



Special Events

NEW!

CHRISTMAS IN THE VILLAGE

Santa Claus is coming to town...in cooperation with the Parks and Recreation Department, Victor Local Development, and Five Star Bank. Join your family and friends for a holiday celebration with music, food, costumed characters, activities, all situated throughout downtown Victor. Santa and Mrs. Claus will light the tree at Mead Square Park at 5PM. Look for special coupons and maps.

LOCATION: Main Street Victor
AGES: Families are welcome
FEE: FREE
DAY/DATE: Saturday, November 24
TIME: 10:00 AM – 5:00 PM

SANTA'S ROCKIN' CHRISTMAS EVE – WINTER MUSICAL

Victor Parks and Recreation is pleased to announce the 2012 winter musical production of "Santa's Rockin' Christmas Eve". Don't touch that dial! You won't want to miss this incredible TV variety show. Everyone will be performing a special number, including The Mistle-tones, Suzy and the Snowflakes, the Reindeer, the Elves, Mrs. Claus, and yes, of course, Santa himself! It's an evening of entertainment and fun, complete with two commercials. All performances will take place in VEC Auditorium on the Victor Central School Campus. Tickets are \$5 per person and they are only available at the door.

PERFORMANCES: Friday, November 30 at 7:30 PM
 Saturday, December 1 at 12:00 PM
 Saturday, December 1 at 3:00 PM
 Saturday, December 1 at 7:00 PM

ICE SKATING SHOW

LOCATION: Greater Canandaigua Civic Center (GCCC)
DATE: December 16, 2012
 Call 742-0140 for more information.

LEARN TO SKATE OPEN HOUSE

Start the skating season off right, the GCCC will be holding an open house. Come join the fun and try us out! Please RSVP Pamela Warren at Gr8t2sk8t@yahoo.com or call 585-396-0628. You must register by Wednesday 12/26/12.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: All
INSTRUCTOR: Pamela Bossar Warren & Friends
FEE: Free lesson and Free skate rental
DAY/DATE: Thursday, December 27, 2012
TIMES: 2:00 – 4:00 PM

VICTOR COMMUNITY BAND AND CHORUS CHRISTMAS CONCERT

Come listen to wonderful sounds of the Victor Community Band and Chorus.

LOCATION: Eastview Mall near Johnny Rockets
DAY/DATE: Wednesday, December 12, 2012
TIME: 7:00 PM

10th ANNUAL SNOWSCAPES WINTER MUSIC SERIES

Join us for this annual music series, which is sure to get your feet moving and keep your spirits warm even on the coldest days. For up to date concert information please contact the Victor Parks and Recreation Department at 742-0140. Refreshments will be provided. The concerts are free. All concerts will be held at the Victor Education Center Auditorium.

GATESWINGERS: Saturday, January 26 at 1:00 – 3:00 PM
EVERHART: Saturday, February 2 at 1:00 – 3:00 PM
78 RPM: Saturday, February 9 at 1:00 – 3:00 PM

Special Events

Special Events

VICTOR COMMUNITY BAND AND CHORUS SPRING CONCERT

LOCATION: Victor High School Auditorium
DAY/DATE: Wednesday, March 13, 2013
TIME: 7:00 PM

EASTER EGG HUNT

On Saturday, March 23 at 10:00 AM the Easter Bunny will be making a visit to Victor. Come join him and Victor Parks and Recreation at fields 19, 20, 21, 22 behind the Victor Primary School for a fun filled event. Dress appropriately for the weather. Children ages 3-4, 5-6, 7-8, and 9-11 are eligible to participate. No registration is necessary.

JELLY BEAN GUESSING CONTEST

A large jar of jelly beans will be placed in the Victor Free Library. Guess the number of beans in the jar, fill out the form and place it in the box. Winner receives the jar and a small gift. Children ages 4 – 12 years eligible to participate. Contest is available from 2/25 – 3/25/13. Winner will be notified the week of 3/25/13.

VPR COMMUNITY GARDEN See page 26

NEW!

PANCAKE BREAKFAST IN THE WOODS

Bring the family to Victor Municipal Park for a breakfast among the trees and wildlife! The menu includes delicious pancakes served hot off the griddle with syrup or strawberries, sausage, and beverages. Enjoy a pancake breakfast enhanced by the morning sights and sounds of the great outdoors; complete your morning by taking a stroll along one of the park trails and enjoy some olde time string music! Advanced tickets are recommended and can be purchased at the Department of Parks and Recreation, 1290 Blossom Drive

LOCATION: Victor Municipal Park Lodge
AGES: For all ages
FEE: \$7/adult & \$4/children under 10
DAY/DATE: Saturday, May 4
TIME: 8:30 AM – Noon

Family Programs

COMMUNITY BAND

Dust off your musical instrument and join Victor's group of talented musicians. Family groups are welcomed. No auditions are necessary. Call for current practice schedule.

LOCATION: VCS Intermediate School Band Room
AGES: Open to all ages
INSTRUCTOR: Kathy Swigert
FEE: No Charge
DAYS/TIMES: Wednesdays, 7:00 PM
DATES: Ongoing

COMMUNITY CHORUS

If you enjoy singing, this is the program for you. Call for the current practice schedule.

LOCATION: St. John's Lutheran Church, 888 Victor Egypt Road
AGES: Open to all
INSTRUCTOR: Mary Ann Buneo
FEE: No Charge
DAYS/TIMES: Tuesdays, 7:00 PM
DATES: Ongoing

GUITAR LESSONS AT JOVI'S MUSIC

Guitar clinic by Rick Wahlers. Learn the basics and more from a true guitar hero!!! Lessons will include: basic fundamentals, music theory, understanding guitar tab's etc. -Student is responsible for his/her own guitar. An amp, a music stand, and cables are provided by facility. Additional evenings will become available based on demand. Private lessons are also available Mon thru Fri at \$20/half hour.

LOCATION: Jovi's Music, Main Street, Victor
DAYS/TIMES: Thursdays, 7:00 – 8:00 PM
FEE: \$10 per lesson
DATES: Ongoing starting January 24
PROGRAM #: JM113

THEME OR DANCE BIRTHDAY PARTIES

Theme and dance parties personally designed for your child! Ideas: Sock Hop, Rock-N-Roll, Ballerina, Princess, Super Heroes, Cars, or various characters. Ms. Judy works with parents to design a special party for your child based on the birthday child's interests and wishes! Masks/costumes/props are available for use. For more information call Judy at 924-8168.

LOCATION: Victor Parks & Recreation
AGES: All
INSTRUCTOR: Judy Gillotte Drew
FEE: \$125/\$130 non-resident up to 10 children (includes the birthday child)
Additional children \$10 per child
\$145 / \$150 non-resident up to 10 children (includes the birthday child) Includes sheet pizza and (2) two liters of pop or juice. Additional children \$10 per child.

DATES/TIMES: Various
DAYS: Call Judy at 924-8186 for availability
PROGRAM #: JGD113BP

Family Programs



Find us on
Facebook

You can keep up to date by "liking" the Town of Victor facebook page. See pics from programs & learn about upcoming programs & special events.

Family Programs

LET'S DANCE – DANCE WORKSHOPS FOR ACTORS & SINGERS

For teens and adults (men and women) get a jump start! Be ready for the auditions and dancing for the Broadway type musicals and musical revues. These dance workshops will introduce and or reacquaint performers to terms, steps and combinations used when auditioning for musicals, etc. We will include jazz, tap and ballet terms. Active participation in this non-threatening class will develop skills and confidence to tackle auditions to do quality work when learning and performing in dance numbers. Bring a friend and let's dance. For more information or to set up a workshop, call Judy at 924-8168.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 12 & up

INSTRUCTOR: Judy Gillotte Drew

FEE: \$35/\$40 non-residents

DATES: TBA, 2 day workshop, call for availability, Judy at 924-8168

PROGRAM #: JGD113DW

BIRTHDAY PARTIES

Do you want to have your party with your friends at Victor Parks & Recreation. Package does not include cake. We offer 2 birthday party packages: Silver and Gold. The silver party includes 2 staff, 2 rooms with games and activities. The gold party includes 2 staff, 2 rooms, games and activities, paper products and utensils, tablecloths, 1 sheet pizza, drinks. Two parents required to stay and help with supervision.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: All

INSTRUCTOR: VPR Staff

FEE: Silver: \$100/\$105 non-residents for child & 12 friends
Additional children at \$5 each
Gold: \$140/\$145 non-residents for child & 12 friends
Additional children at \$5 each

DATES: Call for availability 742-0140

DAYS/TIMES: Saturdays, 1:00pm – 3:00 pm or 4:00 – 6:00 pm
Sundays, 11:00 am – 1:00 pm or 2:00 – 4:00 pm

PROGRAM #: 2013 Silver or 2013 Gold

NEW!

FAMILY HOOP FITNESS

Hooping is fun for all ages, and a great way to keep fit. Share the laughter and the value of staying active through lifelong play. No experience necessary; we'll start at the very beginning and work our way up to more advanced moves. Hoops will be provided in a variety of sizes and weights, and I'll show you how to find the right hoop for your height and fitness level. Children under 18 must be registered with at least one parent; a parent may register with more than one child. Low impact; 45 minute classes; hoops provided.

LOCATION: Victor Parks and Recreation – Blossom Drive

AGES: 8 – 18 years old w/ parent/guardian

INSTRUCTOR: Caren Pita, Creekside Hooping

FEE: \$98/\$108 non-residents; includes one parent and one child (Additional family members are \$49 each)

DAYS: Saturdays

TIMES: 12:00 – 12:45 PM

DATES:

1/12 – 3/9/13 (no class 2/23)

3/16 – 5/11/13 (no class 3/30)

PROGRAM #:

CP113FH

CP313FH

FAMILY GAME NIGHT

Come with your family to Parks & Recreation and challenge your neighbors to a night of activities and games.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: All

INSTRUCTOR: VPR Staff

FEE: \$5 per family/ \$10 non-resident families

DAY/DATE: Friday, 1/18/13

TIMES: 6:00 – 8:00 PM

PROGRAM #: VPR113FG

FAMILY INDOOR MINI GOLF

Come join other families on Victor Parks & Recreation "Indoor Links". What better way to beat those Winter Doldrums.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: All

INSTRUCTOR: VPR Staff

FEE: \$5 per family/\$10 non-resident families

DAYS/DATE: Saturday, 1/19/13

TIMES: 6:00 – 8:00 PM

PROGRAM #: VPR113FMG

NEW!

PARENT & CHILD CERAMICS

Work as a team and make a clay box, vase or bowl using hand building techniques such as coiling, slab and pinching. Create texture on the surface of your work with carvings and stamps. Create a relief; add feet, or a lid to your piece. The following week, you will decorate your work with many colors and a choice of clear, blue, tan or turquoise glaze. One parent with one child.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 5 and up

INSTRUCTOR: Marybeth Fitzsimmons, Rochester Clayworks

FEE: \$32/\$37 non-residents

DAYS/TIMES: Saturdays, 1:00 – 2:30 PM

DATES:

3/9 – 3/16 (2 weeks)

4/6 – 4/13 (2 weeks)

5/11 – 5/18 (2 weeks)

PROGRAM #:

MF313PCC

MF413PCC

MF513PCC

FAMILY SURVIVOR ISLAND

Come see if your family has what it takes to survive Victor Parks & Recreation's "Island". Challenge your neighbors and come enjoy a night of activities and games.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: All

INSTRUCTOR: VPR Staff

FEE: \$5 per family/ \$10 non-resident families

DAY/DATE: Friday, 3/22/13

TIMES: 6:00 – 8:00 PM

PROGRAM #: VPR313FSI

WHITE WATER RAFTING See page 24

Leisure Lines from the Director of Parks and Recreation...

We are excited to share with you our Winter 2012-2013 Recreation and Parks brochure. As we bring closure to another successful fall program season; we want to thank our residents – our customers for supporting the Department on a variety of levels. Whether you signed up for a *fitness class*, joined us for the *Jack-O-Lantern Trail*, or celebrated a special occasion at one of our *park lodges* or *picnic shelters*, we trust that you enjoyed your experience.

Along with your seasonal favorites, we've added new recreation offerings that we hope will inspire you to stay active in mind, body and soul. Why not join our drop-in adult basketball, volleyball or "new" soccer program? Strap on the *snowshoes* and *explore Fishers Park* on a winter hike; learn to *meditate* in one of our "new" *holistic health* programs or discover a *foreign language* that you have always wanted to study! The opportunities are endless.

We want to thank the dedicated staff, instructors, coaches and volunteers who help make Victor a great place to live, work and play in...enjoy the season and what it has to offer!

Best Wishes,
Brian C. Emelson, CPRP, Director of Parks and Recreation

Preschool Programs

LEARN TO SKATE See page 10 (Not 5 years old yet? Check with Pam Warren: Gr8t2sk8t@yahoo.com)

NEW! INTRO TO YOUTH HOCKEY

Open to skaters with little or no skating skills. Emphasis will be on balance, forward and backward skating, crossover turns and stops. Equipment (helmet, hockey pants and protective pads) is provided through Perinton Youth Hockey. *The first 48 to sign up will receive a free hockey stick, while supplies last. (Players need to provide their own skates).

LOCATION: Thomas Creek Ice Arena

AGES: 4 – 6 years

INSTRUCTOR: Perinton Youth Hockey Coaches

FEE: \$80/\$90 non-residents

DAY/TIME: Sundays, 7:15 – 8:15 PM

DATES: 1/6 – 2/10/13

PROGRAM #: PYH113YH

DANCE AND TUMBLE

A lively dance class for preschoolers. A combination class to learn tap, ballet, jazz and finish with tumbling. Please wear dance attire and dance shoes. These are ongoing classes, but you can still join us for any session. Non-residents pay non-resident fee once per brochure for dance classes. Sign up for all 3 sessions at once and save, see below. Dance Recital in June for families and friends TBA, you must at least be in session 2 and 3 to be ready! Do them all!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2 ½ – 5 years

INSTRUCTOR: Judy Gillotte Drew

– Session 1 –

FEE:	\$85/\$95 non-residents		
DAYS:	DATES:	TIMES:	PROGRAM #:
Mondays	1/7 – 3/4/13	10:15-11:00 AM	JGD113MDTA
	(no class 1/21 make up TBD, no class 2/18)		
Mondays	1/7 - 3/4/13	12:45-1:30 PM	JGD113MDTP
	(no class 1/21 make up TBD, no class 2/18)		
Tuesdays	1/8 – 3/5/13	5:30-6:15 PM	JGD113TDT
	(no class 2/19)		
Saturdays	1/12 – 3/9/13	9:15-10:00 AM	JGD113SDT
	(no class 2/16, make up TBD, no class 2/23)		

– Session 2 –

FEE:	\$85/\$95 non-residents \$55 Costume fee payable to Judy Gillotte Drew by March 20.		
DAYS:	DATES:	TIMES:	PROGRAM #:
Mondays	3/11 – 5/6/13	10:15-11:00 AM	JGD313MDTA
	(no class 4/1)		
Mondays	3/11 – 5/6/13	12:45-1:30 PM	JGD313MDTP
	(no class 4/1)		
Tuesdays	3/12 – 5/7/13	5:30-6:15 PM	JGD313TDT
	(no class 4/2)		
Saturdays	3/16 – 5/11/13	9:15-10:00 PM	JGD313SDT
	(no class 4/6)		

– Session 3 –

FEE:	\$60 (residents and non-residents) **Includes Dress Rehearsal and Show, dates TBA		
DAYS:	DATES:	TIMES:	PROGRAM #:
Mondays	5/13 – 6/3/13	10:15-11:00 AM	JGD513MDTA
	(no class 5/27, make up TBA)		
Mondays	5/13 – 6/3/13	12:45-1:30 PM	JGD513MDTP
	(no class 5/27, make up TBA)		
Tuesdays	5/14 – 6/4/13	5:30-6:15 PM	JGD513TDT
Saturdays	5/18 – 6/3/13	9:15-10:00 AM	JGD513SDT
	(one extra class TBA)		

– Sessions 1, 2, & 3 –

Signup for all 3 sessions at the start and save \$10!!!!			
FEE:	\$85 + \$85 + \$60 = \$230 – \$10 = \$220/\$230 non-residents		
DAYS:	DATES:	TIMES:	PROGRAM #:
Mondays	1/7 – 6/3/13	10:15-11:00 AM	JGD113MDTA2
Mondays	1/7 – 6/3/13	12:45-1:30 PM	JGD113MDTP2
Tuesdays	1/8 – 6/4/13	5:30 – 6:15 PM	JGD113TDT2
Saturdays	1/12 – 6/3/13	9:15-10:00 AM	JGD113SDT2

Preschool Programs

COME-N-PLAY

Come and enjoy the Victor Parks & Recreation Multipurpose Room and all the fun things you can do there. Balls, blocks, scooters, noodles and more. Bring your child and come and play – stay for the whole time or just a while. An adult must accompany and supervise children. Sneakers are required for both child and adult.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Preschoolers with an adult

INSTRUCTOR: VPR Staff

FEE: see below (per family per session)

TIMES: 10:30 AM – 12:00 PM

DAY:	DATES:	FEE:	PROGRAM #:
Wednesdays	1/2 – 2/6/13	\$6/\$12 non-residents	VPR113WCP
Thursdays	1/3 – 2/7/13	\$6/\$12 non-residents	VPR113THCP
Wednesdays	2/13 – 3/27/13*	\$6/\$12 non-residents	VPR213WCP
Thursdays	2/14 – 3/28/13**	\$6/\$12 non-residents	VPR213THCP
Wednesdays	4/10 – 4/24/13	\$3/\$6 non-residents	VPR413WCP
Thursdays	4/11 – 4/25/13	\$3/\$6 non-residents	VPR413THCP

*no class 2/20/13; **no class 2/21/13

MUSIC TOGETHER

Does your little one love music? Do you want your child to develop listening, turn taking and other pre-classroom readiness skills? The internationally known early childhood music program, Music Together will have you and your child singing, dancing and learning as a community. In this class we will sing songs, learn rhymes, play with percussion instruments and dance! All classes taught by NYS certified educator and teaching artist, Sarah Peters. Our weekly classes last forty-five minutes and are different every time! Join us for a playful and fun way to learn!



LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Child with Adult, siblings under 8 months free

INSTRUCTOR: Sarah Peters

FEE: \$140/\$150 non-residents
\$70 for additional child over 8 months
Children under 8 months free.

DAYS:	DATES:	TIMES:	PROGRAM #:
Tuesdays	1/8 – 3/19/13 (no class 2/19, make up class 3/26/13) 4/9 – 6/11/13 (make up class Mon 6/17 at 10:30AM)	11:00 – 11:45 AM	SP113TMT SP413TMT
Wednesdays	1/9 – 3/20/13 (no class 2/20, make up class 3/27/13) 4/10 – 6/12/13 (make up class Mon 6/17 at 10:30AM)	10:30 – 11:15 AM	SP113WMT SP413THMT

BUMPER BOWLING

Join the excitement as your child knocks down pins. Bumpers will assist the ball towards the target, the pins. One game played each week. Parent/guardian must assist the child. Shoe rental included. Please list lane mates on registration form (3 children maximum per lane.) Space is limited; bowling begins promptly at specified times. Please arrive 15 minutes early to get shoes, ball, etc.

LOCATION: Roseland Bowl

AGES: 3 – 6 years

INSTRUCTOR: VPR Staff

DAYS/TIMES: Fridays, 9:45 - 10:45 AM

DATES:	FEE:	PROGRAM #:
1/11, 1/18, & 1/25/13 (3 weeks)	\$12/\$15 non-residents	VPR113BB
2/1, 2/8, & 2/15/13 (3 weeks)	\$12/\$15 non-residents	VPR213BB
List date (from above) you want	\$6/\$9 non-residents	VPR313BB

in additional information

ARE YOU READY TO TUMBLE?

Want to learn to do cartwheels, somersaults, bridges, back bends, group rhythms and more. Boys and Girls are invited to learn new tricks and extend their tumbling and acrobatic skills individually and with a group. Everyone will work at their own skill level to learn to be more confident and have fun!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 – 8 years

INSTRUCTOR: Judy Gillotte Drew

FEE: \$40/\$50 non-residents

DAY/TIMES: Saturdays, 10:00 – 10:45 AM

DATES:	PROGRAM #:
1/12 – 2/2/13	JGD113ART
2/9 – 3/9/13 (no class 2/16)	JGD213ART
3/16 – 4/13/13 (no class 4/6)	JGD313ART
4/20 – 5/11/13	JGD413ART

ROCK, RHYTHM AND ROLL

A lively class for parents/caregivers and children. Join us for some cool moves, exercises and rhythms with Ms. Judy. We'll march, jump, throw, shake, roll and move using balls and tumbling mats. Let's rock and roll!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 1 ½ – 4 years w/ parent

INSTRUCTOR: Judy Gillotte Drew

FEE: \$30/\$35 non-residents

DAY:	DATES:	TIMES:	PROGRAM #:
Mondays	1/7 – 1/28/13*	11:00 – 11:45 AM	JGD113MRR
Fridays	1/18 – 2/1/13	10:15 – 11:00 AM	JGD113FRR
Mondays	3/4 – 3/18/13	11:00 – 11:45 AM	JGD313MRR

*No class 1/21



Register Online

It's only a point and click away
at www.victoryn.org/Parks

Preschool Programs

Preschool Programs

TINY SPROUTS

Tiny Sprouts is younger version of our popular Sporty Sprouts sports readiness program for boys and girls. Children will be introduced to soccer, basketball and tennis in a fun, fast paced setting. Our goal is to spark your child's curiosity for sports by teaching the basic skills through age adaptive equipment and games. Come have fun! Wear sneakers. Sports equipment provided. This is not a parent participation class. Class is limited to 7 participants.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2 ½ – 3 ½ years old

INSTRUCTOR: Cathy Downs

FEE: \$60/\$70 non-residents

DAYS/TIMES: Tuesdays, 9:30 – 10:00 AM

DATES:

1/15 – 2/26/13, no class 2/19/13

3/5 – 4/16/13, no class 4/2/13

PROGRAM #:

CD113TS

CD313TS

DISCOVERY DAYS WITH MS. JUDY

Join us each week for specially chosen introductory stories about a topic of the week (3 week program). Then we'll discover our world with hands on experimenting, designing and discovering through arts & craft projects, planting, mixings and manipulations. For example, our first class will be about colors. After our stories we'll be able to mix our own paints to see and discover new colors. Amazing and fun discoveries, with the extra benefit for adults – no mess at home.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2 – 5 years w/adult

INSTRUCTOR: Judy Gillotte Drew

FEE: \$35/\$40 non-residents

DAYS/TIMES: Fridays, 11:00 – 11:45 AM

DATES:

1/18 – 2/1/13

4/12 – 4/26/13

PROGRAM #:

JGD113DD

JGD413DD

SPORTY SPROUTS

Sporty Sprouts is a preschool program for boys and girls. Children will be introduced to soccer, basketball and tennis in a fun, fast paced setting. Our goal is to spark your child's curiosity for sports by teaching the basic skills through age adaptive equipment and games. Come have fun! Wear sneakers. Sports equipment provided.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 ½, 4 and pre-school 5s

INSTRUCTOR: Cathy Downs

FEE: \$66/\$76 non-residents

DAYS/TIMES: Tuesdays, 10:15 – 11:00 AM

DATES:

1/15 – 2/26/13, no class 2/19/13

3/5 – 4/16/13, no class 4/2/13

PROGRAM #:

CD113SS

CD313SS

NEW! TODDLER JAM

This class is a fun, new, exciting and high-energy movement and music class designed for your child. Learn through creative movement, yoga, music and your imagination on how to move, groove and have loads of fun. Each class offers a new exciting theme. Adult is required to participate/assist child as well! Dress comfortable and loose clothing.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2 and 3 year olds w/adult

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$39/\$49 non-residents

DAYS/TIMES: Fridays, 9:30 – 10:15 AM

DATES: 1/18 - 3/1/13, no class 2/22/13

PROGRAM #: SM113TJ

LITTLE DRIBBLERS

Attention 4 and 5 year old boys and girls. Come and begin to learn the fundamentals of basketball while having fun! You can come be a part of a team and begin to dribble, pass and shoot. Class size is limited so sign up early.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 4 & 5 year olds

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$36/\$46 non-residents

DAY/DATES: Tuesdays, 1/15 – 3/5/13 (no class 2/19)

TIMES:

4:00 – 5:00 PM

5:00 – 6:00 PM

PROGRAM #:

VPR113LD4

VPR113LD5

MUSICAL MOMENTS

This class serves to establish a relationship with music through creative play and games. Classes contain elements to foster the development of music, social, cognitive, language, physical and emotional skills. Classes will work on a children's musical and perform for parents at the end of the class! This year the children will work on a production of "Tiki Tiki Tembo"

LOCATION: Spotlight Studios, 3 Railroad Street, Fairport

AGES: Ages 4 & 5

INSTRUCTOR: John Barthelmes

FEE: \$175/\$185 non-residents

DAYS/TIMES: Tuesdays, 4:45 – 5:30 PM

DATES: 1/22 – 4/30/13

PROGRAM #: JB113MM

IRISH DANCE FOR SPRITES

Introduce Irish Dance to your young one! They will love moving their feet to the rhythm of the music and dancing with new friends!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 – 6 years old

INSTRUCTOR: Amy Coppola

FEE: \$70/\$80 non-residents

DAYS/DATES: Saturday, January 26 – March 23 (no class 2/23)

TIMES: 10:00 – 10:45 AM

PROGRAM #: AC113IDS

Have you registered for your favorite activity yet?

Nothing kills a program faster than slow registration. Please register at least one (1) week prior to the start date !

Preschool Programs

HI – FIVE! INTERNATIONAL SPORTS

Did you like the Olympics? This is a fun class meant to sample some of the sports played internationally like baseball, gymnastics and soccer. Offered only in Winter, this is also the class where we get to make up some of our own silly sports like Volley-balloon and Foot-bowl! Leave the snow outside and have dry sneakers for plenty of running, jumping and more!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 – 6 years olds

INSTRUCTOR: Mary Slaughter

FEE: \$54/\$64 non-residents, 6 wks

DAYS/DATES: Mondays, 1/28 – 3/18/13 (no class 2/18 & 3/11)

TIMES: 9:40 – 10:25 AM **PROGRAM #:** MS113HFA

1:30 – 2:15 PM **PROGRAM #:** MS113HFP

AROUND THE WORLD SPORTS WITH PARENT

Get ready, get set... this fun class is only offered in the Winter so don't miss out! We'll practice skills and drills from a variety of international sports like basketball, baseball, gymnastics, soccer and more. We'll also combine them to try some fun games like "volley-balloon" and "kick-bowling"; all geared toward building essential coordination and fun!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2 – 3 w/Parent

INSTRUCTOR: Mary Slaughter

FEE: \$42/\$52 non-residents

DAYS/DATES: Mondays, 1/28 – 3/18/13 (no class 2/18 & 3/11)

TIMES: 10:30 – 11:00 AM

PROGRAM #: MS113AW

BUCKAROO BUILDERS

Too cold outside to play? This class is designed to get kids moving and thinking! We'll build bridges, hideouts and even a city, out of mats, jump ropes and more! Each class we will play with other friendly kids in an adventure game like scavenger hunt or I-spy. Bring dry sneakers and a smile for plenty of jumping, running, climbing and laughing! Only offered during the winter, don't miss out! (Children attending the 1:30 High –Five sports class will be escorted by the teacher.)

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 – 5 years old

INSTRUCTOR: Mary Slaughter

FEE: \$48/\$58 non-residents, 6 wks

DAYS/TIMES: Mondays, 12:45 – 1:30 PM

DATES: 1/28 – 3/18/13 (no class 2/18 & 3/11)

PROGRAM #: MS113BB



NEW!

BUDDING BALLERINAS

This is a ballet only class. Girls will learn how to act like a ballerina, learn the basics of ballet, be introduced to the stories from ballets: The Nutcracker, Swan Lake and Coppelia and learn a short dance to demonstrate at the end of the session. This is a fun exciting introduction to ballet. Dress comfortable and loose clothing or dance attire. Ballet slippers are welcomed, but not required

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 4 – 6 year olds

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$50/\$60 non-residents (6 week class, first class free)

DAYS/TIMES: Fridays, 4:00 – 5:00 PM

DATES: 2/1 – 3/15/13, no class 2/22/13 **PROGRAM #:** SM213BB

3/22 – 5/10/13, no class 3/29 or 4/5/13 **PROGRAM #:** SM313BB

NEW! JUST LIKE A ROCK STAR See page 20

DON'T FORGET OUR RECESS PROGRAMS See page 20

MOMMY AND ME TEDDY BEAR DANCE GROUP

Join us with your favorite teddy bear each week as we learn songs, dances and fun movements. Each class we will have a "Mystery" Bear who will surprise us with his story or something fun to make. We will have a special teddy bear picnic at the end of each session. Adult is required to participate as well! Dress comfortable and loose clothing.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2 and 3 year olds w/adult

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$39/\$49 non-residents

DAYS/TIMES: Fridays, 9:30 – 10:15 AM

DATES: 3/8 – 4/26/13, no class 3/29 or 4/5/13

PROGRAM #: SM313MM

SUPERHERO CAMP

Wow! Zap! Come join us for a "powerful" good time! Camp includes jumping and running through obstacle courses as well as other supervised physical exercises. We'll also enjoy crafts and art projects and some videos. Superheroes can wear their outfits (removable capes, if possible) and/or character t-shirts. Art supplies included.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 – 8 years

INSTRUCTOR: Judy Gillotte Drew

FEE: \$19/\$22 non-residents

DATES/DAYS: Saturday, 3/16/13

TIMES: 1:00 – 3:00 PM

PROGRAM #: JGD313SC

SEE "RECESS PROGRAMS" page 21 for additional dates

Preschool Programs

HI - FIVE! SPORTS - MARCH MADNESS!

Check out the games and drills for Basketball, Tumbling and Soccer! Strengthen skills and coordination specific to these sports. Learn from the Coach and work with teammates! Best of all, activities are geared to the littlest athletes and biggest smiles!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 - 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$45/\$55 non-residents

DAYS/DATES: Mondays, 3/25 - 4/29/13 (no class 4/1)

TIMES:

9:40 - 10:25 AM

1:30 - 2:15 PM

PROGRAM #:

MS313HFA

MS313HFP

LIL' SPORTS SHOOTERS

Parental Participation Required: Bring a grown-up and come to learn and play with other enthusiastic kids like you! We'll cover the fundamentals of LaCrosse, Basketball and Soccer. Practice is the key, so we'll do plenty of throwing, kicking, running and jumping! Exercising our coordination and using all that great toddler energy, what could be better!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2 - 3 years old w/parent.

INSTRUCTOR: Mary Slaughter

FEE: \$36/\$46 non-residents

DAYS/DATES: Mondays, 3/25 - 4/29/13 (no class 4/1)

TIMES: 10:30 - 11:00 AM

PROGRAM #: MS313LSS

STUNTS AND ACROBATICS

Think Cirque du Soleil is cool? Maybe you want to clown around like those Ringling guys! Well, come and try some acrobatic stunts! Learn to safely tumble down the mats, flip into the ball pit and try your hand at juggling. We put those busy hands and happy feet to good use each class! (Children attending the 1:30 High-Five sports class will be escorted by the teacher.)

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 - 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$39/\$49 non-residents

DAYS/TIMES: Mondays, 12:45 - 1:30 PM

DATES: 3/25 - 4/29/13 (no class 4/1)

PROGRAM #: MS313SA

DON'T FORGET OUR RECESS PROGRAMS See page 22 (April break section)

PRINCESS CAMP

Camp includes dances, like medieval court dances and some ballet. There will be time for inventive dress up and playtime. We'll have "tea" time as well as arts and crafts projects. We'll have a parade. Princesses can wear their dresses/outfits. Make sure you bring socks and sneakers. Art supplies included.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 - 8 years

INSTRUCTOR: Judy Gillotte Drew

FEE: \$19/\$22 non-residents

DAY/DATE: Saturday, 4/13/13

TIMES: 1:00 - 3:00 PM

PROGRAM #: JGD413PC

SEE "RECESS PROGRAMS" page 21 for additional dates

LITTLE OLYMPIANS

Come join this exciting track and field program for 4 and 5 year old boys and girls. Have fun learning the basics of running, jumping and throwing. Limited to first 16 participants, fills quickly

LOCATION: Fishers Park (tennis courts)

AGES: 4 & 5 year olds

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$34/\$44 non-residents

DAYS/DATES: Mondays, 4/29 - 6/10/13 (no class 5/27/13)

TIMES:

4:00 - 5:00 PM

5:00 - 6:00 PM

PROGRAM #:

VPR413LO4

VPR413LO5

LITTLE STRIKER SOCCER STARS

Learn the fundamentals of soccer: learning to kick, head and pass during a fast paced outdoor soccer game. Limited to first 16 participants, fills quickly.

LOCATION: Dryer Road Park

AGES: 4 & 5 years

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$34/\$44 non-residents

DAYS:

Tuesdays 4/30 - 6/4/13

Tuesdays 4/30 - 6/4/13

Saturdays 5/4 - 6/15/13*

Saturdays 5/4 - 6/15/13*

TIMES:

4:00 - 5:00 PM

5:00 - 6:00 PM

9:00 - 10:00 AM

10:00 - 11:00 AM

PROGRAM #:

VPR413LST4

VPR413LST5

VPR513LSS9

VPR513LSS10

*no class 5/25

SUPER STICKS LACROSSE

Come learn the local game of lacrosse, learn cradling, passing and team play in this exciting introductory class. Sticks will be provided. Mouthpiece required, can be purchased at the first class.

LOCATION: Dryer Road Park

AGES: 4 & 5 year old

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$34/\$44 non-residents

DAYS/DATES: Wednesday, 5/1 - 6/5/13

TIMES:

4:00 - 5:00 PM

5:00 - 6:00 PM

PROGRAM #:

VPR513SS4

VPR513SS5

HI - FIVE! SPORTS - SPRING TRAINING!

This is great Spring fun as we gear up for Summer! We'll use skills and drills for learning Track & Field, Baseball and T - Ball such as catching, throwing, running and jumping... what could be better? Great for boys and girls alike with activities we will all be good at!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 - 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$45/\$55 non-residents

DAYS/DATES: Mondays, 5/6 - 6/10/13 (no class 5/27)

TIMES:

9:40 - 10:25 AM

1:30 - 2:15 PM

PROGRAM #:

MS513HFA

MS513HFP

Preschool Programs

LIL' SLUGGERS

Parental Participation Required: "Batter up!" Come to learn and play with other enthusiastic kids just like you! We'll cover all the fundamentals of baseball and t - ball! If you have a small baseball glove you are welcome to bring it. We'll supply the bats, balls and fun! So come learn and try out! Our last game will be outside, weather permitting.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2 - 3 years old w/parent.

INSTRUCTOR: Mary Slaughter

FEE: \$36/\$46 non-residents

DAYS/DATES: Mondays, 5/6 - 6/10/13, (no class 5/27)

TIMES: 10:30 - 11:00AM

PROGRAM #: MS513LS

NATURE AND ART

Paint with pinecones and draw with flowers? Yes! We use the things we hike outside and find to produce some really cool art projects, especially when we embellish with watercolors and put it in a frame! We'll do a new project each class and have a gallery showing the last day! Materials provided. Space is limited. (Children attending the 1:30 High-Five sports class will be escorted by teacher.)

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 - 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$39/\$49 non-residents

DAYS/DATES: Mondays, 5/6 - 6/10/13, (no class 5/27)

TIMES: 12:45 - 1:30 PM

PROGRAM #: MS513NA

Youth Programs

HORSEBACK RIDING See page 23

YOUTH WRESTLING

You will build individual wrestling skills and fitness concepts through this fun instructional program. The final session will be a tournament for the wrestlers. Please write T-shirt size youth/adult on registration form. Please make sure to send us a e-mail to srhendrickson@town-victor-ny.us so that we can add you to the list. If you don't have e-mail please contact me so that we can make sure you are in the communication loop! E-mail primary form of communication about reschedules, tournaments, etc. Parent volunteers welcome; please speak to Terry Cotton. Register by A: 12/3/12, B: 1/2/13!

LOCATION: Victor High School Wrestling Room (Aux. gym)

INSTRUCTOR: Terry Cotton & Friends

DAYS: Mondays & Wednesdays

GRADE:	TIMES:	DATES:	FEE:	PROGRAM #:
5th-6th	7-8 PM	12/3 - 12/19/12 & 1/2 - 3/27/13 (no class 1/21, 1/23, 2/18, & 2/20/13)	\$60/\$70	TC113YW7
3rd-4th	6-6:55 PM	1/2/13 - 3/27/13 (no class 1/21, 1/23, 2/18, & 2/20/13)	\$50/\$60	TC113YW6

SKI/SNOWBOARD CLUB See page 23

CHINESE LANGUAGE 101 FOR CHILDREN

The class will initially focus on learning Chinese calligraphy, counting, pinyin, music, crafts, and culture. The children will learn about numbers, colors, shapes, weather, and to speak simple everyday words and phrases in the Chinese language. This class will focus on basics of Chinese language and culture.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Grades K - 12

INSTRUCTOR: Lin Yi

FEE: \$90/\$100 non-residents

DAYS: Saturdays, 8 week sessions

TIMES: 2:00 - 4:00 PM

DATES:	PROGRAM #:
January 5 - March 2 (no class 2/23)	LY113CL
March 9 - May 4 (no class 4/6)	LY113CL

'AND A...5, 6, 7, 8' - DANCE

Come dance with us! Jazz / Contemporary Dance. Beginners and returning dancers are welcome. This is an ongoing class, each session will build upon the previous sessions, but you can join us for any session. Please wear dance attire and ballet or jazz shoes. For kindergarten to 6th graders, kids can ride the special activity bus to Victor Parks and Recreation. Please write a permission note to your child's teacher. Non-residents pay non-resident fee once per brochure for dance classes. Sign up for all 3 sessions at once and save, see below. Dance Recital in June for families and friends TBA, you must at least be in session 2 and 3 to be ready! Do them all!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K - 6th Grade

INSTRUCTOR: Judy Gillotte Drew

-Session 1-

FEE:	DAYS:	DATES:	TIMES:	PROGRAM #:
\$85/\$95 non-residents	Mondays	1/7 - 3/4/13	3:45 - 4:45 PM	JGD113MD
	Tuesdays	1/8 - 3/5/13	3:45 - 4:45 PM	JGD113TD
			(no class 1/21 make up TBD, no class 2/18)	
			(no class 2/19/13)	

-Session 2-

FEE:	DAYS:	DATES:	TIMES:	PROGRAM #:
\$85/\$95 non-residents +\$55 Costume fee is payable to Judy Gillotte Drew by 3/28/13	Mondays	3/11 - 5/6/13	3:45 - 4:45 PM	JGD313MD
	Tuesdays	3/12 - 5/7/13	3:45 - 4:45 PM	JGD313TD
			(no class 4/1/13)	
			(no class 4/2/13)	

Youth Programs

–Session 3–

**Includes Dress Rehearsal and Show, dates TBA

FEE: \$60 for residents & non-residents
DAYS: **DATES:** **TIMES:** **PROGRAM #:**
 Mondays 3:45 – 4:45 PM 5/13 – 6/3/13 JGD513MD
 (no class 5/27/13, make up TBA)
 Tuesdays 3:45 – 4:45 PM 5/14 – 6/4/13 JGD513TD

–Session 1-3 ALL–

Signup for all 3 sessions at once and save \$10!!!!

FEE: \$85 + \$85 + \$60 = \$230 – \$10 = \$220/\$230 non-residents
 +\$55 Costume fee is payable to Judy Gillotte Drew
 by 3/28/13

DAYS: **DATES:** **TIMES:** **PROGRAM #:**
 Mondays 1/7 – 6/3/13 3:45 – 4:45 PM JGD113MD2
 Tuesdays 1/8 – 6/4/13 3:45 – 4:45 PM JGD113TD2

'AND A....5, 6, 7, 8' ADD ON...TAP DANCING

Just what it says. Stay after regular dance class and add tap dancing to your skills. It's great fun! To participate you must be in the 5,6,7,8' Dance or another class with Judy. Please bring tap shoes.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 6th Grade

INSTRUCTOR: Judy Gillotte Drew

–Session 1–

FEE: \$45/\$55 non-residents
DAYS: **DATES:** **TIMES:** **PROGRAM #:**
 Mondays, 1/7 – 3/4/13 4:45 – 5:15 PM JGD113MT
 (no class 1/21 make up TBD, no class 2/18)
 Tuesdays 1/8 – 3/5/13 4:45 – 5:15 PM JGD113TT
 (no class 2/19/13)

–Session 2–

FEE: \$45/\$55 non-residents
 +\$25 Costume fee is payable to Judy Gillotte Drew
 by 3/31/12
DAYS: **DATES:** **TIMES:** **PROGRAM #:**
 Mondays 3/11 – 5/6/1 4:45 – 5:15 PM JGD313MT
 (no class 4/1/13)
 Tuesdays 3/12 – 5/7/13 4:45 – 5:15 PM JGD313TT
 (no class 4/2/13)

-Session 3-

**Includes Dress Rehearsal and Show, dates TBA

FEE: \$30/\$40 non-residents
DAYS: **DATES:** **TIMES:** **PROGRAM #:**
 Mondays 5/13 – 6/3/13 4:45 – 5:15 PM JGD513MT
 (no class 5/27/13, make up TBA)
 Tuesdays 5/14 – 6/4/13 4:45 – 5:15 PM JGD513TT

–Session 1, 2 & 3 ALL–

Signup for all 3 sessions at once and save \$10!!!!

FEE: \$45 + \$45 + \$30 = \$120 – \$10 = \$110/\$120 non-residents
DAYS: **DATES:** **TIMES:** **PROGRAM #:**
 Mondays 1/7 – 6/3/13 4:45 – 5:15 PM JGD113MT2
 Tuesdays 1/8 – 6/4/13 4:45 – 5:15 PM JGD113TT2



LEARN TO SKATE

Instruction in basic elements of skating. Come and join a fun, safe, experience. Wear warm comfortable clothing including loose fitting pants, sweaters, hats and gloves. Helmets are optional. Participants will be grouped together based upon ability and previous skating experience.

LOCATION: Canandaigua Civic Center

AGES: 3 years old - Adult

INSTRUCTOR: Pamela Bossar Warren

FEE: \$65/\$75 non-residents
 +\$3.00 skate rental per class payable at rink.

DAYS/TIMES: Saturdays, 2:00 – 2:40 PM
 (Open skate 2:40 - 4:00 PM)

DATES: 1/12 – 2/9/13, no class 1/19/13
 3/2 – 3/23/13
PROGRAM #: PW113LS
 PW313LS

GOOD MANNERS MATTER!

Finally! There's a class to teach children the important fundamentals of etiquette and great social skills. This is not your parent's etiquette class! Children will learn these skills in a fun, kind and warm environment. Their imagination and curiosity will be encouraged to help understand these skills. Topics include table manners, tact, rudeness, skillful conversations, teasing/bullying, telephone manners and safety, and much more.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Children ages 7 – 12

INSTRUCTOR: Certified Etiquette Instructor Kim Ippolito

FEE: \$165 per child
DAY/DATE: Wednesdays, January 16 – March 13
 (no class 2/20), 8 classes

TIME: 3:45 – 4:45 PM

PROGRAM #: K1113GMM

ZUMBATOMIC AND GAMES

Designed exclusively for kids (ages 4-12), Zumbatomic classes are rockin', high-energy fitness-parties packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggaeton, cumbia and more. Parents love Zumbatomic because of the effects it has on kids, increasing their focus and self-confidence, boosting metabolism and enhancing coordination.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 1st – 6th graders

FEE: \$10/\$13 non-residents

INSTRUCTOR: Heather Ottnod Zumbatomic® Certified Instructor

DAY/DATE: Wednesday, 1/16/13

TIME: 3:45 – 5:00 PM

PROGRAM #: Z113-G

Youth Programs

FENCING

Today's fencing is a unique and fun sport. Come learn the modern sport of sword fighting. This program teaches basic footwork and fencing tactics. Rochester is one of the premier training centers in the country and has produced National Champions, World Champions and Olympians. Come try this ideal sport for all ages. T-shirt, sweatpants and sneakers are required.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 6 – 15 years old

INSTRUCTOR: Colin Clinton of the Rochester Fencing Center

FEE: \$90/\$100 non-residents

DAYS/TIMES: Thursdays, 5:00 – 6:00 PM

DATES:

1/17 – 2/28/13 (no class 2/21/13)

3/7 – 4/18/13 (no class 4/4/13)

PROGRAM #:

CC113F

CC313F

BROADWAY DANCE TECHNIQUE

This is a dance class that focuses on dance moves and sequences that are commonly used in Broadway-style musicals. You'll learn dance steps from classic and modern musicals. This class is a great way to prepare for that next school or community theatre audition. This course takes place at Spotlight Studios in Fairport.

LOCATION: Spotlight Studios, 3 Railroad Street, Fairport

INSTRUCTOR: Kaitlyn Zorn

FEE: \$175/\$185 non-residents

DAYS: Sundays

DATES: 1/20 – 4/28/13

AGES: **TIMES:**

Ages 8-12 1:15 – 2:00 PM

Ages 13-17 2:15 – 3:00 PM

PROGRAM #:

KZ113BDA

KZ113BDB

RISING STARS

Rising Stars is intended to strengthen listening skills and build confidence; this is accomplished through theatre games, music, movement, and creative play. A fun and supportive foundation provides a lifelong love for expression and creativity. Participants will learn valuable skills while working on scenes and songs from "Aristocats". A performance for friends and family will take place at the end of the class.

LOCATION: Spotlight Studios, 3 Railroad Street, Fairport

AGES: Ages 6 – 8

INSTRUCTOR: John Barthelmes

FEE: \$195/\$205 non-residents

DAYS: **DATES:** **TIMES:**

Tuesdays 1/22 – 4/30/13 5:30 – 6:30 PM

Wednesdays 1/23 – 5/1/13 5:00 – 6:00 PM

PROGRAM #:

JB113TRS

JB113WRS



MUSICAL THEATRE I

This is the perfect class to help prepare beginning students for auditions and school musicals. Students will learn and apply acting and dance skills to Musical Theatre scenes. This class includes work in: acting, voice, movement, improvisation and character development. Students develop scenes and songs from popular Broadway Musicals.

LOCATION: Spotlight Studios, 3 Railroad Street, Fairport

AGES: Ages 9-12

INSTRUCTOR: John Barthelmes

FEE: \$195/\$205 non-residents

DAYS/TIMES: Wednesdays, 6:00 – 7:00 PM

DATES: 1/23 – 5/1/13

PROGRAM #: JB113MT

FLOOR HOCKEY

Learn the fundamentals of floor hockey, learn to stick handle, pass and shoot. Space is limited to 16 participants. Register early!

LOCATION: Willowbrook Church

AGES: K – 2nd Grade, 3rd – 5th Grade

INSTRUCTOR: Coach Steve & VPR Staff

FEE: \$44/\$54 non-residents

DAYS/DATES: Wednesdays, 1/23 – 3/6/13, no class 2/20/13

GRADES: **TIMES:** **PROGRAM #:**

3rd – 5th 4:00 – 5:00 PM VPR113FH4

K – 2nd 5:00 – 6:00 PM VPR113FH5

K – 2nd 6:00 – 7:00 PM VPR113FH6

JUST YELL FIRE

The Just Yell Fire seminar focuses on: empowerment, safety awareness, safe dating, self defense & letting girls know how to keep themselves safe! This 2 Hour Presentation for Girls Age 11-19 is designed to train girls not to be the next statistic, instead allows them to get home safely.

Course includes:

- viewing the Just Yell Fire film
- a moderated Question & Answer period
- discussion about domestic/dating violence
- Learning/Performing 10 age-appropriate get-away techniques that will allow a 100 pound girl to defend herself against a 250 pound attacker every time.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Children ages 8-14

INSTRUCTOR: EPIC Training Staff

FEE: \$30 per child

DAY: **DATE:** **TIME:** **PROGRAM #:**

Wednesday 1/23/13 6:00 – 8:00 PM VPR113JYF

Friday 3/29/13 1:00 – 3:00 PM VPR313JYF

Please note: All volunteer coaches will need to be background checked prior to volunteering. This is a new policy that the Town of Victor has adopted to help ensure the safest possible setting for our children to play.

Youth Programs

VIDEO ARCADE

Come play all the classics and even some new arcade hits for the Wii, Playstation2 and X - Box! Maybe even play some old Atari with that Master Gamer, Coach Steve himself? Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack. Pizza is provided for dinner. Space is limited so sign up fast! If you want to share a game make sure it is labeled.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2nd – 8th Grade

INSTRUCTOR: VPR Staff

FEE: \$15/\$18 non-residents

DAYS/DATES: Friday, 1/25/13

TIMES: 3:45 – 9:30 PM

PROGRAM #: VPR113VA

FUN WITH IRISH DANCE

Make new friends and get moving with this fun Irish Dance Class! This one-hour class will establish form fundamentals and introduce traditional group dances to upbeat music- you will be dancing a Jig in no time!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 7 – 14 years old

INSTRUCTOR: Amy Coppola

FEE: \$70/\$80 non-residents

DAYS/DATES: Saturday, 1/26 – 3/23/13 (no class 2/23)

TIMES: 11:00 AM – 12:00 PM

PROGRAM #: AC113FID

RED CROSS BABYSITTING

Learn what you need to know and what every parent wants in a responsible babysitter. You will learn through fun activities, exciting videos, lively discussions and real life problem solving situations. You will receive first aid and basic care skills practice and the American Red Cross babysitter's handbook. Bring a pen/pencil, paper and lunch.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 11 years and older

INSTRUCTOR: Amanda Defranco

FEE: \$45/\$48 non-residents

DAYS/TIMES: Sundays, 10:00 AM – 5:00 PM

DATES:

1/27/13

2/24/13

3/24/13

4/21/13

PROGRAM #:

AD113RCB

AD213RCB

AD313RCB

AD413RCB

PAPER FOOTBALL TOURNAMENT

Missing football already? Come join "Coach Steve" and some friends as you play a few games of paper football and have some pizza.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K - 6th Grade

INSTRUCTOR: Steve Hendrickson

FEE: \$12/\$15 non-residents

DAYS/DATES: Sunday, 1/27/13

TIMES: 3:30 – 5:30 PM

PROGRAM #: VPR113PF

CONNECTING KIDS TO NATURE WITH ART

Come be inspired as we explore nature's patterns, colors, and textures. With a little imagination, leaves, twigs, and shells can be made into works of art. Also, tap into your creative potential as you learn a variety of media, such as: drawing, painting, color theory, and printmaking. Please bring a snack. "Just as seeds grow with the right elements, a child's love for art will grow, if nurtured." —Soramani E'Laun

LOCATION: Room 166 Brown Bear Lane, Primary School,

AGES: Grades 1 – 6 (6 – 12 years of age)

INSTRUCTOR: Miss Knight, Teacher Aide at VCS

FEE: \$60/\$70 non-residents

+ \$20 materials fee payable to instructor first day of class

DAY/DATE: Mondays, 1/28 – 3/25/13 (no class 2/18)

TIME: 3:30 – 5:00 PM

PROGRAM #: K113NA

COOKING CLASS: WARM WINTER FOODS

Join us in making yummy winter foods that will keep you warm from the snow outside. Kids can ride the special activity bus to Victor Parks and Recreation. Please write a note for your child's teacher so your child can take the camel bus.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 1st – 3rd Grade

INSTRUCTOR: Kim Ippolito

FEE: \$12/\$15 non-residents

DAY/DATE: Monday, 1/28/13

TIME: 3:45 – 5:00PM

PROGRAM #: K113CC

DODGEBALL TOURNAMENT JR.

Come enjoy an evening of fun and test your skills. Not only will we be having fun with dodge ball we'll also have table games and other activities going on when you're not in the game. Pizza and drinks will be provided during a half time break. Games run from 5:00 to 6:15 pm and playoff rounds from 6:45 – 7:30 pm. Come and show us what that arm can do. Don't miss your chance to get back in the game!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Grades 1st – 3rd Grade

INSTRUCTOR: VPR Staff

FEE: \$10/\$13 non-residents

DAY/DATE: Friday, 2/1/13

TIMES: 5:00 – 8:00 PM

PROGRAM #: VPR213DBJ

DODGEBALL TOURNAMENT

Come enjoy an evening of fun and test your skills. Not only will we be having fun with dodge ball we'll also have table games and other activities going on when you're not in the game. Pizza and drinks will be provided during a half time break. Games run from 4:00 to 6:00 pm and playoff rounds from 6:30 – 8:00 pm. Come and show us what that arm can do. Don't miss your chance to get back in the game!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Grades 4th – 8th Grade

INSTRUCTOR: VPR Staff

FEE: \$10/\$13 non-residents

DAY/DATE: Saturday, 2/2/13

TIMES: 4:00 – 8:00 PM

PROGRAM #: VPR213DB

Youth Programs

AFTER SCHOOL ART WITH MR. MARSHALL

In this program kids will explore materials and expand their creativity. We'll paint and build with clay. We'll draw, fold and cut our way through experiences designed to challenge thinking and problem solving skills. But most of all we will have fun. This program is offered to kids in 1st – 6th (6-12 yrs) and is instructed by a familiar face...Mr. Marshall, Primary School Art teacher. We will gather in his art room, (#125 Primary School) after school from 3:30 -5:00 pm each Wednesday. Bring a snack.

LOCATION: Room #125 Victor Primary School
AGES: Grades 1 – 6 (6 – 12 years of age)
INSTRUCTOR: Mr. Marshall, Victor Central School Art Teacher
FEE: \$85/\$95 non-residents
 +\$35 materials fee payable to instructor first day of class
TIME: 3:30 – 5:00 PM, Please meet at Mr. Marshall's room #125 Primary School

DAYS/DATES:	PROGRAM #:
Tuesdays, 11/13 – 1/22/13 (no class 12/25 & 1/1)	67612C
Wednesdays, 11/14 – 1/23/13 (no class 12/26 & 1/2)	67612D
Tuesdays, 2/5 – 4/9/13 (no class 2/19 & 4/2)	IM213TA
Wednesdays, 2/6 – 4/10/13 (no class 2/20 & 4/3)	IM213WA
Tuesdays, 4/23 – 6/11/13	IM413TA
Wednesdays, 4/24 – 6/12/13	IM413WA

STUDIO ART WITH MISS MURPHY

Join us for fun filled afternoons of creative art experiences. We will explore clay, drawing, printmaking, painting and more. Be prepared for fun learning, problem solving and creative thinking through a broaden art experience. I will provide smocks. Be sure to bring a snack. Hope to see you there!

LOCATION: Room 166 Primary School
AGES: Grades 1 -6 (6 – 12 years of age)
INSTRUCTOR: Miss Murphy, Victor Central School Art Teacher
FEE: \$85/\$95 non-residents
 +\$35 materials fee payable to instructor first day of class
DAY/DATE: Thursdays, Feb. 7th – Apr. 11th (no class 2/14 & 4/4)
TIME: 3:30 – 5:00 PM, Please meet at Miss Murphy's room #166
PROGRAM #: AM213SA

YOUTH NIGHT AT VICTOR PARKS & RECREATION

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: K – 6th Grade
INSTRUCTOR: VPR Staff
FEE: \$10/\$13 non residents
DAYS/TIMES: Fridays, 7:00 – 9:30 PM
DATES:

2/8/13	PROGRAM #:
3/1/13	VPR213YN
3/15/13	VPR313YN
	VPR413YN

KEEPSAKE BOX

Decoupage is the art of decorating a surface with paper cut-outs. In this project, we will embellish a plain box – a great hand made gift idea or a great place to store your special memories.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: 5 – 9 years old
INSTRUCTOR: Margaret Carlston
FEE: \$10/\$13 non-residents
DAY/DATE: Sunday, 2/10/13
TIMES: 1:00 – 2:00 PM
PROGRAM #: MC213KB
Stay for Jewelry right after. Sign up for both Keepsake Box & Jewelry for Kids and save \$2.00.

JEWELRY FOR KIDS

We will make a variety of projects using bottle caps, scrabble tiles, memory wire and more.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: 5 – 9 years old
INSTRUCTOR: Margaret Carlston
FEE: \$10/13 non-residents
DAYS/DATES: Sunday, 2/10/13
TIMES: 2:00 – 3:00 PM
PROGRAM #: MC213JK

COOKING CLASS: VALENTINES DAY TREATS

Come make a treat for Valentine's Day for that special someone! Kids can ride the special activity bus to Victor Parks and Recreation. Please write a note for your child's teacher so your child can take the camel bus.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: 1st – 3rd Grade
INSTRUCTOR: Kim Ippolito
FEE: \$12/\$15 non-residents
DAY/DATE: Monday, 2/11/13
TIME: 3:45 – 5:00 PM
PROGRAM #: KI113CC

SYRACUSE ORANGE BASKETBALL GAME VS GEORGETOWN

Come join us as we travel down the thruway to root on our local Division I college basketball team. Let's make some noise for the Orange as they make a run at the Big East Championship and a bid into the Big Dance. The trip is limited to the first 13 kids, as we will be utilizing the Parks and Recreation 15 passenger van.

Everyone will meet at the Parks and Recreation office 2.5 hours before tip-off. We will return approximately 4 hours after tip-off. Bring extra money for food, snacks and souvenirs.

REGISTER EARLY – the sooner we fill, the earlier we can order the tickets, which means better seats!!!

LOCATION: Carrier Dome - Syracuse, NY / VPR offices, 1290 Blossom Drive
INSTRUCTOR: William Lew and VPR Staff
FEE: \$40/\$43 non-residents
AGES: 4th – 8th grade
DATES/TIMES: Saturday, 2/23/13, leave VPR @ 4 PM
PROGRAM #: WL213BB

DON'T FORGET OUR RECESS PROGRAMS See page 20-22

Youth Programs

NEW! "GET OUT OF THE HOUSE" DANCE PARTY

Shake off those winter blues and have a whole lot of fun learning fun simple dances on a cold blustery Saturday afternoon. We will dance to some oldies, movie soundtracks and current music Bring a drink and a snack!! Dress comfortable, loose clothing and comfortable shoes. No dance experience required.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 10 years old and up
INSTRUCTOR: Sharon Trubisky-Mikulec
FEE: Free with a canned good or non perishable item
 OR \$1 per person * Donation for The Food Cupboard
DAY/DATE: Saturday, 3/2/13
TIMES: 1:00 – 3:00 PM
PROGRAM #: SM313DP

K-1 HOOPS

Learn the fundamentals of basketball, learn to dribble, pass and shoot. Space is limited to 16 participants. Register early!

LOCATION: Willowbrook Church
AGES: K - 1st Grade
INSTRUCTOR: Coach Steve and VPR Staff
FEE: \$44/\$54 non-resident
DAYS/DATES: Mondays, 3/4 – 4/15/13, no class 4/1/13
TIMES: 4:00 – 5:00 PM
 5:00 – 6:00 PM
PROGRAM #: VPR313KH4
 VPR313KH5

ORIGAMI

Learn the ancient art of paper folding with instructor Steve. You will be able to make a variety of creatures and things. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 1st - 6th Grade
INSTRUCTOR: Steve Hendrickson
FEE: \$5/\$8 non-residents
TIMES: 3:45 – 5:30 PM
DAYS/DATES: Thursday, 3/7/13
PROGRAM #: VPR313OR

COOKING CLASS: SAINT PATRICKS DAY GOODIES

This cooking class will be all about foods that are green. And not just vegetables! Kids can ride the special activity bus to Victor Parks and Recreation. Please write a note for your child's teacher so your child can take the camel bus.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: 1st – 3rd Grade
INSTRUCTOR: Kim Ippolito
FEE: \$12/\$15 non-residents
DAY/DATE: Monday, 3/11/13
TIME: 3:45 – 5:00PM
PROGRAM #: K1313CC

AFTER SCHOOL GAME MANIA

Join some friends after school for "Game Day". Play Sorry, Chess, Cards and More. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack. Space is limited so sign up fast!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: K – 6th Grade
INSTRUCTOR: VPR Staff
DAYS/TIMES: Tuesdays, 3:45 – 5:30 PM
DATES: 3/12/13
 3/19/13
 3/12 & 3/19/13
FEE: \$8/\$11 non-residents
 \$8/\$11 non-residents
 \$12/\$15 non-residents
PROGRAM #: VPR313GMA
 VPR313GMB
 VPR313GMC

VOLLEYBALL

Learn the fundamentals of volleyball, learn to bump, pass and set. Space is limited to 12 participants. Register early!

LOCATION: Willowbrook Church
AGES: K – 2nd Grade, 3rd – 6th Grade
INSTRUCTOR: Coach Steve & VPR Staff
FEE: \$44/\$54 non-residents
DAYS/DATES: Wednesdays 3/13 - 4/24/13, no class 4/3/13
AGES: K – 2nd grade
 K – 2nd grade
 3rd – 6th grade
TIMES: 4:00 – 5:00 PM
 5:00 – 6:00 PM
 6:00 – 7:00 PM
PROGRAM #: VPR313V4
 VPR313V5
 VPR313V6

ROCHESTER AMERICANS (AMERKS) HOCKEY GAMES

Come join us to root on our local AHL professional hockey team. Let's make some noise for the Amerks as they make a run for the Calder Cup. The trip is limited to the first 13 kids, as we will be utilizing the Parks and Recreation 15 passenger van. Everyone will meet at the Parks and Recreation office at 5:30 PM. We will return around 10:00 PM. Bring extra money for food, snacks and souvenirs. Registration Deadline is one week before the game.

LOCATION: 5:30 PM meet at: Victor Parks & Recreation, 1290 Blossom Drive then take the van to: Blue Cross Arena, Rochester
INSTRUCTOR: William Lew and VPR Staff
FEE: \$30/\$35 non-residents per game
TIMES: 5:30 – 10:00 PM
GRADES: 4th – 6th
 7th – 9th
DATES: Friday, 3/15/13
 Friday, 3/29/13
TIMES: 7:05 PM vs. Albany
 7:05 PM vs. Toronto
PROGRAM #: VPR313AHA
 VPR313AHT

FANCY WIRE NAMES

Kids will love to put their names on the line, sculpting them from flexible wire to hang on the door or wall.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: 10-14 years old
INSTRUCTOR: Margaret Carlston, M.C. Classical Productions
FEE: \$20/\$23 non-residents
DAY/DATE: Saturday, 3/16/13
TIME: 9:00 – 10:30 AM
PROGRAM #: MC313FW

SUPERHERO CAMP See page 7

Youth Programs

PAPER AIRPLANES

Learn to make all sorts of planes. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 1st – 6th Grade

INSTRUCTOR: VPR Staff

FEE: \$5/\$8 non-residents

TIMES: 3:45 – 5:30 PM

DAYS/DATES: Thursday, 3/21/13

PROGRAM #: VPR313PA

TABLE GAMES

Come learn how to play Quarter Basketball, Quarter Hockey and Paper Football! Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack. Space is limited so sign up fast!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 1st – 6th Grade

INSTRUCTOR: VPR Staff

FEE: \$5/\$8 non-residents

DAY/DATE: Friday, 3/22/13

TIMES: 3:45 – 5:30 PM

PROGRAM #: VPR313TG

AFTER SCHOOL GYM GAMES

Join some friends after school to play some of your favorite gym games. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack. Space is limited so sign up fast!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K - 6th Grade

INSTRUCTOR: VPR Staff

FEE: \$12/\$15 non-residents

TIMES: 3:45 - 5:30 PM

DAYS/DATES: Tuesdays, 3/26 & 4/9/13

PROGRAM #: VPR313AG

PRINCESS CAMP See page 8

KIDS CERAMICS

How can you create a large bowl with cat feet, or mold a shape of a ball or box with a lid? Try and twist clay coils into paisley shapes and form a large bowl! Learn the basics of hand building techniques in clay by creating a minimum of two projects. Experiment with carving and sculpting with the clay and on the last day, paint it with many colors and a clear glaze. Pick up your projects a week later. Bring a snack!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 5 – 13 years

INSTRUCTOR: Marybeth Fitzsimmons, Rochester Clayworks

FEE: \$46/\$56 non-residents

DAYS/TIMES: Tuesdays, 4:00 – 5:30 PM

DATES:

4/16 – 4/30 (3 weeks)

5/7 – 5/21 (3 weeks)

PROGRAM #:

MF413KC

MF513KC

AFTER SCHOOL YARD GAMES

Learn skills and play games like can jam, ladder ball, bocce, horse-shoes, croquette and volleyball. Kids can ride the special activity bus to Victor Parks & Recreation then we will take a van ride to Victor Municipal Park, rain location VPR. Please write a permission note to your child's teacher for this to occur. Bring a small snack. Space is limited so sign up fast!

LOCATION: Meet at Victor Parks & Recreation, then to Victor Municipal Park

AGES: K – 6th Grade

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$5/\$8 non-residents

DAYS/TIMES: Fridays, 3:45 – 5:30 PM

DATES: 4/26 – 5/10/13 (3 weeks)

PROGRAM #: VPR413YG

AQUAFINA PITCH, HIT & RUN

Victor Parks and Recreation Department (VPR), in cooperation with Major League Baseball, are proud to announce this exciting hit, pitch and run contest. Participants will showcase their skills at the local level with winners advancing to regional competitions and possibly the finals. Each participant takes approximately 8 minutes to complete. Participants will compete in three baseball skills:

Batting: Hit from a tee as far and straight as possible.

Throwing: 6 chances to hit a target strike zone.

Base Running: Timed in a sprint from second base, around third to home plate.

LOCATION: Field #25, Victor Central Schools across from the Victor Educ. Center.

AGES: Four Divisions, boys and girls by age:

7 and 8 year olds

9 and 10 year olds

11 and 12 year olds

13 and 15 year olds

INSTRUCTOR: VPR Staff and Volunteers

FEE: No Charge

TIMES: 3:30 PM

DAYS/DATES: Saturday, 4/27/13 - rain date: 5/11/13

REGISTRATION: Forms are available at the Parks and Recreation office. Bring completed registration form and a copy of participant's birth certificate to the competition. Volunteers needed. Please call Steve at 742-0143.

SPORTASTIC

Learn skills and play games in three exciting sports. Soccer, Basketball and T-Ball for boys and girls. VPR staff will pick up child at Primary School cafeteria. Please send a note in to your child's teacher releasing them to VPR staff.

LOCATION: Victor Central School Fields (Rain Location TBA)

AGES: 1st – 3rd Grade

INSTRUCTORS: Coach Steve and VPR Staff

FEE: \$44/\$54 non-residents

DAYS/TIMES: Thursdays, 3:30 – 4:30 PM

DATES: 5/2 – 6/13/13

PROGRAM #: VPR513S

DISC GOLF TRIP See page 24

DON'T FORGET OUR RECESS PROGRAMS See page 20-22

Preteen & Teen Programs

6 HOUR DEFENSIVE DRIVING COURSE

In the 6 hour Defensive driving class you will learn traffic laws, the roles and responsibilities of the individual driver, and defensive driving techniques. Completion of this class will result in a 10% reduction on liability and collision for principle drivers over a period of 3 years and up to 4 points off your driving record. This course is approved by the NYS Department of Motor Vehicles and the NYS Department of Insurance.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 16 and over with valid license
INSTRUCTOR: Lawrence Associates Agency Inc.
FEE: \$39 per person
DAYS: Mondays & Wednesdays
TIMES: 6:30 – 9:45 PM each night of class
DATES: March 11th & 13th
PROGRAM #: LA313DD

5 HOUR PRE-LICENSING CLASS

This class is required for first time drivers or for those with expired or revoked licenses. Applicants must have a valid Learner's Permit at the time of registration. Topics include information on drug and alcohol abuse, defensive driving techniques, and appropriate driving behavior. Upon completion, you will receive your MV278 certificate. Minimum 10 students to run.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: Age 16 and over with valid learners permit
INSTRUCTOR: Lawrence Associates Agency Inc.
FEE: \$35 per student
DAYS/TIMES: Wednesdays, 3:30 – 8:30 PM
DATES: February 14
April 11
PROGRAM #: LA213PC
LA413PC

LET'S DANCE – DANCE WORKSHOPS FOR ACTORS & SINGERS

For teens and adults (men and women) get a jump start! Be ready for the auditions and dancing for the Broadway type musicals and musical revues. These dance workshops will introduce and/or reacquaint performers to terms, steps and combinations used when auditioning for musicals, etc. Active participation in this non-threatening class will develop skills and confidence to tackle auditions. Bring a friend and let's dance. For more information or to set up a workshop, call Judy at 924-8168.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 12 and up
INSTRUCTOR: Judy Gillotte Drew
FEE: \$35/\$40 non-residents
DATES: TBA, 2 day workshop, call for availability
DAYS: Wednesdays
PROGRAM #: JGD113LD

NEW!

HOOPMOVES

Hula hooping is making headlines for two simple reasons: 1) It's fun and 2) It really works! And it's easier than you may think. Adult sized hoops and Hoopnotica certified instruction set you up for success. HoopMoves is the best class for those who want to try out a variety of HoopDance moves, such as waist and hip hooping, halos, passing, turns, walking, and corkscrews. Each class includes a great cardiovascular workout, new move instruction, and free-style hoop time. Work your whole body, strengthen your core, burn 400-600 calories/hour, and get your hoop on! Low impact; 60 minute classes; hoops provided.

LOCATION: Victor Parks and Recreation – Blossom Drive
AGES: 12 years and over
INSTRUCTOR: Caren Pita, Creekside Hooping
FEE: \$56/\$66 non-residents
DAYS/TIMES: Mondays, 5:15 – 6:15 PM
DATES: 1/7 – 3/11/13 (no class 1/21 & 2/18)
3/18 – 5/13/13 (no class 4/1)
PROGRAM #: CP113HM
CP313HM

NEW! SUSTAIN-AGILITY WORKSHOPS See page 24

TEEN ETIQUETTE

Are you concerned about the lack of civility and respect in today's society? Don't assume children will "pick up" proper etiquette along the way. They need to be actively taught the rules of etiquette. The conversational style of this class, delivered with humor and compassion, will involve teens in discussion and keep them engaged. Emphasis on respect, value for others and integrity will help teens understand WHY there are rules of etiquette. Topics include table manners, rudeness, tact and discretion, texting, lack of affect, proper attire, interviewing for college and jobs, establishing boundaries, and much more.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 12 – 16 year olds
INSTRUCTOR: Certified Etiquette Instructor Kim Ippolito
FEE: \$165 per child
DAY/DATE: Thursdays, January 17 – March 14 (no 2/21),
8 classes
TIME: 3:45 – 4:45 PM
PROGRAM #: K113TE

BROADWAY DANCE TECHNIQUE

This is a dance class that focuses on dance moves and sequences that are commonly used in Broadway-style musicals. You'll learn dance steps from classic and modern musicals. This class is a great way to prepare for that next school or community theatre audition. This course takes place at Spotlight Studios in Fairport.

LOCATION: Spotlight Studios, 3 Railroad Street, Fairport
INSTRUCTOR: Kaitlyn Zorn
FEE: \$175/\$185 non-residents
DAYS: Sundays
DATES: 1/20 – 4/28/13
AGES: Ages 8-12
Ages 13-17
TIMES: 1:15 – 2:00 PM
2:15 – 3:00 PM
PROGRAM #: KZ113BD1
KZ113BD2

ADVENTURE CLUB See page 23

Preteen & Teen Programs

TEEN NIGHT AT VICTOR PARKS & RECREATION

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 6th – 10th Grade
INSTRUCTOR: VPR Staff
FEE: \$12/\$15 non-residents
DAY/DATE: Friday, 4/12/13
TIMES: 7:00 – 9:30 PM
PROGRAM #: AC413TN

Then.....

MIDNIGHT BOWLING

Come enjoy a late night bowl with your friends! Bring extra money for snacks.

LOCATION: Meet at: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 6th – 10th Grade
INSTRUCTOR: VPR Staff
FEE: \$20/\$25 non-residents
DAY/DATES: Friday, 4/12/13
TIMES: 10:00 PM – 1:30 AM
PROGRAM #: AC413MB

BOTH TEEN NIGHT & MIDNIGHT BOWLING

Come out and enjoy a night of foosball, ping-pong, table games and more! Then enjoy a late night bowl with your friends! Bring extra money for snacks.

LOCATION: Meet at: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 6th – 10th Grade
INSTRUCTOR: VPR Staff
FEE: \$30/\$35 non-residents
DAY/DATES: Friday, 4/12/13
TIMES: 7:00 PM – 1:30 AM
PROGRAM #: AC413TNMB

**Resident Registration Begins:
November 26, 2012**

**Non-Resident Registration Begins:
December 3, 2012**

Tennis Programs

JUNIOR AND ADULT TENNIS INSTRUCTION

This tennis is set up to accommodate all levels of play. The goal of the program will be to teach basic strokes and later to put them into drills and games that will show tennis can be a lot of fun to play. Dave Strelbel, USPTA Pro, will coordinate the program and his staff will be teaching it. Dave has been a Rochester area Tennis Pro for 30 years and a Certified USPTA teaching professional for 25 years. He was named New York State Tennis Coach of the Year in 1994. Come join us and have fun while you learn the sport of tennis.

INDOOR TENNIS INSTRUCTION – Session 1

LOCATION: Harley School (Indoor Tennis Courts)
1981 Clover Street, Brighton
AGES: 4 & over (Junior and Adult)
INSTRUCTOR: Dave Strelbel, USPTA Teaching Professional and assistants
FEE: \$140/\$150 non-residents (Programs B, C and F)
\$175/\$185 non-residents (Programs A, D and E)

DAYS:	DATES:	TIMES:	PROGRAM #:
Fridays	1/18 – 2/15/13	5:30 – 7:30 PM	DS113FT
Saturdays	1/19 – 2/16/13	2:00 – 3:30 PM	DS113SAT
Sundays	1/20 – 2/17/13	1:00 – 2:30 PM	DS113SUT
Mondays	1/21 – 2/25/13*	5:30 – 7:30 PM	DS113MT
Tuesdays	1/22 – 2/26/13**	7:30 – 9:30 PM	DS113TT (Adults Only)
Wednesdays	1/23 – 2/27/13***	5:30 – 7:00 PM	DS113WT

*no class 2/18; **no class 2/19; ***no class 2/20

INDOOR TENNIS INSTRUCTION – Session 2

LOCATION: Harley School (Indoor Tennis Courts)
1981 Clover Street, Brighton
AGES: 4 & over (Junior and Adult)
INSTRUCTOR: Dave Strelbel, USPTA Teaching Professional and assistants
FEE: \$140/\$150 non-residents (Programs B, C and F)
\$175/\$185 non-residents (Programs A, D and E)

DATES:	DAYS:	TIMES:	PROGRAM #:
Fridays	4/19 – 5/17/13	5:30 – 7:30 PM	DS413FT
Saturdays	4/20 – 5/18/13	2:00 – 3:30 PM	DS413SAT
Sundays	4/21 – 5/19/13	1:00 – 2:30 PM	DS413SUT
Mondays	4/22 – 5/20/13	5:30 – 7:30 PM	DS413MT
Tuesdays	4/23 – 5/21/13	7:30 – 9:30 PM	DS413TT (Adults Only)
Wednesdays	4/17 – 5/15/13	5:30 – 7:00 PM	DS413WT

SPRING TENNIS INSTRUCTION

LOCATION: Victor Senior High School, Tennis Courts
AGES: 5 & over (Junior and Adult)
INSTRUCTOR: Dave Strelbel, USPTA Teaching Professional and assistants
FEE: \$102/\$112 non-residents
DAYS: Saturdays
TIMES: 1:30 – 3:00 PM
DATES: 5/4 – 6/15/13 (no class 5/25)
PROGRAM #: DS513ST

Tennis Programs

ADULT WEEKDAY INSTRUCTION

LOCATION: Fishers Park, Tennis Courts
AGES: 18 & over (Adult)
INSTRUCTOR: Dave Strebels, USPTA Teaching Professional and assistants
FEE: \$102/\$112 non-residents
DAY: Thursdays
TIMES: 10:00 AM – 11:30 AM
DATES: 5/9 – 6/13/13
PROGRAM #: DS513AW

INDIVIDUAL LESSON

LOCATION: TBA
AGES: 4 & over (Junior and Adult)
INSTRUCTOR: Dave Strebels, USPTA Teaching Professional and assistants
FEE: \$60 per 1 hour lesson (one time introduction fee)
DATES: Call Dave @ 585-697-7766 to make arrangements

Directions are provided on the website. For more information contact Dave at 697-7766 or www.davestrelacademy.com. Other tennis programs are available through Dave.

Martial Arts Programs

LITTLE DRAGONS MARTIAL ARTS

We build better kids. Safe, fun and energetic games help kids develop focus, discipline and respect. This package includes an introductory meeting, a free uniform, and a month of classes. All classes take place at our professional 7200 square foot facility. Transportation from Victor schools is available and after school care can be arranged.

LOCATION: United Martial Arts Center - 160 School St.
AGES: 4-7 years old
INSTRUCTOR: David Kalish & UMAC Staff
FEE: \$89/\$99 non-residents
TIME/DATES: Students can begin 1 month at any time. Call 924-7450 for details.
DAYS: Monday - Saturday
PROGRAM #: DK113LD

JUNIOR MARTIAL ARTS

We forge the leaders of tomorrow, one Black Belt at a time. Challenging drills, high-flying kicks, and effective techniques keep our Junior students excited and involved. Students are transformed into confident, fit, respectful and disciplined individuals. This package includes an introductory meeting, a free uniform, and a month of classes. All classes take place at our professional 7200 square foot facility. Transportation from Victor schools is available and after school care can be arranged.

LOCATION: United Martial Arts Center - 160 School St.
AGES: 8-14 years old
INSTRUCTOR: David Kalish & UMAC Staff
FEE: \$89/\$99 non-residents
TIME/DATES: Students can begin 1 month at any time. Call 924-7450 for details.
DAYS: Monday - Saturday
PROGRAM #: DK113JM

ADULT JUJITSU

Enjoy watching the Ultimate Fighting Championship (UFC) and want to be a part of the Mixed Martial Arts (MMA) craze? Train like a professional fighter. Learn striking skills from boxing and kickboxing, throws and takedowns from judo and wrestling, and locks and chokes from karate and jujitsu – we do it all. This is a challenging program, but we emphasize learning in a safe, fun environment. It's a great overall fitness program for men and women – no experience necessary. All classes taught by Black Belt instructors. This package includes a set of fingerless MMA gloves and a month of classes. Do you have what it takes?

LOCATION: United Martial Arts Center - 160 School St.
AGES: 15 years and older
INSTRUCTOR: David Kalish & UMAC Staff
FEE: \$89/\$99 non-residents
DATES: Students can begin 1 month at any time. Call 924-7450 for details.
DAYS: Mondays & Wednesdays
TIMES: 7:00 – 8:30PM
PROGRAM #: DK113AJ

NEW!

TINY TIGERS KARATE

Tiny Tigers is an action packed martial arts program for pre-school aged students. This outstanding eight week program is designed for three and four year olds and will teach them basic karate skills, teamwork and social skills, focus, balance, coordination and self-esteem. This package includes a martial arts uniform.

LOCATION: United Martial Arts Center - 160 School St.
AGES: 3 and 4 year old students
INSTRUCTOR: Nipa Armbruster
FEE: \$115/\$125 non-residents
DATES: Students can begin 8 weeks at any time. Call 924-7450 for details.
DAYS: Fridays
TIMES: 12:00 – 12:30PM
PROGRAM #: NA113TT

Recess Programs

LEARN TO SKATE OPEN HOUSE See page 1

SNOW TUBING

Enjoy the day snowtubing with Victor Parks & Recreation. Bring extra money or pack a lunch. Dress appropriately for weather.

LOCATION: Meet the bus at Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2nd – 8th Grade

INSTRUCTOR: VPR Staff

FEE: \$30/\$35 non-residents

DAY/DATE: Monday, 1/21/13

TIMES: 8:00 – 5:30 PM

PROGRAM #: VPR113ST

PRESIDENT'S WEEK LEARN TO SKATE CLINIC

Come spend the week working on your skating skills

LOCATION: Greater Canandaigua Civic Center

AGES: K – 8th Grade

INSTRUCTOR: VPR Staff

FEE: \$58/\$68 non-residents
+\$10.00 onetime fee payable to GCCC on a separate check

TIMES: 12:00 – 1:50 PM

DAYS/DATES: Monday - Friday, 2/18/13 – 2/22/13

PROGRAM #: VPR213PWLS

February Break

FIRST AID FOR KIDS

Taught by EMTs and Paramedics; this course teaches 8-14 year old participants the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains, strains and breaks and treatment for heat & cold emergencies. Also addressed are several common medical emergencies found in many schools today such as: food allergies, diabetes, seizures and asthma. This course meets requirements for several boy/girl scout badges.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Children ages 8-14

INSTRUCTOR: EPIC Training Staff

FEE: \$20 per child

DATE: Monday, February 18, 2013

DAY/TIME: 10:00 AM – 12:00 PM

PROGRAM #: VPR213FA

SOCIAL NETWORK SAFETY

While a great resource of entertainment, many social networking sites, text messaging or online gaming often put our children at risk. Through open discussions, group exercises, written materials and real life video documentaries t'weens/teens participants ages 8-14, will be taught the importance of being safe while networking.

Other Topics Discussed Include:

- Keeping Your Identity Safe
- Cyber, Texting and Gaming Bullying
- Offline Repercussions
- Suicide Epidemic
- Getting Help When Bullied

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Children ages 8-14

INSTRUCTOR: EPIC Training Staff

FEE: \$20 per child

DAYS/TIMES: Monday, 12:30 – 2:00 PM

DATE:

February 18, 2013

April 29, 2013

PROGRAM #:

VPR213SNS

VPR413SNS

NEW!

"KIDZ R IT" DANCE CREW

Boys and Girls explore how you can have fun through positive, age appropriate and fun songs. We will learn several simple dance routines (no suggestive movements) and even have fun singing the words. Song content has been carefully chosen and is appropriate for all age groups. This class will teach rhythm and coordination as well as develop self confidence, imagination, memory and many other abilities. So let's get up and move! Dress comfortable and loose clothing. No dance experience required.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 6th Grade

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$10/\$13 non-residents

DAY/DATE: Monday, 2/18/13

TIMES: 1:00 – 2:00 PM

PROGRAM #: SM213DC

BOWLING

Enjoy a day of bowling with friends. Bring extra money for games and snacks.

LOCATION: Roseland Bowl – Meet bus at Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 8th Grade

INSTRUCTOR: VPR Staff

DAY/DATE: Monday, 2/18/13

TIMES: 8:30 AM – 1:00 PM
FEE: \$15/\$20 non-residents

Trip only

8:30 AM -5:30 PM \$25/\$30 non-residents **PROGRAM #:** VPR213BP

Trip & extra games and activities at VPR

NEW!

JUST LIKE A ROCK STAR

Attention, boys and girls, Do you like to crank the radio, dance around your bedroom or just have a jam session like your favorite stars on Nickelodeon's Fresh Beat Band? If you answered yes then this class is for you! We will have fun just like rock stars by singing, dancing and maybe even playing a little air guitar. Dress comfortable and loose clothing. No dance experience required.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 – 8 years old

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$10 resident/\$13 non-resident

DAY/DATE: Tuesday, 2/19/13

TIMES: 1:00 – 2:00 PM

PROGRAM #: SM213RS

Recess Programs

BOARD GAME BONANZA WITH THE GAME GAMUT

Join Victor Parks & Recreation and the Game Gamut for some board games and puzzles. Try some new games out and see if you want to buy them. Wear sneakers for active games. Bring a bag lunch and a snack.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 6th Grades

INSTRUCTOR: VPR Staff & The Game Gamut

DAYS/DATE: Tuesday, 2/19/13

TIMES:	FEE:	PROGRAM #:
8:30 AM – 12:00 PM	\$15/\$20 non-residents – ½ day	SB213GGA
8:30 AM – 5:30 PM	\$30/\$35 non-residents – full day	SB213GGP

FEBRUARY BREAK SKI TRIP - BRISTOL MOUNTAIN

Enjoy the day skiing at Bristol Mountain. Bring extra money or pack a lunch. Dress appropriately for weather. Please write if skiing or snowboarding under additional information on registration form.

LOCATION: Meet the bus at Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2nd – 6th Grade

INSTRUCTOR: VPR Staff

TIMES: 8:00 – 5:30 PM

DAY/DATE: Wednesday, 2/20/13

DESCRIPTION/FEE:	PROGRAM #:
Lift, lesson, Rental & Transportation \$62 /\$67 non-residents	VPR213BMA
Lift, Lesson & Transportation (no rental) \$52/\$57 non-residents	VPR213BMB
Lesson & Transportation (Season pass Holder) \$33/\$36 non-residents	VPR213BMC

FEBRUARY BREAK SKI TRIP - HUNT HOLLOW

Enjoy the day skiing at Hunt Hollow. Bring extra money or pack a lunch. Dress appropriately for weather. Please write if skiing or snowboarding under additional information on registration form.

LOCATION: Meet Bus at Victor Parks & Recreation, 1290 Blossom Drive

AGES: 4 – 8th Grade

INSTRUCTOR: VPR Staff

TIMES: 8:00 – 5:00 PM

DAYS/DATES: Thursday, 2/21/13

DESCRIPTION/FEE:	PROGRAM #:
Lift Lesson, Ski Rental and Transportation \$64/\$69 non-residents	VPR213HHA
Lift, Lesson, Snow Board Rental & Transportation \$69/\$74 non-residents	VPR213HHB
Lift & Transportation (no rental) \$49/\$54 non-residents	VPR213HHC

LASER TAG

Come enjoy the fast pace game of laser tag with friends. Have a pizza and soda for lunch. Bring extra money for video games.

LOCATION: Meet bus at Victor Parks & Recreation, 1290 Blossom Drive – Then onto Laser Quest, Greece

AGES: 3rd - 9th Grade

INSTRUCTOR: VPR Staff

DAYS/DATES: Friday, 2/22/13

TIMES:	FEE:	PROGRAM #:
8:30 AM – 2:00 PM	\$30/\$35 non-residents	VPR213LTA
Trip only		
8:30 AM – 5:30 PM	\$35/\$40 non-residents	VPR213LTP
Trip & extra games and activities at VPR		

PRINCESS CAMP

You are never too old to be a princess!! Camp includes dances, like medieval court dances and some ballet. There will also be time for inventive dress up and playtime. We'll have "tea" time as well as arts and crafts projects. Princesses can wear their dresses/outfits. Make sure you bring socks and sneakers. We'll have a parade.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 – 8 years

INSTRUCTOR: Judy Gillotte Drew

FEE: \$38/\$41 non-residents

DAYS/DATES: Monday & Wednesday, 2/18 & 2/20/13

TIMES: 10:30 AM – 12:30 PM

PROGRAM #: JGD213PC

SUPERHERO CAMP

Wow! Zap! Come join us for a "powerful" good time! Camp includes jumping and running through obstacle courses as well as other supervised physical exercises. We'll also enjoy crafts and art projects and some videos. Superheroes can wear their outfits (removable capes, if possible) and/or character t-shirts. Art supplies included.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3-8 years

INSTRUCTOR: Judy Gillotte Drew

FEE: \$38/\$41 non-residents

DAYS/DATES: Thursday & Friday, 2/21 & 2/22/13

TIMES: 10:30 AM – 12:30 PM

PROGRAM #: JGD213SC

April Break

JUST YELL FIRE See page 11

BOUNCE IT OUT TRIP

Come join some friends as we bounce our way through recess week then back to Parks & Recreation for some Gym/Board Games. Bring extra money for lunch & snacks or bring a bag lunch.

LOCATION: Meet the van at Victor Parks & Recreation

AGES: K – 6th Grade

INSTRUCTOR: VPR Staff

DAY/DATE: Monday, 4/1/13

TIMES:	FEE:	PROGRAM #:
8:30 AM – 12:00 PM	\$28/\$33 non-residents	VPR413BOA
Trip only		
8:30 AM -5:30 PM	\$38/\$43 non-residents	VPR413BOP
Trip & extra games and activities at VPR		

Recess Programs

SENECA PARK ZOO

Visit the sea lions, penguins, polar bears and the rest of our animal friends as we tour the zoo. Bring a bag lunch.

LOCATION: Meet the bus at Victor Parks & Recreation, 1290 Blossom Drive

AGES: K - 6th Grade

INSTRUCTOR: VPR Staff

DAYS/DATES: Tuesday, 4/2/13

TIMES:	FEE:	PROGRAM #:
9:00 AM – 1:30 PM	\$15/\$20 non-residents	VPR413SZA
Trip only		
8:30 AM -5:30 PM	\$25/\$30 non-residents	VPR413SZP
Trip & extra games and activities at VPR		

HORIZON FUN FX

Spend the day roller skating and playing in the jungle gym at Horizon Fun FX..

LOCATION: Meet the bus at Victor Parks & Recreation, 1290 Blossom Drive

AGES: K - 6th Grade

INSTRUCTOR: VPR Staff

DAY/DATE: Wednesday, 4/3/13

TIMES:	FEE:	PROGRAM #:
8:30 AM – 1:30 PM	\$25/\$30 non-residents	VPR413HFA
Trip only		
8:30 AM – 5:30 PM	\$35/\$40 non-residents	VPR413HFP
Trip & extra games and activities at VPR		

PIRATES AND PRINCESSES

At this camp we will do arts and crafts. We'll also "walk the plank," do the obstacle course, and try to find some treasure. Wear socks and sneakers for gym games.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 – 8 years

INSTRUCTOR: Judy Gillotte Drew

FEE: \$19/\$22 non-residents

DAY/DATE: Wednesday, 4/3/13

TIMES: 10:30 AM – 12:30 PM

PROGRAM #: JGD413PP

GO KARTING AT MINNEHANS

Big and small alike can drive!! Hit a few in the batting cages, play a round of mini golf or climb in the ball pit. Bring extra money for lunch, snacks and video games, (or bag lunch)

LOCATION: Meet the Bus at Victor Education Center

AGES: K - 6TH Grade

INSTRUCTOR: VPR Staff

DAY/DATE: Thursday, 4/4/13

TIMES:	FEE:	PROGRAM #:
8:30 AM – 3:30 PM	\$25/\$30 non-residents	VPR413GKA
Trip only		
8:30 AM – 5:30 PM	\$30/\$35 non-residents	VPR413GKP
Trip & extra games and activities at VPR		

CIRCUS FUN AND MAGIC

Have you ever wanted to run away to join the circus? Come learn circus skills: juggling, mime, tumbling, clowning, hula-hooping, twirling, and some magic too! Bring a bag lunch and a snack. A great class for siblings and friends.

Note: on Friday, parents and friends are invited to the "Big Show", time TBA.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 6th graders

INSTRUCTOR: Judy Gillotte Drew

FEE: \$40/\$43 non-residents includes materials and t-shirt
Sibling rate: \$25/\$28 non-residents

DAYS/DATES: Thursday & Friday, 4/4 & 4/5/13

TIMES: 9:00 AM – 12:00 PM

PROGRAM #: JGD413CFM

RMSC AND PLANETARIUM TRIP

Come join some friends on a trip to the museum then a "show" at the Planetarium. Bring a bag lunch or money to buy.

LOCATION: Meet the van at Victor Parks & Recreation, 1290 Blossom Drive

AGES: K - 6th grade

INSTRUCTOR: VPR Staff

DAY/DATE: Friday, 4/5/13

TIMES:	FEE:	PROGRAM #:
8:30 AM - 1:30 PM	\$25/\$30 non-residents	VPR413RPA
8:30 AM - 5:30 PM	\$35/\$40 non-residents	VPR413RPP

TEACHER'S CONFERENCE DAY WITH THE GAME GAMUT

Join Victor Parks & Recreation and the Game Gamut for some board games and puzzles. Try some new games out and see if you want to buy them. Wear sneakers for active games. Bring a bag lunch and a snack.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 6th Grades

INSTRUCTOR: VPR Staff & The Game Gamut

DAYS/DATE: Monday, 4/29/13

TIMES:	FEE:	PROGRAM #:
8:30 AM – 12:00 PM	\$15/\$20 non-residents – ½ day	SB413GGA
8:30 AM – 5:30 PM	\$30/\$35 non-residents – full day	SB413GGP

SOCIAL NETWORK SAFETY See page 20

MEMORIAL DAY RECESS WITH THE GAME GAMUT

Join Victor Parks & Recreation and the Game Gamut for some board games and puzzles. Try some new games out and see if you want to buy them. Wear sneakers for active games. Bring a bag lunch and a snack.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 6th Grades

INSTRUCTOR: VPR Staff & The Game Gamut

DAY/DATE: Friday, 5/24/13

TIMES:	FEE:	PROGRAM #:
8:30 AM – 12:00 PM	\$15/\$20 non-residents – ½ day	SB513GGA
8:30 AM – 5:30 PM	\$30/\$35 non-residents – full day	SB513GGP

Outdoor Recreation Programs



SKI/SNOWBOARD CLUB

Enjoy the snow with friends at Bristol Mountain on Friday evenings. Buses leave from the Intermediate School and return at 9:30 PM. Lessons are required. There is a mandatory safety meeting January 2, from 7:00 – 8:30 PM at the Parks and Recreation Offices. Deadline to register is 12/14/12. Space is limited. Our program is 5 weeks with 1 extra pass to use on your own (6 pass required) for 2012-13. If renting please note snowboard or ski's under additional information on your registration form. An informational letter will be sent out in December.

LOCATION: Bristol Mountain
AGES: 4th – 6th Grades
DATES: 1/4 – 2/1/13 (Feb. 8th MAKE UP DAY)
DAYS: Fridays
TIMES: 3:00 – 9:30 PM

DESCRIPTION/FEE:	PROGRAM #:
Lift, Lesson, Rental and Transportation \$285/\$295 non-resident	VPR113SCA
Lift, Lesson & Transportation (no rental) \$225/\$235 non-resident	VPR113SCB
Lesson & Transportation (Season Pass Holder) \$105/\$115 non-resident	VPR113SCC

* Prices are subject to change *

HORSEBACK RIDING

The Phelan Training Stable program introduces riders of all abilities to the challenges and responsibilities of taking care of horses under the supervision of a qualified instructor and assistants. Our program provides a balance between mounted instruction, talks and demonstrations. Each participant will receive a riding lesson every session. Riding instruction will be geared toward each individual's needs. Students will also learn many aspects of horse care, including grooming, feeding, anatomy and much more. The overall priorities of the Phelan Training Stable riding program are safety, fun and skill advancement. Horses can help us accomplish many of our goals: self-confidence, leadership, respect, responsibility and compassion. Horses also provide excitement, freedom, adventure and friendship. Our stable offers a very engaging and effective experience for growth and learning. For more information call Scot @ 585-657-6952 or visit their website at www.phelantrainingstable.com

LOCATION: Phelan Training Stable, (Route 444), 2218 Victor-Bloomfield Road, Bloomfield, NY 14469

AGES: All Ages

INSTRUCTOR: Scot Phelan and Staff

FEE: \$110/\$120 non-resident / Four 1-hour sessions

DATE: January – April (Indoor facility for bad weather)

DAY/TIME: Four 1-hour sessions (Instructor will call to set up training days and times)

PROGRAM #: SPH113HR

LEARN TO ROW

Row out those winter blues! Come learn the sport of rowing inside at the Pittsford Indoor Rowing Center, located adjacent to the Erie Canal at Lock 32. Participate in one of the fastest growing sports in the region. Rowing is a great cardio and conditioning activity. No experience necessary. Instructor will call participants prior to event with details and directions.

LOCATION: Pittsford Indoor Rowing Center

AGES: 18 and up

INSTRUCTOR: Julie Doyle, Adventure Out

FEE: \$100/\$110 non-residents (Programs: A, B, D, E)
\$80/\$90 non-residents (Program C only)

DAY: Tuesdays & Thursdays

TIMES: 9:15 – 10:30 AM

DATES: **PROGRAM #:**

12/4 – 12/17/12 JD1212LR

1/3 – 1/17/13 JD113LR

2/5 – 2/14/13 JD213LR

3/5 – 3/19/13 JD313LR

4/2 – 4/16/13 JD413LR

MOONLIGHT SNOWSHOE

Join us for a hike in the park lit by the moonlight. These are one hour hikes in three great parks. Equipment and instruction provided. No experience necessary.

AGES: 18 and up

INSTRUCTOR: Julie Doyle, Adventure Out

FEE: \$20/\$23 non-residents per class

DAY:	DATE:	TIME:	LOCATION:	PROGRAM #:
Saturday	1/5/13	6:00 PM	Dryer Road Park	JD113SMS
Friday	1/25/13	7:00 PM	Powder Mill Park	JD113FMS
Saturday	2/2/13	7:00 PM	Dryer Road Park	JD213SMS

ADVENTURE CLUB

Come and join the adventure club to develop some relationships and take part in adventurous activities. Meetings are one Thursday a month in the Junior High Library. Next meeting is January 17, 2013 at 2:15 – 3:00 PM. Call Steve for information and activity schedule 737-7457. Our next scheduled trips are:

Monday, January 21, 2013	Polar Wave Snow Tubing
Saturday, February 2, 2013	Rock climbing
Thursday, February 21, 2013	Hunt Hollow Ski Trip
Friday, March 8, 2013	Laser Tag
Friday, April 12, 2013	Teen Night / Midnight Bowl
Sunday, April 28, 2013	White Water Rafting
Sunday, May 19, 2013	Horseback Riding
Friday, May 31, 2013	Go carting- Minnehan's

Outdoor Recreation Programs

YARD GAMES

Come to VMP and play some of your favorite yard games like Bocce, Crochet and Badminton. Space is limited so sign up fast! Come to "my backyard", Mike & Steve.

LOCATION: Victor Municipal Park, 6680 Paparone Drive, off of Brace Road

AGES: 55 and up

INSTRUCTOR: Mike & Steve

FEE: \$2/\$5 non-residents

TIMES: 1:00 – 3:00 PM

DAYS/DATES: Fridays, 4/26 – 5/10/13

PROGRAM #: SR213YG

WHITE WATER RAFTING

Come spend a day on the river enjoying the ride. Be ready to do some paddling! Bring dry clothes including shoes, a bag lunch and snacks. Pick up a list of what to wear/bring and an additional waiver form. Be ready to see Letchworth from a different view. Genesee River, NY Level I and II rapids

LOCATION: Meet the van at Victor Parks & Recreation

AGES: Families, children at least 8 yrs old

INSTRUCTOR: VPR Staff

FEE: \$45/\$50 non residents

\$40/\$45 non-residents each add'l family member

DAY/DATE: Sunday, 4/28/13

TIMES: 12:00 – 6:30 pm

PROGRAM #: AC413WWR

NEW! PANCAKE BREAKFAST IN THE WOODS See page 2

DISC GOLF TRIP

Come join some friends on a trip to Ellison Park to play disc golf. Bring a bag dinner or money for dinner.

LOCATION: Meet the van at Victor Parks & Recreation

AGES: 3rd – 8th Grade

INSTRUCTOR: VPR Staff

FEE: \$18/\$23 non-residents

DAYS/DATES: Friday, 5/17/13

TIMES: 3:45 – 6:30 PM

PROGRAM #: VPR513DG



Environmental Programs

Victor Parks & Recreation works with Victor's "Green Team!"

NEW! SUSTAIN-AGILITY WORKSHOPS

Are you ready to move beyond the change your light bulb stage of green living? Come learn how living sustainably can be fun and educational. You can participate in one workshop or the series. Classes take place the second Saturday of each month.

1/12/13 - Workshop A: Flora: Make seed starter pots & plant labels out of recycled materials and plant some herbs or veggies to jump-start your summer garden. We will also turn weird objects into plant containers and create a garden parade.

2/9/13 - Workshop B: Fauna: Which came first; the chicken or the worm bin? Learn about keeping chickens and make your own worm bin (NOT to feed to the chickens of course!).

Worms help wiggle through your waste and make great garden grub. Raising chickens is catching on around the country. Come find out why chicks rule! Please note: there is a \$10 additional material fee for this workshop..

3/9/13 - Workshop C: Trash2Treasure: One kid's trash just might turn into another kid's treasure in this workshop. Learn how to turn common cast-offs into funky junk (e.g. chalkboards, record bowls, etc) with a little crafty creativity.

4/1/3/13 - Workshop D: Do It Yourself: Scared off by all those unpronounceable chemicals in your skin care products? Want to make your own all natural alternatives? It is not as hard as you think! Come create a few of your own skin care products & other cool stuff!

LOCATION: Mary Frances Bluebird Haven, 235 County Road 9 (Victor-Egypt Road)

AGES: 10 – 13 years old

INSTRUCTOR: Kathleen Draper

FEE: \$20/\$25 non-residents per session

\$70/\$80 non-residents for all 4 sessions

DAYS/TIMES: Saturdays, 9:00 – 11:00 AM

WORKSHOP/DATE:

Workshop A, Sat, 1/12/13

Workshop B, Sat, 2/9/13

Workshop C, Sat, 3/9/13

Workshop D, Sat, 4/1/3/13

All 4 Workshops, Sat, 1/12, 2/9, 3/9, & 4/13/13

PROGRAM #:

KD113SA

KD213SA

KD313SA

KD413SA

KD113SA4

Environmental Programs

NYS HOME ENERGY SAVINGS INCENTIVES AND MORE

Learn about the NYS incentives, grants and low interest loans available to lower your energy bills while making your home more comfortable during the upcoming winter season and beyond. Frances DeWitte Residential Energy Consultant from Home Performance by Halco will be leading this very informative presentation. You will walk away with applications, guidance and maybe even a new CO detector. Have you taken advantage of all the programs available to you to save on your utility bills? Here's your chance to find out how you can save, save, save!!! Share the savings and... Bring a friend, get an extra gift! Refreshments provided.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGE: Adults 18 and over

INSTRUCTOR: Frances DeWitte, Energy Consultant

FEE: \$5/\$8 non-residents

DAYS/DATES: Tuesday, 1/15

TIME: 7:00 – 8:30 PM

PROGRAM #: FD113HE

WINTERIZE YOUR HOME

Come join us for an informative, hands-on event. Frances DeWitte, Energy Consultant from Home Performance by Halco, will be walking us through some of the basics in home winterization. Learn how to do some basic airsealing procedures on your own. Reduce your electricity use. And walk away with some materials to get you started. Refreshments provided.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGE: Adults 18 and over

INSTRUCTOR: Frances DeWitte, Energy Consultant

FEE: \$5/\$8 non-residents

DAY/DATE: Tuesday, 2/19

TIME: 7:00 – 8:30 PM

PROGRAM #: FD213WH

ROCHESTER PUBLIC MARKET TRIPS

Rochester public market has something for everyone. We will be taking our town van down to the public market every four weeks to get fresh vegetables, fish, breads and much, much more. Come enjoy the ride and have some fun shopping!

LOCATION: Meet at: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 55 years and older

FEE: Free

DAY: DATE: TIME: PROGRAM #:

Thursday 3/14/13 9:00 AM – 12:00 PM SR313PM

Thursday 4/18/13 9:00 AM – 12:00 PM SR413PM



ALTERNATIVE ENERGY, IS IT RIGHT FOR YOU?

Learn everything there is to know concerning solar power. Costs, sizing, grants, loans, tax incentives. Our experts at Home Performance by Halco will let you know if your home is a good candidate for solar power, how to pay for it and, best of all, how to lock into your current cost of electricity (or less) with no money down. (For qualified homeowners.) Interested in learning how to replace your huge propane or oil heating bills? Sign up for this informative session to learn more about geothermal heating and cooling (ground source heat pumps). Our knowledgeable staff at Home Performance by Halco will explain and answer questions concerning geothermal, low interest NYS loans and federal tax incentives. Is geothermal right for you? Find out. Bring a friend. And lots of questions.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGE: Adults 18 and over

INSTRUCTOR: Frances DeWitte, Energy Consultant

FEE: \$5/\$8 non-residents

DAYS/DATES: Tuesday, 3/19

TIME: 7:00 – 8:30 PM

PROGRAM #: FD313AE

NEW!

HOW TO CONSTRUCT & USE A RAINBARREL

Lawn and garden watering make up nearly 40 percent of the household watering in the summer months. A rain barrel is a container that collects and stores rain water for future uses, such as watering landscaping, washing a car and for decreasing the amount of stormwater runoff that leaves your property. A rain barrel is typically inserted under the downspout from a roof to channel rainwater into the barrel for later use. This is a technology that has been used for thousands of years and not only saves the earth, but saves you money too! Explore the uses and construct a rainbarrel in this environmentally conscientious and fun class. Estimated cost to purchase a rainbarrel is \$200. Take our class to construct one Rainbarrel and SAVE \$\$!

LOCATION: MaryFrances Bluebird Haven, 235 County Road 9 (Victor-Egypt Road)

AGES: 18 and up

INSTRUCTOR: Derek Guest

FEE: \$9/\$12 non-residents

PLUS \$75 materials fee due to instructor

DATE: Thursday, 4/18/13

TIMES: 7:00 – 8:30 PM

PROGRAM #: DGU413RB

Environmental Programs

NEW!

BACKYARD COMPOSTING

Put those grass clippings and kitchen scraps to good use by learning backyard composting. Discover different methods of composting, including how to build or buy a compost bin, what materials can be composted, how to maintain odor-free compost, and how the finished product can enrich your garden soils. Make the most of yard waste, egg shells and apple peels with backyard composting!

LOCATION: MaryFrances Bluebird Haven, 235 County Road 9 (Victor-Egypt Road)

AGES: 18 and up

INSTRUCTOR: Christine Bailey-Clar

FEE: \$9/\$12 non-residents

DAY/DATE: Thursday, 5/2/13

TIMES: 6:30 – 8:00 PM

PROGRAM #: CBC513BC

VPR COMMUNITY GARDEN

Join us for our third season of growing. There will be (29) 10x10 plots available for planting. The garden is located at MaryFrances Bluebird Haven on Victor Egypt Road. You can plant whatever you like. There is water available and the plots will be tilled and ready to go for the planting season which is usually early May. The plots are on a first come first served basis so hurry and get yours soon. Contact Mike Stockman 742-0147 for more information.

LOCATION: MaryFrances Bluebird Haven, Victor Egypt Road

FEE: \$38/\$43 non-residents

PROGRAM #: 2013 Garden

Adult Programs

Fitness Programs

HOOPMOVES See page 16

LAP SWIMMING IN THE EARLY AM

The Victor High School Pool is available for lap swimming. The pool locker rooms and showers will be available for your convenience. Please understand that in February of 2013 the VCS pool will be closed. The pool will remain closed until the construction on the new pool is complete. Anticipated completion of the new pool is the Fall of 2013.

LOCATION: VCS High School Pool

AGES: Open to all

INSTRUCTOR: Christine Phelps/Gina Potenza

FEE: No charge school district residents
\$10 non-school district residents

DATES: School Days until the pool is closed in February

DAYS: Monday - Friday

TIMES: 5:30 – 7:30 AM

PROGRAM #: CP113LS

AEROBIC AND WEIGHT TRAINING WORKOUT

Come join our fitness experts for a total body approach to fitness. This is a year round program. Wear comfortable clothes, sneakers and a smile and get ready to get that heart pumping! Participants must register and purchase a convenient and economical "Fitness Pass" for all aerobic programs.

Fitness passes can be purchased in the Parks and Recreation office Monday - Friday from 8:30 am to 4:30 PM. Class walk-ins are welcome as well.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Open to all

INSTRUCTOR: Julie Vanderstyne, AFAA CERTIFIED
Bettina Kalish and Kathy Eychner

HIGH/LOW, STEP, SLIDE AND BODY SCULPTING (BABYSITTING INCLUDED - AM ONLY)

DAYS/TIMES: Mon-Fri 9:00 – 10:00 AM

Sat - Inline Bench 8:00 – 9:00 AM

Mon, Wed, Thurs - Evening Class 6:30 – 7:30 PM

Mon, Wed, Fri - Low Impact 7:00-8:00 AM

(Note: Participants must pre-register for evening classes)

Fitness Pass: Adults 18 - 54 yrs Students & Seniors

(4) Class Pass \$24 \$21

(8) Class Pass \$44 \$38

(16) Class Pass \$64 \$56

(32) Class Pass \$88 \$78

WALK-IN FEE: \$8 (all classes)

NON-RESIDENT FEE: \$10 per session (Jan. – April.)

PROGRAM #: JV113A

EVENING CLASSES - HIGH/LOW, STEP, SLIDE AND BODY SCULPTING

Come join our fitness experts for night classes. Workout three nights a week and come Saturday mornings for your four day a week workout session. Pre-registration is required.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Open to all

INSTRUCTOR: Julie Vanderstyne, AFAA CERTIFIED

FEE: \$88/\$98 non-resident

DAYS/TIMES: Mon, Wed, Thurs (6:30-7:30 PM) and Sat.
(8:00-9:00 AM)

DATES:

1/7 – 3/2/13 (8-weeks/32 classes)

3/4 – 4/27/13 (8-weeks/32 classes)

PROGRAM #:

JV113EC

JV313EC

Adult Programs

ZUMBA®

Zumba® combines high energy and motivating music with unique moves and combinations that are combined to tone and sculpt your body while burning fat. It is based on the principle that a workout should be 'FUN AND EASY TO DO.' Zumba® is not only great for the body, but it is also great for the mind. It is a 'feel happy' workout. Zumba® is very infectious and is definitely the latest, most exciting fitness sensation!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 12 years & up

INSTRUCTOR: Heather Ottnod Zumba® certified instructor

DAYS: **TIME:**

Tuesdays 6:00 – 7:00 PM

Saturdays 10:00 – 10:50 AM (new time starting 9/1/12)

PASSES: **FEE:** **PROGRAM #:**

(1) Class Pass: \$7/\$8 non-residents Z113-1

(5) Class Pass: \$25/\$30 non-residents Z113-5

(10) Class Pass: \$45/\$55 non-residents Z113-10

SATURDAY FAMILY FRIENDLY ZUMBA®

A family friendly, cardio-dance class with a multicultural world beat! Come on your own, as a couple, or with your kids for dancing fun that will improve your health and shape without feeling like a dreaded "work out." Learn a little salsa and other "steps" while getting the boost from just moving your body and having some fun with friends, new and old. Led by a licensed Zumba® and Zumatonic® instructor, this class balances the Zumba-style dance-party workout for adults with high-energy fun for kids of all ages at their own pace for priceless laughing, dancing, and bonding for adults and families! Children under 12 must have a parent/guardian present.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 12 years & up

INSTRUCTOR: Heather Ottnod Zumba® certified instructor

DAYS/TIMES: Saturdays, 10:00 – 10:50 AM

PASSES: **FEE:** **PROGRAM #:**

(1) Class Pass: \$7/\$8 non-residents Z113-1

(5) Class Pass: \$25/\$30 non-residents Z113-5

(10) Class Pass: \$45/\$55 non-residents Z113-10

FREE ZUMBA® CLASS

Come try the latest fitness craze that's sweeping the world for free! Please bring a non-perishable food item or cash donation to support the Victor Food Cupboard. Space is limited to the first 25 to register.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 12 years & up

INSTRUCTOR: Heather Ottnod Zumba® certified instructor

FEE: FREE for the first 25 to register

DAYS: **TIMES:**

Tuesdays 6:00 – 7:00 PM

Saturdays 10:00 – 10:50 AM

PROGRAM #: Z113-0

LEARN TO ROW See page 23

MORNING YOGA

Whether you're brand new to yoga or want to enhance an existing practice, yoga will let you grow in new ways. During this 8-week class we will cover primary poses, principles of good posture and movement. Yoga poses are used to build strength and enhance flexibility. Participants relieve stress and tension, working inwards while working out. Participants should bring a Yoga sticky mat and blanket. Yoga bolsters will be provided.

LOCATION: Butler Cottage, MaryFrances Bluebird Haven

AGES: 16 years and over

INSTRUCTOR: Lynn Klei

FEE: \$64/\$74 non-residents (8 Classes)
Students & Seniors \$10.00 Discount

DAYS/TIMES: Fridays, 8:00 – 9:00 AM

DATES:

12/7 – 1/25/13

2/1 – 3/22/13

3/29 – 5/17/13

PROGRAM #:

66812B (current session)

LK213MY

LK213MY

YOGA

Whether you're brand new to yoga or want to enhance an existing practice, yoga will let you grow in new ways. We will cover primary poses, principles of good posture and movement, and begin to explore the journey toward meditation and the self that yoga can inspire. Participants should bring a Yoga sticky mat and blanket. Yoga bolsters will be provided.

LOCATION: Butler Cottage, MaryFrances Bluebird Haven

AGES: 16 years and over

INSTRUCTOR: Laurie Kuhns, RYT

FEE: \$48/\$58 non-residents for one day per week for 6 weeks
\$86/\$96 non-resident for two days per week for 6 weeks
Students & Seniors: \$10.00 Discount

TIMES: 5:30 – 6:30 PM

DAYS/DATES:

Tuesdays, 1/8 – 2/12/13

Thursdays, 1/10 – 2/14/13

Tuesdays, 2/26 – 4/9/13 (no class 4/2)

Thursdays, 2/28 – 4/11/13 (no class 4/4)

PROGRAM #:

LK113TY

LK113RY

LK213TY

LK213RY

MOONLIGHT SNOWSHOE See page 23

LATIN/BALLROOM DANCE COMBO CLASS

You've watched "Dancing with the Stars" but now it is your turn! This 8 week course will get you moving. We will tackle the spicy Salsa, the romantic Rumba, the elegant Waltz, the jazzy Foxtrot and even get a little Swing in for a well rounded dance experience! You will never be bored at a wedding or social event again! Great exercise, great fun - anyone can do it! Sign up with a partner and leave the rest to a World Champion Dancer turned teacher. Great Friday date night! Now 2 weeks longer!!!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Adults 18 and over

INSTRUCTOR: Michelle Madore

FEE: \$80/\$90 non-residents per person but must sign up with a partner

DAY/TIME: Fridays, 6:45 – 7:40 PM

DATES: 1/7 – 2/18/13, (6 weeks)

PROGRAM #: MM113LB

Adult Programs

ADULT BALLET

Adult ballet is designed to accommodate the busy lifestyle of college students and professionals. Experience a dynamic workout which targets improvement in your coordination, your flexibility and stamina, grace and musicality, whether you danced as a child or always wanted to, our ballet class will challenge your body, stimulate your mind, and provide relaxation. Nothing ends a busy hectic day like relaxing and knowing how much you learn in just one hour of ballet class. We welcome both beginner students and those with previous dance experience. Attire: Leotard, tights or comfortable clothes, ballet slippers and hair pulled away from face/neck.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 18 years and up

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$50/\$60 non-residents

DAYS/TIMES: Thursdays, 7:45 – 8:45 PM

DATES:

1/10 - 2/14/13

2/28 – 4/11/13, no class 4/4/13

4/18 – 5/23/13

PROGRAM #:

SM113AB

SM213AB

SM413AB

ADULT PICK-UP BASKETBALL – MONDAY NIGHTS (30 and older)

This program is designed for recreational pick-up basketball on Monday evenings for those avid players. This is a 3-season program (Fall, Winter and Spring). Call 742-0145 for more information. Program is limited to the first 30 participants.

LOCATION: Victor Junior High Gymnasium

AGES: Adult (30 and older)

INSTRUCTOR: Donnie Gullace

FEE: \$30/\$35 (12-week session)

DATE: 1/7 – 4/29/13 (14-wks)
(Closed 1/21, 2/18 & 4/1/13 if VCS is closed, basketball is canceled)

DAY/TIME: Mondays, 7:30 – 9:30 PM

PROGRAM #: VPR113AB

ADULT CO-ED PICK-UP SOCCER – TUESDAY NIGHTS (18 and older)

Have fun, stay fit and meet new people. Games are for those who enjoy recreation pick-up soccer. Program is for players 18 and older. All skill levels are welcome. Instructor will form different teams each week. Program is limited to 30 participants.

LOCATION: Victor Intermediate Gymnasium

AGES: Adult (18 and older)

INSTRUCTOR: Jeff Tay

FEE: \$30/\$35 non-residents (12-week session)

DATE: 1/8 – 4/9/13 (Closed 2/19 and 4/2/13, if VCS is closed soccer is canceled)

DAY/TIME: Tuesdays, 8:30 – 10:00 PM

PROGRAM #: VPR113AS

ADULT CO-ED VOLLEYBALL – WEDNESDAY NIGHTS (25 and older)

Have fun, stay fit and meet new people. Games are for those who enjoy competitive backyard volleyball rather than power volleyball. Program is for players 25 and older. All skill levels are welcome. Instructor will form different teams each week.

Program is limited to 35 participants.

LOCATION: Victor Intermediate Gymnasium

AGES: Adult (25 and older)

INSTRUCTOR: Chris O'Connor

FEE: \$30/\$35 non-residents (14-week session)

DATE: 1/9 – 4/24/13 (Closed 2/20 and 4/3, if VCS is closed, volleyball is canceled)

DAYS/TIME: Wednesdays, 7:30 – 9:30 PM

PROGRAM #: VPR113AV

INTRODUCTION TO TAI CHI AND QI GONG

Tai Chi & Qi Gong are ancient Chinese forms of gentle, slow-moving, self-paced exercise that are used to improve health, reduce stress and increase range of motion. They are sometimes referred to as "meditation in motion". Regular tai chi and qi gong practice can reduce pain and stiffness, lower blood pressure, and improve sleep, energy, digestive, circulatory and immune function.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

INSTRUCTOR: Adrienne Priebe, L.Ac.

AGES: 13 years and older

FEE: \$25/\$35 non residents

DAYS/TIMES: Wednesdays, 6:30 – 7:30 PM

DATES: January 30 – March 20

PROGRAM #: AP113TQ

Adrienne Priebe, MSAOM, L.Ac., Dipl. OM holds a Masters of Science degree in Acupuncture & Oriental Medicine from the Finger Lakes School of Acupuncture & Oriental Medicine in Seneca Falls, NY. Adrienne is a NYS licensed acupuncturist, is nationally board-certified in acupuncture and Chinese herbal medicine and is also trained in tai chi, qi gong and Asian bodywork. She owns and operates Victor Acupuncture in Victor, NY.

LET'S TAP THE DAY AWAY

Come join us! We will have a lively, fun class. Starting with a warm-up, jazz exercises, and then learn the tap steps, combinations and routines. You will be tapping to the rhythm in no time! This class is lots of fun. Don't miss the hidden benefit – mental and physical exercise.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Adults & Seniors

INSTRUCTOR: Judy Gillotte Drew

FEE: \$45/\$55 non residents

DAYS/TIMES: Mondays, 11:00 – 11:45 AM

DATES:

3/4 – 3/25/13

4/8 – 4/29/13

PROGRAM #:

JGD313LTD

JGD413LTD

Adult Programs

Informational Programs

NEW!

LADIES NIGHT OUT – FACIALS/MAKE- OVERS

Come pamper yourself silly and enjoy the chance to play in products and color! Enjoy learning the basics of healthy skin care! We will review current makeup trends and teach basic makeup application. Grab a group of friends and neighbors and enjoy the night. All participants receive a complimentary Lip Gloss to take home!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Adults 18 + up

Teens 13 – 17 welcome to attend with an adult 18 & over

INSTRUCTOR: Patti Feck – Sales Director, Mary Kay Inc.

FEE: \$10 resident/\$13 non-resident per class

DAYS/TIMES: Tuesdays, 7:00 – 8:15 PM

DATES:

PROGRAM #:

1/8/13 – Facials/Makeovers and Application Technique PF113FM

1/22/13 – Facials/Dash Out the Door Color PF113FD

2/5/13 – Facials/Microdermabrasion PF213FMD

2/19/13 – Facials/Makeovers and Application Technique PF213FM

NYS HOME ENERGY SAVINGS INCENTIVES AND MORE See page 25

ITALIAN FOR BEGINNERS

This program is designed for everybody who desires to learn the rudiments of Italian. During the 8 week course we will practice how to get know a new Italian friend and how to have a small conversation while you are ordering a delicious pasta and a cappuccino in an Italian restaurant.

Instructor will provide you with the material. Ciao.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGE: 18 and older

INSTRUCTOR: Silvia Sgariglia

FEE: \$45/\$55 non-residents

DAYS/TIME: Tuesdays, 6:30 – 7:30 PM

DATES: January 22 – March 12

PROGRAM #: SS1131B

ITALIAN FOR BEGINNERS 2

Italian for those who already has some basic Italian and want to improve their conversational skills. Instructor will provide you with the material and if you have it, bring your book "Chiaro!" with you. Ciao.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGE: 18 and older

INSTRUCTOR: Silvia Sgariglia

FEE: \$45/\$55 non-residents

DAY/TIME: Tuesdays, 6:30 – 7:30 PM

DATES: January 22 – March 12

PROGRAM #: SS1131B2

GERMAN FOR BEGINNERS

Want to learn how to survive in Germany or how to get know a new German friend? This course will introduce you to basic German grammar and anything more you'd like to learn about this beautiful and very precise language. I will provide you with the material. Bis bald.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 18 and older

INSTRUCTOR: Silvia Sgariglia

FEE: \$45/\$55 non-residents

DAY/TIMES: Wednesdays, 6:30 – 7:30 PM

DATES: January 23- March 13

PROGRAM #: SS113GB

RESCUE ITALIAN FOR VACATION

Are you going on vacation to Italy soon? Do you want to be able to communicate the most important phrases while in Italy without taking a full class? Well here is your opportunity. This class will teach you the basics of the Italian language with an emphasis on the important stuff.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 18 and older

INSTRUCTOR: Silvia Sgariglia

FEE: \$18/\$21 non-residents

DAY/DATE: Wednesday, January 23

TIME: 6:30 – 7:30 PM

PROGRAM #: SS113RI

LEARN ITALIAN BY SINGING

Have fun and learn Italian by singing modern Italian songs. You don't need to be a soprano to participate! We will listen to the songs, analyze the lyrics, exercise using the grammar within the song and at the end, only if you want to, we will sing your favorite Italian song. Instructor will provide you with the material.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 18 and older

INSTRUCTOR: Silvia Sgariglia

FEE: \$45/\$55 non-residents

DAYS/TIMES: Tuesdays, 7:30-8:30 PM

DATES: January 22 – March 12

PROGRAM #: SS113IS

Silvia Sgariglia, our instructor, is from Tuscany and very fresh off the boat! She has just moved to Victor from Munich and is excited to be continuing to teach two of the most beautiful and precise languages, Italian and German, as she used to do for the local Adult Education Department in Germany, it will be a wonderful opportunity to get know different cultures.



Adult Programs

NAVIGATING YOUR NEXT ADVENTURE: MANAGING YOUR INCOME IN RETIREMENT

Join us for our workshop "Navigating Your Next Adventure: Managing Your Income in Retirement." We'll discuss strategies for the money you have at retirement to help get you through retirement. We'll explore how to plan upfront for concerns like inflation, health care expenses and market volatility, and how you can prepare if things don't go as expected.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Open to Everyone

INSTRUCTOR: David Green, Edward Jones Financial Advisor

FEE: \$5/\$7 non-resident

DAY/DATE: Monday, 1/28/13

TIME: 6:30 - 7:30 PM

PROGRAM #: DG113NA

ACUPUNCTURE FOR PAIN MANAGEMENT

Acupuncture has been proven to be a safe, effective and natural way of reducing pain and inflammation from both new and old injuries. Acupuncture is an ancient Chinese method of healing, where very fine needles are inserted into various points on the body in an effort to rebalance bodily systems. Come find out how acupuncture can safely treat many painful conditions such as fibromyalgia, lupus, osteo- and rheumatoid arthritis, carpal tunnel, low back pain, knee pain, and even new sprains and strains.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

INSTRUCTOR: Adrienne Priebe, L.Ac.

AGES: 13 years and older

FEE: \$7/\$10 non residents

DAY/DATE: Monday, January 28

TIMES: 6:00 – 7:30 PM

PROGRAM #: AP113A

Adrienne Priebe, MSAOM, L.Ac., Dipl. OM holds a Masters of Science degree in Acupuncture & Oriental Medicine from the Finger Lakes School of Acupuncture & Oriental Medicine in Seneca Falls, NY. Adrienne is a NYS licensed acupuncturist, is nationally board-certified in acupuncture and Chinese herbal medicine and is also trained in tai chi, qi gong and Asian bodywork. She owns and operates Victor Acupuncture in Victor, NY.

NEW!

SIMPLY RUSTIC ITALIAN - I

Immerse yourself in a genuine Italian Cooking Class. Pasta, Parmeggiano, Olive Oil and wine are the most essential ingredients and soul of Italian cuisine. Come in and learn how to cook Pappardelle alla Bolognese while learning Italian key phrases used in a Ristorante Italiano. This is a hands on class and we will enjoy our simple rustic delicious food insieme. Come in and join the fun! Buon Appetito! Carol Mancini has been teaching Italian for over 20 years and grew up in the Abbruzzi Region in Italy. Register early, space is limited.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Adults

INSTRUCTOR: Carol Mancini

FEE: \$30/\$33 non-residents

+ \$12 materials fee payable to instructor the night of the class

DAY/DATE: Tuesday, February 5, 2013

TIMES: 11:00 – 12:30 PM

PROGRAM #: CM213RI

WINTERIZE YOUR HOME See page 25

PREPARING YOUR ESTATE PLAN SEMINAR

Attend our Preparing Your Estate Plan seminar. You'll learn about:

- What to consider when creating your will
- The benefits of trusts in estate planning
- How to help reduce taxes on your estate
- How insurance can help protect your family

A local estate-planning attorney also will be available to answer your questions. "Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should contact a qualified tax or legal professional regarding your specific situation"

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Open to Everyone

INSTRUCTOR: David Green, Edward Jones Financial Advisor and a local attorney

FEE: \$5/\$7 non-residents

DAY/DATE: Monday, 2/25/13

TIME: 6:30 – 7:30 PM

PROGRAM #: DG213EP

Your opinion matters to us!

If you have comments or ideas for one of the programs or events through Victor Parks and Recreation, we would love to hear from you. Please give us a call at 585-742-0140, e-mail recreation@victoryny.org or use the Town of Victor's official comment card at www.victoryny.org/ with your comments or ideas.

Adult Programs

NEW!

REALIZING YOUR DREAM THRU' YOUR VISION BOARD

A vision board is a tool to help you realize your goals and dreams. In this hands on workshop, we will provide you with the tools that you need to start your own vision board. Materials fee \$15 per participant.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 18 and up
INSTRUCTOR: Trish Wager, Shining Soul Health & Wellness
FEE: \$2/\$3 non-residents
DAY/DATE: Tuesday, 2/26/13
TIMES: 7:00-8:30 PM
PROGRAM #: TW213VBA

NEW!

SIMPLY RUSTIC ITALIAN - II

Immerse yourself in a genuine Italian Cooking Class. Pasta, Parmeggiano, Olive Oil and wine are the most essential ingredients and soul of Italian cuisine. Come in and learn how to cook Penne all'Arrabbiata and Il Tiramisu' Dessert while learning Italian key phrases used in a Ristorante Italiano. This is a hands on class and we will enjoy our simple rustic delicious food insieme. Come in and join the fun! Buon Appetito!

Carol Mancini has been teaching Italian for over 20 years and grew up in the Abbruzzi Region in Italy. Register early, space is limited.

LOCATION: Victor Parks & Recreation,
AGES: Adults
INSTRUCTOR: Carol Mancini
FEE: \$30/\$33 non-residents
+ \$12 materials fee payable to instructor the night of the class
DAY/DATE: Tuesday, March 5, 2013
TIMES: 11:00-12:30 PM
PROGRAM #: CM313RI

LONG TERM CARE PLANNING

Have you given thought about how you will pay for long term care in the future? This workshop will answer questions and get you started on how to plan for nursing home care, long term in home care, assisted living, and adult day care. Planning now can be a wise move to protect your hard earned assets. Everyone attending will receive a guide to buying Long Term Care Insurance, Medicaid and Medicare explanations. The government even allows you tax deductions now to plan for this future cost. There are several things you can do in advance to position yourself for the care you may need. Costs in the Finger Lakes region range from \$105,000-\$146,000 per year for nursing home care. Half of all Americans over the age of 65 will need some form of long term care. Do not put your estate at risk

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: Adults age 18 and over
INSTRUCTOR: John Summers
FEE: \$8 per person
DAY/DATE: Wednesday, March 6
TIME: 6:00 - 7:30 PM
PROGRAM #: JS313LT

RETIREMENT INCOME PLANNING SEMINAR

This workshop is for individuals within 10 years of retirement or recently retired. Learn how to plan income from your portfolio so that your money will last longer than you do. We will discuss and give examples of asset allocation, time horizon, and money management. This class will explain different types of investment and insurance products such as Mutual Funds, Annuities, CD's, Life Insurance, Long Term Care, and Reverse Mortgages. You have probably spent your entire career building up your assets. Now let them work for you.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: Adults age 18 and over
INSTRUCTOR: John Summers
DAY/DATE: Wednesday, March 13
TIME: 6:30 - 8:00 PM
PROGRAM #: JS313RI

ALTERNATIVE ENERGY, IS IT RIGHT FOR YOU? See page 25

NEW!

MEDITATION

Meditation is a powerful activity that can help in all aspects of your life. In this workshop, we'll talk about different types of meditation and how to meditate. We will meditate several times throughout the workshop so that participants will be comfortable when they begin a consistent meditation practice on their own!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 18 and up
INSTRUCTOR: Trish Wager, Shining Soul Health & Wellness
FEE: \$2/\$3 non-residents
DAY/DATE: Tuesday, 3/19/13
TIMES: 7:00 - 8:00 PM
PROGRAM #: TW313M

MAXIMIZE YOUR ELIGIBILITY FOR COLLEGE AID

John Summers from Summers Financial Services, Victor will be teaching a hands on approach to understanding "the game" of financial aid. This unique seminar will teach parents how to maximize their eligibility. Don't be fooled by the myth that you can't qualify for aid because of your income. Learn proven strategies, avoid costly mistakes which eliminate or reduce aid for your child. Find out what really determines your expected family contribution for college. Everyone who attends will receive all application forms, booklets, and guides needed to apply for college financial aid.

We will also discuss the 10 best ways to save for your child's college education, and its impact on qualifying for financial aid. This will cover 529 plans, Coverdell savings plans, Roth IRAs, EE & I bonds, Gifts to Minors (UGMAs, UTMAs) Annuities, Life Insurance, 401(k) plans and Home Equity Loans. How much will college cost and why you should start saving now?

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: Parents of Children in grades 7-12
INSTRUCTOR: John Summers
FEE: \$10 per family
DAY/DATE: Wednesday, March 20
TIME: 7:00 - 9:00 PM
PROGRAM #: JS313CA

Adult Programs

Adult Programs

RECENTLY SEPARATED, DIVORCED OR WIDOWED

These major changes in your lifestyle have a substantial affect on your financial wellbeing. Learn from two professionals how to navigate through these life changing events. Gain the strategies for getting out of debt quickly, investment tactics, CD and cash saving alternatives, invest in mutual funds, annuities, plan your retirement alone, life insurance and beneficiary changes, building financial wealth and protecting it with John Summers of Summers Financial Services. Get valuable answers to legal questions regarding divorce, child support, separating property, selling homes, Quadros, wills, estates, trusts, and legal responsibilities of insurances with Steven J. Seidman, ESQ. Both professionals have over 25 years experience. This is a great time to learn how to get your financial life in order.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: Adults age 18 and over
INSTRUCTOR: John Summers
DAY/DATE: Wednesday, March 27
TIME: 6:00 – 7:30 PM
PROGRAM #: JS313RS

NEW! HOW TO CONSTRUCT & USE A RAINBARREL

See page 25

NEW! BACKYARD COMPOSTING

See page 26



Share your photos!

Victor Parks and Recreation is looking for some great photos of you and your family taken while participating in our programs or events! Just e-mail them to recreation@

victoryny.org. Please identify the program and the participants. By e-mailing your photos, you consent to Victor Parks and Recreation Department the right to use your photo as it deems appropriate.

Arts Programs

CHINESE CALLIGRAPHY ART

Learning Chinese Calligraphy can be so much fun. Chinese Calligraphy has been an abstract art form for more than 4000 years. It is one of the oldest active written languages today. You will learn and create amazing and mysterious ancient Chinese characters on canvas in just one single class. You will be able to display your own painting in your home



as a lifetime classic art work. This is a one of a kind artwork that you create yourself. Don't miss this opportunity!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: Anyone 16 and over
INSTRUCTOR: Lin yi
FEE: \$35 includes all/\$45 non resident
 Sign up now! Spaces are limited
DAYS/TIMES: Thursdays, 7:00 – 8:30 PM
DATES:
 February 21
 March 21

PROGRAM #:
 LY213CCA
 LY313CCA

INTRO TO CERAMICS WITH HAND BUILDING AND WHEEL THROWING

Create your beautiful works on clay and get muddy on the wheel! Learn the basics in hand building and glazing of ceramics. Create a beautiful bird bath, box or vase out of clay. Try the pottery wheel and throw a small pot with the help of the teacher. The last day you will trim your pots and decorate them with colored slips and your choice of a clear, blue, tan or turquoise glaze.

LOCATION: Rochester Clayworks Studio, 203 Milburn Street behind 201, Rochester, 14607
AGES: 18 and up
INSTRUCTOR: Marybeth Fitzsimmons, Rochester Clayworks
FEE: \$69/\$79 non-residents
DAYS/TIMES: Fridays, 6:30 – 9:00 PM
DATES:
 2/1 – 2/22/13 (4 weeks)
 3/8 – 3/29/13 (4 weeks)
 4/6 – 4/27/13 (4 weeks)

PROGRAM #:
 MF213IC
 MF313IC
 MF413IC

THURSDAY EUCHRE

Come join our group of card players whose game is euchre. Lots of fun with old friends and friends you have yet to make! No need to bring anything. We will even make the coffee.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: 55 years and older
FEE: Free
DAY: Every Thursday afternoon
TIME: 1:00 PM

Senior Programs

Senior Programs

COMPUTERS FOR BEGINNERS

Set up a time with VPR staff to assist you with learning your basic computer needs. Call our office 585-742-0147 and discuss with Mike what you would like to work on and he can set up a class and get you on your way!



LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

INSTRUCTOR: Mike Stockman

AGES: Adults 55 and over

FEE: \$5 per 30 minute lesson

DATE/TIME/DAY: By Appointment

PROGRAM #: SR113CB

WII GOLF

Get active with the Nintendo WiiVirtual Bowling system. It's too cold to play golf outside, so come play this challenging game on our Wii-system. Beginner or expert, all are welcome.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 55 years and older

FEE: Free

DAY/DATES: Tuesdays, Ongoing

TIMES: 10:00 – 11:15 AM

SKIP BO

Come join the fun of playing this easy to learn card game. Everyone is welcome whether you're an experienced player or it's your first time. Cards and coffee will be provided, just come show up for the fun!

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 55 years and older

FEE: Free

DAY: Every Tuesday Afternoon

TIME: 1:00 PM

WII BOWLING

Get active with the Nintendo WiiVirtual Bowling system. Enjoy bowling fun without the heavy ball and stinky shoes. Come and experience all this popular game has to offer. Register as a team or independently. Prizes will be awarded!

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 55 years and older

FEE: Free

DAY/DATES: Thursdays, Ongoing

TIMES: 10:00 – 11:15 AM

FRIDAY MORNING PINOCHLE

Lots of fun with great people every Friday morning. Come by for a competitive game of cards. No need to bring anything. We will even make the coffee.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 55 years and older

FEE: Free

DAY: Every Friday morning

TIME: 9:30 AM

NEW!

SENIOR CONDITIONING AND FITNESS

This is not a high impact workout, but a relaxing, easy conditioning class. The workout will consist of simple yoga, Pilates and stretching techniques used by dancers. The class will strengthen your legs, back and upper torso as well as your core muscles. This is a great workout without putting strain on your joints. Men and women welcome. Dress in comfortable workout attire.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 55 and up

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$42/\$52 non-residents

DAYS/ TIMES: Fridays, 10:15 – 11:15 AM

DATES:

1/11 - 2/15/13

3/1 – 4/19/13, no class 3/29 & 4/5/13

4/26 – 5/31/13

PROGRAM #:

SM113SC

SM313SC

SM413SC



3 Ways to Register:

Online: Save Time! Visit www.victoryny.org/Parks for more information and click on **CLICK HERE TO REGISTER ONLINE FOR P&R PROGRAMS**. Online registration closes one (1) week prior to the program's start date.



Drop Off: Bring completed registration form (with payment) to our offices at 1290 Blossom Drive, Victor, NY. Drop off at the front desk or place in the white drop box to the right of our front door after hours.



Mail In: Mail completed registration form (with payment) to: 85 East Main Street, Victor, NY 14564 Attn: Parks & Recreation.

Senior Programs

SENIOR POTLUCK LUNCHEONS

Starting January 2013 the senior luncheons will have a new look to them. Each month will be a themed potluck style luncheon. Below are the dates and theme for each month. Please fill out a registration form with the food choice you will be bringing!

LOCATION:	Victor Parks and Recreation, 1290 Blossom Drive			
AGES:	55 years and older			
FEE:	\$1 per person			
DAY:	DATES:	TIME:	THEME:	PROGRAM #:
Wednesday	1/16/13	12 PM	Italian Foods	SR113
Wednesday	2/20/13	12 PM	Foods that are RED	SR213
Wednesday	3/20/13	12 PM	Irish Foods	SR313
Wednesday	4/17/13	12 PM	Birthday Party	SR413

PIZZA AND MOVIE

It's cold outside but don't let that stop you from coming to enjoy lunch and a movie with friends. Get cozy in the senior lounge for the monthly movie. We will enjoy a different type of pizza each time! Enjoy popcorn and soda on us!

LOCATION:	Victor Parks and Recreation, 1290 Blossom Drive			
AGES:	55 years and older			
FEE:	\$5			
DAY	DATES	TIME	MOVIE TITLE	PROGRAM #:
Friday	1/18/13	12 – 3 PM	The Manchurian Candidate	SR113LM
Friday	2/15/13	12 – 3 PM	High Noon	SR213LM
Friday	3/15/13	12 – 3 PM	On the Waterfront	SR313LM
Friday	4/19/13	12 – 3 PM	Close Encounters of the Third Kind	SR413LM

NEW!

REALIZING YOUR DREAM THRU' YOUR VISION BOARD

A vision board is a tool to help you realize your goals and dreams. In this hands-on workshop, we will provide you with the tools that you need to start your own vision board.

LOCATION:	Victor Parks & Recreation, 1290 Blossom Drive			
AGES:	55 and up			
INSTRUCTOR:	Trish Wager, Shining Soul Health & Wellness			
FEE:	\$2/\$3 non-residents \$15 materials fee per participant			
DAY/DATE:	Tuesday, 1/22/13			
TIMES:	10:00–11:30 AM			
PROGRAM #:	TW113VBS			

"OUT TO LUNCH" BUNCH

Join us once a month as we take a break from life and enjoy lunch. We will be visiting local restaurants that surround Rochester! You cover your lunch fee and we'll worry about the transportation. Sign up fast space is limited.

LOCATION:	Meet at: Victor Parks and Recreation, 1290 Blossom Drive			
AGES:	55 years and older			
FEE:	\$6/\$8 non-residents			
DAY:	DATES:	TIME:	LOCATION:	PROGRAM #:
Friday	1/25/13	11:30 – 1:30 PM	Bunucci's	SR113L
Friday	2/22/13	11:30 – 1:30 PM	Good Smoke BBQ	SR213L
Friday	3/29/13	11:30 – 1:30 PM	Joe's Diner	SR313L
Friday	4/26/13	11:30 – 1:30 PM	Cracker Barrel	SR413L

COOKING CONTEST

Make your best creation and bring it to be judged at Victor Parks and Recreation. Make enough for all participants to try. There will be two categories, Judges Pick and most popular! Don't miss this fun experience for a winter day.

LOCATION:	Victor Parks and Recreation, 1290 Blossom Drive			
AGES:	55 years and older			
FEE:	Free			
DAY:	DATE:	TIME:	CATEGORY:	PROGRAM #:
Friday	2/8/13	2:00 PM	Cookies	SR213CC
Friday	3/8/13	2:00 PM	Dessert/Non Cookies	SR313CC

LET'S DO A "MYSTERY" LUNCH

We will depart from the Recreation center for an afternoon of fun and food. You will be given clues regarding the lunch destination and you must figure it out before arriving.

LOCATION:	Meet at: Victor Parks and Recreation, 1290 Blossom Drive			
AGES:	55 years and older			
FEE:	\$6/\$8 non residents			
DAY:	Fridays			
TIME:	Depart at 11 AM			
DATE:	February 8, 2013			PROGRAM #:
	March 22, 2013			SR213ML
				SR313ML

GENESSEE BREWHOUSE TRIP

Enjoy a trip to visit the brand new Genesee Brewhouse and restaurant and gift shop. We will enjoy lunch and a visit to see the displays in Rochester's most famous brewery. We will stay for lunch.

LOCATION:	Meet at: Victor Parks and Recreation, 1290 Blossom Drive			
AGES:	55 years and older			
FEE:	\$6/\$8 non-residents			
DAY/DATE:	Friday, February 9			
TIME:	10:45 AM – 3:00 PM			
PROGRAM #:	SR213GB			

CRAIGSLIST FOR BEGINNERS

Have you heard about Craigslist? Everything that you ever wanted to know and more about America's online garage sale. Learn the tricks and the pitfalls of the site. Gather info on how to find what you are looking for and where to look for it.

LOCATION:	Victor Parks & Recreation, 1290 Blossom Drive			
INSTRUCTOR:	Mike Stockman			
AGES:	Adults 18 and over			
FEE:	\$5/\$8 non-residents			
DAY/DATE/TIME:	Tuesday, February 19			
TIMES:	10:00 – 11:00 AM			
PROGRAM #:	SR213CLB			

Senior Programs

“OUT TO LUNCH BUNCH ADVENTURE STYLE”

Join us for Out To Lunch Bunch that has more of an adventurous side! All trips will consist of ethnic style foods. Don't miss out on lunch on the Wild Side!

LOCATION: Meet at: Victor Parks and Recreation,
1290 Blossom Drive

AGES: 55 years and older

FEE: \$6/\$8 non-residents

DAY:	DATES:	TIME:	LOCATION:	PROGRAM #:
Wed.	2/20	11:30 – 1:30 PM	Chakara – Perinton (Asian)	SR213LA
Wed.	3/20	11:30 – 1:30 PM	Itacate – Gates (Latin)	SR313LA



LET'S TAP THE DAY AWAY See page 28

SENIORS CERAMICS

Hand-build with clay and create a vase, box, or sculpture! Carve designs, make a relief, a lid or form handles on your project. After the firing, decorate it with many colors and a clear glaze.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 55 and up

INSTRUCTOR: Marybeth Fitzsimmons, Rochester Clayworks

FEE: \$25/\$30 non-residents

DAYS/TIMES: Saturdays, 2:30 – 4:00 PM

DATES:	PROGRAM #:
3/9 – 3/16 (2 weeks)	MF313SC
5/11 – 5/18 (2 weeks)	MF513C

FACEBOOK FOR GRANDPARENTS

Facebook is one of the best ways to stay in touch with your grandchildren who are living out of the area. This course will teach the basic fundamentals on how to set up an account and stay in touch with your out of town family.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

INSTRUCTOR: Mike Stockman

AGES: Adults 18 and over

FEE: \$5/\$8 non-residents

DAY/DATE/TIME: Tuesday, March 12, 10:00 – 11:00 am

PROGRAM #: SR312FBG

ROCHESTER AMERICANS HOCKEY GAME

Let's go see a hockey game! Join VPR to enjoy the Rochester Americans play. Hockey is one of the best sports to watch in person. See some of the young Buffalo Sabres on the ice for our own hometown team battling Binghamton. So let's hop in the VPR van and go watch some hockey!

WHO: Adults age 55 and over

LOCATION: Meet at: Victor Parks and Recreation,
1290 Blossom Drive

FEE: \$25 per person/\$35 non-residents

DAY/DATE: Wednesday, 3/13/13

TIME: The van will leave at 6:00 PM, 7:05 PM gametime

PROGRAM #: SR313RA

ROCHESTER PUBLIC MARKET TRIPS See page 25

GEVA THEATRE CENTER: “THE BOOK CLUB PLAY”

Ana is passionate about two things in life – order and Book Club, which she hosts at her home each week. When a documentary filmmaker's camera injects a new energy into the club meetings and a new member invades, Ana's world goes topsy-turvy. A delightful comedy about life, love, literature and the side-splitting results when friends start reading between the lines.

LOCATION: Meet at: Victor Parks and Recreation,
1290 Blossom Drive

AGES: 55 years and older

FEE: \$38/\$43 non-residents

DAY/DATE: Wednesday, 3/20/13

TIME: Depart 11 AM, return at approximately 6 PM

PROGRAM #: SR313G

YARD GAMES See page 24

GEVA THEATRE CENTER: “A MID SUMMER NIGHT'S DREAM”

A quartet of mismatched lovers and a band of bumbling rustics cross paths with the feuding fairy king and queen in a magical moonlit forest on a midsummer night. Weaving three stories of love, magic and perception, Shakespeare's most popular comedy has been an audience favorite for centuries. An enchanting celebration of love, innocence and imagination for the entire family!

LOCATION: Meet at: Victor Parks and Recreation,
1290 Blossom Drive

AGES: 55 years and older

FEE: \$38/\$43 non-residents

DAY/DATE: Wednesday, 5/29/13

TIME: Depart 11 AM, return at approximately 6 PM

PROGRAM #: SR513G

INTRODUCTION TO WATERCOLORS FOR SENIORS

This is a six week introductory watercolor painting course. Topics covered will include color mixing, brush, and palette techniques. Classes will also cover washes, glazes, and textures. Please bring your own brushes and paper. Paint will be provided

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 55 and over

FEE: \$55/\$65 non-residents

DATE: 3/26 – 4/30/13 (6 weeks)

DAY/TIME: Tuesdays, 1 – 3 PM

PROGRAM #: SR113W

Registration Procedure

How to Register

Resident Registration Begins: November 26, 2012

Non-resident Registration Begins: December 3, 2012

FOR REGISTRATION FORM SEE PAGE 38

Please mail completed registration form to:
Victor Parks and Recreation, 85 East Main Street, Victor NY 14564

Bring completed forms in person with cash, check, Visa, MasterCard or Discover Card during regular business hours.
Monday thru' Thursday 8:30am – 7:00pm & Friday until 4:30pm.

REGISTER EARLY! If a class does not meet its minimum requirements 1 week prior to start date, we will cancel the class

REGISTER ON-LINE AT: www.victoryny.org/Parks

On-line registration closes out 1 week prior to start date of the program.

IMPORTANT REGISTRATION TIPS:

- Registrations forms may be photocopied.
- Be sure to fill out all information on your form.
- Assume you are enrolled unless you are notified by phone.
- Please sign the waiver on registration form.
- We recommend consulting with your physician prior to signing up for a program requiring physical exertion.

PARTICIPANT CODE OF CONDUCT:

- We will always strive to provide a place where fun things happen.
- Should our friends not be able to have fun with others, we will discuss other leisure opportunities.

PROGRAM FEES: Cash, Checks, Money Orders, Visa, MasterCard and Discover are accepted. There is a 2.45% fee or \$1.50 minimum charge for credit cards. There is a flat fee of \$3.95 for Visa Debit Cards.

RETURN POLICY: There will be a \$20.00 fee for any returned check.

CANCELLATIONS AND REFUND POLICY:

- If a class is cancelled by our department a **TOTAL** refund will be provided
- You need to withdraw from a program at least 5 business days prior to the start of the program. A refund will be issued for the amount minus a \$5 processing fee.
- **No** refunds will be issued once a program has started.

TRANSFER POLICY Requests to transfer from one program to another must be made prior to class start date.

INCLEMENT WEATHER & PROGRAM STATUS INFORMATION

We strive to operate our programs regardless of weather – cancelling is our last resort. However:

- While most activities will be held despite the weather, schedules may change.
- Should lightning be a potential threat, outdoor activities may be moved indoors or cancelled, the. Department of Parks and Recreation activities operated at Victor Central School District facilities will be cancelled if school facilities are closed.
- **When in doubt about program status, call the Department of Parks and Recreation at (585) 742-0140.** Program supervisors, directors or instructors will provide information about possible make-up dates for cancelled sessions.

**REGISTER ONLINE AT:
www.victoryny.org/Parks**



2012 Recreation Program Interest Survey

Please return to: Victor Parks & Recreation, 85 E. Main Street, Victor, NY 14564 OR Fax: 742-0142
OR go to: <http://www.surveymonkey.com/s/BXWYYCS>

Name: _____ Age: _____ Sex: M F

Residency: Victor Other: _____

Marital Status: Single Married Widowed Divorced

Number of Children in Household: None 1-3 4-6 7+

Ages of Children in Household: 0-18 months 2-5 years 6-10 years 11-18 years

Check any interests that apply to you or your family members:

Arts & Crafts:

- Painting
- Sewing
- Quilting
- Scrapbooking
- Ceramics
- Other _____

Dance:

- Square Dancing
- Latin/Salsa
- Country Line
- Ballroom
- Belly Dancing
- Other _____

Outdoor Sports:

- Backpacking/Hiking
- Kayaking/Canoeing
- Cycling/Mountain Biking
- Rock Climbing
- Skateboarding/Inline Skating
- Other _____

Senior Citizens Outings:

- Day Trips
- Overnight Trips
- Trip Location Suggestion _____

Music:

- Music Performance
- Music lessons
- Other _____

Intramural Team Sports:

- Softball
- Flag Football
- Soccer
- Volleyball
- Other _____

Misc.:

- Home Decorating
- Camping
- Cooking
- Reading
- Creative Writing
- Family Outings
- Dog Training
- Parent/Child Activities
- Singles Only Events
- Couples Only Events
- Events for those divorced/widowed
- Basic Skills (auto/computer/electric/plumbing)

What other activities are you interested in?

How much would you be willing to pay for the above programs?

- \$10-20 \$21-30 \$31-40 \$41-50 \$51 and up

Would you be interested in teaching any programs?

- Yes (please fill in: Name: _____ Phone Number: _____)

If yes, which ones?

I would prefer to attend programs between: (please check any that apply)

- 8:00 AM- Noon 1:00 - 5:00 PM 6:00 - 9:00 PM

I would attend programs... (please check any that apply)

- Saturday AM Saturday PM Sunday PM

Thank you for taking the time to fill out this survey. We will use the information gathered to provide new programs in the near future. **Please return by December 21, 2012.** Thank you!

Winter 2013 Registration Form

PLEASE PRINT CLEARLY

Participant Name	Grade 2012-2013	Birth Date	Sex	Program #	Program Name	Amount	2nd Choice Program#/Name

HOUSEHOLD INFORMATION

Last Name: _____ First Name: _____

Address: _____ City/Town: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Cell: _____

E-Mail: _____ Emergency Contact: _____ Emergency #: _____

Special Medical Needs? Yes No If yes, please describe: _____

Additional Program Information: _____

The Town of Victor Parks & Recreation takes pictures in classes for use in future publications and on the internet. Please contact us if you do not wish to have your child's photo included in these materials.

WAIVER FOR PARTICIPATION

I HEREBY UNCONDITIONALLY RELEASE THE Town of Victor Parks and Recreation Department from any and all responsibility or liability for any injuries which may be sustained by me or my minor child(ren) in relation to participation in any of the Victor Parks and Recreation programs or activities with the Parks and Recreation Department. I acknowledge that neither I nor my child(ren) suffer from any physical impairments and have no limitations upon engaging in activities with the Parks and Recreation Department. I unconditionally release the Town of Victor and its agents or employees from any and all liability for injuries and understand and acknowledge that the Town of Victor Parks and Recreation Department carries no liability or accident insurance. In the event that my child(ren) is injured, I authorize the party or person in charge of my child(ren)'s activities to seek medical care. I acknowledge and understand that I will be solely responsible to pay the cost of such care. And I further release and hold harmless the Town of Victor and its Parks and Recreation Department for any medical arrangements or care provided me or my minor child(ren).

SIGNATURE REQUIRED: _____ **DATE:** _____

SIGNATURE OF PARTICIPANT, PARENT OR GUARDIAN

PROGRAM FEES: payable to "Town of Victor" Please note additional fee for credit card use below.

Method of Payment: Cash: _____ Check # _____ Visa: _____ Mastercard: _____ Discover: _____ Total Amount: _____

Credit Card #: _____ Expiration Date: _____ Amount: _____

Card Holder Name: _____ Signature: _____

By signing above I agree to pay the Town of Victor for the amount above and understand that a Third Party convenience fee will apply to my transaction in order for the Town to accept payment via credit card. I agree that such convenience fee shall be billed to my credit card by Nationwide Payment Solutions (NPS) as a separate transaction and equal to 2.45% (\$1.50 minimum) of the total amount being paid. Visa Debit Card fee is a flat fee of \$3.95.

Registration forms can be **dropped off** to the Victor Parks & Recreation Office located at 1290 Blossom Drive in Victor, **faxed** to (585) 742-0142, **mailed** to the Town of Victor Department of Parks and Recreation, 85 East Main Street, Victor, NY 14564 or you can register **on-line** at www.victoryny.org/Parks.

Please call 742-0140 for more information or visit us at www.victoryny.org/Parks

Parks & Recreation

MISSION STATEMENT

The Town of Victor Parks and Recreation Department is dedicated to offering residents a balanced system of parklands, preservation of open space, and broad-based leisure opportunities that will foster growth of healthy lifestyles.

SERVING YOUR LEISURE NEEDS

Brian Emelson, C.P.R.P.

Director of Parks and Recreation
(Certified Parks and Recreation Professional)
bemelson@town-victor-ny.us

Michael Stockman, C.P.R.P.

Assistant Director of Parks and Recreation
mastockman@town-victor-ny.us

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Motor Equipment Operator, Light
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Steve Hendrickson, C.P.R.P.

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Recreation Supervisor
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Felicia Skibinski, B.S., M.S.

Account Clerk/Typist
fskibinski@town-victor-ny.us

PARKS AND RECREATION ADVISORY BOARD COMMITTEE

Christine Palmiere, Chairperson
Cyndy Rochford, Vice Chairperson
Gary Hadden, Village Board Liaison
David Tantillo, Town Board Liaison
Larry Fisher
Terry Maybeck
Gregg Richards
Ian Christman, Student Representative

AMERICANS WITH DISABILITIES ACT COMPLIANCE

The Town of Victor Parks & Recreation Department offers programs for all residents regardless of differing abilities. If you have a question or a concern about program accommodations, call us at 742-0140.

Youth Programs funded in part by a reimbursement from the New York State Office of Children and Families served through the Ontario County Bureau.

SportsNet: Inclusive Sports and Recreation Network for People with Physical Disabilities. SportsNet is sponsored by Rochester Rehabilitation Center. It is about creating opportunities for people with physical disabilities to participate in mainstream sports and recreation activities. If you or someone you know has a physical disability and is interested in participating in exercise, active recreation or sports, please contact: Nancy Steinkamp, SportsNet Manager, 271-2520 ext. 674.

COMMUNITY SPORTS ORGANIZATIONS

Victor Parks and Recreation does not operate the following programs. However, we know parents are interested in the following names and numbers.

Victor Youth Sports

www.victoryouthsports.com

Victor Community Baseball

www.victorbaseball.com or www.victorsoftball.com

Victor Soccer Club

Kelly Messier 742-2132 (Recreational Soccer) www.victorsoccerclub.org

Victor Youth Blue Devils Football

Jeannie Lay www.victoryouthfootball.com

Victor Swim Club

Christine Phelps 742-3444 www.victorswimclub.org

Lacrosse

Tony Pezzimenti mail to: Anthony.Pezzimenti@emc.com 734-8268

www.victorlax.com

Girls Lacrosse

Jim Haller 749-3589 www.leaguelineup.com/vgylax

Hockey

Tim Maher 281-3336

FACILITY RENTALS

Are you looking for a place to hold a party or business meeting? All reservations must be made in person at the Parks and Recreation Office at 1290 Blossom Drive. Please contact us with any questions 742-0140.

LOCATION	CAPACITY	FEE: RESIDENT	FEE: NON-RESIDENT
"Butler Cottage" at MaryFrances Bluebird Haven	45	\$50 Half Day / \$100 Full Day	\$60 Half Day / \$120 Full Day
"The Lodge" at Victor Municipal Park	125	\$75 Half Day / \$150 Full Day	\$100 Half Day / \$200 Full Day
Victor Municipal Park Rotary Pavilion	50	\$40 Full Day Only	\$50 Full Day Only
Dryer Road Park Pavilion	50	\$40 Full Day Only	\$50 Full Day Only

PARKS & RECREATION OFFICE	CAPACITY	FEE
Large Multipurpose Room	105	\$18 per hour
Medium Multipurpose Room	45	\$14 per hour
Small Group Instruction	30	\$12 per hour
Kitchen	20	\$12 per hour

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"Out to Lunch" Bunch.....	34
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Realizing Your Dream Thru' Your Vision Board.....	34
Rochester Americans Hockey Game.....	35
Rochester Public Market Trips.....	25
Senior Conditioning and Fitness.....	33
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Skip Bo.....	33
Wii Bowling.....	33
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Yard Games.....	24

SPECIAL EVENTS

10th Annual Snowscapes Winter Music Series.....	1
Christmas in the Village.....	1
Easter Egg Hunt.....	2

Ice Skating Show.....	1
Jelly Bean Guessing Contest.....	2
Learn To Skate Open House.....	1
Pancake Breakfast in the Woods.....	2
Santa's Rockin' Christmas Eve – Winter Musical.....	1
Victor Community Band and Chorus Christmas Concert.....	1
Victor Community Band and Chorus Spring Concert.....	2
VPR Community Garden.....	26

TENNIS PROGRAMS

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Indoor Tennis Instruction – Session 1.....	18
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After School Art with Mr. Marshall.....	13
After School Game Mania.....	14
After School Gym Games.....	15
After School Yard Games.....	15
'And a . . . 5, 6, 7, 8' – Dance.....	9
'And a . . . 5, 6, 7, 8' Add on. . . Tap Dancing.....	10
Aquafina Pitch, Hit & Run.....	15
Broadway Dance Technique.....	11
Chinese Language 101 for Children.....	9
Connecting Kids to Nature with Art.....	12
Cooking Class: Saint Patricks Day Goodies.....	14
Cooking Class: Valentines Day Treats.....	13
Cooking Class: Warm Winter Foods.....	12
Disc Golf Trip.....	24
Dodgeball Tournament Jr.....	12
Dodgeball Tournament.....	12
Fancy Wire Names.....	14
Fencing.....	11
Floor Hockey.....	11
Fun with Irish Dance.....	12
"Get Out of the House" Dance Party.....	14
Good Manners Matter!.....	10
Horseback Riding.....	23
Jewelry for Kids.....	13
Just Yell Fire.....	11
K-1 Hoops.....	14
Keepsake Box.....	13
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Learn to Skate.....	10
Musical Theatre I.....	11
Origami.....	14
Paper Airplanes.....	15
Paper Football Tournament.....	12
Princess Camp.....	8
Red Cross Babysitting.....	12
Rising Stars.....	11
Rochester Americans (Amerks) Hockey Games.....	14
Sportstac.....	15
Studio Art with Miss Murphy.....	13
Superhero Camp.....	7
Syracuse Orange Basketball Game vs Georgetown.....	13
Table Games.....	15
Video Arcade.....	12
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Youth Night at Victor Parks & Recreation.....	13
Youth Wrestling.....	9
Zumbatomic and Games.....	10