporation (13)\*

## Region 3

Beacon (19)  
 Bedford (16)  
 Cornwall (T) (11)  
 Cortlandt (23)  
 Croton-on-Hudson (29)\*

Eastchester (26)  
 Greenburgh (6)  
 Hastings-on-Hudson (32)  
 Hyde Park (15) \*  
 Irvington (33)  
 Kingston (21)  
 Larchmont (35)  
 Mamaroneck (T) (24)  
 Mamaroneck (V) (34)\*  
 Millbrook (24)\*  
 Montebello (7)\*  
 Mt. Kisco (16)\*  
 Mt. Vernon (24)\*  
 New Castle (3)\*  
 New Paltz (25)  
 New Rochelle (23)\*  
 Newburgh (C) (11) G  
 Nyack (2) G  
 Orangetown (6)\*  
 Ossining (T) (16)  
 Pelham (18)\*  
 Pleasantville (30)  
 Port Jervis (27)\*  
 Poughkeepsie (37)  
 Red Hook (T) (10)  
 Red Hook (V) (14)  
 Rhinebeck (46)  
 Rye Brook (20)\*  
 Scarsdale (33)  
 Sleepy Hollow (1)\*  
 Suffern (3) G  
 Tarrytown (34)  
 Tuckahoe (21)\*  
 Walden (10)  
 Warwick (V) (32) G  
 West Point (18)  
 White Plains (33)

Yonkers (30)  
 Yorktown (5)

## Region 4

Albany (14)  
 Cobleskill (13)  
 Oneonta (30)  
 Schenectady (17)\*  
 Sidney (20)\*  
 Stamford (5)\*

## Region 5

North Elba (8)

## Region 6

Canton (3)\*  
 New Hartford (33)\*  
 Ogdensburg (23)  
 Rome (13)  
 Watertown (16)

## Region 7

Baldwinsville (30)  
 Binghamton (16)  
 Cayuga Heights (3)  
 Cazenovia (5)  
 Cortland (9)  
 Dewitt (5) G  
 Fayetteville (16)  
 Fulton (C) (13)  
 Ithaca (28) G  
 Jordan (14)  
 Manlius (T) (12)  
 North Syracuse (27)  
 Norwich (24)  
 Oneida (26)  
 Oswego (5)

Oxford (23)  
 Skaneateles (11)  
 Syracuse (26) G

## Region 8

Bath (30)  
 Bergen (5) G  
 Brighton (14)  
 Brockport (8)  
 Canandaigua (24)  
 Fairport (V) (13)  
 Geneva (6)  
 Greece (19)  
 Hornell (15)  
 Medina (8)  
 Naples (4)\*  
 Rochester (35) G  
 Scottsville (1)\*

## Region 9

Amherst (20)  
 Buffalo (26)  
 Cuba (13)  
 East Aurora (18)  
 Ellicottville (35)  
 Franklinville (32)  
 Gowanda (14)  
 Jamestown (35) G  
 Lancaster (17)  
 Middleport (20)  
 North Tonawanda (8)  
 Olean (30)  
 Tonawanda (C) (4)  
 Tonawanda (T) (19) G  
 Wellsville (25)  
 Williamsville (11)

(C) – City (T) – Town (V) – Village ( ) Number indicates years of Tree City USA designation  
 G Growth Award \* awaiting re-certification applications for 2015

# Got Pills?



## Unwanted Pharmaceutical Collection

(outdated, unwanted, unusable medications)

**Saturday, April 30, 2016**

**9am - 12pm**

**at**

**Canandaigua Wegmans**

**Many Thanks to our Sponsors:**



The Partnership for Ontario County, Ontario County Sheriff's Office, Covanta Niagara Center, Finger Lakes Visiting Nursing Services, Mead Square Pharmacy, Wegmans Food Market, Ontario County Office of the Aging, Ontario County Public Health, Sustainable Finger Lakes, Thompson Health and Village of Victor



## COMMUNITY OVERVIEW

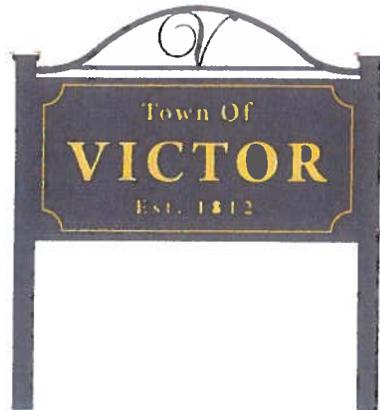
This event was designed to bring all forms of bicycling together (mountain biking, road riding, special needs, triathlon, fat bikes, kids riding, racing) along with uniting all the regional cycling clubs under one roof!

- ❖ 2016 EVENT DATES: Saturday, June 4<sup>th</sup> & Sunday, June 5<sup>th</sup>
- ❖ LOCATION: Dryer Road Park, 7405 Dryer Road, Victor NY 14564
- ❖ SCHEDULE OF EVENTS (SAME FOR SATURDAY & SUNDAY):  
Starts at 9:00am & ends at 4:00pm
  - 17 RIDES per day: Led by local Bike Shops and Bike Club members
  - 16 CLINICS per day: Led by local Bike Shops and Bike Club members
- ❖ WEBSITE: [www.wnybikefest.com](http://www.wnybikefest.com)
- ❖ Facebook: <https://www.facebook.com/WNYbikefest>
- ❖ REGISTRATION (FOR THE ENTIRE WEEKEND, BUT HAVE TO REGISTER EACH DAY):  
\$5 PRE per person / \$8 DAY-OF per person & \$10 PRE per family / \$14 DAY-OF per family
- ❖ BENEFICIARY: proceeds TBD Food sale profits to participating non-profit
- ❖ INVITED: ALL ARE INVITED! Bike Clubs , Cycling Charities, bike shops, other bike & fitness clubs, etc
- ❖ BICYCLE MANUFACTURE DEMO RIGS & LOCAL BIKE SHOPS: Will be on site!
- ❖ FOOD & BEVERAGE: on-site BOTH DAYS 11:00 a.m. to 4:00 p.m.
- ❖ CONTACT: Bob Lechner – Co-Director 585-746-5626 [boblechner@aol.com](mailto:boblechner@aol.com)  
Cindy Fleischer – Co-Director 585-314-6745 [cindyf1216@gmail.com](mailto:cindyf1216@gmail.com)



Dear Victor Community Member:

The Victor Garden Club and the Town of Victor are requesting donations from Victor residents and businesses in support of the purchase of the new "Town of Victor Gateway" sign to be located at the Burger King flower bed at the Four Corners intersection of Route 96/Rowley Road/Main Street Fishers. This is a community endeavor to enhance the quality of life of Victor residents and visitors to our town through Civic Beautification, and to welcome visitors to Victor as they travel through this main corridor.



There are four donation levels available:

**Platinum: \$1,000 .00**

**Gold: \$500.00**

**Silver: \$250.00**

**Bronze: \$100.00**

We will recognize your contributions through a variety of mediums, including local newspapers, announcements at Town Board meetings, through our community newsletters, and in the Town of Victor's Parks and Recreation brochure.

This is a true partnership effort between our citizens and our businesses, and we would be thrilled to have your participation in this project.

Thank you, in advance, for your consideration of supporting this project. Donations will be accepted by June 30, 2016.

Please feel free to contact us with any questions you may have.



Mary Duprey

President

Victor Garden Club

[maryduprey4@gmail.com](mailto:maryduprey4@gmail.com)

585-721-5457



Brian Emelson

Director of Parks & Recreation

Town of Victor

[bemelson@town-victor-ny.us](mailto:bemelson@town-victor-ny.us)

585-742-0141

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## 2016 "TOWN OF VICTOR" GATEWAY SIGN PROJECT DONATION

Donated Amount: \_\_\_\_\_ \$1,000.00 Platinum \_\_\_\_\_ \$500.00 Gold

\_\_\_\_\_ \$250.00 Silver \_\_\_\_\_ \$100.00 Bronze

Please specify name exactly as to be written when acknowledging your donation towards the sign:

---

Checks made payable to: "Town of Victor" and mail to:

Town of Victor – Parks & Recreation

ATTN: Gateway Sign Project

85 East Main St.

Victor, NY 14564

Please indicate "Gateway Sign Project" on the memo line of your check



## Chapter Events

- Apr 4, 2016  
7:00pm -  
9:00pm EDT  
Rochester, NY
- [Small Business Start-up & Survival - Irondequoit](#)  
5 Consecutive Monday Nights 7:00-9:00pm April 4, 11, 18, 25 & May 2nd Fee: \$59 Workshops are coordinated through the West Irondequoit Central School District Community Education.
- Apr 4, 2016  
7:00pm -  
9:00pm EDT  
Henrietta, NY
- [Small Business Start-up & Survival - Rush Henrietta](#)  
5 Consecutive Monday Nights: April 4, 11, 18, 25 & May 2, 2016 7:00-9:00pm Fee: \$59 Workshop Series is conducted in partnership with the Rush Henrietta School District.
- Apr 19, 2016  
5:00pm -  
6:30pm EDT  
Rochester, NY
- [Promoting Your Business on a Zero Budget](#)  
If you have recently started a new business or are a business owner seeking ways to create additional customer, and have a zero marketing budget, this workshop is designed for you.
- Apr 26, 2016  
8:45am -  
11:45am EDT  
Rochester, NY
- [Smart and Effective Lead Generation Workshop](#)  
Most businesses need more leads but just generating leads isn't enough; we need qualified leads. In the digital world, there are a lot of tools but how do you know which one will work for your business.
- May 9, 2016  
7:00pm -  
9:00pm EDT  
Rochester, NY
- [Strategies to Turn Leads Into Sales - Irondequoit](#)  
Two part workshop - Mondays May 9th and May 16th Fee: \$25 This workshop is conducted in partnership with the Irondequoit Schools Community Education program.
- May 31, 2016  
6:30pm -  
8:30pm EDT  
Pittsford, NY
- [Writing a Business Plan for your Small Business](#)  
This workshop is hosted by the Pittsford Community Library, Pittsford, NY (585) 248-6275 Are you a small business that has a business idea and could benefit from having a well developed...



# Invites You to The Networking Event For Small Business!

**SMALL BUSINESS SHOW**  
**SOHO**  
**ROCHESTER**  
**2016**

**Wednesday**  
**April 20, 2016**  
**9am to 5pm**  
**Joseph A. Floreano**  
**Rochester Riverside**  
**Convention Center**

**HELP YOUR SMALL BUSINESS SUCCEED!**  
Annually, this show is an excellent opportunity to expand your business options along with Networking with other Small Business Owners, Managers and Entrepreneurs!

*The Small Business Show – SOHO Rochester 2016*, is coming up on Wednesday, April 20<sup>th</sup> from 9 a.m. to 5 p.m. This is the 15<sup>th</sup> year for the only Rochester business show customized for Small Business owners, managers, employees and entrepreneurs with 100 or fewer employees. The show is also open to anyone who is looking to start a business.

This is an important event to help companies expand their contacts and see the options to make their businesses more efficient.

Attendees will see over 100 display booths with a varied cross-section of companies providing products, services and resources to small business. Plus you can network with other attendees.

You'll be able to gain valuable information for your business as well with a variety of free presentations, by some of our sponsors, on small business topics at the show.

**11:00AM "Windows 10...What It means to your business" – MICROWORX**  
This presentation will give you a review of Microsoft's latest operating system, Windows 10.. (30 minutes)

**12:00PM "Building a Foundation to Success" – DAWSON LAW FIRM P.C.**  
Firming up your business foundation can help sustain business to growth. Business owners are sometimes too busy working in the business to work on the business. In this talk we will discuss how to build for the future and use preventative action to avoid unnecessary and costly problems. (45 minutes)

**1:30PM "Rochester Open for Business!" – CITY OF ROCHESTER**  
This program will highlight business development opportunities in the City of Rochester and include a step-by-step guide to accessing available resources for growing businesses and creating jobs. (30 minutes)

**2:30PM "How Sustainability Actually Helps Your Business!" - Sponsored by HALCO ENERGY**  
This panel will give you insights why sustainability is important for your office and business! Participating on the panel includes Sustainable Office Solutions & Halco Energy. (30 minutes)

*(Above presentations subject to change and other presentations may be added by the day of the show.)*

You can pre-register online at [www.sohorochester.com](http://www.sohorochester.com) for these presentations or just come to any of the presentations at least 15 minutes prior to get a seat.

From 4pm to 5pm be sure to attend the *Taste of Network Rochester Reception* in the Presentation Area with free food sampling and more along with entertainment from Maria DeSantis.

Also attendees can win prizes at the show including airfare for two anywhere in the continental United States courtesy of VIP Travel Service!

**To attend use the complimentary show ticket below.**  
**Please fill out the information.**  
**You can print as many as you need.**  
**ENJOY THE SHOW!**

**Sponsored by:**



**FOR  
MORE  
SHOW  
INFORMATION**  
[www.sohorochester.com](http://www.sohorochester.com)  
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2016

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# 80% by 2018



## *Communities working together to save lives*



**Colorectal cancer is the second leading cause of cancer death in the United States among men and women combined, yet it's one of the most preventable.**

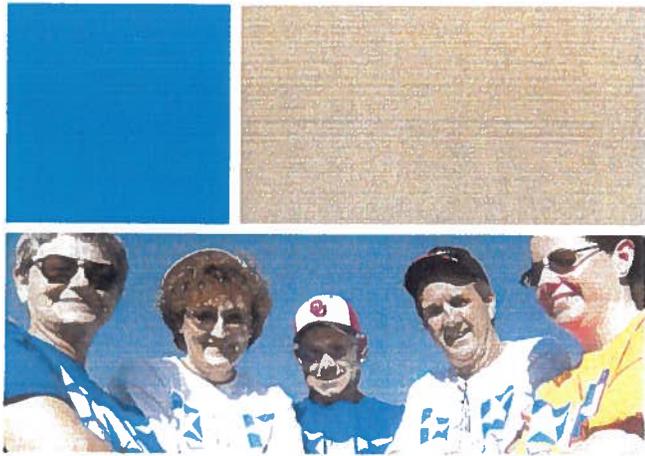
**It is estimated that one in three adults over the age of 50 – about 23 million people – is not tested as recommended.**

**Join the national effort to get 80% of adults ages 50 and older regularly tested for colon cancer by 2018.**

**80% by 2018 is a National Colorectal Cancer Roundtable initiative in which more than 140 organizations have committed to eliminating colorectal cancer as a major public health problem and are working toward the shared goal of 80% of adults ages 50 and older being regularly screened for colorectal cancer by 2018.**



THE OFFICIAL SPONSOR OF BIRTHDAYS®



As a trusted community organization, you have the opportunity to educate and rally your members and stakeholders to help prevent colon cancer or find it early, when treatment is most effective.

Here are five things that you can do to reach 80% by 2018:

- 1. Partner with neighborhood organizations, physicians, hospitals, and local public health officials to make 80% by 2018 a community-wide goal.**
  - Rally with other local organizations to prioritize this effort.
  - Promote colon cancer testing at walk/runs, health fairs, and other community events.
  - Download videos, handouts, postcards, etc., from [cancer.org/colon](http://cancer.org/colon), [cdc.gov/cancer/dcpc/publications/colorectal.htm](http://cdc.gov/cancer/dcpc/publications/colorectal.htm), or [nccrt.org/about/public-education/blue-star-marketing-kit](http://nccrt.org/about/public-education/blue-star-marketing-kit) and share this information with your constituents.
  - Set a goal of partnering on 80% by 2018 with five other community organizations or businesses over the next six months.

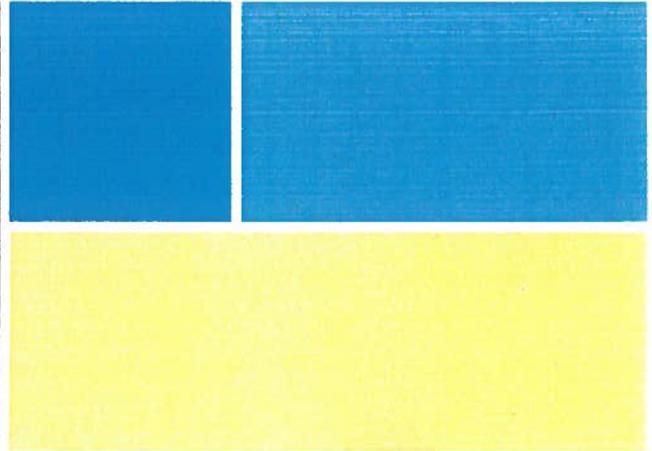


- 2. Learn your community's colon cancer testing rate, and set a goal for improvement**

- By assessing where you are, you can measure and track your community's progress and celebrate success!
- You can also use this assessment to understand which groups in your community are not getting tested. This can help you target your efforts to reach those who are most in need of hearing the message about getting tested.
- The National Colorectal Cancer Evaluation 101 Toolkit<sup>1</sup> offers advice about how to conduct a community assessment, lists state and national testing data that is available, and suggests ways to adapt those tools for local use.

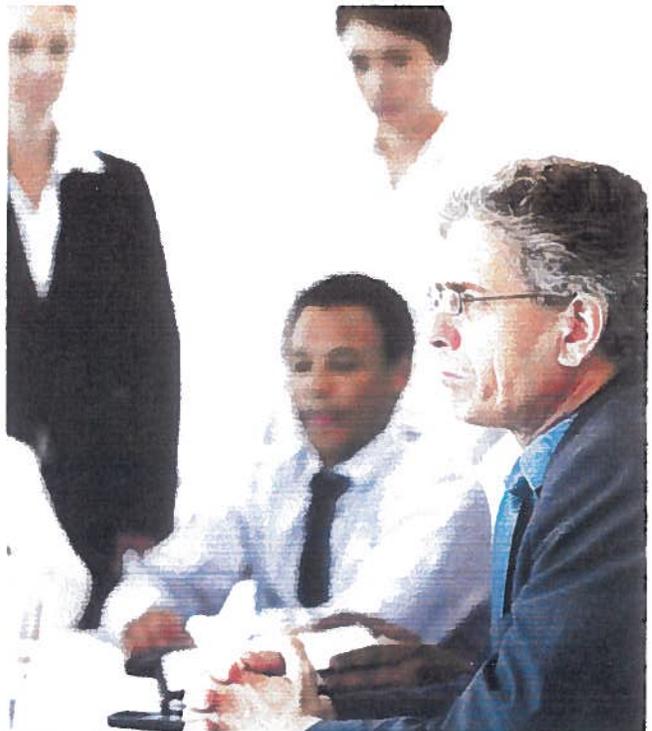
- 3. Leverage local dignitaries/leaders, such as the mayor, a local news anchor, or a respected religious leader, to communicate with those in your community who are less likely to get tested and those who have a higher risk of colon cancer:**

- People less likely to get tested are those ages 50 to 64, Hispanics, American Indians, Alaska Natives, rural populations, men, and those with lower education and income.
- African Americans are at a higher risk for colon cancer, have higher death rates, and are diagnosed at a younger age than any other population.
- Work with others in your community to develop a plan to get colon cancer testing education and resources to members of these high-need groups in your community. Local American Cancer Society staff,<sup>2</sup> local health departments, and comprehensive cancer control coalitions<sup>3</sup> are some partners who will want to work with you!



#### 4. Designate relevant spokespeople.

- Physicians are an important avenue for delivering the message about getting tested.
  - People who have been tested often say they did so because their doctor told them to do it.
  - “My doctor didn’t tell me to get tested” is the primary reason given by African Americans and the third most common reason given by Hispanics for not getting tested.
- Help make testing relevant and personal. Local survivors can be especially compelling messengers.
  - People who have not been tested for colon cancer are much less likely to have a close friend or family member with cancer than those who have been tested.
  - Local survivors can help make the importance of testing real for those who have not otherwise been affected by cancer.

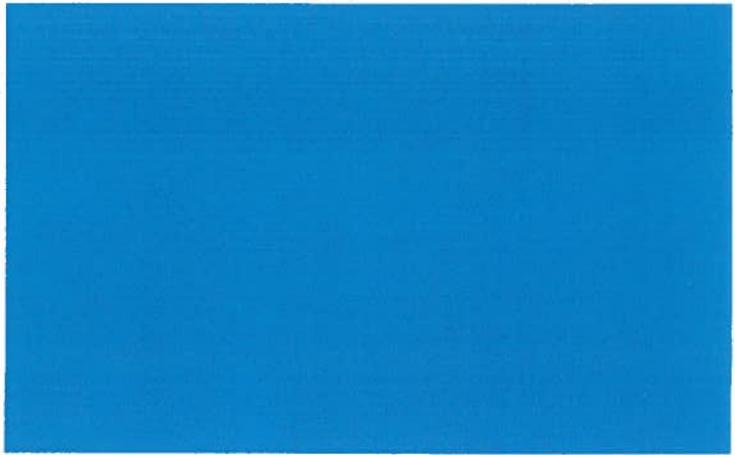


#### 5. Commit to educating your community on colon cancer testing options,<sup>4</sup> reimbursement,<sup>5</sup> and local resources.

- Communicate the importance of colon cancer testing to everyone 50 years of age and older, providing materials that educate them on these important facts about colon cancer and testing options.
  - Colon cancer tests can find precancerous polyps, and in some cases, cancer can be prevented by finding and removing these growths.
  - When people get tested for colon cancer, it can often be found early, at a stage when treatment is most effective.
  - There are several recommended testing options, including: colonoscopy, stool tests (guaiac fecal occult blood test [FOBT] and fecal immunochemical test [FIT]).
  - Colon cancer testing is covered by insurance under the Affordable Care Act’s preventive services section, usually with no out-of-pocket costs.
- Know the resources and support available in your area to recommend affordable options for testing.

Your organization has the power to have a huge impact on testing rates!

Visit [cancer.org/colon](http://cancer.org/colon) or [nccrt.org/about/80-percent-by-2018](http://nccrt.org/about/80-percent-by-2018) to learn more about how to act on the preceding recommendations and be part of 80% by 2018.



## Sources

<sup>1</sup> [nccrt.org/about/public-education/evaluation-toolkit](http://nccrt.org/about/public-education/evaluation-toolkit).

<sup>2</sup> [cancer.org](http://cancer.org).

<sup>3</sup> [apps.nccd.cdc.gov/dcpc\\_Programs/default.aspx?NPID=2](http://apps.nccd.cdc.gov/dcpc_Programs/default.aspx?NPID=2).

<sup>4</sup> [cancer.org/colon](http://cancer.org/colon) and <http://www.uspreventiveservices.org/uspstf08/colocancer/colcancs.pdf>.

<sup>5</sup> [cancer.org/cancer/colonandrectumcancer/moreinformation/colonandrectumcancerearlydetection/colorectal-cancer-early-detection-screening-coverage-laws](http://cancer.org/cancer/colonandrectumcancer/moreinformation/colonandrectumcancerearlydetection/colorectal-cancer-early-detection-screening-coverage-laws).



We **save lives** and create more birthdays by helping you stay well, helping you get well, by finding cures, and by fighting back.

[cancer.org](http://cancer.org) | 1.800.227.2345



# Cancer Services Program

## NYS Medicaid Cancer Treatment Program (MCTP)

Women and men who are in need of treatment for breast, cervical, colorectal or prostate\*\* cancer may be eligible for full Medicaid coverage through the NYS MCTP. Coverage lasts for the entire treatment period and includes medications.

Clients must meet certain other eligibility criteria such as age, income, U.S. citizenship, New York State residency, and must not be covered under any creditable insurance at the time of application

All eligible individuals must be seen by a Medicaid approved provider for treatment

\*\* The CSP does not currently support routine population-based screening for prostate cancer. The CSP does not currently provide reimbursement for prostate cancer screening and diagnostic services.

## Public Education and Awareness

The CSP operates a 24/7 toll-free referral phone line 1-866-442-CANCER (2262) has interpreters and refers callers directly to screening services, support services, legal services, and genetic counselors in their area.

Print materials about various cancers (breast, cervical, colorectal, ovarian, prostate, and skin) are available through the NYSDOH Distribution Center. Available informational materials include posters, brochures, fact sheets and pamphlets. Publications in quantities up to 200 are available free of charge to New York State residents and organizations. Requests for materials can be mailed, faxed or emailed using the form and instructions found on the NYSDOH website at [http://www.nyhealth.gov/forms/order\\_forms/cancer.htm](http://www.nyhealth.gov/forms/order_forms/cancer.htm)

## Professional Development

The CSP offers professional development opportunities and resources to clinical providers to ensure that CSP clients receive high quality screening, diagnostic and treatment services in a culturally sensitive manner. The following programs are a sample of available offerings:

Cancer and the LGBT Community: Special Issues and Concerns

[http://www.albany.edu/sph/cphce/phl\\_1111.shtml](http://www.albany.edu/sph/cphce/phl_1111.shtml)

Promoting Cancer Screening: Office Systems for Success

[http://www.albany.edu/sph/cphce/phl\\_0111.shtml](http://www.albany.edu/sph/cphce/phl_0111.shtml)

Appropriate Colorectal Cancer Screening: How are You Doing?

[http://www.albany.edu/sph/cphce/phl\\_031711.shtml](http://www.albany.edu/sph/cphce/phl_031711.shtml)

Cancer Clinical Trials: What the Public Health and Primary Care Provider Need to Know

[http://www.albany.edu/sph/cphce/phl\\_1211.shtml](http://www.albany.edu/sph/cphce/phl_1211.shtml)

For additional information about the CSP, and information about how to access professional development opportunities and public education resources, please call (518) 474-1222. To find a CSP screening program near you call 1-866-442-CANCER (2262) or visit the NYSDOH website at [http://www.health.ny.gov/diseases/cancer/services/community\\_resources](http://www.health.ny.gov/diseases/cancer/services/community_resources)

## Cancer Screening Quick Facts

More than 30% of New Yorkers are not up-to-date with their colorectal cancer screening.

1 in 5 New York women are not up-to-date with their mammography screening.

The Pap test has reduced cervical cancer rates dramatically since it was first introduced in the United States 65 years ago.

At least 6 of every 10 deaths from colon cancer could be prevented if every adult 50-years and older got tested regularly.

Adults 18-64 years old with no health insurance at all in the past 12 months were 7 times more likely to skip medical care for cost reasons, compared with those continuously insured.

# Cancer Services Program



## Cancer Services Program

The New York State Department of Health (NYSDOH) Cancer Services Program (CSP) oversees a statewide, comprehensive cancer screening program providing breast, cervical and colorectal cancer screening for eligible, uninsured and underinsured women and men

The CSP funds local contractors, who coordinate screening services in every county and borough in NYS

Each year, these contractors screen tens of thousands of women for breast and cervical cancer and men and women for colorectal cancer.

## Provider Benefits to Participating in the CSP

Receive reimbursement for screening, diagnostic and treatment services that you currently provide to CSP eligible, uninsured or underinsured patients, but for which you are not compensated

Assistance with patient recruitment, education and case management

Access to CSP-sponsored professional and continuing medical education

Free patient education materials

Access to a network of CSP-sponsored cancer survivorship, support and legal assistance programs

## Reimbursable Screening Services

The CSP reimburses participating providers for the following breast, cervical and colorectal cancer screening tests for eligible, uninsured or underinsured women and men:

**Breast Cancer Screening (Mammogram and Clinical Breast Exam)**

Women ages 40 or older

Women under age 40 at high risk for breast cancer\*

**Colorectal Cancer Screening (Fecal Occult Blood Test/Fecal Immunochemical Test Kit)**

Men and women ages 50 or older at average risk for colorectal cancer

**Cervical Cancer Screening (Pap Test and Pelvic Exam)**

Women ages 40 or older

**Colorectal Cancer Screening (Colonoscopy)**

Men and women at high risk for colorectal cancer\*

\*As determined by a clinical risk assessment performed and documented by a NYS-licensed provider, per CSP protocol.

## Reimbursable Diagnostic Services

Reimbursement is available for many diagnostic services including imaging, facility fees, biopsies, pre- and post-operative procedures, pathology and consultations.

(over)

Cancer Services Program  
New York State  
Department of Health  
150 Broadway, Suite 350  
Albany, NY 12204-0678  
Phone: (518) 474-1222  
canserv@health.state.ny.us

# Cancer Screening is Important to Your Population

## Cancer is the Second Leading Cause of Death in New York State

- 1 out of every 4 deaths in NYS is due to cancer.
- Cancer results in more years of life lost than any other cause of death in NYS.
- Every day, approximately 300 New Yorkers are diagnosed with cancer.

## Fast Facts: Breast Cancer



- Breast cancer is the most common cause of cancer and the second leading cause of cancer deaths among women in NYS.
- About one in eight women will develop breast cancer during her lifetime.
- In NYS, white women are more likely to be diagnosed with breast cancer, but African American/Black women are more likely to die from the disease. The death rate for breast cancer is 25% higher in black women than in white women.

## Fast Facts: Cervical Cancer



- Cervical cancer is preventable. Screening can find abnormal cells and they can be removed before becoming cancer. Screening has helped lower the U.S. cervical cancer rate by more than 50%.
- Women without health insurance or without a regular health care provider are significantly less likely to have received a Pap test in the past three years.
- Compared to white women, black and Hispanic women in NYS are more likely to be diagnosed with and die from cervical cancer.

## Fast Facts: Colon Cancer



- Colon cancer is preventable. Screening can find abnormal growths (polyps) and they can be removed before becoming cancer.
- Combining men and women together, colon cancer is the second leading cause of cancer death in NYS.
- Adults without health insurance or without a regular health care provider are significantly less likely to have received a recommended colon cancer screening test
- Black men and women are most likely to be diagnosed with and to die from colon cancer.

## Early Detection Saves Lives

- Many cancer deaths could be avoided if people were screened for cancer.
- When found early, cancer is more easily treated and outcomes are better.
- Cervical and colon cancer can actually be prevented by finding and removing the growths that can become cancer.
- Cancer screening tests can find disease in people who have no signs of sickness.
- Screening has helped lower the U.S. cervical cancer death rate by more than 50% in the last 30 years.
- Across the nation, mammograms prevent 12,000 deaths each year.
- If men and women followed colon cancer screening guidelines, 33,000 lives would be saved annually in the U.S.

## The NYS Cancer Services Program Can Help

Healthcare is just one of many needs your clients may have. But as the data shows, the cancer burden in NYS is higher than many realize, so it is important that you help your clients get screened.

### The NYS Cancer Services Program can help you:

- **Save a life.** Early detection of cancer can find cancer when it is most treatable – or before it starts.
- **Help those with a cancer diagnosis get treatment.** If cancer is diagnosed through a CSP, clients may be eligible for treatment through the Medicaid Cancer Treatment Program. CSPs provide case management services to help guide clients through the treatment process.
- **Save a family.** The age of individuals appropriate for cancer screening ranges from 40-64 years. Many in this age group are supporting and caring for their families.
- **Link clients to healthcare.** The CSP works closely with the New York State's Health Plan Marketplace and Marketplace navigators who can help your clients obtain health insurance coverage or apply for Medicaid. For those ineligible for insurance, the CSPs can help clients obtain health care through their community health centers.

*(Data Source: NYS Department of Health, NYS Cancer Registry, 2007-2011)*

# Reaching the Hard to Reach

## What the CSP can Offer to Community Based Agencies

---

By partnering with the CSP, community based organizations (CBOs) are being offered the opportunity to *save lives*. This is the most valuable asset the CSP has to offer.

*Other valuable assets include:*

### Added Client Services

- Free cancer screening
- Free diagnostic care
- Free case management
- Patient navigation
- Connection to Medicaid Cancer Treatment Program
- Ability to serve undocumented citizens
- Linkage to a variety of support services and resources (emotional, financial, transportation and other accommodations)
- Connection to a medical home
- Connection to accessible services for people with disabilities.

### Expanded Education and Services for CBO Employees

- CSP can provide training and/or in-service education to employees
- CSP can provide a wealth of knowledge and resources regarding cancer prevention and control
- New or part-time uninsured employees can take advantage of screening services
- CBO can demonstrate support of a healthy workforce

### Advancement of CBO

- Reciprocal referrals from CSP helps organization meet community goals
- Partnering with CSP extends CBO's provision of services to include preventive health
- Partnering with CSP raises CBO's profile in terms of future grant support (letters of support, formal MOUs)
- CSP can provide cross promotion and networking opportunities (CSPs are well-known and respected in their communities)
- CSP can publically acknowledge the CBO's support of the program

### Some Intangibles

- Screening can provide peace of mind for clients, staff, etc.
- It feels good to help! Most people's lives have been touched by cancer
- CSP is sensitive to cultural differences and is competent in this area



## **Shared Goal: Reaching 80% Screened for Colorectal Cancer by 2018**

### ***Background***

Colorectal cancer is a major public health problem. It is the second leading cause of cancer death, and a cause of considerable suffering among more than 140,000 adults diagnosed with colorectal cancer each year. However, colorectal cancer can be detected early at a curable stage, and it can be prevented through the detection and removal of precancerous polyps.

### ***Commitment***

Our organizations stand united in the belief that we can eliminate colorectal cancer as a major public health problem. We have screening technologies that work, the national capacity to apply these technologies, and effective local models for delivering the continuum of care in a more organized fashion. Equal access to care is everyone's responsibility. We share a commitment to eliminating disparities in access to care. As such, our organizations will work to empower communities, patients, providers, community health centers and health systems to embrace these models and develop the partnerships needed to deliver coordinated, quality colorectal cancer screening and follow up care that engages the patient and empowers them to complete needed care from screening through treatment and long-term follow-up.

### ***Pledge***

[ \_\_\_\_\_ ] is embracing the shared goal of reaching 80% screened for colorectal cancer by 2018.

**Approved by** \_\_\_\_\_

# The Victor Read

Mother Goose Story Time, Preschool Story Time and Toddler Time all started in full swing in February. It is great to say hello again to our littlest patrons. The Children's Programs last through the first week of May.

The first Saturday of February was "Take Your Child to the Library Day" and we had a well-attended story time in celebration with special guest Pete the Cat. Thank you to staff member Amanda for donning the red shoes.



Starting in February, the Malone Room started welcoming Mah Jongg players every Monday at 2pm. This was so popular that we added Euchre meet-ups every Wednesday afternoon also at 2pm. We have had crafts, and

art classes, yoga and book discussion. Summers Financial came by to give several educational talks and the group Sustainable Finger Lakes screened the "Bag It" movie about plastic grocery bags. Students from both Eastman School of Music and the Young School of Irish Dance gave us exhibitions of their talent.

We had art displays from Elaine Neuhierl and Victor School students. If you would like to catch up on any of the art displayed, be sure to visit our Instagram page @VictorFarmingtonLibrary.

Our evening Tech Classes with Andrew started with a popular Intro to Facebook. The evening Tech Classes will be on the first Tuesday of the month now through November. Have an idea for a Tech Class or other program you'd like to see? Drop us an email at victorfarmingtonlibrary@gmail.com

We have lots to look forward to in April, with the returns of the Peeps Diorama contest, Group Psychic Reading, Antiques Appraisal and Eastman School of Music. Even better, April 22 through April 25th is our Spring Book Sale. We are always looking for volunteers for set-up and working the Book Sale itself so come on in and sign up to help out the Friends of the Victor Farmington Library.



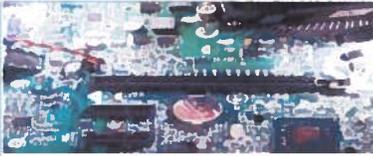
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## ANDREW TALKS TECH



*One-on-one computer training with Andrew is available year round. Just stop by the circ desk to ask for a sign-up form, call (585) 924-2637 or email us at [victorfarmingtonlibrary@gmail.com](mailto:victorfarmingtonlibrary@gmail.com).*



### Our 2nd annual Literary Peeps Contest!

Open to all ages. There will be separate prize categories for children, grade five & under; teens, grades six through twelve; & adults. Dioramas must be shoe box sized, and no larger than 18" X 18"; based on a book or literary theme. All characters must be portrayed by Peeps.

Entry forms are available at the library and are downloadable from [victorfarmingtonlibrary.org](http://victorfarmingtonlibrary.org)

Entries can be submitted at the library Mon. April 4th through Sat. April 9th. Entries will be on display throughout the month of April.

The public will vote for their favorite dioramas and the Peep-le's Choice Awards will be announced April 30th.

## Adult Computer Adventure Camp

This summer, to coincide with the Summer Reading Program, the Victor Farmington Library will be offering Computer Classes/Tech training five Saturdays in a row. Our own Andrew will be reviewing the topics covered in his monthly evening classes.

The first class will be Saturday July 9th at 10am and the last class will be August 6th. Topics will include (but are not limited to):

- ◆ Computer and Internet basics
- ◆ Email
- ◆ Social Media (Facebook, Twitter etc.)
- ◆ Windows 10
- ◆ Security, safety and antivirus programs

Andrew likes to run the classes as question driven, so make a list of all your questions and join us for an hour at a time five Saturdays during the summer. Perfect for beginners. No question is too small.



A **Home Alone Safety** class, for kids ages 7-14, will be held on **Monday, April 18<sup>th</sup> from 10:30-12:30.**

Children will learn the importance of responsible behavior when they are home alone; what to do when a stranger comes to the door, telephone tips, how to react in a variety of accidents, etc.

The cost of this class is \$20.00, payable in cash only at the time of the class, and will include a Student Workbook, a Safety Information Contact Sheet, a House Rules Form and a How to Call 911/Poison Control Card.



To register for this or any other programs:

visit the library website, [victorfarmingtonlibrary.org](http://victorfarmingtonlibrary.org),

email us at [victorfarmingtonlibrary@gmail.com](mailto:victorfarmingtonlibrary@gmail.com)

or call 585-926-2637.

# What's New

THE  
**GROWNUP**



**GILLIAN  
FLYNN**

## *The Grownup* by Gillian Flynn

This novella was originally released in the George R. R. Martin edited anthology *Rogues* as "What do you do?" and is now enjoying its first release as a stand-alone. The Edgar-winning tale was written as an homage to the classic ghost story.

3.5 out of 5 on Goodreads

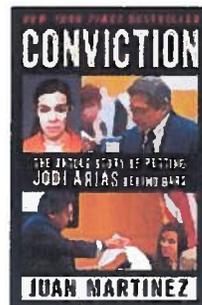
3.6 out of 5 on Amazon

## *Conviction: The untold story of putting Jodi Arias behind bars* by Juan Martinez

For everyone who loves a juicy court procedural, this book was written by Arizona prosecutor Juan Martinez. He chronicles the five years of his life working on the case of Jodi Arias, who was convicted of murdering her ex-boyfriend Travis Alexander.

4.03 out of 5 on Goodreads

4.6 out of 5 on Amazon

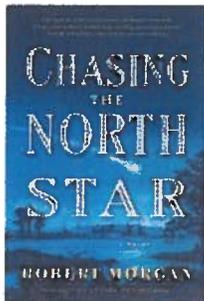


## *Chasing the North Star: a novel* by Robert Morgan

A historical novel of a man named Jonah, who on his eighteenth birthday, flees the North Carolina plantation where he was born a slave. The author is a professor of English at Cornell University and grew up in the mountains of North Carolina, where this takes place.

3.78 out of 5 on Goodreads

Not yet rated on Amazon

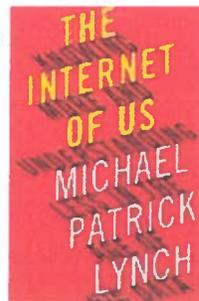


## *The Internet of Us: knowing more and understanding less in the age of big data* by Michael Patrick Lynch

Writer and professor of philosophy Michael Patrick Lynch attempts to show how our digital way of life makes us value some ways of processing information over others, and thus we risk distorting what it means to be human.

3.33 out of 5 on Goodreads

4.2 out of 5 on Amazon



## Children's Programs April 2016

**Mondays April 4th and 11th at 10:30am**

### **Mother Goose Story Time**

For children 0–18 months & their parents/caregivers

Tues or Weds

April 5th, 6th, 12th, 13th, 19th, 20th, 26th, and 27th at 10:30am or 1pm

### **Preschool Story Time**

For kids ages 3–5  
**Registration Required**

Thurs and Fri

April 7th, 8th, 14th, 15th, 21st, 22nd, 28th, and 29th

### **Toddler Time**

For kids 18–36 months

Weds April 13th and 27th 6:00pm

### **Pajama Story Time with Miss Jenny**

For all ages

### **Monday April 18th 10:30am to 12:30pm** **Home Alone Safety Class**

For kids ages 7-14, cost is \$20.00 payable in cash only the day of the class. Presented by EPIC Trainings, children will learn the importance of responsible behavior when home alone, what to do when a stranger comes to the door, telephone tips, how to react in a variety of situations.  
**Registration Required**

# APRIL PROGRAMS

## VICTOR FARMINGTON LIBRARY

Serving the New York Victor and Farmington communities since 1939, the Victor Free Library was started by Ms. Malone on the first floor of a house on Maple St and East St in Victor. Ms. Malone sold homemade rhubarb jam to finance the library. The library moved to the Bank building on Main and Maple and then the old trolley building on Maple. In 1995 ground was broken for a new downtown building where the library is today.



Victor Farmington Library  
15 West Main Street  
Victor NY, 14564

Phone: 585-924-2637  
Fax: 585-924-1893  
victorfarmingtonlibrary@gmail.com

victorfarmingtonlibrary.org



**Fri Apr 1st 10am Movie Morning** Bring a snack and drink and enjoy the fun family movie, "The Good Dinosaur".

**Mon Apr 4th, 11th, 18th, 25th 2pm Mah Jongg**

**Tues Apr 5th, 19th 3pm Writer's Roundtable** All writings, work and ideas are encouraged to be shared.

**Tues Apr 5th 6:30pm Tech Class: Intro to Windows 10** The library's own Andrew discusses Windows 10, what to expect and some basic tips on using it.

**Weds Apr 6th, 13th, 20th, 27th 2pm Euchre!**

**Weds Apr 6th, 20th 4pm Knitting Class** Learn the basics concepts along with simple stitches. Once we feel comfortable with the basics, we'll move on to bigger projects. Ashli Couch of Ashli's Crafty Fox is your instructor. Any level of knitter is welcome.

**Weds Apr 6th 6pm Group Psychic Reading** Psychic Medium Steven Albert offers a Group Reading for you to hear from those who have passed, as well as about the living. Receive messages from loved ones, and hear about current relationships, work issues, and future events. **Waiting List Only**

**Thurs Apr 7th 6:30pm Mindfulness in the Electronic Age** In this presentation, you will learn what mindfulness is and isn't, have a chance to practice an easy mindfulness skill you can use anywhere, and learn how to apply mindfulness basics to create a healthy balance in your life between social media and the "real world."

**Sat Apr 9th 1pm Antiques Appraisal** H. Price Prazar, a locally well known antiques appraiser, returns to the library to review, discuss and give an approximate price on your antiques. Two item limit. No firearms or rugs, please. You MUST register for this event to participate. **Registration Required**

**Sun Apr 10th 12:30pm Eastman School of Music Concert** A brass quintet plays.

**Mon Apr 11th 6pm Make-n-Take Wine Glasses** For April, we'll be painting Lilacs for the Spring season. \$6 material fee. **Registration Required**

**Tues Apr 12th 6:30pm Command your energy bill** A representative from Halco Energy will provide a variety of information on ways to reduce your home energy and heating costs. Learn about alternative and renewable energy sources such as solar energy and geo-thermal heating, and the state and federal incentives connected to them. Bring a recent energy bill and any and all questions you may have. **Registration Required**

**Tues Apr 12th 7pm Booked for the Evening** This month's book is "Mister Owita's Guide to Gardening" by Carol Wall.  
**Sponsored by the Friends of the Library**

**Thurs Apr 14th 7pm Essential Oils Make-n-Take** Create a citrus soft scrub with Essential Oils for all your spring cleaning needs. \$4 at the door. **Registration Required**

**Thurs Apr 21st 5:30pm Alzheimer's Awareness Class** This month's class is on "Managing Challenging Behaviors". **Registration Required**

**Thurs Apr 21st 7pm Sustainable Finger Lakes**

**Fri Apr 22nd through 25th Library Hours Spring Book Sale** Volunteers needed and appreciated.

**Tues Apr 26th 7pm Board Meeting** Open to the Public

**Sat Apr 30th 9:30am to 3:30pm Defensive Driving Course** \$25 course fee payable at time of course. **Registration Required**

# VHT Pathfinder

The Official Newsletter of Victor Hiking Trails, Inc.

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## National Trails Day in Victor

This year our NTD hikes will start and end at the new home of Victor Parks and Recreation. Located in Fishers at 7891 Lehigh Crossing Road, it is strategically situated between the Lehigh Trail and Fishers Park. There are trails leading from the building to the park and the trail.

NTD will be held on Saturday, June 4th, beginning at 8:30 a.m. with a continental breakfast of bagels, yogurt, pastries, fruit, juice, milk, coffee and tea.

The hikes will begin at 9:00 a.m. Hike #1 will head north to Fishers Park and traverse the many trails in the park. It will be about 2 miles of hilly trail over boardwalk and bridges. It will stop at the site of the proposed Nat Fisher Memorial Bridge replacement. It should take an hour and half to complete.

Hike #2 will head east on the Lehigh Trail to Phillips Road with a stop at the new Pinnacle Athletic Campus for a tour of the facility. The group will then hike on the Auburn Trail towards Main Street Fishers, cross over the creek and follow the Domine Trail back to the Lehigh Trail and return to the Parks and Rec Center.

Hike #3, scheduled to start after a pizza and drinks lunch, will hike two miles west on the Lehigh Trail to Mendon to view the improvements that Mendon Foundation has made recently. They will then return to the Parks and Rec Center.

Bottled water, granola bars and door prizes will all be free and provided by VHT.



**Inside this issue:**

This was an exceptionally cold morning... *Page 3*

We are extremely happy that they were able to donate \$630, *Page 4*

...the larger the number the more light it lets in...*Page 5*

They hiked the Auburn, Domine and Lehigh Trails... *Page 7*

...seeking a volunteer to be our Volunteer Coordinator. *Page 8*

## HIKES FOR 2016

### VHT 2016 Officers:

Dave Wright– Chairman  
 Jeff Hennick– Vice Chairman  
 Suzy Paquin– Secretary  
 Barb Cole– Treasurer  
 Carol MacInnes– Trailmaster  
 Chauncy Young– Trail Boss  
 Peter Ingalsbe– Membership  
 Ralph Weber – Education  
 Open — Volunteer  
 Coordinator  
 David Coleman— Camping  
 Larry Fisher—Parks Liaison

### VHT Pathfinder

Volume 21, Issue 1  
 Spring 2016  
*The Victor Hiking Trails  
 Pathfinder* is published  
 quarterly for the  
 members of Victor Hiking  
 Trails, Inc.

We encourage  
 submissions of letters,  
 editorial items and  
 advertising pertaining to  
 trails, Victor and the  
 environment.

Ask about our rates.  
 To submit articles for the  
*VHT Pathfinder*, please  
 contact:

Dave Wright, Editor  
 Victor Hiking Trails, Inc.  
 85 East Main Street  
 Victor, NY 14564

(585) 234-8226

[www.victorhikingtrails.org](http://www.victorhikingtrails.org)  
 Also on Facebook  
 and Meetup  
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 Trails, Inc.

March 26 ~ Special Educational Hike at Ganondagan at 9:00 a.m.

Apr. 9 ~ MaryFrances Bluebird Haven & Monkey Run. Meet at the parking lot by the house at 9:00 a.m.

Apr. 23 ~ Arbor Day celebration with the Victor Village Tree Board

May 14 ~ Boughton Park in the Spring.

June 4 ~ National Trails Day. Meet at Victor P&R, 7891 Lehigh Crossing Road in Fishers

June 11 ~ ADK Outdoor Expo and hike at Mendon Ponds Park

June/July/August? Special Educational no-moon night tour and hike at Mees Observatory

July 9 ~ Bike Ride. Location TBD.

July ? ~ Boughton Park Hike with the Genesee Land Trust

Aug. 13 ~ Hike Conklin Gully. Bring water shoes.

Sep. 10 ~ Hang Around Victor Day. Village hike

Oct. 8 ~ Finger Lakes Trail, Bristol Hills Branch

Nov. 12 ~ Valentown to Woodcliff and back.

Dec. 10 ~ Lehigh Crossing Park.

Note: Please check the message line at 585-234-8226 for details and last minute updates. Also, if you join Meetup/Victor Hiking Trails, you will get notifications of hikes and other events, reminders if you are signed up for a hike and last minute changes. All hikes meet at Victor Town Hall rear parking lot, 85 East Main Street, at 9:00 a.m. unless otherwise noted. Most hikes are relatively easy and take 2-4 hours. Always bring a bag lunch or snack and something to drink. Dress for the weather. We rarely cancel due to inclement weather.

We usually carpool to the trailhead. Expect to share the cost of gas with the driver. If you have any questions regarding any of the hikes, or if you have suggestions for places to hike, please leave a message at 585-234-8226.

Again this year we have scheduled several hikes in Victor or the surrounding communities. We are also leading shorter and easier hikes to encourage families and younger hikers to join us. Based on the success of past year we will again be adding an educational element to some of the hikes.

We only hike as fast as the slowest hikers, so don't worry about not keeping up. If we need to split into more than one group, that is not a problem.

**Come enjoy the fun.**

## Past Hikes

Jan. 9 ~ Mendon Ponds. There were 11 hikers who trekked around Quaker Pond, stopped to feed the black capped chickadees and enjoyed the blue sky morning.



Feb. 13 ~ Fishers Park, Auburn Trail, Domine. This was an exceptionally cold morning but we still had 7 hardy hikers come out to hike and enjoy the trails. Half way through the hike we made a bee line for Chauncy's home to warm up with coffee and hot chocolate. Unfortunately, no one remembered to take a picture of the group, but here is a metal sculpture in the park.



Mar. 12 ~ Dryer Road Park. It was a gorgeous spring morning for a hike. We had 20 hikers of all ages and abilities. Chauncy led the group up the mountain bike trails to the top of the park, then down the backside trails and over to Fort Hill and Ganondagan State Historic Site and back to the parking lot. The hike was about 4.5 miles long and took just 2 hours.



## Upcoming Hikes

### March 26 ~ Ganondagan State Historic Site.

Meet in the parking lot, 7000 County Road 41, at 9:00 a.m. Peter Jemison, park manager and Native American artist, will provide a tour of the new Seneca Art and Culture Center followed by a guided hike where you will learn the history of the local Native American Seneca and Haudenosaunee and how the villages survived the winter and prepared for the spring. There is a \$5.00 per person fee that is used by the Friends of Ganondagan to improve the site. The tour and hike will be about 2 hours. Please come prepared to hike with appropriate shoes and attire for the weather. If you have any questions, please call Ralph Weber at (585) 490-0706.

### April 9th ~ MaryFrances Bluebird Haven and Monkey Run Trails.

This town park is dedicated to attracting and protecting the Eastern Bluebird, which in the New York State bird. Robert Butler donated the 39 acres to the Town of Victor in memory of his beloved wife MaryFrances. Meet at the Butler Cottage at the end of the driveway at 235 Victor-Egypt Road (County Road 9) at

9:00 a.m. for a hike around the perimeter. The bluebirds should be returning, so bring your binoculars and camera. The hike will be about 5 miles of easy hiking and take about 2 hours.

**April 23rd ~ Arbor Day in the Village.** Come celebrate the planting of a tree at the corner of School Street and Rawson Road. The Victor Village Tree Board will be coordinating the event and is looking for input on street tree planting in the village.

**May 14th ~ Boughton Park.** We have hiked this park many times in the past, usually in the winter or summer, so this will be an opportunity to see all the trees and bushes budding out for the spring. The hike will start at the Boughton Road entrance at 9:00 a.m. If you are not a resident of the towns of Victor, East Bloomfield or West Bloomfield you will need a one-day pass. Call 585-234-8226 to make your reservation.

**June 4th ~ NTD.** See front page for details.

## Thank you VB Brewery

The servers at VB Brewery selected Victor Hiking Trails to be the recipient of 50% of their tips for the months of October, November and December. We are extremely happy that they were able to donate \$630, and would like to thank all of the servers; Tim Murphy, Brittany Fowler, Tracy McClure, Heather Webb, Rochelle Smith, Amar Oesterly, and Randy Reiss.



## VHT is now a Meetup Group

Now you can find VHT on Meetup. No cost to join.

This is another means of communicating our monthly hikes, weekly trail maintenance sched-

ule, scout projects and special events.

To join, search for Victor Hiking Trails Meetup or go to this:

<http://www.meetup.com/Victor-Hiking-Trails-Meetup/>

## **The Basics about Binoculars**

One of the reasons we hike is to view and enjoy nature. But since nobody wants to get too close to a mother bear and her cub or disturb wildlife in general, binoculars provide a great way of getting up close to nature while still keeping your distance.

When considering purchasing binoculars, the first thing you'll probably notice is that they all bear a magnification rating such as 7x35 or 10x42. The first number is the level of magnification. So a distant moose viewed through 7x35 binoculars will appear 7 times larger, but viewed through 10x42 binoculars it would appear 10 times larger. However, a higher number doesn't necessarily mean "better." As the magnification gets larger the field of view becomes smaller, sort of like cropping a photo. Because of the increased magnification the image can also be shakier if the binoculars aren't held steady.

The second number is the size of the objective lens (the lens furthest from your eyes).

Basically, the larger the number the more light it lets in and the brighter and clearer the image will be.

For hiking you'll also want to consider weight. If you plan on using them mostly on day hikes, then a larger pair might be just the thing. However, if you're backpacking or trying to keep you pack weight down, you'd probably be better off with a compact pair of binoculars.

You may also want to consider whether the binoculars are waterproof and/or fogproof. Waterproof binoculars will not allow water to enter the binoculars while fogproofing prevents the lenses from fogging up in humid weather.

### **Using your binoculars**

When using binoculars, note the hinge between the two barrels. This hinge allows you to adjust the distance between the eyepieces so that they match the distance between your eyes. You should see one clear image without any dark spots or without seeing two of the same object.

Most binoculars also include an adjustable eyepiece on one barrel. This feature allows a person to adjust for differences in vision for each eye. To adjust the eyepiece, first, using the focus wheel usually found on top and between the barrels, focus on an object and view it only through the barrel without the adjustable eyepiece. Clear? OK, now view it through both eyepieces. Is the image fuzzy? Turn the eyepiece adjustment ring until the object is clear and crisp. Note the number it is on and set it to this number each time you're using these binoculars. This is especially handy when sharing the binoculars with another person.

*This fact sheet was originally created by and is reprinted with permission of American Hiking Society.*

## Trail Maintenance Schedule

Day	Time	Section
Monday, May 02, 2016	6:00 PM	Fishers Ridge - Willowbrook to Rt 96
Wednesday, May 04, 2016	6:00 PM	High Point - Turk Hill Rd to High St
Friday, May 06, 2016	7:30 AM	100 Acre, Blue Bird Sanctuary & Seneca North
Monday, May 09, 2016	6:00 PM	Behind Plazas - High Street to Willowbrook
Wednesday, May 11, 2016	6:00 PM	Ganondagan - Dryer Rd to School St
Friday, May 13, 2016	7:30 AM	Monkey Run all trails - come in gas line road
Monday, May 16, 2016	6:00 PM	Fishers Park all trails including connecting trail to Lehigh
Wednesday, May 18, 2016	6:00 PM	Auburn Bypass East Victor plus School St to Spitzer Bridge
Friday, May 20, 2016	7:30 AM	Ganondagan - Boughton Rd (CR 41) thru the Apple Farm
Monday, May 23, 2016	6:00 PM	Lehigh Crossing Park, Omnitech & West from Rte 251
Wednesday, May 25, 2016	6:00 PM	Trolley Trail - East from Rte 251 & Seneca to woods
Friday, May 27, 2016	7:30 AM	Domine , Fishers Landing and FLCC Trails
Monday, May 30, 2016	6:00 PM	
Wednesday, June 01, 2016	6:00 PM	Duval - Cherry St to Boughton Park
Friday, June 03, 2016	7:30 AM	Judson - Cherry St to Apple Farm
Monday, June 06, 2016	6:00 PM	New Trail ??
Wednesday, June 08, 2016	6:00 PM	Fishers Ridge - Willowbrook to Rt 96
Friday, June 10, 2016	7:30 AM	High Point - Turk Hill Rd to High St
Monday, June 13, 2016	6:00 PM	100 Acre, Blue Bird Sanctuary & Seneca North
Wednesday, June 15, 2016	6:00 PM	Behind Plazas - High Street to Willowbrook
Friday, June 17, 2016	7:30 AM	Ganondagan - Dryer Rd to School St
Monday, June 20, 2016	6:00 PM	Monkey Run all trails - come in gas line road
Wednesday, June 22, 2016	6:00 PM	Fishers Park all trails including connecting trail to Lehigh
Friday, June 24, 2016	7:30 AM	Auburn Bypass East Victor plus School St to Spitzer Bridge
Monday, June 27, 2016	6:00 PM	Ganondagan - Boughton Rd (CR 41) thru the Apple Farm
Wednesday, June 29, 2016	6:00 PM	Lehigh Crossing Park, Omnitech & West from Rte 251
Friday, July 01, 2016	7:30 AM	Trolley Trail - East from Rte 251 & Seneca to woods
Monday, July 04, 2016	6:00 PM	
Wednesday, July 06, 2016	6:00 PM	Domine , Fishers Landing and FLCC Trails
Friday, July 08, 2016	7:30 AM	Duval - Cherry St to Boughton Park
Monday, July 11, 2016	6:00 PM	Judson - Cherry St to Apple Farm
Wednesday, July 13, 2016	6:00 PM	New Trail ??
Friday, July 15, 2016	7:30 AM	Fishers Ridge - Willowbrook to Rt 96
Monday, July 18, 2016	6:00 PM	High Point - Turk Hill Rd to High St
Wednesday, July 20, 2016	6:00 PM	100 Acre, Blue Bird Sanctuary & Seneca North
Friday, July 22, 2016	7:30 AM	Behind Plazas - High Street to Willowbrook
Monday, July 25, 2016	6:00 PM	Ganondagan - Dryer Rd to School St
Wednesday, July 27, 2016	6:00 PM	Monkey Run all trails - come in gas line road
Friday, July 29, 2016	7:30 AM	Fishers Park all trails including connecting trail to Lehigh
Monday, August 01, 2016	6:00 PM	Auburn Bypass East Victor plus School St to Spitzer Bridge
Wednesday, August 03, 2016	6:00 PM	Ganondagan - Boughton Rd (CR 41) thru the Apple Farm
Friday, August 05, 2016	7:30 AM	Lehigh Crossing Park, Omnitech & West from Rte 251
Monday, August 08, 2016	6:00 PM	Trolley Trail - East from Rte 251 & Seneca to woods

Join Meetup to get meeting location and last minute updates.

## Crescent Trails Association hikes Victor Trails

We were happy to host some hikers from Fairport who are members of the Crescent Trails Association on Sunday, March 13th. They hike the second Sunday of every month at 1:30 p.m., usually on one of the trails in Perinton, but sometimes venture out to neighboring towns. They met at the Fishers Fire Station #1 and got a local history lesson from VHT Chairperson Dave Wright. They hiked the Auburn, Domine and Lehigh Trails and saw the Thruway mural. Many said they hoped to return again with friends.



## Mural Update

Our resident mural artist, Emily Waldman, hopes to finish her mural project on the Auburn Trail under the Thruway this summer. She made a lot of progress last summer with help from her family, friends and VHT members.



## Bridge Building Time

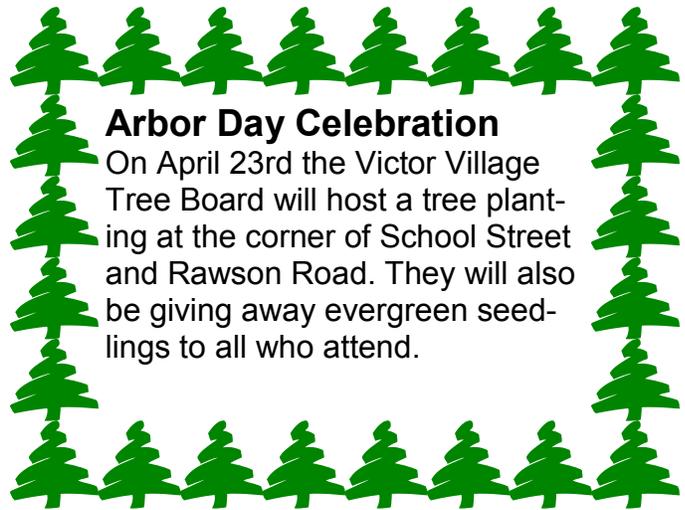
As many of you know, we plan to build some major footbridges this year. One will be an Eagle Scout project on the Auburn Trail near East Victor Road. With permission from Victor Hills Golf Course, Troop 61 Life Scout George Heltz, a resident of Victor, has committed to building a 40' long by 4' wide wooden bridge across a unnamed creek. The bridge will be elevated above the creek banks so that it does not impede the flow of water during flooding. The bridge will have railings on both sides and ramps on each end approximately 20 feet long.

The estimated cost of the materials and equipment rental is \$5-6000. George has done an excellent job of raising most of the funds, but he is still about \$1000 short. He is asking local businesses, organizations, trail users, the Town of Victor and residents to help him reach his goal so he can start construction in June.

If you would like to help George complete his Eagle Project, you can log onto <https://www.gofundme.com/wp8uzk> or send a check to George Heltz (Eagle Project), 4 Ketchum Street, Victor, NY 14564. Returnable cans and bottles can be dropped off at Cash Cans, 1336 Pittsford Mendon Road, Mendon, NY 14506 for Victor Hiking Trails account. George can be reached at [gheltz126@rochester.rr.com](mailto:gheltz126@rochester.rr.com).

Our second bridge is a replacement for an unsafe

bridge in Fishers Park. Almost every spring, the Irondequoit Creek tributary would flood and do a little more damage to the old bridge. And every year Nat Fisher would walk from his home across the street to the bridge and make some much needed repairs to the bridge. Nat, a VHT board member and always the willing volunteer, passed away May 15, 2014. Since then we have been accepting donations in Nat's memory so that we can build a new bridge that will be above the flood plain and make hiking in Fishers Park much more enjoyable and safer. So far we have collected \$4200 toward a budget of approximately \$6000. If you would like to help us reach our goal, you can mail a check to Victor Hiking Trails, 85 East Main Street, Victor, NY 14564. Let us know it is for the Nat Fisher Memorial Bridge. Donations can also be made on our website, [www.VictorHikingTrails.org](http://www.VictorHikingTrails.org). No amount is too large or too small.



## Arbor Day Celebration

On April 23rd the Victor Village Tree Board will host a tree planting at the corner of School Street and Rawson Road. They will also be giving away evergreen seedlings to all who attend.

## Board member needed

VHT is seeking a volunteer to be our Volunteer Coordinator. This person would be responsible to recruit members to help out on special events like National Trails Day in June, the ADK Outdoor Expo in June, Hang Around Victor Day in September, the Challenge Hike in September, Club Days at EMS in the spring and fall and any other events in which we might participate. This may sound like a lot of work, but it is mostly making phone calls or sending emails to a list of people who have expressed an interest in helping out when they can. If you are willing to help us, please call Dave Wright at 585-752-8313 at your earliest convenience.

Rare plants just outside your door

As you may have noticed early spring plants are beginning to emerge around our area. Did you know that many of these, and numerous others are classified as rare and are protected under New York State law? That's right, rare plants, liter-

ally, just outside your door.

With so many plants growing in the wild, which are considered rare and therefore protected? New York State Codes, Rules and Regulations 6CRR-NY 193.3 is titled Protective Native Plants. As indicated here a plants rarity status falls into four categories. These are endangered native plants, threatened native plants, rare native plants, and those which are considered exploitably vulnerable. This last classification refers to plants that are not considered rare now but are at risk of becoming rare due to environmental factors and human impacts such as collecting. Per this law a plants rarity status is based on a variety of factors relative to a specific region. For instance a plant could be classified as rare in one state but not in an adjacent state. Or a plant could carry a rarity status across the entire United States as a whole but not in New York because it grows abundantly

*(Continued on page 10)*



Wild Lupine



Bloodroot

(Continued from page 9)

here. The parameters of how a plant species rarity status is determined is quite specific and too lengthy to be detailed here. Let's suffice to say that while you're out in the forests, fields, and trails you're more than likely to encounter plants that carry a rarity status and are protected under NYS law.

So, what happens if you pick a plant that's classified as rare and is protected? Per 6 CRR NY 193.3 "It is a violation for any person, anywhere in

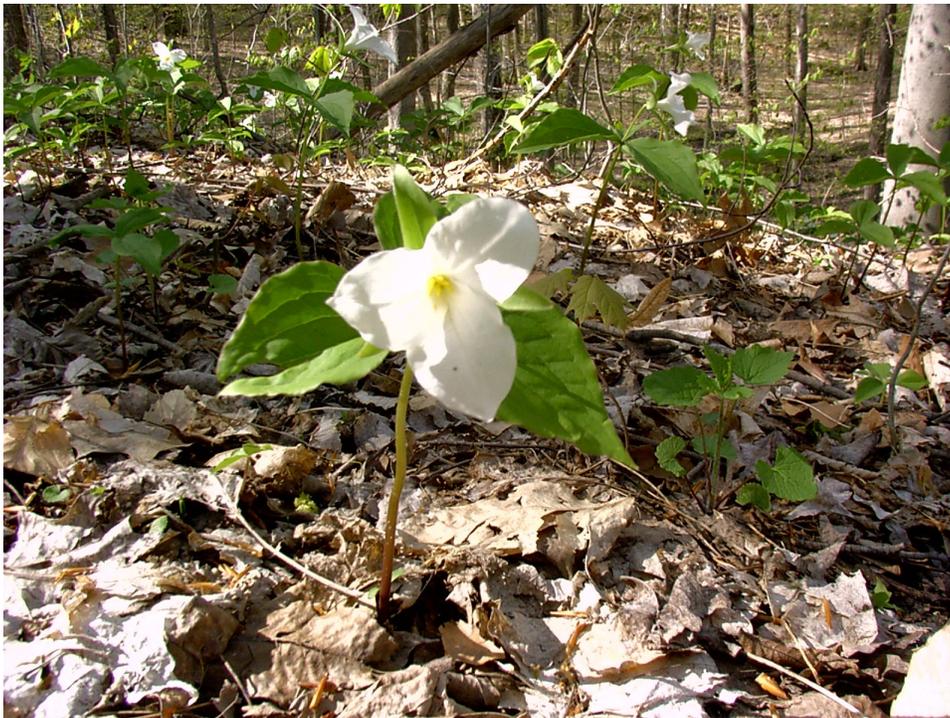
the State, to pick, pluck, sever, remove, damage by the application of herbicides or defoliants, or carry away, without the consent of the owner, any protected plant. Each protected plant so picked, plucked, severed, removed, damaged or carried away shall constitute a separate violation". To avoid any unintentional "picking or plucking" violation

know your plants. And *if you don't know let it grow.*

The following are examples of plants (including some tress) in each of the four aforementioned rarity classifications. As you'll see many of these you may already be familiar with and see while hiking. Under "endangered native plants" white milkweed, willow oak, nodding trillium, Jacob's ladder and bears foot are listed. Under "threatened native plants" culvers root, marsh horsetail, meadow horsetail, and rough avens are listed. Under "rare native plants" wild lupine, river birch, along with many types of sedges are listed. And under "exploitably vulnerable" bee-balm, but-

terfly weed, flowering dogwood, and many types of lady's slipper and trilliums are listed. Also, numerous types of ferns are listed in these classifications. These are just some examples. The actual listing numbers in the hundreds of plants.

So remember while you out hiking, biking, or just walking on your on property you may encounter some protected rare plant species. Know your plants, and *if you don't know let it grow.* And if you are keen on collecting plants I recommend to always get the landowners permission first.



White Trillium

Information in this article, and much more on this topic, can be found in a number of excellent resources. The Department of Environmental Conservation website (this has a link to the 6 CRR – NY 193.3 regulations), the New York National Heritage Program (NYNHP) website, New York Codes, Rules, Regula-

tions website (has complete Title 6 regulations which covers environmental conservation) are just a few I've listed. Also a nice, easy to read guidebook called The Landowners Guide To State-Protected Plants of Forests in New York State, by Dudley J. Raynal and Donald J. Leopold can be found at the Victor Library.

Robert Lasher  
Master Naturalist  
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 Fx: (585) 742-0142  
[www.victoryny.org](http://www.victoryny.org)

● ● ● | **Chauncy Young, CFP®, LMT**  
 Managing Member

**Sage Financial, LLC**



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**Hours:**  
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**Sat 8:00 — 3:00**



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Visit our sponsors and tell them you saw their advertisement in the VHT Pathfinder.

Victor Hiking Trails  
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All VHT newsletters are now available on our website.  
View it and download it in full color.

Annual membership is for 12 months, beginning when you first join. Please send your renewal check promptly so we don't have to come after you. We will use your dues and donations for new and improved trails.

*Filling the gaps in Victor*

Check out our website at  
[www.victorhikingtrails.org](http://www.victorhikingtrails.org)

Join us on Facebook!

And Meetup!



VHT Map Link

*Yes, I want to join / renew membership in VHT!*

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone** ( ) - - - - -

**E-Mail** \_\_\_\_\_

Please note that we need your e-mail address to notify you when the latest edition of our newsletter is available on our website.

I can help with: Trail Acquisition \_\_\_ Trail Maintenance \_\_\_ Trail hikes \_\_\_  
Newsletter \_\_\_ Fund Raising \_\_\_ Special Events \_\_\_ History / Education \_\_\_

Amount submitted \$10 \_\_\_ \$20 \_\_\_ \$100 \_\_\_ \$250 \_\_\_ other \$ \_\_\_  
Corporate membership at \$100 per year allows all employees to be members.

Victor Hiking Trails, Inc. is a 501 (c)3 non-profit organization.

Make check payable to: VICTOR HIKING TRAILS, INC.  
And mail to: 85 EAST MAIN STREET  
VICTOR, NY 14564