



## *Leisure Lines* from the Director of Parks and Recreation...

I hope that this note finds you enjoying the last few days of summer in the Finger Lakes! I would like to focus my article this season on thanking the many organizations and businesses that partnered with the Department of Parks and Recreation to support the many wonderful activities that we offered this past season.

The "Gone Fishing Derby" in June was sponsored in part by **Apparel Printers Plus**. The Sid Partington Memorial Concert in the Park series was sponsored by **Mead Square Pharmacy, Posella's Pizzeria, Wade's Market Center, The Highlands at Pittsford, Eastview Mall, Comella Orthodontics, ESL Federal Credit Union, Canandaigua National Bank and Five Star Bank**. The Kids Bike Rodeo was brought to you by the folks at **Finger Lakes Gaming and Racetrack** and the **Farmington-Victor Kiwanis!** If you took in a "flick" at one of our three Movies in the Park, special thanks go out once again to **Comella Orthodontics and Posella's Pizzeria!**

Our title sponsor of the 9th Annual Fat Tire Mountain Bike Festival was **VanBorte!** Motorcars with presenting sponsorships from **The Kenlou Foundation, The DiMarco Group at Fishers Ridge, SMP, Stan's NoTubes, Amiel's Submarines and the following area bike shops...Towpath Bike, Park Ave Bike, RV&E Bike and Sport, Tryon Bike, Rochester Fitness & Cycling, Full Moon Vista Bike &**

**Sport, Geneva Bicycle Center, Bert's Bikes & Fitness and Bike Zone.** It was especially nice for us to also work with the volunteers at **Serenity House, the Ontario County ARC, Rochester Rehabilitation's SportsNet program, and Genesee Regional Off-Road Cyclists** at this year's annual celebration of cycling in Victor! We wouldn't have been able to expand the event without all these committed organizations and area businesses.

In closing, as you traveled through the New York State Route 96 and Main Street Fishers intersection this summer, we hope that you noticed the recent improvements to the "Four Corners" flower beds and landscaping. Through our partnership with the **Victor Garden Club** we re-designed the flower beds on each corner, added sixteen (16) "new" hanging baskets and we are now proudly displaying American Flags on each corner! Special thanks to **Mary Duprey** for her drive and dedication in guiding this project from concept to completion!

All the Best,

Brian C. Emelson, CPRE  
Director of Parks and Recreation

# SPECIAL EVENTS

## “DRYER IN” MOVIE AND FAMILY CAMPOUT

Come down to Dryer Road Park for “Frozen” on the huge movie screen. Enjoy a movie and popcorn and slush puppies under the stars, inflatables for the children then stay for a family campout with Coach Steve. After the movie have fun singing campfire songs and making s’mores. If you plan on camping please register so we can assign you a spot in the park. A small breakfast will be provided when you wake up. Sorry no pets allowed. In case of inclement weather, call 742-0140.

**LOCATION:** Dryer Road Park, 7405 Dryer Road  
**AGES:** For all ages  
**DAY/DATE:** Saturday, August 23 – Sunday, August 24  
**TIME:** 6:30 PM – 9:00 AM

\*\*\*\*\* **NEW TIME !!** \*\*\*\*\*  
 8:30 PM movie start-time

**FEE:** FREE  
**PROGRAM #:** V814FC

- If you plan on camping please register so we can assign you a spot in the park.

## 37th ANNUAL HANG AROUND VICTOR DAY

Join us for some fall fun as we celebrate Victor and the diverse community activities and events held “around Town.” Pick up a copy of our fall brochure, share some ideas with program staff and enjoy a special treat! Additional activities at the event include food, family music, contests and more! Sponsored by the Victor Chamber of Commerce.

**LOCATION:** Main Street in the Village of Victor  
**DAY/DATE:** Saturday, September 6  
**TIME:** 9:00 AM – 5:00 PM

## VICTORFEST 2014

“Victorfest 2014” is sure to have a little bit or a lot of something for everyone! Bring your family and join friends for an evening of awesome music featuring “The Soul Express” and “The Orient Express.” The night will be capped off by a fireworks display at 9:30 PM. Say goodbye to summer and hello to fall at Victorfest 2014.

**LOCATION:** Mead Square/Victor Library Parking lot  
**DAY/DATE:** Saturday, September 6  
**TIME:** 6:00 PM – 10:00 PM



## FROSTY’S FIRST ADVENTURE – WINTER MUSICAL

Victor Parks and Recreation is pleased to announce the 2014 winter musical production of “Frosty’s First Adventure.” A corn-cob pipe, a button nose, and two eyes made out of coal! There’s magic in the air as everyone’s favorite “jolly happy soul” comes to life on stage in this holiday adventure for the entire family. Auditions for placement will take place during the first rehearsal with all participants being cast. Please check the rehearsal schedule and your calendar, as attendance at rehearsals is required. This program is open to children and adults ages 5 and up. All ages are needed. This will be a fun experience for anyone wishing to perform in a production, from first timers to seasoned pros. This is a great program for families to do together. This program will be offered in 2 sessions. Each session will perform the musical twice. Performances will be on Friday, December 5th and Saturday, December 6th.

Register early - cast is limited to 40 actors per session.

**LOCATION:** VEC Auditorium, 953 High Street

**AGES:** 5 & up - adults needed

**INSTRUCTOR:** Peggy Zorn

**FEE:** \$25 per person/\$40 per family + \$5 for non-residents

**TIME:** Rehearsals: 6:30 – 8:30 PM

**DAYS/DATES:** **PROGRAM #:**

Session 1 (Mondays): PZ914M

Mondays only except for the Performance Week –

Mon., Wed., Thurs., Fri and Sat

9/29, 10/6, 10/20, 10/27, 11/3, 11/17, 11/24, 12/1, 12/3 and 12/4

Performances: 12/5 @ 7:30 and 12/6 @ 3:00

Session 2 (Tuesdays): PZ914T

Tuesdays only except for the Performance Week –

Tues, Wed., Thurs. and Sat.

9/30, 10/7, 10/21, 10/28, 11/4, 11/18, 11/25, 12/2, 12/3 and 12/4

Performances: 12/6 @ 12:00 and 7:00

## JACK-O-LANTERN TRAIL EVENT

Participate in the 9th annual Jack-O-Lantern Trail Event in Victor. Carve a pumpkin and drop it off at Memorial Field for free in Victor on Saturday, Oct 18th from Noon – 3 PM. Invite your friends and families to take a festive walk that same evening on one of Victor’s trails. The trolley trail will be lit by creative Jack-O-Lanterns. This is a fun event for the whole family. Enjoy the walk in the moonlight. Half-mile trail is paved and good for strollers and wheelchairs. Proudly display your pumpkin masterpiece and have fun searching for it on the trail. Receive a free ticket to this event when you drop off your Jack-O-Lantern. Refreshments provided by the Firemen Ladies Auxiliary. Sorry, no pets allowed. \*The money raised will be donated to local charities including the Leukemia & Lymphoma Society, Victor Fire Department and Victor Hiking Trails.

**LOCATION:** Memorial Field - Maple Avenue, Victor

**AGES:** For all ages

**DAY/DATE:** Saturday, 10/18/14

**TIME:** 7:00 – 8:30 PM

**FEE:** \$4 adults, \$2 kids under 15, paid at the Trail Entrance

**NOTE:** In case of inclement weather, call 742-0140.

(Rain date is Sunday, Oct 19th)

# SPECIAL EVENTS

## VPR HALLOWEEN TAILGATE TRICK OR TREAT

Don't miss a Halloween party for all to have fun. Sign up to give treats out of the trunk of your car. Decorate your vehicle and dress in costume. Children will then Trick or Treat in the parking lot out of the vehicles. This is also known as Trunk or Treat. Prizes will be awarded for best decorated car and theme. In addition to that The James Cook American Legion Post 931 will be hosting a Halloween Party in the new Lodge. Pizza, drinks, and all kinds of fun and games will be happening at this one of a kind event.

**LOCATION:** Victor Municipal Park, 6680 Paparone Drive, off Brace Rd.

**AGES:** Open to all ages

**FEE:** Free

**DAY/DATE:** Saturday, 10/25/14

**TIME:** 11:00 AM – 12:30 PM

**PROGRAM #:** V1014TT

**NOTE:** Please sign up as a decorated car or as a Trick-or-Treater to participate.

## 3rd ANNUAL CHRISTMAS IN THE VILLAGE

Santa Claus is coming to town...in cooperation with the Parks and Recreation Department, Victor Chamber of Commerce, and Five Star Bank. Join your family and friends for a holiday celebration with music, food, costumed characters, activities, all situated throughout downtown Victor. Santa and Mrs. Claus will light the tree at Mead Square Park at 5 PM. Look for special coupons and maps.

**LOCATION:** Main Street Victor

**AGES:** Families are welcome

**FEE:** Free

**DAY/DATE:** Saturday, 11/29/14

**TIME:** 10:00 AM – 5:00 PM



### Register Online

It's only a point and click away  
at [www.victoryny.org](http://www.victoryny.org)

# FAMILY PROGRAMS

**NEW!**

## PICNIC PLAY PACKS AVAILABLE

Let the Department of Parks and Recreation help you organize the field games for your next family gathering or party in the park! Our convenient Picnic Play Packs include a variety of balls and sporting goods equipment, a bocce set and a set of horseshoes. These are available for rental at the Parks and Recreation Department main office for \$15.00. Call (585) 742-0140 for availability.

## COMMUNITY BAND

Dust off your musical instrument and join Victor's group of talented musicians. Family groups are welcomed. No auditions are necessary. Call Victor Parks & Recreation for more information (742-0140).

**LOCATION:** Victor Intermediate School Band Room, 953 High Street

**AGES:** Open to all ages

**INSTRUCTOR:** Kathy Swigert

**FEE:** Free

**DAYS/TIMES:** Wednesdays, 7:00 PM

**DATES:** Ongoing

## COMMUNITY CHORUS

If you enjoy singing, this is the program for you. Call Victor Parks & Recreation for more information (742-0140).

**LOCATION:** St. John's Lutheran Church, 888 Victor Egypt Road

**AGES:** Open to all ages

**INSTRUCTOR:** Mary Ann Buneo

**FEE:** Free

**DAYS/TIMES:** Tuesdays, 7:00 PM

**DATES:** Ongoing

## VICTOR PARKS AND RECREATION "GOIN MOBILE"

Victor Parks and Recreation and Coach Steve are coming to your neighborhood. Coach Steve and friends will bring the van loaded with games and fun to you. We will park the van and run fun games right in the street. Don't miss this one of a kind fun experience in your neighborhood. Just look for the big white Victor Parks and Recreation van!

**AGES:** Open to all ages

**INSTRUCTOR:** Victor Parks & Recreation Staff

**FEE:** No cost but please register so we know you are planning on coming.

**DAYS/TIMES:** Thursdays, 4:00 – 5:00 PM

**DATE:** 9/25/14

**LOCATION:** Jacobs Landing, Ketchum Street

**PROGRAM #:** V914JL

10/9/14

Duck Hollow, Rainbow Run,

Village on the Park

**HALLOWEEN DANCE PARTY**  
FREE with a canned good or non-perishable item or \$1 per person. Donations go to the Victor-Farmington Food Cupboard.

Dress in your beautiful princess or scary monster costumes and join us for a Halloween Dance Party. We will learn simple dances and dance the night away to Halloween songs as well as songs off the radio. Drinks and a small snack will be provided. No dance experience is required. Come dressed in any type of costume and comfortable shoes. No masks or accessories please.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** Ages 5 and older, boys & girls

**DAY/DATE:** Saturday, 10/4/14

**TIME:** 6:00 – 8:00 PM

**FEE:** FREE with a canned good or non-perishable item or \$1 per person

**PROGRAM #:** V1014DP

**NOTE:** Please register so we know how many to expect.

# FAMILY PROGRAMS

## BIRTHDAY PARTIES (September – December)

Do you want to have your party with your friends at Victor Parks & Recreation? Package does not include cake. We offer 2 birthday party packages: Silver and Gold. The silver party includes 2 staff, 2 rooms with games and activities. The gold party includes 2 staff, 2 rooms, games and activities, paper products and utensils, tablecloths, 1 sheet pizza, and drinks. 2 parents required to stay and help with supervision.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** All

**INSTRUCTOR:** VPR Staff

<b>TYPE:</b>	<b>FEE:</b>	<b>PROGRAM#:</b>
Silver:	\$100/\$105 non-residents for child and 12 friends Additional children at \$5 each.	Silver2014Fall

Gold:	\$140/\$145 non-residents for child and 12 friends Additional children at \$5 each (Includes paper products and utensils, tablecloths, 1 sheet pizza, drinks)	Gold2014Fall
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**DATES:** Call for availability 742-0140  
Please register at least (1) week in advance.  
Payment expected to hold your spot.

**DAYS/TIMES:** Saturdays, 1:00 – 3:00 PM or 4:00 – 6:00 PM  
Sundays, 1:30 – 3:30 PM or 4:30 – 6:30 PM

## VALENTOWN HALL TOURS

Stop by for a tour of one Victor's most historic buildings. Talk to volunteers about history, take pictures, and get a feel for how life was through the last 100 years in Victor. For more information please call 585-924-4170 or email [info@valentown.org](mailto:info@valentown.org)

**LOCATION:** 267 High Street, Victor NY

**DAYS/DATES:** Saturdays through September 28 or by appointment

**TIMES:** 1:00 PM – 4:00 PM

**ADMISSION:** \$5 Adults - \$3 Seniors & Students -  
Children under 5 free  
\$15 Family Pass

## LETTERS TO SANTA

Victor Parks and Recreation has direct communication with the North Pole. Children who send their letters to Santa in care of Victor Parks and Recreation will receive a personal letter back from Mr. Claus. To ensure a speedy reply, letters should be received by Monday, December 8, 2014, please include your return address. Send letters to:

Santa Claus  
c/o Victor Parks and Recreation  
85 East Main Street  
Victor, NY 14564

# AQUATICS PROGRAMS

## LAP SWIMMING IN THE EARLY AM

The brand new Victor High School Pool is available for lap swimming. Come join us in this great new facility for your morning workout. The pool locker rooms and showers will be available for your convenience. Purchase a 20 visit punch pass on-site or at the Parks and Recreation office. Drop-ins are welcome. No online registrations.

**LOCATION:** Victor Schools Aquatic Center

**AGES:** Open to all

**INSTRUCTOR:** VPR Certified Lifeguards

**DAYS/TIMES:** Monday – Friday, 5:30 AM – 7:30 AM

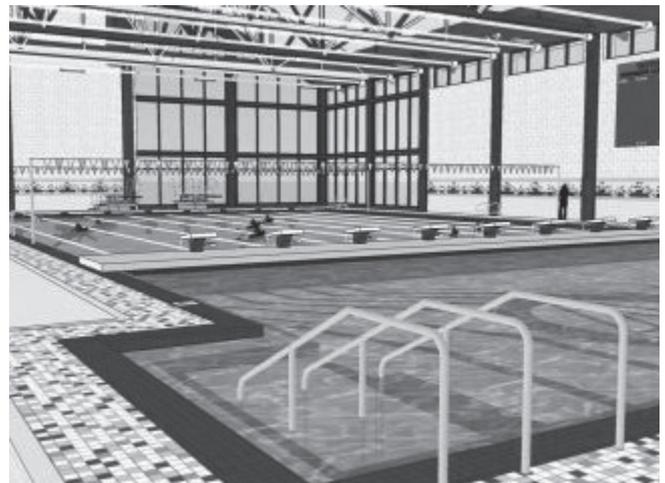
**DATES:** School Days

<b>PASS:</b>	<b>FEE:</b>	<b>PROGRAM #:</b>
Walk-in Pass	\$2 Victor School District residents/\$3 non-VSD residents	V914LSW

20 Visit	\$35 Victor School District	V914LSP
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Punch Pass residents/\$55 non-VSD residents

\*\* Senior Citizens (55+) can purchase a 20 Visit Punch Pass for the discounted price of \$27/\$47 non-VSD residents.



**Resident Registration Begins:  
Monday, April 18, 2014**

**Non-Resident Registration Begins:  
Monday, August 25, 2014**

# PRESCHOOL PROGRAMS

## LITTLE STRIKER SOCCER STARS CAMP

Learn the fundamentals of soccer learning to kick, head and pass during a fast paced soccer game. Wear sunscreen and bring a water bottle. Each child gets a ball and t-shirt.

**LOCATION:** Dryer Road Park, 7405 Dryer Road

**AGES:** 4 & 5 years

**INSTRUCTOR:** Coach Steve and Staff

**FEE:** \$49/\$59 non-residents

**DAYS:** Monday – Friday

**DATES:** 8/25 – 8/29/14, rain date 8/30/14 afternoon

**TIMES:** **PROGRAM #:**

9:00 – 10:00 AM

V814LS9

10:00 – 11:00 AM

V814LS10

11:00 AM – 12:00 PM

V814LS11

## COME-N-PLAY

Come and enjoy the Victor Parks & Recreation Multipurpose Room and all the fun things you can do there. Balls, blocks, scooters, noodles and more. Bring your child and come and play – stay for the whole time or just a while. An adult must accompany and supervise children. Sneakers are required for both child and adult.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** Preschoolers with an adult

**INSTRUCTOR:** Ms Theresa and Staff

**FEE:** \$6/\$12 non-residents per session.

**TIME:** Wednesdays: 10:45 AM – 12:15 PM

\*\*\*\*\* NEW TIME \*\*\*\*\*

Thursdays: 10:30 AM – 12:00 PM

**DAY:** **DATES:** **PROGRAM #:**

Wednesdays 9/10 – 10/15/14

V914CPW

Thursdays 9/11 – 10/16/14

V914CPT

Wednesdays 10/22 – 12/3/14 (no class 11/26)

V1014CPW

\* Note: Costume parade on 10/29/14

Thursdays 10/23 – 12/4/14 (no class 11/27)

V1014CPT

\* Note: Costume Parade on 10/30/14

## BUDDING BALLERINAS

This is a ballet only class. Girls will learn how to act like a ballerina, learn the basics of ballet, and be introduced to the stories from ballets: The Nutcracker, Swan Lake and Coppelia and learn a short dance to demonstrate at the end of the session. This is a fun exciting introduction to ballet. Dress comfortable and loose clothing or dance attire. Ballet slippers are welcomed, but not required. Kids can ride special activity bus down just write a note to their teacher.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** 4 – 6 year olds

**INSTRUCTOR:** Sharon Trubisky-Mikulec

**FEE:** \$50/\$60 non-residents (6 week class, first class free)

**TIMES:** 3:45 – 5:30 PM

**DAYS:** **DATES:** **PROGRAM #:**

Thursdays 9/11 – 10/16/14

SM914BBT

Fridays 9/12 – 10/17/14

SM914BBF

Thursdays 10/23 – 12/4/14, (no class 11/27)

SM1014BBT

Fridays 10/24 – 12/12/14

SM1014BBF

(no class 10/31 or 11/28)

## TODDLER JAM

This class is a fun, new, exciting and high-energy movement and music class designed for your child. Learn through creative movement, yoga, music and your imagination on how to move, groove and have loads of fun. Each class offers a new exciting theme. Adult is required to participate/assist child as well! Dress in comfortable and/or loose clothing.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** 3 – 5 years

**INSTRUCTOR:** Sharon Trubisky-Mikulec

**FEE:** \$39/\$49 non-residents

**DAYS/TIMES:** Saturdays, 10:00 – 11:00 AM

**DATES:** **PROGRAM #:**

9/13 – 10/18/14

SM914TJ10

10/25 – 12/6/14, (no class 11/29)

SM1014TJ10

## LITTLE CAMPERS

Does your little one enjoy being with other little ones to explore, create and giggle? This program is designed to offer preschool children an opportunity to have fun with others in a supervised outdoor setting.

**LOCATION:** Fishers Park Picnic Area

**AGES:** 3, 4 and pre-school 5's

**INSTRUCTOR:** VPR Staff

**FEE:** \$20/\$30 non-residents

**DAY:** Saturdays, 10:30 – 11:30 AM

**DATES:** 9/13 – 10/11/14 (5 weeks)

**PROGRAM #:** V914LC

## LITTLE DRIBBLERS

Attention 4 and 5-year-old boys and girls. Come and begin to learn the fundamentals of basketball while having fun! You can come be a part of a team and begin to dribble, pass and shoot. Class size is limited so sign up early.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** 4 & 5 year olds

**INSTRUCTOR:** Coach Steve & VPR Staff

**FEE:** \$34/\$44 non-residents

**DAYS/DATES:** Tuesdays, 9/16 – 10/28/14

**TIMES:** **PROGRAM #:**

4:00 – 5:00 PM

V914LD4

5:00 – 6:00 PM

V914LD5

## SPORTY SPROUTS

Sporty Sprouts is a preschool, tri-sports program for boys and girls ages 3 - 5 years. In this six-week session, children will be introduced to basketball, soccer and tennis in a fun, fast-paced setting. Our goal is to spark your child's curiosity for sports by teaching them the basic skills through use of age adaptive equipment and games. Come have fun! Please note this is not a parent participation class.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** 3 – 5 year olds

**INSTRUCTOR:** Cathy Downs

**FEE:** \$66/\$76 non-residents

**DAY/TIME:** Tuesdays, 10:15 – 11:00 AM

**DATES:** **PROGRAM #:**

9/23 – 10/28/14

CD914SS

11/4 – 12/16/14, (no class 11/25)

CD1114SS

# PRESCHOOL PROGRAMS

## LITTLE DYNAMO KICKERS AND SHOOTERS

Fun, Foundational sports skills for your tot! This session introduces Soccer and Lacrosse; we will be running, kicking and shooting goals to develop hand-eye coordination and agility! Begin learning the basics of teamwork and sportsmanship with Coach Mary and other enthusiastic kids just like you!

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** 2 – 3 year olds with adult participation  
**INSTRUCTOR:** Mary Slaughter, National Safety Certified Gymnastics Coach  
**FEE:** \$42/\$52 non-residents  
**DAYS/TIMES:** Mondays, 10:30 – 11:10 AM  
**DATES:** 9/29 – 11/3/14, (no class 10/13)  
**PROGRAM #:** MS914KS

## HIGH-FIVE! FALL SPORTS

Check out our games for learning Soccer, Football and Tumbling! Strengthen: upper body muscles, as well as the necessary skills and essential of coordination specific to each of these sports. Learn from Coach and work with Teammates! Best of all, activities are geared to the littlest athletes and the biggest smiles!

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** 3 – 5 year olds  
**INSTRUCTOR:** Mary Slaughter, National Safety Certified Gymnastics Coach  
**FEE:** \$49/\$59 non-residents  
**DAYS/TIMES:** Mondays, 12:30 – 1:15 PM  
**DATES:** 9/29 – 11/3/14 (no class 10/13)      **PROGRAM #:** MS914HF  
 11/10 - 12/15/14 (no class 12/1)      MS1114HF

## MUSIC TOGETHER

Does your little one love music? Do you want your child to develop listening, turn taking and other pre-classroom readiness skills? The internationally known early childhood music program, Music Together will have you and your child singing, dancing and learning as a community. In this class we will sing songs, learn rhymes, play with percussion instruments and dance! All classes taught by NYS certified educator and teaching artist, Sarah Peters. Our weekly classes last forty-five minutes and are different every time! Join us for a playful and fun way to learn!

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive.  
**AGES:** Child with Adult, siblings under 8 months free  
**INSTRUCTOR:** Sarah Peters  
**FEE:** \$145/\$155 non-residents, additional child over 8 months \$70  
 infants under 8 months free with sibling.  
**DAYS/TIMES:** Thursdays, 10:30 – 11:15 AM  
**DATES:** 10/2 – 12/11/14 (no class 11/27)  
**PROGRAM #:** SP914MT

## BUMPER BOWLING

Join the excitement as your child knocks down pins. Bumpers will assist the ball towards the target, the pins. One game played each week. Parent/guardian must assist the child. Shoe rental included. Please list lane mates on registration form (3 children maximum per lane.) Space is limited bowling begins promptly at specified times. Please arrive 15 minutes early to get shoes, ball, etc.

**LOCATION:** Roseland Bowl  
**AGES:** 3 – 6 year olds  
**INSTRUCTOR:** VPR Staff  
**DAYS/TIMES:** Fridays, 9:45 – 10:45 AM  
**DATES:** 10/3, 10/10      **FEE:** \$13/\$16 non-residents      **PROGRAM #:** V1014BB  
 & 10/17/14 (3 weeks)  
 1 Day: list date      \$7/\$10 non-residents      V1014BB1  
 you want in add'l info.

## KINGS & QUEENS OF THE COURT

Learn the fundamentals of volleyball learning to bump, set and spike. Equipment sized for their level.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** 4 & 5 year olds  
**INSTRUCTOR:** Coach Steve and VPR Staff  
**FEE:** \$28/\$38 non-residents  
**DAYS/DATES:** Tuesdays, 11/4 – 12/16/14, (no class 11/11)  
**TIME:** 4:00 – 5:00 PM      **PROGRAM#:** V1114KQ4  
 5:00 – 6:00 PM      V1114KQ5

## LITTLE DYNAMO QB's, KICKERS & TUMBLERS

Fun, Foundational sports skills for your tot! This session introduces Football and Tumbling and builds on Soccer from the previous session; we will be throwing, running, jumping and kicking to develop hand-eye coordination, overall gross motor abilities and agility! Begin learning the basics of teamwork and sportsmanship with Coach Mary and other enthusiastic kids just like you!

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** 2 – 3 year olds with adult participation  
**INSTRUCTOR:** Mary Slaughter, National Safety Certified Gymnastics Coach  
**FEE:** \$42/\$52 non-residents  
**DAYS/TIMES:** Mondays, 10:30 – 11:10 AM  
**DATES:** 11/10 – 12/15/14, (no class 12/1)  
**PROGRAM #:** MS1114QK

## LITTLE STRIKER SOCCER STARS

Learn the fundamentals of soccer learning to kick, head and pass during a fast paced indoor soccer game.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** 4 & 5 year olds  
**INSTRUCTOR:** Coach Steve and VPR Staff  
**FEE:** \$28/\$38 non-residents  
**DAYS:** Mondays      **DATES:** 11/10 – 12/15/14      **TIMES:** 4:00 – 5:00 PM      **PROGRAM #:** V1114LSM4  
 Mondays      11/10 – 12/15/14      5:00 – 6:00 PM      V1114LSM5  
 Fridays      11/7 – 12/19/14,      4:00 – 5:00 PM      V1114LSF4  
 (no class 11/28)

Preschool Programs

**Have you registered for your favorite activity yet?**

**Nothing kills a program faster than slow registration. Please register at least one ( 1 ) week prior to the start date !**

# YOUTH PROGRAMS

## HORSEBACK RIDING

The Phelan Training Stable program introduces riders of all abilities to the challenges and responsibilities of taking care of horses under the supervision of a qualified instructor and assistants. Our program provides a balance between mounted instruction, talks and demonstrations. Each participant will receive a riding lesson every session. Riding instruction will be geared toward each individual's needs. Students will also learn many aspects of horse care, including grooming, feeding, anatomy and much more. The overall priorities of the Phelan Training Stable riding program are safety, fun and skill advancement. Horses can help us accomplish many of our goals: self-confidence, leadership, respect, responsibility and compassion. Horses also provide excitement, freedom, adventure and friendship. Our stable offers a very engaging and effective experience for growth and learning. For more information call Scot @ 585-657-6952 or visit their website @ [www.phelantrainingstable.com](http://www.phelantrainingstable.com)

**LOCATION:** Phelan Training Stable, (Route 444)  
2218 Victor-Bloomfield Road, Bloomfield, NY 14469

**AGES:** All Ages

**INSTRUCTOR:** Scot Phelan and Staff

**FEE:** \$110/\$120 nonresident / four 1-hour sessions

**DATE:** September – December (Indoor facility for bad weather)

**DAY/TIME:** Four 1-hour sessions (Instructor will call to set up training days and times)

**PROGRAM #:** SP914HR

## FENCING CAMP

Tired of team sports and want to try something new and unique? Already taken some fencing and want to continue? Come join us for a week of fencing and fun! This class is for the beginner and intermediate fencers and will cover footwork, blade work, and bouting through games and drills. All equipment is provided.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
8 – 15 years old

**INSTRUCTOR:** Rochester Fencing Club Staff

**FEE:** \$150/\$160 non-residents

**DAYS/DATES:** Monday – Friday, 8/25 – 8/29/14

**TIMES:** 9:30 – 11:30 AM

**PROGRAM #:** RF814FC



## “KIDZ R IT COOL” DANCE CREW

We had a great turnout last summer with this class and had a blast! Boys and Girls will explore how you can have fun through positive, age appropriate, and fun songs. We will learn several simple dance routines, come up with our own costumes, and even have fun singing the words. Song content has been carefully chosen and is appropriate for all age groups. This class will teach rhythm and coordination as we develop confidence, challenge your imagination, memory and many other abilities. Grab a friend and let's get up and move. No dance experience is required. Dress in loose and comfortable clothing and sneakers.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive

**AGES:** 8 years – up, Boys and Girls

**INSTRUCTOR:** Sharon Trubisky-Mikulec

**FEE:** \$50/\$60 non-residents

**DAYS/DATES:** Monday – Friday, 8/25 – 8/29/14

**TIMES:** 10:00 – 11:00 AM

**PROGRAM #:** SM814KIC

## YOUTH SOCCER CAMP

Learn the fundamentals of soccer learning to kick, head, and pass during a fast paced soccer game. Wear sunscreen and bring a water bottle. Each child gets a ball and t-shirt.

**LOCATION:** Dryer Road Park, 7405 Dryer Road

**AGES:** K – 3rd Grade

**INSTRUCTOR:** Coach Steve and Friend

**FEE:** \$49/\$59 non-residents

**DAYS:** Monday - Friday

**DATES:** 8/25 – 8/29/14, rain date 8/30/14 afternoon

**TIMES:** 12:00 – 1:00 PM

**PROGRAM #:** V814YS

## NFL PEPSI PUNT, PASS AND KICK

Compete in the 3 events punt, pass, and kick. Registration form completed by parent or guardian. Copy of birth certificate required. Interested in Volunteering? Call Steve at 742-0143.

**LOCATION:** Victor Central Schools, 953 High Street, Field #8

**AGES:** Boys and Girls 6 – 15 years

**INSTRUCTOR:** VPR Staff & Volunteers

**FEE:** FREE

**DAYS/DATES:** Saturday, 9/6/14

**TIMES:** 10:00 AM – 1:00 PM

**PROGRAM #:** V914PPK

## SPORTASTIC

Learn skills and play games in three exciting sports, soccer, flag football and floor hockey.

**LOCATION:** Willowbrook Church, 619 High Street

**AGES:** 5 – 8 year olds

**INSTRUCTOR:** Coach Steve and VPR Staff

**FEE:** \$42/\$52 non-residents

**DAYS/DATES:** Mondays, 9/8 – 10/27/14 (no class 10/13/14)

**TIMES:** **PROGRAM #**

4:00 – 5:00 PM V914S4

5:00 – 6:00 PM V914S5

# YOUTH PROGRAMS

## BALLET & CONDITIONING FOR FIGURE SKATERS, GYMNASTS, DANCERS and CHEERLEADERS

This class is designed for a variety of athletes. Come and learn exercises to obtain the edge over the competition in a fun and energetic atmosphere by strengthening your body's muscles and sharpening your ballet skills. The first hour of class will be ballet with special attention placed on correct posture, proper execution of the arms and fluidity and flow of the upper body, strengthening the legs, enhancing your balance and perfecting your footwork. Dress is loose and comfortable clothing and sneakers with hair pulled back.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive.

**AGES:** 10 years – up, Boys and Girls

**INSTRUCTOR:** Sharon Trubisky-Mikulec

**FEE:** \$40/\$50 non-residents

**DAYS/TIMES:** Wednesdays

DATES:	TIMES:	PROGRAM #:
9/10 – 10/1/14 (4 week session)	5:45 – 6:45 PM	SM 914BC
10/8 – 10/29/14 (4 weeks)	5:45 – 6:45 PM	SM1014BC
11/5 – 11/19/14 (3 weeks)	5:45 – 7:00 PM	SM1114BC
12/3 – 12/17/14 (3 weeks)	5:45 – 7:00 PM	SM1214BC

## BOARD GAMES

Come play at Victor Parks & Recreation. Turn off those video games and get back to basics. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** K – 6th grade

**INSTRUCTOR:** VPR Staff

**FEE:** \$10/\$13 non-residents

**DAY/TIMES:** Friday, 3:45– 5:30 PM

**DATE:** 9/12/14

**PROGRAM #:** V914BG

## \*\*\*\*\* LEARN TO SKATE OPEN HOUSE\*\*\*\*\*

Free! Lesson and Free! Skate rental come join the fun and try us out!!!!

**LOCATION:** Greater Canandaigua Civic Ctr,  
250 N. Bloomfield Road, Canandaigua

**AGES:** 5 years old – Adult

**INSTRUCTOR:** Pamela Warren & Friends

**FEE:** FREE

You must register by Fri 9/10/14.

**DAY/DATE:** Sunday, 9/14/14

**TIME:** TBD

**PROGRAM #** PW914LSO



## CHEAP SKATES

Cheap Skates is a special learn to skate session. Looking to stay fit after school? Want to try something new? Pre-Season Learn to Skate offers skaters of all abilities, an opportunity to skate with friends, learn new skills and get a jump on Winter Sports. Don't miss the opportunity to skate cheap!

**LOCATION:** Greater Canandaigua Civic Ctr,  
250 N. Bloomfield Road, Canandaigua

**AGES:** 5 years old - Adult

**INSTRUCTOR:** Pamela Warren & Friends

**FEE:** \$40/\$45 non-residents, skate rental \$3 daily + a separate check for \$14 for USFS registration at first class.

**DAYS/DATES:** Monday – Friday, 9/15 – 9/19/14

TIME:	PROGRAM #:
4:30 – 4:55 PM	PW914CSB Beginner
4:55 – 5:20 PM	PW914CSA Advanced

## AFTER SCHOOL ART with Mr. Marshall

In this program kids will explore materials and expand their creativity. We'll paint and build with clay. We'll draw, fold and cut our way through experiences designed to challenge thinking and problem solving skills. But most of all we will have fun. This program is offered to kids in 1st – 6th (6-12 yrs) and is instructed by a familiar face...Mr. Marshall, Primary School Art teacher. We will gather in his art room, (# 125 Primary School) after school from 3:30 -5:00 pm each Wednesday. Bring a snack.

**LOCATION:** Victor Primary School, Room #125

**AGES:** Grades 1 -6 (6 – 12 years of age)

**INSTRUCTOR:** Mr. Marshall, Victor Central School Art Teacher

**FEE:** \$85 per person per session/\$95 non residents +\$35 materials fee payable to instructor first day of class

**TIME:** 3:30 – 5:00 PM, Please meet at Mr. Marshall's room #125 Primary School.

DAY:	DATES:	PROGRAM #:
Session 1:	Tuesdays 9/16 – 11/4/14	IM914TA
	Wednesdays 9/17 – 11/5/14	IM914WA
Session 2:	Tuesdays 11/11 – 1/20/15	IM1114TA
	(No class 11/11, 12/23, & 12/30)	
	Wednesdays 11/12 – 1/21/15	IM1114WA
	(No class 11/26, 12/24, & 12/31)	

(Bye week, reserved for make-up classes between sessions 2 and 3: Jan. 27 & 28)

## PAPER FOOTBALL

Do you have what it takes to play table top paper football? Come challenge your friends to some football. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** 1st – 6th Grade

**INSTRUCTOR:** Steve Hendrickson

**FEE:** \$10/\$13 non-residents

**DAY/DATE:** Wednesday, 9/17/14

**TIMES:** 3:45 – 5:30 PM

**PROGRAM #:** V914PF

# YOUTH PROGRAMS

## STUDIO ART with Miss Murphy

Thursday art extravaganza! Come join us to explore paint – clay – drawing media – fibers – sculpting and more. We meet directly after dismissal in room 166 – Victor Primary School - I will provide smocks and a fun filled afternoon. Please send a snack with your child. If they forget a snack I will provide one. I will provide the smocks! Hope to see you there!

**LOCATION:** Victor Primary School, Room #166

**AGES:** Grades 1 -6 (6 – 12 years of age)

**INSTRUCTOR:** Miss Murphy, Victor Central School Art Teacher

**FEE:** \$85 per person per session/\$95 non residents +\$35 materials fee payable to instructor first day of class

**DAY/TIME:** Thursdays, 3:30 – 5:00 PM

**DATES:**  
9/18 – 11/6/14

11/13 – 1/15/15 (No class 12/25, &1/1/15)

**PROGRAM #**

AM914SA

AM1114SA

## LEARN TO SKATE

Instruction in the basic elements of skating. Come and join a fun and safe experience, wear warm, comfortable clothing, including loose-fitting pants, sweaters, hats and gloves. Helmets are optional. **LOCATION:** Greater Canandaigua Civic Ctr, 250 N. Bloomfield Road, Canandaigua

**AGES:** 5 years old – Adult

**INSTRUCTOR:** Pamela Warren & Friends

**FEE:** \$77/\$87 non-residents + a separate check for \$14 for USFS registration at first class. + \$3 Daily Skate Rental fee payable each week to the rink + \$20 late fee 48 hrs before so sign up early.

**DAYS/TIMES:** Saturdays or Sundays, 2:00 – 2:30 PM lesson (free skate 2:30 – 4:00 PM)

DAY:	DATES:	PROGRAM #:
Saturdays	9/20 – 11/1/14 (no class 10/25)	PW914LSA
Sundays	9/21 – 11/26/14	PW914LSB
Saturdays	11/8 – 12/13/14 (yes class 11/29)	PW1114LSA
Sundays	11/2 – 12/7/14	PW1114LSB

\*\*\* This year the Great To Skate Program at GCCC will be presenting a Holiday Show on Sunday 12/14/14 Time TBD, Rehearsals, dates and times TBA, start in September.

## TRAIL RIDER SKILLS SCHOOL: SINGLETRACK 101

More than just mountain bike rides, these courses are for young riders aspiring to take their mountain bike riding to the next level! Each session will be spent focused on learning important bike handling skills. We will also spend time applying these skills on the trails at Dryer Road Park. Participants are required to have a trail-worthy mountain bike (with gears and inspected by a bike mechanic), a helmet, and a positive attitude for learning to ride sweet singletrack. For more information on mountain biking in our region, visit the Genesee Regional Off-Road Cyclists (GROC) website at [www.mygroc.com](http://www.mygroc.com).

**LOCATION:** Dryer Road Park, 7405 Dryer Road

**AGES:** 8 - 14 years old

**INSTRUCTORS:** Adam Reitz, Singletrack Academy

**FEE:** \$35/\$40 non-residents

**DAY/DATES:** Saturdays, 9/20 – 10/11/14

**TIME:** 9:00 – 11:00 AM

**PROGRAM #:** AR914SS1

**NEW!**

## TRAIL RIDER SKILLS SCHOOL: SINGLETRACK 201

This course is for young athletes aspiring to take their mountain bike riding to the next level and potentially enter some races! We will spend time applying our newfound skills on the trails at Dryer Road Park. Participants are required to have a trail-worthy mountain bike (with gears and inspected by a bike mechanic), a helmet, and a positive attitude for learning to ride sweet singletrack. Participants must have completed Singletrack 101 or participated in the Singletrack Academy program prior to registering for this program. For more information on mountain biking in our region, visit the Genesee Regional Off-Road Cyclists (GROC) website at [www.mygroc.com](http://www.mygroc.com).

**LOCATION:** Dryer Road Park, 7405 Dryer Road

**AGES:** 8 – 14 years old

**INSTRUCTORS:** Adam Reitz, Singletrack Academy

**FEE:** \$35/\$40 non-residents

**DAY/DATES:** Saturdays, 9/20 – 10/11/14

**TIME:** 11:15 AM – 1:15 PM

**PROGRAM #:** AR914AA2

## GYM GAMES

Come play at Victor Parks & Recreation. What kid doesn't like the gym? Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** K – 3rd Graders

**INSTRUCTOR:** VPR Staff

**FEE:** \$20/\$25 non-residents

**DAY/TIME:** Wednesdays, 3:45 – 5:30 PM

**DATES:** 9/24 – 10/8/14 (3 weeks)

**PROGRAM #:** V914GG

## KIDS CLAY CLASS

Learn the basic of hand building techniques in clay by creating a minimum of two projects. Projects can include; bird feeders, box mold with a fitted lid, large vase or bowl. Decorate the fired ware with various colors and a clear glaze on the last day. Projects will be glazed fired and delivered to center, one week later.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive

**AGES:** Youth ages 5 – 13 with an adult

**INSTRUCTOR:** Marybeth Fitzsimmons of Rochester Clayworks

**FEE:** \$47/\$57 non-residents

**DAYS/TIMES:** Thursdays, 6:00 – 7:30 PM

**DATES:** 9/25 – 10/9/14 (3 weeks)

**PROGRAM #:** MF914K

# YOUTH PROGRAMS

## YOUTH NIGHT

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** K – 6th Graders

**INSTRUCTOR:** VPR Staff

**FEE:** \$10/\$13 non-residents

**DAYS/TIMES:** Fridays, 7:00 – 9:30 PM

**DATES:** **PROGRAM #:**

9/26/14 V914YN

10/24/14 V1014YN

11/21/14 V1114YN

## INTRO AND CONTINUING FENCING – (NEW DAY)

Today's fencing is a unique and fun sport. Come learn the modern sport of sword fighting. This program teaches the basics of footwork, bladework and fencing tactics. Rochester is one of the premier training centers in the country and has produced National Champions, World Champions and Olympians. Come try this ideal sport for all ages. Ideal Class for Beginner and Intermediate Fencers. All equipment is provided.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive.

**AGES:** 6 – 12 year olds

**INSTRUCTOR:** Rochester Fencing Center Instructor

**FEE:** \$75/\$85 non-residents

**DAYS/TIMES:** Wednesdays, 5:15 – 6:15 PM

**DATES:** 10/1 – 10/29/14 (5 weeks)

**PROGRAM #:** RFC1014F

## VIDEO ARCADE

Come play at Victor Parks & Recreation. Turn on those video games and get back to basics try Wii, Nintendo 64, Play Station 2, X Box or maybe even some old Atari. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** K – 6th grade

**INSTRUCTOR:** VPR Staff

**FEE:** \$10/\$13 non-residents

**DAYS/TIMES:** Friday, 3:45 – 5:30 PM

**DATES:** **PROGRAM #:**

10/3/14 V1014VA

## SYRACUSE ORANGE FOOTBALL GAME VS. LOUISVILLE

Come join us as we travel down the thruway to root on our local Division I college football team. Let's make some noise for the Orange in their attempt to win an ACC Title. The trip is limited to the first 13 kids, as we will be utilizing the Parks and Recreation's 15 passenger van. Everyone will meet at the Parks and Recreation office 2.5 hours before kickoff. We will return home approximately 4.5 hours after kickoff. Bring extra money for food, snacks and souvenirs. Sign up early, so we can purchase better seats!!!

**LOCATION:** Depart from VPR offices, 1290 Blossom Drive then take the van to the Carrier Dome, Syracuse, NY

**INSTRUCTOR:** William Lew and VPR Staff

**FEE:** \$40/\$45 non-residents

**AGES:** 4th – 9th Graders

**DATES:** Friday, 10/3/14 (Syracuse vs. Louisville)

**TIMES:** Departure time TBA, 7pm Kick-off

**PROGRAM #:** V1014SF

## PARENT AND CHILD CLAY CLASS

Hand build a clay box, vase or bowl for your home! Create a relief on the surface, add feet, or a lid to your piece. The following week, you will decorate your work with many colors and a clear, glaze. Work will be fired and returned a week later.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive

**AGES:** Youth ages 5 – 13 with an adult

**INSTRUCTOR:** Marybeth Fitzsimmons of Rochester Clayworks

**FEE:** \$42 per parent and child/\$52 non residents

**DAYS/TIMES:** Saturdays, 10:30 AM – 12:00 PM

**DATES:** 10/4 – 10/11/14 (2 weeks)

**PROGRAM #:** MF1014PC

## EPIC BABYSITTERS COURSE

Taught through classroom discussion, instructor lecture and supplemented by an interactive video presentation; this 5 hour class for boys and girls ages 11 and older. Teaches participants roles and responsibilities of a babysitter and includes skills in; accident prevention, first aid and abdominal thrusts for choking victims. Each student will receive a workbook and a certification card upon completion. Students are asked to bring a Lunch, Pencil and a Self-Addressed-Stamped-Envelope (for Card).

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive

**AGES:** 11 year olds and older

**INSTRUCTOR:** EPIC Instructors

**FEE:** \$58/\$61 non-residents

**TIMES:** 9:00 AM – 2:30 PM

**DAY/DATES:** **PROGRAM #**

Saturday, 10/11/14 EP1014BS

Tuesday, 12/30/14 EP1214BS

## FIRST AID FOR KIDS

Taught by EMT's and Paramedics; this course teaches 8-14 year old participants the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains, strains and breaks, and treatment for heat & cold emergencies. Also addressed are several common medical emergencies found in many schools today such as: food allergies, diabetes, seizures, and asthma. This course meets requirements for several boy/girl scout badges.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive

**AGES:** Children ages 8 – 14

**INSTRUCTOR:** EPIC Instructors

**FEE:** \$25/\$28 non-residents

**TIMES:** 1:00 – 2:30 PM

**DATES:** **PROGRAM #:**

Saturday, 10/11/14 EP1014FA

Tuesday, 12/30/14 EP1214FA

# YOUTH PROGRAMS

## ORIGAMI

Learn the ancient art of paper folding with instructor Steve. You will be able to make a variety of creatures and things. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive.  
**AGES:** 1st – 6th Graders  
**INSTRUCTOR:** Steve Hendrickson  
**FEE:** \$10/\$13 non-residents  
**DAY/DATE:** Wednesday, 10/15/14  
**TIMES:** 3:45– 5:30 PM  
**PROGRAM #:** V10140

## PAPER AIRPLANES

Learn to make all sorts of planes with instructor Steve. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive.  
**AGES:** 1st – 6th Graders  
**INSTRUCTOR:** Steve Hendrickson  
**FEE:** \$10/\$13 non-residents  
**DAY/DATE:** Wednesday, 10/22/14  
**TIMES:** 3:45 – 5:30 PM  
**PROGRAM #:** V1014PA

## HALLOWEEN TREATS

Join us in making some tasty creations for the Halloween Season. Hopefully they won't scare you away! Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** 1st – 3rd Graders  
**INSTRUCTOR:** VPR Staff  
**FEE:** \$12/\$15 non-residents  
**DAY/DATE:** Thursday, 10/23/14  
**TIMES:** 3:45 – 5:30 PM  
**PROGRAM #:** V1014HT

## INTRO TO YOUTH HOCKEY

Open to skaters with little or no skating skills. This is perfect for families interested in trying youth hockey with minimal commitment. Emphasis will be on balance, forward and backward skating, cross-over turns and stops. Equipment (helmet, hockey pants and protective pads) is provided through Perinton Youth Hockey. (Players need to provide their own skates).

**LOCATION:** Thomas Creek Ice Arena  
**AGES:** 4-8 years  
**INSTRUCTOR:** Perinton Youth Hockey Coaches  
**FEE:** \$80/\$90 non-residents  
**DAY/TIMES:** Sundays, 7:15 – 8:15 AM  
**DATES:** 10/26 – 12/7/14  
1/4/15 – 2/8/15  
**PROGRAM #:** PY1014YH  
PY115YH

## K-2 INDOOR SOCCER

Learn the fundamentals of Soccer learning to dribble, pass and shoot. Sign up early space is limited.

**LOCATION:** Willowbrook Church, 619 High Street  
**AGES:** K – 2nd Graders  
**INSTRUCTOR:** Coach Steve and VPR Staff  
**FEE:** \$42/\$52 non-residents  
**DAYS/DATES:** Wednesdays, 10/29 – 12/17/14  
(No Class 11/26 or 12/10)  
**TIMES:** 4:00 – 5:00 PM  
5:00 – 6:00 PM  
**PROGRAM #:** V1114KS4  
V1114KS5

## HOME ALONE

This 2 hour class designed to teach children ages 7-14, who are home alone the importance of behaving responsibly. Topics include but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety, and how to react during a variety of miscellaneous emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you & your child.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** Children ages 7 – 14  
**INSTRUCTOR:** EPIC Instructors  
**FEE:** \$24/\$27 non-residents  
**TIME:** 9:00 – 11:00 AM  
**DAY/DATES:** Monday, 11/10/14  
**PROGRAM #:** EP1114HA

## SOCIAL NETWORKING SAFETY

While a great resource of entertainment many social networking sites, text messaging or online gaming often put our children at risk. Through open discussions, group exercises, written materials and real life video documentaries tweens/teens participants ages 8-14, will be taught the importance of being safe while networking.

Other Topics Discussed Include:

- Keeping Your Identity Safe
- Cyber, Texting and Gaming Bullying
- Offline Repercussions
- Suicide Epidemic
- Getting Help When Bullied

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** Children ages 8 – 14  
**INSTRUCTOR:** EPIC Instructors  
**FEE:** \$24/\$27 non-residents  
**TIME:** 11:00 AM – 12:30 PM  
**DAY/DATE:** Monday, 11/10/14  
**PROGRAM #:** EP1114SS



**Register Online**

It's only a point and click away  
at [www.victoryn.org](http://www.victoryn.org)

# YOUTH PROGRAMS

Youth Programs

## K-1 HOOPS

Learn the fundamentals of basketball learning to dribble, pass and shoot. Sign up early space is limited.

**LOCATION:** Willowbrook Church, 619 High Street

**AGES:** K-1 Grade

**INSTRUCTOR:** Coach Steve and VPR Staff

**FEE:** \$42/\$52 non-residents

**DAYS/DATES:** Mondays, 1/5/15 – 2/23/15 (No Class 1/19 or 2/16)

**TIMES:** **PROGRAM #:**

4:00 – 5:00 PM V115KH4

5:00 – 6:00 PM V115KH5

## SKI/SNOWBOARD CLUB

Enjoy the snow with friends at Bristol Mountain on Friday evenings. Buses leave from the Intermediate School and return at 9:30pm. Lessons are required. There is a mandatory safety meeting January 7th, from 7:00 – 8:30pm at the Victor Town Hall. Deadline to register is 12/19/14. Once you sign up with us you will then be sent an email with information to purchase lift tickets, rental equipment and lessons from www.BristolMountain.com

**LOCATION:** Depart from Victor Intermediate School then take the bus to Bristol Mountain

**AGES:** 4th – 6th Graders

**INSTRUCTOR:** William Lew and VPR Staff

**FEE:** \$75/\$85 non-residents (Transportation and Supervision fee)

**DAYS/TIMES:** Fridays, 3:00 – 9:30 PM

**DATES:** 1/9/15 – 2/6/15 (make up day: 2/13/15)

**PROGRAM #:** V115SC

## YOUTH WRESTLING

You will build individual wrestling skills and fitness concepts through this fun instructional program. The final session will be a tournament for the wrestlers. Wrestling starts in January 2015 (**December 2014 for Veteran wrestlers see Winter 2015 Brochure for more information**) and runs through March 2015. The Victor Lion's Club is running a Local Tournament in the spring.

# RECESS PROGRAMS

Recess Programs

## COLUMBUS DAY

Join Victor Parks and Recreation for an adventure to Long Acre Farm Market. Take a wagon ride and pick a small pumpkin. Travel through the corn maze to find your way out. Dress for the weather.

**LOCATION:** Meet at Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** 1st – 6th Graders

**INSTRUCTOR:** VPR Staff

**DAY/DATE:** Monday, 10/13/14

**TIMES:** **FEE:** **PROGRAM #:**

9:00 AM – 1:00 PM, \$18/\$23 non-residents V913CDA  
Trip only!

8:30 AM – 5:30 PM, \$30/\$35 non-residents V913CDP  
Trip & games/activities, bring bag lunch!

## VETERANS DAY

Off to bowl a 300 at Roseland Bowl in Canandaigua. Space is limited! Bring extra money for games.

**LOCATION:** Meet at Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** K – 8th Graders

**INSTRUCTOR:** VPR Staff

**DAY/DATE:** Tuesday, 11/11/14

**TIMES:** **FEE:** **PROGRAM #:**

9:00 AM – 1:00 PM, \$18/\$23 non-residents V1114VDA  
Trip only!

8:30 AM – 5:30 PM, Trip & games/activities, V1114VDP  
bring bag lunch!  
\$30/\$35 non-residents

## SUPERINTENDENT'S DAY WITH GAME GAMUT

Join Victor Parks and Recreation and The Game Gamut for some board games and puzzles. Try some new games out and see if you want to buy them. Wear sneakers for active games. Bring a bag lunch and a snack.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** K – 6th Graders

**INSTRUCTOR:** VPR & Game Gamut Staff

**DAY/DATE:** Monday, 11/10/14

**TIMES:** **FEE:** **PROGRAM #:**

8:30 AM – 12:00 PM, \$18/\$23 non-residents SB1114GGA  
½ day option only!!

8:30 AM – 5:30 PM, \$30/\$35 non-residents SB1114GGP  
Full day games/activities, bring bag lunch!

## SKI/SNOWBOARD AT BRISTOL MOUNTAIN

Enjoy the day skiing/snowboarding at Bristol Mountain. Bring extra money for lunch. Dress appropriately. Please list ski or snowboard under additional information.

**LOCATION:** Meet at Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** 2nd – 8th Graders

**DAY/DATE:** Tuesday, 12/30/14

**TIMES:** 8:00 AM – 5:30 PM

**PACKAGES INCLUDING:** **FEE:** **PROGRAM #:**

Lift, Lesson, Rental \$65/\$68 non-residents V1214BMA  
and Transportation

Lift, Lesson & \$55/\$58 non-residents V1214BMB  
Transportation (no rental)

Lesson & Transportation \$30/\$33 non-residents V1214BMC  
(Season Pass Holder)

# PRE-TEEN & TEEN PROGRAMS

## DRIVING – 5 HOUR PRELICENSING CLASS

New York State DMV mandated safe driving class is required for all new drivers before they can sign up for their driving road test. Course offered through Suburban Driving. A minimum of 10 participants needed for the program to run.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** 16 years and over (anyone with a learner's permit)  
**INSTRUCTORS:** Mike DeMay & Chris Stahl –  
 www.suburbandriving.com

<b>FEE:</b>	\$45/\$50 non-residents		
<b>DAY:</b>	<b>DATE:</b>	<b>TIMES:</b>	<b>PROGRAM #:</b>
Tuesday	8/19/14	5:00 – 9:30 PM	SD814PL
Wednesday	9/17/14	5:00 – 9:30 PM	SD914PL
Wednesday	10/15/14	5:00 – 9:30 PM	SD1014PL
Wednesday	11/12/14	5:00 – 9:30 PM	SD1114PL
Wednesday	12/10/14	5:00 – 9:30 PM	SD1214PL

## DEFENSIVE DRIVING AND POINT REDUCTION

Empire Safety Council's six (6) hour Defensive Driving Course is a New York State approved Point and Insurance Reduction Program. A 10% auto insurance discount will apply for the next 3 years for all vehicles for which you are listed as the principle operator. Also, if applicable, a maximum of four (4) points will automatically be reduced on your driving record.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** 16 or older with their driver's license  
**INSTRUCTORS:** Mike DeMay & Chris Stahl –  
 www.suburbandriving.com

<b>FEE:</b>	\$45/\$50 non-residents		
<b>DAYS:</b>	<b>DATES:</b>	<b>TIMES:</b>	<b>PROGRAM #:</b>
Thursdays	8/21 and 8/28/14	6:30 – 9:30 PM (both days)	SD814DD
Tuesdays	10/14 and 10/21/14	6:30 – 9:30 PM (both days)	SD1014DD
Thursdays	12/11 and 12/18/14	6:30 – 9:30 PM (both days)	SD1214DD

## BALLET & CONDITIONING FOR FIGURE SKATERS, GYMNASTS, DANCERS and CHEERLEADERS

This class is designed for a variety of athletes. Come and learn exercises to obtain the edge over the competition in a fun and energetic atmosphere by strengthening your body's muscles and sharpening your ballet skills. The first hour of class will be ballet with special attention placed on correct posture, proper execution of the arms and fluidity and flow of the upper body, strengthening the legs, enhancing your balance and perfecting your footwork. Dress is loose and comfortable clothing and sneakers with hair pulled back.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive.  
**AGES:** 10 years – up, Boys and Girls  
**INSTRUCTOR:** Sharon Trubisky-Mikulec  
**FEE:** \$40/\$50 non-residents

<b>DAYS/TIMES:</b>	Wednesdays	
<b>DATES:</b>	<b>TIMES:</b>	<b>PROGRAM #:</b>
9/10 – 10/1/14 (4 week session)	5:45 – 6:45 PM	SM 914BC
10/8 – 10/29/14 (4 weeks)	5:45 – 6:45 PM	SM1014BC
11/5 – 11/19/14 (3 weeks)	5:45 – 7:00 PM	SM1114BC
12/3 – 12/17/14 (3 weeks)	5:45 – 7:00 PM	SM1214BC

## ADVENTURE CLUB

Come and join the adventure club for a planning meeting. Take part in some adventurous activities of your choice. Call Steve for a current schedule if unable to attend. 742-0140.

**LOCATION:** Victor Junior High Library, 953 High Street  
**AGES:** 12 years old and up  
**INSTRUCTOR:** Steve & VPR Staff  
**FEE:** Varies for each Adventure  
**DAYS:** Thursdays  
**TIMES:** 2:15 PM – 3:00 PM (during Activity Period Meetings)  
**DATES:** starting 9/18/14, Meetings every other week  
**PROGRAM #:** Adventure Club Members 2014-15  
 \*\* Sign-up as an Adventure Club Member and stay informed!

### Tentative Fall Activities:

Saturday	10/4/14	Rock Ventures	4:00 – 8:00 PM	#AC1014RV
Friday	10/17/14	Haunted Hay Ride	7:00 – 11:00 PM	#AC1014HR
Friday	11/14/14	Teen Night	7:00 – 9:30 PM	#V1114TN
		Midnight Bowl	10:00 PM – 1:30 AM	#V1114AB
Friday	12/12/14	LaserQuest	5:30 – 10:00 PM	#AC1214LQ

## SYRACUSE ORANGE FOOTBALL GAME VS. LOUISVILLE

Come join us as we travel down the thruway to root on our local Division I college football team. Let's make some noise for the Orange in their attempt to win an ACC Title. The trip is limited to the first 13 kids, as we will be utilizing the Parks and Recreation's 15 passenger van. Everyone will meet at the Parks and Recreation office 2.5 hours before kickoff. We will return home approximately 4.5 hours after kickoff. Bring extra money for food, snacks and souvenirs. Sign up early, so we can purchase better seats!!!

**LOCATION:** Depart from VPR offices, 1290 Blossom Drive then take the van to the Carrier Dome, Syracuse, NY  
**INSTRUCTOR:** William Lew and VPR Staff  
**FEE:** \$40/\$45 non-residents  
**AGES:** 4th – 9th Graders  
**DATES:** Friday, 10/3/14 (Syracuse vs. Louisville)  
**TIMES:** Departure time TBA, 7pm Kick-off  
**PROGRAM #:** V1014SF



# PRE-TEEN & TEEN PROGRAMS

## TEEN NIGHT

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** 6th – 10th Grade

**INSTRUCTOR:** VPR Staff

**FEE:** \$12/\$15 non-residents

**DAY/DATE:** Friday, 11/14/14

**TIMES:** 7:00 – 9:30 PM

**PROGRAM #:** V1114TN

## ATOMIC BOWL

Come out and enjoy a night of late night bowling! Bring extra money for snacks.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** 6th – 10th Graders

**INSTRUCTOR:** VPR Staff

**FEE:** \$15/\$18 non-residents

**DAY/DATE:** Friday, 11/14/14

**TIMES:** 10:00 PM – 1:30 AM

**PROGRAM #:** V1114AB

## Both TEEN NIGHT & ATOMIC BOWL

**FEE:** \$25/\$30 non-residents

**TIMES:** 7:00 PM – 1:30 AM

**PROGRAM #:** V1114TNAB

# BASKETBALL PROGRAMS

## BASKETBALL SKILLS AND DRILLS

This program has an instructional focus with an emphasis on fundamentals. Children will build individual skills and learn basic team concepts with a progression toward competitive play. Separate sessions for boys and girls. Basketball and t-shirt included.

Registration Deadline: 10/24/14

**LOCATION:** Victor Primary School Gymnasium

**AGES:** 1st – 3rd graders

**INSTRUCTOR:** VPR Staff

**FEE:** \$55/\$65 non-residents

**DAYS:** Saturdays

**DATES:** 11/1 – 2/7/15 (no basketball 11/29, 12/27 and 1/3)

**GENDER:** **TIMES:** **PROGRAM #:**

Boys 8:00 – 9:15 AM

BB14SDB

Girls 9:15 – 10:30 AM

BB14SDG

Parent coaches make this program possible. If interested in volunteering please include this under additional information on your registration form or call 742-0145.

## HOOPS FOR BOYS (3rd and 4th Grade League)

This program is designed to help boys improve basketball fundamentals and to learn to play in game situations. There will be a one-hour practice during the week and ten or eleven games on Saturday mornings.

Boys Evaluation – Primary Gym – October 25th from 9:00 – 10:30 AM

**LOCATION:** VEC Gymnasium and Victory Primary Gymnasium

**AGES:** 3rd – 4th grade boys

**INSTRUCTOR:** VPR Staff

**FEE:** \$65/\$75 non-residents

**DATES:** 10/25 – 2/7/15 (no basketball: 11/29, 12/27 and 1/3)

(If Victor Schools are closed, basketball is cancelled)

**DAYS:** Practice: Tuesday evenings

Games: Saturday mornings

**TIMES:** TBA

**PROGRAM #:** BB14B34

## HOOPS LEAGUE INFORMATION (3rd and 4th Grade Boys League)

- Registration deadline: 10/17/14 Register Early! Space is Limited
- Sibling team placements will be the only requests taken.
- Please be sure to fill out basketball skill, height, etc. under additional information on the registration form.
- Youth sports coaches, officials, score keepers and phone tree contacts are needed to run a successful program. If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form.
- Player evaluations will be conducted in the Primary Gymnasium on Saturday, October 25th, which will help in team selection. Boys Evaluation – Primary Gym – October 25th from 9:00 – 10:30 AM

## HOOPS LEAGUE INFORMATION (5th and 6th Grade Leagues)

- Registration deadline: 10/17/14 Register Early! Space is Limited
- Sibling team placements will be the only requests taken.
- Please be sure to fill out basketball skill, height, etc. under additional information on the registration form.
- Youth sports coaches, officials, score keepers and phone tree contacts are needed to run a successful program. If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form. Player evaluations will be conducted in the VEC Gymnasium on Saturday, October 25th, which will help in team selection. Boys Evaluation – VEC Gym – October 25th - 9:00 – 10:30 AM Girls Evaluation – VEC Gym – October 25th - 10:30 – 12:00 PM

# BASKETBALL PROGRAMS

## HOOPS FOR BOYS (5th and 6th Grade League)

This program is designed to help boys improve basketball fundamentals and to learn to play in game situations. There will be a one-hour practice during the week and ten or eleven games on Saturday mornings.

Boys Evaluation – VEC Gym – October 25th - 9:00-10:30 AM

**LOCATION:** VEC Gymnasium and Intermediate Gymnasium

**AGES:** 5th – 6th grade boys

**INSTRUCTOR:** VPR Staff

**FEE:** \$65 / \$75 nonresident

**DATES:** 10/25-2/7/15 (no basketball - 11/29, 12/27 and 1/3)  
(If Victor Schools are closed, basketball is cancelled)

**DAYS:** Practice: Monday evenings

Games: Saturday mornings

**TIMES:** TBA

**PROGRAM #:** BB14B56

## HOOPS FOR GIRLS (4th – 6th Grade League)

This program is designed to help girls improve basketball fundamentals and to learn to play in game situations. There will be a one-hour practice during the week and ten or eleven games on Saturday mornings.

Girls Evaluation – VEC Gym – October 25th - 10:30-12:00 pm

**LOCATION:** VEC Gymnasium

**AGES:** 4th – 6th Grade

**INSTRUCTOR:** VPR Staff

**FEE:** \$65/\$75 non-residents

**DATES:** 10/25 – 2/7/15 (no basketball - 11/29, 12/27 and 1/3)  
(If Victor Schools are closed, basketball is cancelled)

**DAYS:** Practice - Wednesdays

Games - Saturday mornings

**TIMES:** TBA

**PROGRAM #:** BB14G46

## HOOPS LEAGUE INFORMATION (7th and 8th Boys League and 7th – 12th Girls League)

- Registration deadline: 10/31/14 Register Early! Space is Limited
- Sibling team placements will be the only requests taken.
- Please be sure to fill out basketball skill, height, etc. under additional information on the registration form.
- Youth sports coaches and score keepers are needed to run a successful program. If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form.

Player evaluations will be conducted in the VEC Gymnasium.

The evaluation will help in team selection.

BOYS Evaluation - Friday, November 7th from 7pm – 9pm

GIRLS Evaluation - Sunday, November 9th from 7pm – 9pm

## HOOPS FOR BOYS – 7th and 8th Grade League

This program is designed to help players improve basketball fundamentals and to continue to play in game situations. There are no practices, just games!!! All games are held on Friday evenings (7:00 – 8:15 PM or 8:15 – 9:30 PM).

Boys Evaluation - Friday, November 7th from 7pm – 9pm

**LOCATION:** VEC Gymnasium

**AGES:** 7th – 8th graders

**INSTRUCTOR:** VPR Staff

**FEE:** \$55/\$65 non-residents

**DATES:** 11/7 – 2/27/15 (no basketball 11/28, 12/26, 1/2 and 2/20)  
(If Victor Schools are closed, basketball is cancelled)

**DAYS:** Fridays

**TIMES:** 7:00 – 8:15 PM or 8:15 – 9:30 PM

**PROGRAM #:** BB14B78

## HOOPS FOR GIRLS – 7th – 12th Grade League

This program is designed to help players improve basketball fundamentals and to continue to play in game situations. There will be half-hour practices with 45-minute games to follow during each Sunday time slot. All practices/games are held on Sunday evenings (7:00-8:15pm or 8:15-9:30).

Girls Evaluation - Sunday, November 9th from 7pm – 9pm

**LOCATION:** VEC Gymnasium

**AGES:** 7th – 12th graders

**INSTRUCTOR:** VPR Staff

**FEE:** \$55/\$65 non-residents

**DATES:** 11/9 – 3/1/15 (no basketball 11/30, 12/28, 1/4 and 2/22)  
(If Victor Schools are closed, basketball is cancelled)

**DAYS:** Sundays

**TIMES:** 7:00 – 8:15 PM or 8:15 – 9:30 PM

**PROGRAM #:** BB14G712

## HOOPS LEAGUE INFORMATION (9th – 12th Grade Boys League)

- Registration deadline: 10/31/14 Register Early! Space is Limited
- Sibling team placements will be the only requests taken.
- Please be sure to fill out basketball skill, height, etc. under additional information on the registration form.
- Youth sports coaches and score keepers are needed to run a successful program. If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form.

Player evaluations will be conducted in the VEC Gymnasium.

The evaluation will help in team selection.

Evaluation Date: Saturday, November 8th from 7 – 9 PM

## HOOPS FOR BOYS – 9th – 12th Grade League

This program is designed to help players improve basketball fundamentals and to continue to play in game situations. There are no practices, just games!!! All games are held on Saturday evenings (7:00-8:15pm or 8:15-9:30). Depending on numbers, we may have to have 3 game times (ex. 6:15pm, 7:15pm and 8:15pm).

Evaluation Date: Saturday, November 8th from 7 – 9 PM

**LOCATION:** VEC Gymnasium

**AGES:** 9th – 12th graders

**INSTRUCTOR:** VPR Staff

**FEE:** \$55/\$65 non-residents

**DATES:** 11/8 – 2/28/15 (no basketball 11/29, 12/27, 1/3 and 2/21)  
(If Victor Schools are closed, basketball is cancelled)

**DAYS:** Saturdays

**TIMES:** TBA

**PROGRAM #:** BB14B912

# TENNIS PROGRAMS

## FALL / EARLY WINTER - TENNIS INSTRUCTION

Dave Strelbel, USPTA Pro, will coordinate the programs and his staff will be teaching them. Dave has been a Rochester area Tennis Pro for 40 years and a Certified USPTA teaching professional for 35 years. He was named New York State Tennis Coach of the Year in 1994.

## FALL - JUNIOR and ADULT – Saturday Afternoons

**LOCATION:** Victor Senior High School, Tennis Courts, 953 High Street

**AGES:** 4 year olds & older (Junior and Adult)

**INSTRUCTOR:** Dave Strelbel, USPTA Teaching Professional and Assistants

**FEE:** \$85/\$95 non-residents

**DAY/TIMES:** Saturdays, 1:00 – 2:30 PM

**DATES:** 9/20 – 10/18/14

**PROGRAM #:** DS914JAS

## EARLY WINTER - INDOOR TENNIS FOR JUNIORS AND ADULTS – Session 1

**LOCATION:** Harley School, 1981 Clover Street, Brighton, NY 14618 (between Elmwood and Allen's Creek Road)

**AGES:** 4 year olds & older (Junior and Adult)

**INSTRUCTOR:** Dave Strelbel, USPTA Teaching Professional and Assistants

DAY:	TIME:	DATES:	FEE:	PROGRAM #:
Mon.	5:30 – 7:30 PM	9/22 – 10/20/14	\$140/\$150 non-residents	DS914MT
Tue.	7:30 – 9:30 PM	9/23 – 10/21/14	\$175/\$185 non-residents	DS914TT
Wed.	5:30 – 7:00 PM	9/24 – 10/22/14	\$140/\$150 non-residents	DS914WT
Fri.	5:30 – 7:30 PM	9/26 – 10/24/14	\$175/\$185 non-residents	DS914FT
Sat.	2:00 – 3:30 PM	9/27 – 10/25/14	\$140/\$150 non-residents	DS914AT
Sun.	1:00 – 2:30 PM	9/28 – 10/26/14	\$140/\$150 non-residents	DS914UT

## EARLY WINTER - INDOOR TENNIS FOR JUNIORS AND ADULTS – Session 2

**LOCATION:** Harley School, 1981 Clover Street, Brighton, NY 14618 (between Elmwood and Allen's Creek Road)

**AGES:** 4 year olds & older (Junior and Adult)

**INSTRUCTOR:** Dave Strelbel, USPTA Teaching Professional and Assistants

DAY:	TIME:	DATES:	FEE:	PROGRAM #:
Mon.	5:30 – 7:30 PM	10/27 – 11/24/14	\$140/\$150 non-residents	DS1014MT
Tue.	7:30 – 9:30 PM	10/28 – 11/25/14	\$175/\$185 non-residents	DS1014TT
Wed.	5:30 – 7:00 PM	10/29 – 12/3/14 (no class 11/26)	\$140/\$150 non-residents	DS1014WT
Frid.	5:30 – 7:30 PM	10/31 – 12/5/14 (no class 11/28)	\$175/\$185 non-residents	DS1014FT
Sat.	2:00 – 3:30 PM	11/1 – 12/16/14	\$140/\$150 non-residents	DS1114AT
Sun.	1:00 – 2:30 PM	11/2 – 12/7/14	\$140/\$150 non-residents	DS1114UT

## INDIVIDUAL LESSON

**LOCATION:** Harley School (Indoor Tennis Courts), 1981 Clover Street, Brighton, NY 14618

**AGES:** 4 year olds & older (Junior and Adult)

**INSTRUCTOR:** Dave Strelbel, USPTA Teaching Professional and Assistants

**DATES:** Call Dave @ (585) 697-7766 to make arrangements

## Ways to Register:



**Online:** Save Time! Visit [www.victoryny.org](http://www.victoryny.org) for more information and click on **CLICK HERE TO REGISTER ONLINE FOR P&R PROGRAMS**. Online registration closes one (1) week prior to the program's start date.



**Mail In:** Mail completed registration form (with payment) to: 85 East Main Street, Victor, NY 14564 Attn: Parks & Recreation.



# MARTIAL ARTS PROGRAMS

## PERSONAL DEFENSE TRAINING

This is a Reality Based Personal Defense Training class. Participants are given the opportunity to learn concepts and practical techniques to help them defend themselves and others from verbal, physical, and violent confrontations. We will teach awareness, proper breathing, stress adrenaline management, mobility, blocking, striking, kicking, and weapons use and defense. Participants are able to improve strength, speed flexibility, and endurance. Our system of training draws on many Combat Art styles from around the world. Families, friends or individuals are all welcome with ages ranging from 10 years old (younger by review) to senior adults. Loose, comfortable clothing and sneakers are recommended. We care about you and your family's personal safety, in a world where knowledge, skill sets, and preparedness are paramount for survival.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGE:** 10 to Senior (younger by review)

**INSTRUCTORS:** James Gibbs & Randy Ryon

**FEE:** (1) Day/Week \$40 per person/\$50 non-residents  
\$80 per family/\$90 non-residents

(2) Days/Week \$75 per person/\$85 non-residents  
\$150 per family/\$160 non-residents

**DAYS/TIMES:** Mondays AND/OR Thursdays, 6:30 – 8:00 PM

<b>DAYS:</b>	<b>DATES:</b>	<b>PROGRAM #:</b>
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Mondays	9/22 – 11/10/14 (8 weeks)	JG914MPD
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Thursdays	9/25 – 11/13/14 (8 weeks)	JG914TPD
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Mon & Thurs	9/22 – 11/13/14 (8 weeks)	JG914MTPD
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## LITTLE DRAGONS MARTIAL ARTS INTRODUCTORY

Looking for the perfect activity to build confidence, respect, cooperation and athletic ability? Karate does all that and more! Safe, fun, and energetic games help kids develop focus, discipline and respect. This package includes an introductory meeting, a free uniform, and a month of classes. All classes take place at our professional 7200 square foot facility. Students take two classes a week and can choose from multiple options. Transportation from Victor schools is available.

**LOCATION:** United Martial Arts Center - 160 School St.

**AGES:** 4 – 7 years old

**INSTRUCTOR:** UMAC Staff

**FEE:** \$99/\$109 non-residents

**TIME/DATES:** Students can begin their 1 month at any time.

**DAYS:** Monday – Thursday; & Saturday

**PROGRAM #:** UM914LD

Directions are provided on the website. For more information contact Dave at 697-7766 or [www.davestrebelaacademy.com](http://www.davestrebelaacademy.com). Other tennis programs are available through Dave.

**Have you registered for your favorite activity yet?**

**Nothing kills a program faster than slow registration. Please register at least one ( 1 ) week prior to the start date !**

## JUNIOR MARTIAL ARTS INTRODUCTORY PROGRAM

Looking for an activity that will build respect, assertiveness and confidence? Challenging drills, high-flying kicks, and effective techniques keep our students excited and involved. Students are transformed into confident, fit, respectful, and disciplined individuals. This package includes an introductory meeting, a free uniform, and a month of classes. Junior classes are available in both karate and jujitsu. Students take two classes a week and can choose from multiple options. All classes take place at our professional 7200 square foot facility. Transportation from Victor schools is available.

**LOCATION:** United Martial Arts Center - 160 School St.

**AGES:** 8-14 years old

**INSTRUCTOR:** UMAC Staff

**FEE:** \$99/\$109 non-residents

**TIME/DATES:** Students can begin 1 month at any time.

**DAYS:** Monday – Thursday; & Saturday

**PROGRAM #:** UM914JM

## ADULT JUJITSU INTRODUCTORY PROGRAM

Our Shingitai Jujitsu system combines elements from many forms of self-defense and combative techniques into a single system to provide the student with tools and abilities to be used in a broad range of self-defense scenarios. At the United Martial Arts Center we have always enthusiastically embraced well-rounded, multidiscipline training methods. It's a great overall fitness program for men and women – no experience necessary. All classes taught by Black Belt instructors.

**LOCATION:** United Martial Arts Center - 160 School St.

**AGES:** 15 years and older

**INSTRUCTOR:** UMAC Staff

**FEE:** \$99/\$109 non-residents

**DATES:** Students can begin 1 month at any time.

**DAYS:** Mondays - Thursdays

**TIMES:** 7:00 PM – 8:30PM

**PROGRAM #:** UM914AJJ

## ADULT KARATE INTRODUCTORY PROGRAM

Looking for a way to get in shape while learning a martial art and having fun? Karate is the class for you. Martial arts will help you develop the determination, focus, and self-discipline to achieve success in any endeavor you attempt. Karate at the United Martial Arts Center is the place to be if you are interested in getting in shape and looking your best while learning to defend yourself and your loved ones. It's a great overall fitness program for men and women – no experience necessary. All classes taught by Black Belt instructors.

**LOCATION:** United Martial Arts Center - 160 School St.

**AGES:** 15 years and older

**INSTRUCTOR:** UMAC Staff

**FEE:** \$99/\$109 non-residents

**DATES:** Students can begin 1 month at any time.

**DAYS:** Tuesdays & Thursdays

**TIMES:** 7:00 – 8:30PM

**PROGRAM #:** UM914AK

# MARTIAL ARTS PROGRAMS

Martial Arts Programs

Adult Programs

## MODERN ARNIS STICK FIGHTING INTRODUCTORY PROGRAM

Interesting in embracing the Filipino martial art of stick fighting? Modern Arnis, essentially a stick and empty-hand oriented art, is a versatile and devastatingly effective Filipino martial art. It complements and enhances other martial arts or can be learned independently from other martial arts. Students of Modern Arnis will benefit from increased dexterity, coordination, flexibility, and strength. It's a tremendous program for men and women – no experience necessary. And it is an excellent activity as a parent to take with their junior-aged student.

**LOCATION:** United Martial Arts Center - 160 School St.  
**AGES:** 8 years and older  
**INSTRUCTOR:** UMAC Staff  
**FEE:** \$99/\$109 non-residents (includes your own set of sticks)  
**DATES:** Students can begin 1 month at any time.  
**DAYS/TIMES:** Fridays, 4:00 PM – 5:30PM  
**PROGRAM #:** UM514MA

## TINY TIGERS KARATE

Tiny Tigers is an action packed martial arts program for pre-school aged students. This outstanding eight week program is designed for three and four year olds and will teach them basic karate skills, teamwork, and social skills, focus, balance, coordination, and self-esteem. This package includes a martial arts uniform.

**LOCATION:** United Martial Arts Center - 160 School St.  
**AGES:** 3 and 4 year old students  
**INSTRUCTOR:** UMAC Staff  
**FEE:** \$115/\$125 non-residents  
**DATES:** Students can begin 8 weeks at any time.  
**DAYS:** Call UMAC for available days and times – 924-7450  
**TIMES:** Call UMAC for available days and times – 924-7450  
**PROGRAM #:** UM914TT

# ADULT PROGRAMS

## Adult Fitness Programs

### AEROBIC AND WEIGHT TRAINING WORKOUT

Come join our fitness experts for a total body approach to fitness. This is a year round program. Wear comfortable clothes, sneakers, and a smile and get ready to get that heart pumping! Participants must register and purchase a convenient and economical "Fitness Pass" for all aerobic programs.

Fitness passes can be purchased in the Parks and Recreation office Monday - Thursday from 8:30am to 7:30pm and Fridays from 8:30am to 4:30pm. Class walk-ins are welcome as well.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** Open to all ages  
**INSTRUCTOR:** Julie Vanderstynne, AFAA CERTIFIED  
 Bettina Kalish and Kathy Eychner

### HIGH/LOW, STEP, SLIDE AND BODY SCULPTING (Babysitting included – M-F AM class only)

<b>DAYS:</b>	<b>TIMES:</b>
Mon, Wed, Fri – Low Impact	7:00 – 8:00 AM
Mon-Fri (Babysitting included)	8:00 – 9:00 AM
	until 8/29/14
Mon-Fri (Babysitting included)	9:15 – 10:15 AM
	starting 9/2/14
Saturdays – Circuit	8:00 – 9:00 AM
Mon, Wed, Thurs – Evening Classes	6:30 PM – 7:30 PM
	starting 9/3/14
<b>FEES:</b>	<b>PROGRAM #:</b>
Fitness Pass: Adults 18 - 54 yrs	Students & Seniors
(4) Class Pass \$24 \$21	A914-04
(8) Class Pass \$44 \$38	A914-08
(16) Class Pass \$64 \$56	A914-16
(32) Class Pass \$88 \$78	A914-32

**WALK-IN FEE:** \$8 (all classes)  
**NON-RESIDENT FEE:** \$10 per season  
 (September – December)

### ZUMBA®

Zumba® combines high energy and motivating music with unique moves and combinations that are combined to tone and sculpt your body while burning fat. It is based on the principle that a workout should be 'FUN AND EASY TO DO.' Zumba® is not only great for the body, but it is also great for the mind. It is a 'feel happy' workout. Zumba® is very infectious and is definitely the latest, most exciting fitness sensation!

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** 15 years & up  
**INSTRUCTOR:** Heather Otnod Zumba® certified instructor

<b>DAYS:</b>	<b>TIME:</b>	<b>PROGRAM #:</b>
Tuesdays	6:30 – 7:30 PM	
Thursdays	9:30 AM – 10:15 AM** lower intensity class **	
Thursdays	6:00 – 7:00 PM until 8/28/14	
Thursdays	5:45 – 6:45 PM starting 9/4/14	
Saturdays	9:15 AM – 10:15 AM	
<b>PASS:</b>	<b>FEE:</b>	
(1) Class Pass:	\$7/ \$8 non-residents	Z914-1
(5) Class Pass:	\$25/ \$30 non-residents	Z914-5
(10) Class Pass:	\$45/ \$55 non-residents	Z914-10
(20) Class Pass:	\$90/ \$100 non-residents	Z914-20
<b>NON-RESIDENT FEE:</b> \$10 per season (September – December)		

## Visit us on Facebook!



You can keep up to date by "liking" the Town of Victor facebook page. See pics from programs and learn about upcoming programs and special events.

# ADULT PROGRAMS

## BEGINNERS/INTERMEDIATE YOGA

Yoga can provide you with the tools you need to reduce stress, improve flexibility and increase self-awareness. Each class will include forms of meditation, breathing techniques, stretching and yoga postures. Participants should wear comfortable clothing and bring a Yoga sticky mat and blanket. Bolsters and props will be provided.

**LOCATION:** Butler Cabin, MaryFrances Bluebird Haven  
**AGES:** 16 years and over  
**INSTRUCTOR:** Mary Capozzi, Certified Kripalu Yoga Teacher  
**FEE:** \$64/\$74 non-residents for each Tuesday Session (8-week sessions)  
 \$48/\$58 non-residents for each Thursday Session (6-week sessions)  
 Students and Seniors \$10.00 Discount

DAYS:	DATES:	TIMES:	PROGRAM #:
Tuesdays	9/2 – 10/21/14	5:30 – 6:30 PM	MC914TY
Thursdays	9/4 – 10/16/14 (no class 9/25)	4:30 – 5:30 PM	MC914RY
Tuesdays	10/28 – 12/16/14	5:30 – 6:30 PM	MC1014TY
Thursdays	10/23 – 12/11/14 (no class 11/6, 11/27)	4:30 – 5:30 PM	MC1014RY

## TRU BOOT CAMP

Mom's and Dad's Get out of the house for a kick butt workout while your kids play at the park. Take your fitness outside, join me for a butt kickin boot camp at Victor Municipal Park. The boot camp will consist of kettle bells, battle ropes, TRX, rip training and body weight training.

**LOCATION:** Victor Municipal Park 1278 Brace Rd, Victor, NY  
 (Alternate location in Victor if weather is not cooperating)

**AGES:** 15 – 54 year olds  
**INSTRUCTOR:** Scott Diberardinis, NASMCPT,  
 Interval training, Stepping, Body Sculpting

**DATES:** 9/9 – 10/11/14 (5 weeks)

DAYS:	TIMES:	PROGRAM #:
Tuesdays, Thursdays	5:30 – 6:30 PM	
Saturdays	8:00 – 9:00 AM	
SESSIONS:	FEE:	PROGRAM #:
(5) Sessions - 1 per week	\$40/\$50 non-residents	SD914TB1
(10) Sessions - 2 per week	\$58/\$68 non-residents	SD914TB2
(15) Sessions - 3 per week	\$75/\$85 non-residents	SD914TB3

## ADULT PICK-UP BASKETBALL – MONDAY NIGHTS (30 and older)

This program is designed for recreational pick-up basketball on Monday evenings for those avid players. This is a 3-season program (Fall, Winter and Spring). Call 742-0145 for more information. Program is limited to the first 30 participants.

**LOCATION:** Victor Junior High Gymnasium  
**AGES:** Adult (30 and older)  
**INSTRUCTOR:** Donnie Gullace  
**FEE:** \$30/\$35 non-residents (13-week session)  
**DATE:** 9/8 – 12/8/14 (Closed 10/13, if VCS is closed basketball is canceled)  
**DAY/TIME:** Mondays, 7:30 – 9:30 PM  
**PROGRAM #:** V914AB

## ADULT CO-ED PICK-UP SOCCER – TUESDAY NIGHTS (18 and older)

Have fun, stay fit and meet new people. Games are for those who enjoy recreation pick-up soccer. Program is for players 18 and older. All skill levels are welcome. Instructor will form different teams each week. Program is limited to 30 participants.

**LOCATION:** Victor Intermediate School Gymnasium  
**AGES:** Adult (18 and older)  
**INSTRUCTOR:** Jeff Tay  
**FEE:** \$30/\$35 non-residents (13-week session)  
**DATE:** 9/9 – 12/9/14 (Closed 11/11/14, if VCS is closed, soccer is canceled)  
**DAY/TIME:** Tuesdays, 8:30 – 10:00 PM  
**PROGRAM #:** V914AS

## ADULT CO-ED VOLLEYBALL – WEDNESDAY NIGHTS (25 and older)

Have fun, stay fit and meet new people. Games are for those who enjoy competitive recreational volleyball rather than power volleyball. Program is for players 25 and older. All skill levels are welcome. Instructor will form different teams each week. Program is limited to 35 participants.

**LOCATION:** Victor Intermediate School Gymnasium  
**AGES:** Adult (25 and older)  
**INSTRUCTOR:** Chris O'Connor  
**FEE:** \$30/\$35 non-residents (13-week session)  
**DATE:** 9/10 – 12/10/14 (Closed 11/26, if VCS is closed volleyball is canceled)  
**DAY/TIME:** Wednesdays, 7:30 – 9:30 PM  
**PROGRAM #:** V914AV

## LINE DANCING

Open to everyone even if you have two left feet, you will have fun learning. No pressure, easy to follow instruction. It's a great exercise and fun way to move. You will be ready to lead the group to line dance at any occasion, family gathering, wedding, birthday parties and other occasions.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** 15 years & up  
**INSTRUCTOR:** Kristi Jung  
**FEE:** \$40 per person/\$50 non-residents  
**DAYS/TIME:** Tuesdays, 6:30 – 7:20 PM  
**DATES:** 9/23 – 11/18/14, no class 11/11 (8 weeks)  
**PROGRAM #:** KJ914LD



# ADULT PROGRAMS

Adult Programs

## CARDIO-HOOPING SAMPLER

Try one or all types of hooping programs!

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive

**INSTRUCTOR:** Caren Pita, Creekside Hooping

**DAYS/TIME:** Saturdays, 11:00 AM – 12:00 PM

### KIDS CAN HOOP!

This class will teach hoop skills such as waist and hand hooping, explore creative movement, and encourage expression through words and actions. We will learn a few tricks and play games that are inclusive, cooperative, challenging and fun. Hoops provided

**AGES:** 6 – 12 years

**FEE:** \$14/\$17 non-residents

**DATE:** 9/27/14

**PROGRAM #:** CP914KH

### YOU CAN HOOP!

It's easier than you may think. Adult sized hoops and Hoopnotica certified instruction sets you up for success. This workshop is for those who cannot hoop or have only basic skills. You will learn to waist hoop for a strong core, arm hoop for defined arms and incorporate simple moves for a full body workout. Hoops provided

**AGES:** 12 years and up

**FEE:** \$22/\$25 non-residents

**DATE:** 10/4/14

**PROGRAM #:** CP1014YH

### FUN AND FABULOUS HOOP MOVES –

#### Low impact

This workshop is designed for those who have already taken You Can Hoop or have already learned basic hoop skills and want to move on. Be ready for the next festival or step up your private practice by learning intermediate moves such as floats, corkscrews, passing variations, leg and chest hooping, and transitions. Hoops provided

**AGES:** 12 years and up

**FEE:** \$22/\$25 non-residents

**DAY/TIME:** 10/11/14

**PROGRAM #:** CP1014FH

### MINI HOOPS AND POI FOR UPPER BODY –

#### No Impact

Flow toys like small hoops and poi (a pair of small weights on strings) are festival favorites sure to impress, but the basics aren't difficult to learn, and they offer a fantastic upper body workout and mental challenge! Hoops and poi provided.

**AGES:** 12 years and up

**FEE:** \$18/\$21 non-residents

**DATE:** 10/18/14

**PROGRAM #:** CP1014MH

### FIT TOGETHER! – Low impact

“Get your sweat on” while engaging playfully with your child in this workshop that uses hula hoops as toys, fitness props, and the old fashioned way--hooping around the waist for a burn of 400-600 calories/hour! Price is for adult with one child ages 2-5. Hoops provided

**AGES:** Adult and child 2-5 years

**FEE:** \$22/\$25 non-residents (add a second child or adult for \$11)

**DATE:** 10/25/14

**PROGRAM #:** CP1014FT

## Adult Instructional Programs

### DRIVING – 5 HOUR PRELICENSING CLASS

New York State DMV mandated safe driving class is required for all new drivers before they can sign up for their driving road test. Course offered through Suburban Driving. A minimum of 10 participants needed for the program to run.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive

**AGES:** 16 years and over (anyone with a learner's permit)

**INSTRUCTORS:** Mike DeMay & Chris Stahl –

[www.suburbandriving.com](http://www.suburbandriving.com)

**FEE:** \$45/\$50 non-residents

DAY:	DATE:	TIMES:	PROGRAM #:
Tuesday	8/19/14	5:00 – 9:30 PM	SD814PL
Wednesday	9/17/14	5:00 – 9:30 PM	SD914PL
Wednesday	10/15/14	5:00 – 9:30 PM	SD1014PL
Wednesday	11/12/14	5:00 – 9:30 PM	SD1114PL
Wednesday	12/10/14	5:00 – 9:30 PM	SD1214PL

### DEFENSIVE DRIVING AND POINT REDUCTION

Empire Safety Council's six (6) hour Defensive Driving Course is a New York State approved Point and Insurance Reduction Program. A 10% auto insurance discount will apply for the next 3 years for all vehicles for which you are listed as the principle operator. Also, if applicable, a maximum of four (4) points will automatically be reduced on your driving record.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive

**AGES:** 16 or older with their driver's license

**INSTRUCTORS:** Mike DeMay & Chris Stahl –

[www.suburbandriving.com](http://www.suburbandriving.com)

**FEE:** \$45/\$50 non-residents

DAYS:	DATES:	TIMES:	PROGRAM #:
Thursdays	8/21 and 8/28/14	6:30 – 9:30 PM (both days)	SD814DD
Tuesdays	10/14 and 10/21/14	6:30 – 9:30 PM (both days)	SD1014DD
Thursdays	12/11 and 12/18/14	6:30 – 9:30 PM (both days)	SD1214DD

## Check us out on Twitter!



Keep up-to-date with late-breaking Parks & Recreation news @VictorParksRec.

# ADULT PROGRAMS

## SOCIAL SECURITY PLANNING FOR BABY BOOMERS

The decisions you make now can have a significant impact on the benefits you will receive over your lifetime. Don't miss out on the opportunity to learn more about this important topic. Join us for a seminar on Social Security Planning, where we will cover the basic strategies for maximizing the benefits you receive. Topics we will cover include how to:

- Determine when you should apply for benefits
- Estimate the amount you will receive
- Coordinate Social Security benefits with your other sources of retirement income such as your 401k, 403b, IRA, ROTH, 457, pension, etc.
- Synchronize benefits with your spouse
- Minimize taxes on Social Security

Call Nick Lennon at (585) 423-2144 if you have questions about the seminar. Program is limited to the first 20 participants.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive

**AGES:** Adult

**INSTRUCTOR:** Nick Lennon, CFP®

**FEE:** \$5 (bring a spouse or friend for free)

**TIME:** 6:30 PM – 8:30 PM

**DAY/DATE:** **PROGRAM #:**

Thursday, 9/11/14

NL914SS

Wednesday, 10/8/14

NL1014SS

Tuesday, 11/11/14

NL1114SS

## DRAWING FOR EVERYONE

Drawing is a learned skill. You don't have to be an artist to draw. Anyone can learn to draw skillfully and beautifully. Ability to draw depends on ability to see the way an artist sees. This kind of seeing can marvelously enrich your life. Using proven techniques, students will learn to see as an artist and render observed objects realistically in dry media. Classes will include examples of master drawings, demonstration and student exercises. All skill levels will benefit from this class including "I can't draw a straight line" people. Everyone's drawing will improve!

Ms. Micciché received her bachelor's degree in Art Education from Nazareth College of Rochester. She studied painting and drawing at SUNY New Paltz and at workshops at the Memorial Art Gallery and privately with local artists. She has exhibited at the Center for High Falls in Rochester and has shown her work in the juried Park Ave Festival and Clothesline Art Show.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Road

**AGES:** Adults (18 and over)

**INSTRUCTOR:** Susan Micciché

**FEE:** \$100/\$110 non-residents  
+ \$25 supply-kit fee payable to instructor first day of class

**DAY/TIME:** Mondays, 7:00 – 8:30 PM

**DATES:** 9/22 – 12/1/14, no class 10/13 (10 classes)

**PROGRAM #:** SME914DE

## MAXIMIZE YOUR ELIGIBILITY FOR COLLEGE AID

John Summers from Summers Financial Services, Victor will be teaching a hands on approach to understanding "the game" of financial aid. This unique seminar will teach parents how to maximize their eligibility. Don't be fooled by the myth that you can't qualify for aid because of your income. Learn proven strategies, avoid costly mistakes which eliminate or reduce aid for your child. Find out what really determines your expected family contribution for college. Everyone who attends will receive all application forms, booklets, and guides needed to apply for college financial aid.

We will also discuss the 10 best ways to save for your child's college education, and its impact on qualifying for financial aid. This will cover 529 plans, Coverdell savings plans, Roth IRA's, EE & I bonds, Gifts to Minors (UGMA's, UTMA's) Annuity's, Life Insurance, 401K's and Home Equity's. How much college will cost and why you should start saving now.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive

**AGES:** Parents of Children in grades 7-12

**INSTRUCTOR:** John Summers

**FEE:** \$10 per family

**DAY/DATE:** Wednesday, 10/7/14

**TIME:** 7:00 – 9:00 PM

**PROGRAM #:** JS1014CA

## HOW TO BUY YOUR FIRST HOME

Learn how to navigate the process of buying a home-whether it is the first time or you are a move-up buyer ready for great refresh-er. We will cover mortgages, inspections, and negotiations. Participants will learn the Ten Mistakes People Make when Buying a Home. Save money and find the home of your dreams!

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive

**AGES:** Adults 18 and over

**INSTRUCTOR:** Rob Opett

**FEE:** \$7/\$10 non-residents

**DAY/DATES/** Wednesday, 10/18/14

**TIME:** 7:00 – 8:30 PM

**PROGRAM #:** RO1014BH



# ADULT PROGRAMS

**NEW!**

## PLANNING FOR FAMILY MEMBERS WITH SPECIAL NEEDS

Families often don't understand the unique life care planning issues that come with supporting a family member with a disability or other special need. What will happen to my loved one after I am gone? What benefits and services are available and how do I maximize them? What will my loved one do for supplemental income? What legal steps are needed to protect my loved one and my family? Understanding the challenge of planning for the future of a family member with special needs can extend into many areas: including education, housing, employment, support services, legal, financial and other personal matters. We will discuss several key issues-including life care planning, special needs trusts, individualized supports and services and the use of government programs.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** 18 years and up  
**INSTRUCTOR:** Financial Architects Special Care Planning Team  
**FEE:** \$20/\$23 non-residents  
**DAY/DATE:** Thursday, 10/23/14  
**TIME:** 7:00 – 8:30 PM  
**PROGRAM #:** FA1014SN

## TANGLES (1 DAY WORKSHOP)

Tangles are a relatively new art form enjoyed by non-artists and artists alike. Taught one design at a time, anyone can learn this unique drawing technique. Workshop participants will learn to draw seemingly complicated patterns and create beautiful, finished pieces of art themselves. Drawing tangle designs is incredibly fun. CAUTION: Drawing tangles may become addictive!

BIO: Susan Micciché is an artist, teacher and businesswoman. After a successful career in the telecom industry, she is now revisiting her artistic roots and helping others to awaken their own inner-artist through basic drawing classes and creativity-sparking workshops. She has taught in diverse venues: The Lily Café(Lifespan), Main Street Arts Gallery in Clifton Springs, Valley Manor Senior Living, Victor Recreation Dept. and The Southeast Family YMCA.

Ms. Micciché received her bachelor's degree in Art Education from Nazareth College of Rochester. She studied painting and drawing at SUNY New Paltz, workshops at the Memorial Art Gallery and privately with local artists. She has exhibited at the Center for High Falls ("Where are the Best Paintings in Rochester?") and has shown her work in the juried Park Ave Festival and Clothesline Art Shows.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Road  
**AGES:** Adults (18 and over)  
**INSTRUCTOR:** Susan Micciché  
**FEE:** \$30/\$33 non-residents  
**DAY/DATE:** Saturday, 10/25/14  
**TIME:** 10:00 AM – 12:30 PM  
**PROGRAM #:** SME914T

## DOWNSIZING IN TODAY'S MARKET

This class will show participants who are experiencing a life change (such as loss of a job, disability, loss of a spouse, or simply becoming "empty nesters") how to properly downsize their single family residence in today's real estate market. Staging, pricing, and updates will be discussed to obtain the maximum profit in the shortest amount of time for the Seller. Discussion will include strategies and options such as reverse mortgages. Participants will also learn tips on vacation purchases both within the US and abroad. Discussion will include mortgage options, benefits of Buyer agency, pitfalls, inspections, and certain legal issues.

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** Adults 18 and over  
**INSTRUCTOR:** Rob Opett  
**FEE:** \$7/\$10 non-residents  
**DAY/DATES:** Wednesday, 11/5/14  
**TIME:** 7:00 – 8:30 PM  
**PROGRAM #:** RO1114DS

## DIY PRODUCTS FOR CHRISTMAS!

Join us before the holiday rush! We're making lotions, shave creams, lip balms, and bath salts to give as gifts this holiday season. Plan on creating your own custom blends using essential oils from Young Living, organic coconut oil, sweet almond and jojoba oils, inside "shabby chic" gift jars that would make even Martha Stewart proud! Are you ready to give a gift that your friends and family will ask for again and again? These lotions and potions are so much fun to make you're not going to want to give them away!

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** 18 and up  
**INSTRUCTOR:** Gayle Rachford, President of Compassionate Concepts, Ltd. • Educator and Independent Distributor for Young Living Essential Oils.  
**FEE:** \$20/\$23 non-residents  
**DAY/TIME:** Tuesdays, 6:30 – 8:00 PM  
**DATE:** 11/18/14  
12/2/14  
**PROGRAM #:** GR1114PC  
GR1214PC

Adult Programs

## Visit us on Facebook!



You can keep up to date by "liking" the Town of Victor facebook page. See pics from programs and learn about upcoming programs and special events.



# SENIOR PROGRAMS

## INTRODUCTION TO COMPUTERS

Come learn the Introduction to Computers! You will learn the basics of how to operate your computer from turning on and off the computer to opening programs.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** 55 years and older  
**INSTRUCTOR:** VPR Staff  
**FEE:** \$5 per hour  
**DATES/TIMES:** Call to set up an appointment

## BRIDGE CLUB

Join our new group of bridge players. All levels are here to have fun. Come by and no need to bring anything.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** Adults age 55 and over  
**FEE:** Free  
**DAY/TIME:** Wednesdays, 12:30 PM  
**DATES:** Ongoing

## WII BOWLING

Get active with the Nintendo Wii Virtual Bowling system. Enjoy bowling fun without the heavy ball and stinky shoes. Come and experience all this popular game has to offer. Register as a team or independently. Prizes will be awarded!

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** Adults 55 and older  
**FEE:** Free  
**DAY/TIME:** Thursdays, 10:00 AM – 11:30 AM  
**DATES:** Ongoing

## THURSDAY EUCHRE CLUB

Come join our group of card players whose game is euchre. Lots of fun with old friends and friends you have yet to make! No need to bring anything. We will even make the coffee.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** Adults age 55 and over  
**FEE:** Free  
**DAY/TIME:** Thursdays, 12:00 PM  
**DATES:** Ongoing

## FRIDAY MORNING PINOCHLE

Have lots of fun with great people every Friday morning. Come by for a competitive game of cards. No need to bring anything. We will even make the coffee.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** Adults age 55 and over  
**FEE:** Free  
**DAY/TIME:** Fridays, 9:30 AM  
**DATES:** Ongoing

## ZUMBA® GOLD

Zumba® Gold is designed for the active older adults, the true beginner, and/or people who are not used to exercising, or people who may be limited physically. Zumba Gold is a much lower intensity. The same great Latin/International style of music and dance are used AND it is just as fun as regular Zumba® classes. Zumba® Gold classes strive to improve our balance, flexibility, and will strengthen your body, heart & mind!

**LOCATION:** Victor Parks & Recreation, 1290 Blossom Drive  
**AGES:** 55 years & up  
**INSTRUCTOR:** Heather Ottnod Zumba® certified instructor  
**DAY/TIME:** Thursdays, 9:30 – 10:10 AM  
**DATES:** Ongoing

PASS:	FEE:	PROGRAM #:
(1) Class Pass:	\$7/ \$8 non-residents	Z914-1
(5) Class Pass:	\$25/ \$30 non-residents	Z914-5
(10) Class Pass:	\$45/\$55 non-residents	Z914-10
(20) Class Pass:	\$90/\$100 non-residents	Z914-20

## 1000 ISLANDS CRUISE AND ROCK ISLAND LIGHTHOUSE

Join friends as we head to Clayton, NY and enjoy a boat trip aboard the Island Girl with narrated tour. Lunch buffet at the Pointe Bar and Grill. Lunch is followed by a self guided tour on Rock Island and Lighthouse. A beautiful and fun trip and one not to be missed.

**LOCATION:** Depart from Presbyterian Church,  
70 East Main Street  
**AGES:** 55 years and older  
**FEE:** \$68 per person/\$100 non residents  
**DAY/DATE:** Thursday, 8/21/14  
**TIME:** 8:15 AM – 9:15 PM  
**PROGRAM #:** SR814R1



**Have you registered for your favorite activity yet?**  
Nothing kills a program faster than slow registration. Please register at least one ( 1 ) week prior to the start date !

# SENIOR PROGRAMS

## GLENORA WINERY AND LUNCH

Tour one of the Finger Lakes most popular wineries. Have lunch in their fine restaurant and then have time to check their gift shop. Located on Seneca Lake. Glenora Winery is one of the most popular wineries in the area.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive  
**AGES:** 55 years and older  
**FEE:** \$6/\$8 non-residents  
+ your individual meal cost  
**DAY/DATE:** Wednesday, 8/27/14  
**TIME:** 11:30 AM – 2:00 PM  
**PROGRAM #:** SR814GW

## FALL SENIOR GOLF LEAGUE @ VICTOR HILLS

This is a six-week league. Players must be at least 52 years old. Play will be on the executive course. Tee times start at 9:00 am. There will be an end of the league lunch on the last day. Sign up as a single or as a twosome.

(Carts are available for \$5/person each day)  
**LOCATION:** Victor Hills Golf Course (Executive Course)  
**AGES:** 52 years and older (coed)  
**FEE:** \$60/\$65 non-residents  
**DATES:** 9/2 – 10/7/14 (rain make-up 10/14)  
**DAYS/TIME:** Tuesdays at 9:00 AM  
**PROGRAM #:** SR914GL

## “EARLY BIRD DINNER CLUB”

Join us as we visit local restaurants for their early bird dinners throughout the area.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive  
**AGES:** 55 years and older  
**FEE:** \$6.00/\$8.00 non-residents + your individual meal cost  
**DAY:** Tuesdays  
**DATES:** **TIME:** **LOCATION:** **PROGRAM #:**  
September 9 4:00 – 7:00 PM North Shore Grill, SR914EB  
Conesus  
October 7 3:00 – 7:00 PM Red Osier SR1014EB

## SENIOR LUNCHEONS

Our luncheons are back. Below are the dates and theme for each month. Fee includes a full lunch, dessert and drink! Menu and speaker line-up will be available in late August.

**LOCATION:** Victor Parks and Recreation, 1290 Blossom Drive  
**AGES:** 55 years and older  
**FEE:** \$5 per person  
**DAYS/TIMES:** Wednesdays, 12:00 – 1:00 PM  
**DATES:** **THEME:** **PROGRAM #:**  
September 17 Back To School SR914L  
October 15 Autumn Fun SR1014L  
November 19 Thanksgiving SR1114L  
December 17 Christmas SR1214L

## ROCHESTER PUBLIC MARKET TRIPS

Fall has lots to offer at the public market. Come stock up on the fall season fruits and vegetables, as well as fresh fish, breads and much, much more. Come enjoy the ride and have some fun shopping! Transportation is included.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive  
**AGES:** 55 years and older  
**FEE:** \$6/\$8 non-residents  
**DAYS/TIMES:** Thursdays, 9:00 – 11:00 AM  
**DATE:** **PROGRAM #:**  
9/25/14 SR914RP  
10/23/14 SR1014RP

## “OUT TO LUNCH” BUNCH

Join us once a month as we take a break from life and enjoy lunch. We will be visiting local restaurants that surround Rochester! You cover your lunch fee and we'll worry about the transportation. Sign up fast space is limited.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive  
**AGES:** 55 years and older  
**FEE:** \$6/\$8 non-residents + your individual lunch cost  
**DAYS/TIMES:** Fridays, 11:30 AM – 1:30 PM  
**DATES:** **LOCATION:** **PROGRAM #:**  
9/26/14 Cracker Barrel Restaurant, SR914LB  
Henrietta  
10/24/14 Holloway House, Bloomfield SR1014LB  
11/21/14 The Red Lobster, Henrietta SR1114LB  
12/19/14 Brook House 11:00 AM – 2:00 PM SR1214LB

## NAPLES GRAPE FESTIVAL

Come to Naples to celebrate the areas grape harvest, talented artisans, wine makers, local and regional music and cuisine. On our trip back, we will stop at the Bob and Ruth's Restaurant for lunch.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive  
**AGES:** 55 years and older  
**FEE:** \$6/\$8 non-residents + your individual lunch cost  
**DAYS/DATES:** Saturday, 9/27/14  
**TIME:** 9:00 AM – 3:00 PM  
**PROGRAM #:** SR914GF



# SENIOR PROGRAMS

## LET'S DO A "MYSTERY" LUNCH

We will depart from the Recreation center for an afternoon of fun and food. You will be given clues regarding the lunch destination and you must figure it out before arriving.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive

**AGES:** 55 years and older

**FEE:** \$6/\$8 non residents + your individual lunch cost

**DAY/DATE:** Wednesday, 10/8/14

**TIME:** 11:00 AM – 2:30 PM

**PROGRAM #:** SR1014ML

## GUIDED TOUR OF THE HISTORIC AIRCRAFT MUSEUM

Come visit the Historic Aircraft Museum in Geneseo, and see the aircraft of the World War II and Korean War eras. After the tour, we will stop at the Geneseo Family Restaurant for lunch.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive

**AGES:** 55 years and older

**FEE:** \$6/\$8 non-residents + \$6 for the entrance fee and your individual lunch cost.

**DAYS/DATES:** Thursday, 11/6/14

**TIME:** 9:30 AM – 2:00 PM

**PROGRAM #:** SR1114AM

## SCHUTT'S APPLE MILL AND FARM WEBSTER, NY

We will see the process of cider making, and visit their farm store. The store is stocked daily with fresh apples, baked goods, cider, New York State cheeses, home made preserves, spices, and unique gifts. On the way Home, we will stop at Mama Lor's Café in Union Hill for lunch.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive

**AGES:** 55 years and older

**FEE:** \$6/\$8 non-residents + \$6 for the entrance fee and your individual lunch cost.

**DAYS/DATES:** Thursday, 10/9/14

**TIME:** 10:00 AM – 2:00 PM

**PROGRAM #:** SR1014SA

## SKY RIDES AT BRISTOL MOUNTAIN

Join us in taking a trip to Bristol Mountain to enjoy the most spectacular fall foliage in the Finger Lakes. The Comet Express carries up to four passengers per chair on a tranquil one mile ride up 1,200 vertical feet to the mountain summit. Before we ride up the chair we will enjoy brunch at an area restaurant. Please bring extra money as brunch will be paid on your own. Lift ticket and transportation is included.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive

**AGES:** 55 years and older

**FEE:** \$10/\$13 non-residents + your individual meal cost

**DATE:** Saturday, 10/11/14

**TIME:** 11:00 AM – 3:00 PM

**PROGRAM#:** SR1014BM

## WELLSBORO, PA THE GRAND CANYON OF THE EAST

The tour begins at the Leon Harrison State Park, a natural National Landmark. Lunch at the Penn Wells Hotel; choices 1. Baked ham with pineapple, 2. Roast Turkey with stuffing. After lunch there will be a train ride aboard the Tioga Central Railroad followed by free time in Wellsboro

**LOCATION:** Depart from Presbyterian Church,  
70 East Main Street

**AGES:** 55 years and older

**FEE:** \$60 per person/\$95 non residents

**DAY/DATE:** Tuesday, 10/14/14

**TIME:** 7:30 AM – 7:30 PM

**PROGRAM #:** SR1014PA

## FALL FOLIAGE TOUR OF THE FINGER LAKES

Come with your fellow seniors as we take a ride through the Finger Lakes Region to view the beautiful fall foliage. On the way home, we will stop at Leisure's Restaurant in Lakeville for lunch.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive

**AGES:** 55 years and older

**FEE:** \$6/\$8 non-residents + your individual lunch cost.

**DAYS/DATES:** Tuesday, 10/21/14

**TIME:** 9:30 AM – 2:00 PM

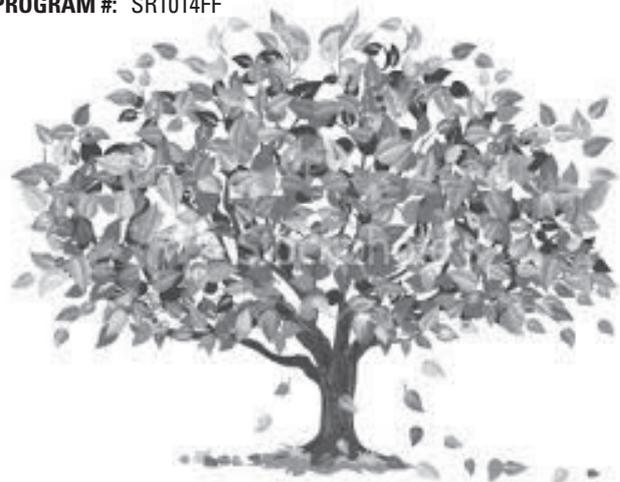
**PROGRAM #:** SR1014FF

## Your opinion matters to us!

If you have comments or ideas for one of the programs or events through Victor Parks and Recreation, we would love to hear from you. Please give us a call at 585-742-0140, e-mail parksandrec@town-victor-ny.us or use the Town of Victor's official comment card at

[www.victorny.org](http://www.victorny.org)

with your comments or ideas.



# SENIOR PROGRAMS

## TUESDAY LUNCH AND TRAVELOGUE SERIES

We will stop for lunch and then travel to exotic place around the world. The Fairport Public Library host monthly Travelogues for the public to enjoy.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive

**AGES:** 55 years and older

**FEE:** \$6/\$8 non-residents + your individual lunch cost.

**DAYS/TIMES:** Tuesdays, 10:30 AM – 2:30 PM

<b>DATES:</b>	<b>LUNCH:</b>	<b>TRAVELOGUE:</b>	<b>PROGRAM #:</b>
10/28/14	Fairport Village Inn	Yellowstone Park	SR1014TT
11/25/14	Donnelly's Public House	Maine	SR1114TT

## SHOPPING SPREE AND LUNCH

We will shop at the Christmas Tree Shop, Lori's Natural Foods, and other stores at the Regional Market. After shopping we'll stop at Sticky Lips Restaurant for lunch

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive

**AGES:** 55 years and older

**FEE:** \$6/\$8 non-residents + your individual lunch cost.

**DAY/DATE:** Thursday, 11/13/14

**TIME:** 10:00 AM – 2:30 PM

**PROGRAM #:** SR1114SS

## CHRISTMAS MEMORIES FEATURING LATSHAW POPS & LIGHTS ON THE LAKE

The day will start off with some shopping followed by lunch at Barado's Café. After lunch there will be a matinee performance of Christmas Memories at the Palace Theater. A stop will be made at Destiny USA for shopping on your own. The final stop will be a drive through Lights on the Lake.

**LOCATION:** Depart from Presbyterian Church,  
70 East Main Street

**AGES:** 55 years and older

**FEE:** \$72 per person/\$95 non resident

**DAY/DATE:** Monday, 12/1/14

**TIME:** 8:30 AM – 8:15 PM

**PROGRAM #:** SR1214CM.

## HOLIDAY LIGHTS TOUR

We will have cookies and hot chocolate in the senior lobby starting at 5:30 PM. and depart holiday lights tour starting at 6 PM. We will tour some of the neighborhoods throughout the area. We recommend that participants dress warmly and comfortably due to winter weather conditions. Cost includes transportation only. We will return to center around 8:00 PM. No dinner outing planned. Trip is subject to cancellation due to adverse or unfavorable weather and road conditions.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive

**AGES:** 55 years and older

**FEE:** \$5 per person

**DAY/DATE:** Wednesday, 12/10/14

**TIME:** 5:30 – 8:00 PM

**PROGRAM #:** SR1214HL

## A CHRISTMAS CAROL AT GEVA THEATER

Celebrate the Holiday Season and see the wonderful Performance of Charles Dickens' A Christmas Carol.

**LOCATION:** Depart Victor Parks and Recreation,  
1290 Blossom Drive

**AGES:** 55 years and older

**FEE:** \$72/\$105 non-residents

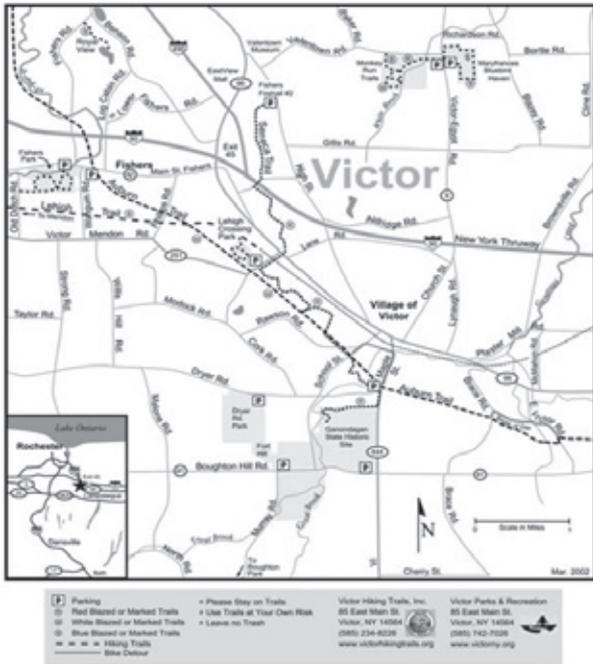
**DAYS/DATES:** Saturday, 12/13/14

**TIME:** 1:00 – 4:30 PM

**PROGRAM #:** SR1214CC



# PARKS INFORMATION



## Auburn Trail

The Town received Transportation Enhancement Program (TEP) grants totaling \$2.3 million dollars for the design and construction of this multi-use trail. Construction will continue through 2014. In 2014 we will design and install interpretive and way-finding signage, plazas and benches along the newly established trail. The recently completed bridge over Irondequoit Creek now provides trail connectivity from Fishers Road to Railroad Mills Road.



## Boughton Park • Stirnie Road & Boughton Road

Located in the Town of East Bloomfield, Boughton Park is owned by Victor, East Bloomfield, and West Bloomfield. Run by an independent Board of Directors with representation from all three towns, the park covers 330 acres with 56 acres of ponds. Permits for the park can be obtained at Victor Town Clerks office, 85 East Main Street. Please bring proof of residency (NYS ID and car registration). The permits are free to Victor Residents.

## NEW! PICNIC PLAY PACKS AVAILABLE

Let the **Department of Parks and Recreation** help you organize the field games for your next family gathering or party in the park! Our convenient Picnic Play Packs include a **variety of balls and sporting goods equipment, a bocce set and a set of horseshoes**. These are available for rental at the Parks and Recreation Department main office for \$15.00 Call (585) 742-0140 for availability.



## Visit us on Facebook!



You can keep up to date by "liking" the Town of Victor facebook page. See pics from programs and learn about upcoming programs and special events.



## Share your photos!

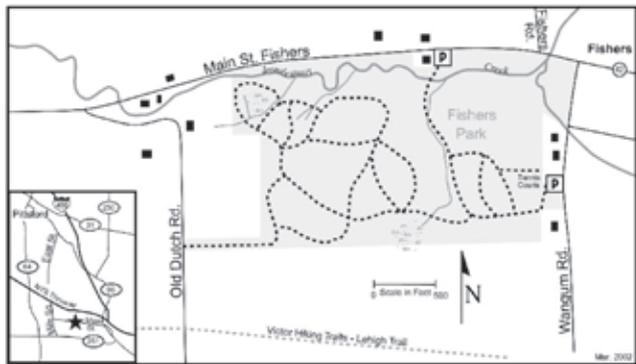
Victor Parks and Recreation is looking for some great photos of you and your family taken while participating in our programs or events! Just e-mail them to

[parksandrec@town-victor-ny-us](mailto:parksandrec@town-victor-ny-us). Please identify the program and the participants. By e-mailing your photos, you consent to Victor Parks and Recreation Department the right to use your photo as it deems appropriate.

# PARKS INFORMATION

## Dryer Road Park • 7405 Dryer Road

This 132-acre park is the site of athletic fields and a box sports rink. There is a multiage playground for children, year-round restrooms facilities, and a picnic shelter, which is available for casual use or reservation. There are 15 miles of multi-use trails for a variety of skill levels and abilities. Please sign in at the trailhead kiosk and pick up a trail map prior to setting out to explore the trails. Trail maps can also be downloaded at [www.mygroc.com](http://www.mygroc.com) and [www.VictorNY.org](http://www.VictorNY.org).



Fishers Park Trails

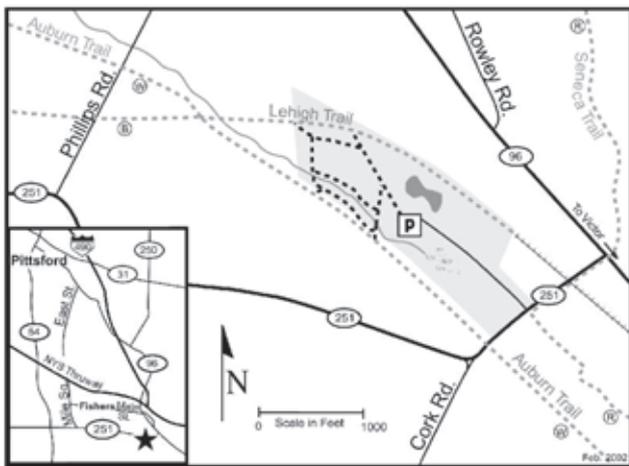
## Fishers Park • 7929 Main Street, Fishers

Located in the hamlet of Fishers, this 93 acre park is a diversity of passive and active recreation opportunities. Visitors can see a multitude of wildlife from deer, squirrels, and other woodland creatures to waterfowl and trout that spawn in the spring. Two tennis courts are available for the tennis players in your family. The extensive trail system is a great place to hike. Trails meander through the park across wooded ridges, through wetland areas, and along the banks of Irondequoit Creek. New acreage off Old Dutch Road provides you with many new trails with beautiful vistas. The extensive trail system is a great place to hike, snowshoe or cross-country ski.



## Lehigh Crossing Park • 7350 State Route 251

Lehigh Crossing Park is located off of Victor-Mendon Road (State Route 251) near Cork Road and Route 96. This 54 acre park plays host to several miles of multi-use



Lehigh Crossing Park

trails, vehicle parking area and gazebo. With woods, wetlands and ponds located within this passive park, numerous birds, waterfowl and critters find this park an exceptional place to call home. Bring binoculars!



## Lehigh Valley Trail

This newly improved trail has a stonedust surface, which is suitable for hiking, running, biking, snowshoeing and cross country skiing. The Town's portion of the former Lehigh Valley Railroad corridor is approximately two miles in length and travels from the Auburn Trail Connection at Phillips Road to the Victor-Mendon town line. There are convenient parking areas located at road crossings. The Town and Victor Hiking Trails completed construction of a pedestrian and a bicycle bridge on the former Lehigh Valley Railroad trestle at Phillips Road in November 2007 enables trail users to enter the rear of Lehigh Crossing Park and enjoy its many recreational opportunities.

## MaryFrances Bluebird Haven • 235 County Route 9

Located on Victor -Egypt Road (County Road 9), across from the Valentown Road intersection, this living classroom has an emphasis on preservation and restoration of New York State's official bird, the Bluebird. A one mile trail looped trail traverses the property through open fields and woods. This trail enables park visitors to see bluebirds in their natural habitat. The renovated Butler Cottage is available for family gatherings, parties or business meetings. Enjoy fishing on the pond with a newly constructed fishing dock. For reservations, please contact the Department of Parks and Recreation at (585) 742-0140.



## Victor Municipal Park • 6680 Papparone Drive, off of Brace Road

Victor's newest park features a multi-age playground, enclosed lodge, picnic shelter, outdoor fitness stations, sand volleyball court, bocce ball court, horseshoe pits, stocked fishing pond and trails. For lodge and shelter rentals please contact the Department of Parks and Recreation at (585) 742-0140.



# REGISTRATION PROCEDURE

## How to Register

**Resident Registration Begins: Monday, August 18, 2014**

**Non-resident Registration Begins: Monday, August 25, 2014**

### FOR REGISTRATION FORM SEE PAGE 30

Please **mail** completed registration form to:

**Victor Parks and Recreation, 85 East Main Street, Victor NY 14564**

Bring completed forms in person with cash, check, Visa, AMEX, MasterCard, or Discover Card during regular business hours. Monday thru' Thursday 8:30am – 7:00pm & Friday until 4:30pm.

**REGISTER EARLY!** If a class does not meet its minimum requirements 1 week prior to start date, we will cancel the class

**REGISTER ON-LINE AT:** [www.victorny.org](http://www.victorny.org)

On-line registration closes out 1 week prior to start date of the program.



Ontario ARC is proud to partner with the

*Town of Victor Parks and  
Recreation Department*

to provide unique and inclusive recreational opportunities for people with intellectual and developmental disabilities in our community!

- Autism Services
- Day Services
- Employment Services
- Pet Connections
- Recreation Programs
- Residential Options
- Service Coordination
- Transition Services



3071 County Complex Drive • (585) 394-7500  
Canandaigua, NY • 14424 • [www.ontarioarc.org](http://www.ontarioarc.org)

**REGISTER ONLINE AT:  
[www.victorny.org](http://www.victorny.org)**

### Your opinion matters to us!

If you have comments or ideas for one of the programs or events through Victor Parks and Recreation, we would love to hear from you. Please give us a call at 585-742-0140, e-mail [parksandrec@town-victor-ny.us](mailto:parksandrec@town-victor-ny.us) or use the Town of Victor's official comment card at [www.victorny.org/](http://www.victorny.org/) with your comments or ideas.

## IMPORTANT REGISTRATION TIPS:

- Registrations forms may be photocopied.
- Be sure to fill out all information on your form.
- Assume you are enrolled unless you are notified by phone.
- Please sign the waiver on registration form.
- We recommend consulting with your physician prior to signing up for a program requiring physical exertion.

## PARTICIPANT CODE OF CONDUCT:

- We will always strive to provide a place where fun things happen.
- Should our friends not be able to have fun with others, we will discuss other leisure opportunities.

**PROGRAM FEES:** Cash, Checks, Money Orders, Visa, MasterCard and Discover or American Express Cards are accepted. There is a 2.45% fee or \$3.00 minimum charge for credit cards.

**RETURN POLICY:** There will be a \$20.00 fee for any returned check.

## CANCELLATIONS AND REFUND POLICY:

- If a class is cancelled by our department a refund of the program cost will be provided
- You need to withdraw from a program at least 5 business days prior to the start of the program. A refund will be issued for the amount minus a \$5 processing fee.
- **No** refunds will be issued once a program has started.

**TRANSFER POLICY** Requests to transfer from one program to another must be made prior to class start date.

## INCLEMENT WEATHER & PROGRAM STATUS INFORMATION

We strive to operate our programs regardless of weather – cancelling is our last resort. However:

- While most activities will be held despite the weather, schedules may change.
- Should lightning be a potential threat, outdoor activities may be moved indoors or cancelled, the. Department of Parks and Recreation activities operated at Victor Central School District facilities will be cancelled if school facilities are closed.
- **When in doubt about program status, call the Department of Parks and Recreation at (585) 742-0140.** Program supervisors, directors or instructors will provide information about possible make-up dates for cancelled sessions.

# FALL 2014 REGISTRATION FORM

PLEASE PRINT CLEARLY

Registration

Participant Name	Grade 2014-2015	Birth Date	Sex	Program #	Program Name	Program Dates/ Times	Amount

## HOUSEHOLD INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/Town: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

E-Mail(s): \_\_\_\_\_

Emergency Contact (relationship): \_\_\_\_\_ Emergency #: \_\_\_\_\_

Special Medical Needs?  Yes  No If yes, please describe: \_\_\_\_\_

Additional Program Information: \_\_\_\_\_

The Town of Victor Parks & Recreation takes pictures in classes for use in future publications and on the internet. Please contact us if you do not wish to have your child's photo included in these materials.

### WAIVER FOR PARTICIPATION

I HEREBY UNCONDITIONALLY RELEASE THE Town of Victor Parks and Recreation Department from any and all responsibility or liability for any injuries which may be sustained by me or my minor child(ren) in relation to participation in any of the Victor Parks and Recreation programs or activities with the Parks and Recreation Department. I acknowledge that neither I nor my child(ren) suffer from any physical impairments and have no limitations upon engaging in activities with the Parks and Recreation Department. I unconditionally release the Town of Victor and its agents or employees from any and all liability for injuries and understand and acknowledge that the Town of Victor Parks and Recreation Department carries no liability or accident insurance. In the event that my child(ren) is injured, I authorize the party or person in charge of my child(ren)'s activities to seek medical care. I acknowledge and understand that I will be solely responsible to pay the cost of such care. And I further release and hold harmless the Town of Victor and its Parks and Recreation Department for any medical arrangements or care provided me or my minor child(ren).

**SIGNATURE REQUIRED:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

SIGNATURE OF PARTICIPANT, PARENT OR GUARDIAN

**PROGRAM FEES:** payable to "Town of Victor" Please note additional fee for credit card use below.

Method of Payment: Cash:  Check # \_\_\_\_\_ Visa:  Mastercard:  Discover:  AMEX:  Total Amount: \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Amount: \_\_\_\_\_

Card Holder Name: \_\_\_\_\_ Signature: \_\_\_\_\_

By signing above I agree to pay the Town of Victor for the amount above and understand that a Third Party convenience fee will apply to my transaction in order for the Town to accept payment via credit card. I agree that such convenience fee shall be billed to my credit card by Nationwide Payment Solutions (NPS) as a separate transaction and equal to 2.45% (\$3.00 minimum) of the total amount being paid.

**FOR BASKETBALL ONLY:** I would like to Volunteer Coach (Name): \_\_\_\_\_

Volunteer Coach Email: \_\_\_\_\_



**All volunteer coaches will need to be background checked prior to volunteering**

Player Info: Name: \_\_\_\_\_ Height: \_\_\_\_\_ Yrs. Experience: \_\_\_\_\_ Circle Player Skill Level: 1-Beginner 2-Average 3-Above Aver.

Player Info: Name: \_\_\_\_\_ Height: \_\_\_\_\_ Yrs. Experience: \_\_\_\_\_ Circle Player Skill Level: 1-Beginner 2-Average 3-Above Aver.

Registration forms can be faxed to (585) 742-0142, mailed to the Town of Victor Department of Parks and Recreation, 85 East Main Street, Victor, NY 14564 or you can register on-line at [www.victoryny.org](http://www.victoryny.org). Please call 742-0140 for more information or visit us at: [www.victoryny.org](http://www.victoryny.org) then choose the Parks & Rec tab

# PARKS & RECREATION

## MISSION STATEMENT

The Town of Victor Parks and Recreation Department is dedicated to offering residents a balanced system of parklands, preservation of open space, and broad-based leisure opportunities that will foster growth of healthy lifestyles.

## SERVING YOUR LEISURE NEEDS

### Brian Emelson, C.P.R.E.

Director of Parks and Recreation  
(Certified Parks and Recreational Executive)  
bemelson@town-victor-ny.us

### Michael Stockman, C.P.R.P.

Assistant Director of Parks and Recreation  
mastockman@town-victor-ny.us

### Jeff Rader

Parks Maintenance Assistant  
jrader@town-victor-ny.us

### Tabatha Chastang, C.P.S.I.

Motor Equipment Operator, Light  
tchastang@town-victor-ny.us

### Tim Hadden

Motor Equipment Operator, Light  
thadden@town-victor-ny.us

### Steve Hendrickson, C.P.R.P.

Recreation Supervisor  
srhendrickson@town-victor-ny.us

### William Lew, B.S.

Recreation Supervisor  
wlew@town-victor-ny.us

### Felicia Skibinski, B.S., M.S.

Account Clerk/Typist  
fskibinski@town-victor-ny.us

### Sharon Kaisen, B.S., M.S.

Typist  
skaisen@town-victor-ny.us

## PARKS & RECREATION CITIZENS' ADVISORY COMMITTEE

Larry Fisher, <i>Chairperson</i>	Gregory Richards, <i>Vice Chairperson</i>
Terryn Maybeck	Cyndy Rochford
Christine Palmiere	Brad Pierson, <i>Village Board Liaison</i>
Bonnie Rhodes	David Tantillo, <i>Town Board Liaison</i>
TBA, <i>Student Representative</i>	

## AMERICANS WITH DISABILITIES ACT COMPLIANCE

The Town of Victor Parks & Recreation Department offers programs for all residents regardless of differing abilities. If you have a question or a concern about program accommodations, call us at 742-0140.

**Youth Programs** funded in part by a reimbursement from the New York State Office of Children and Families served through the Ontario County Bureau.

**SportsNet:** Inclusive Sports and Recreation Network for People with Physical Disabilities. SportsNet is sponsored by Rochester Rehabilitation Center. It is about creating opportunities for people with physical disabilities to participate in mainstream sports and recreation activities. If you or someone you know has a physical disability and is interested in participating in exercise, active recreation or sports, please contact: Nancy Steinkamp, SportsNet Manager, 271-2520 ext. 674.

## COMMUNITY SPORTS ORGANIZATIONS

Victor Parks and Recreation does not operate the following programs. However, we know parents are interested in the following names and numbers.

### Victor Community Baseball & Softball

President, Victor Little League: Erik Morrell  
www.victorbaseball.com or www.victorsoftball.com

### Victor Soccer Club

President: Scott Frutchey, Dir. Of Rec. Programs: Mark Pagano  
www.victorsoccerclub.org

### Victor Junior Blue Devils (Football & Cheerleading)

President: David Gleason  
www.VictorJrBlueDevils.com

### Victor Swim Club

VSC Program Director/Head Coach: Michael Murray  
www.VictorSwimClub.org

### Victor Blue Devils Youth Lacrosse

Youth Director: Andy Cooney  
acooney@rochester.rr.com 585-507-5828

### Victor Girls Youth Lacrosse

Steve Hersh/Mark Bruno  
www.leaguelineup.com/vgylax

### Hockey

Tim Maher 924-5366

## FACILITY RENTALS

Are you looking for a place to hold a party or business meeting? All reservations must be made in person at the Parks and Recreation Office at 1290 Blossom Drive. Please contact us with any questions 742-0140.

LOCATION	CAPACITY	FEE: RESIDENT	FEE: NON-RESIDENT
"Butler Cottage" at MaryFrances Bluebird Haven	45	\$50 Half Day / \$100 Full Day	\$60 Half Day / \$120 Full Day
"The Lodge" at Victor Municipal Park	125	\$75 Half Day / \$150 Full Day	\$100 Half Day / \$200 Full Day
Victor Municipal Park Rotary Pavilion	50	\$40 Full Day Only	\$50 Full Day Only
Dryer Road Park Pavilion	50	\$40 Full Day Only	\$50 Full Day Only

PARKS & RECREATION OFFICE	CAPACITY	FEE
Large Multipurpose Room	105	\$18 per hour
Medium Multipurpose Room	45	\$14 per hour
Small Group Instruction	30	\$12 per hour
Kitchen	20	\$12 per hour

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