



Leisure Lines from the Director of Parks and Recreation...

This spring and summer, I spent a great deal of time working on the campus of the Victor Central School District in conjunction with our Safe Routes to School (SRTS) sidewalk project. Our project involved the construction of five-thousand, seven-hundred feet (5,700 ft.) of "new" concrete and asphalt paths to safely take school-age children to and from their homes which surround the campus. The ultimate goal of our project is to decrease short vehicle trips in and around the campus and encourage "active transportation," which is an essential component of a healthy community!

This period was the most time that I had spent on the campus since we moved our office from the Early Childhood Education Center (formerly the "VEC") ten years ago. This time really helped me understand how far we have come from those early days and how far we can go in the days ahead. During the project, I received a nice letter from a child expressing her concern about the trees we had to cut down to enable us to construct a section of sidewalk in a particular area. We typically don't get a lot of this type of feedback from the younger members of our community. Therefore, I knew it would be important for me to provide a response that not only addressed her concerns, but also applauded her for asking good questions...and expecting good answers!

Now, I could have said that we had to cut down the trees to get our equipment in to the job site. Realistically, she knew the area better than I and there was a high probability that she and her friends would have come up with a way for us to build the walkway without cutting down the trees that the Engineer and I hadn't thought of. Instead I chose to help her understand that we were trying to get more kids and their families to walk and bike to school and decrease the amount of vehicle emissions that harm our environment. In addition, I shared that we would be planting additional trees to replace the ones that we had taken. At the end of the day and at the close of our project, she and I would hopefully learn that life is about BALANCE.

As you head into an often hectic fall season; please take the time in your day to experience our local parks and trails or try out a new recreation program as an effort to find balance in your life and the lives around you.

All the Best,
Brian C. Emelson, CPRE

SPECIAL EVENTS

THE FOLLOWING SPECIAL EVENTS ARE SPONSORED IN PART BY:



THANK YOU FOR YOUR SUPPORT!

39TH ANNUAL HANG AROUND VICTOR DAY

Join us for some fall fun as we celebrate Victor and the diverse community activities and events held "around Town." Pick up a copy of our fall brochure, share some ideas with program staff and enjoy a special treat! Additional activities at the event include food, family music, contests and more! Sponsored by the Victor Chamber of Commerce.

LOCATION: Main Street in the Village of Victor
DAY/DATE: Saturday, 9/12/15
TIME: 10:00 AM – 5:00 PM

VICTORFEST 2015

"Victorfest 2015" is sure to have a little bit or a lot of something for everyone! Bring your family and join your friends for an evening of music Nik Entertainment featuring Les Femmes at 6:00 PM, and The Blues Family Band at 7:30 PM as well as food trucks. The night will be capped off by a fireworks display. Say goodbye to summer and welcome to fall at Victorfest 2015.

LOCATION: Mead Square/Victor Library Parking lot, 39 West Main Street
DAY/DATE: Saturday, 9/12/15
TIME: 6:00 – 10:00 PM, Fireworks at 9:30 PM

THE FOLLOWING SPECIAL EVENTS ARE SPONSORED IN PART BY:



BREAST CANCER AWARENESS COMMUNITY FESTIVAL AT LEGACY AT FAIRWAYS

Saturday, October 17th 2015 from 11:00-3:00

Enjoy Food Trucks, Local Community Bands and Dance Groups, Silent Auctions, 50/50 Raffles, Pink Pumpkin & Face Painting and much more. Support our pink bow campaign by making a donation in honor of someone who has been affected with breast cancer, and watch our community turn pink. Questions, please call 585-924-7043. Co-Sponsored by Victor Parks and Recreation and Elizabeth Wende Breast Cancer Center in Victor.

THE FOLLOWING HALLOWEEN SPECIAL EVENTS ARE SPONSORED IN PART BY:



THANK YOU FOR YOUR SUPPORT!

VPR HALLOWEEN TAILGATE TRICK OR TREAT

Don't miss a Halloween party for all to have fun. Sign up to give treats out of the trunk of your car. Decorate your vehicle and dress in costume. Children will then Trick or Treat in the parking lot out of the vehicles. This is also known as Trunk or Treat. Prizes will be awarded for best decorated car and theme. In addition to that The James Cooke American Legion Post 931 will be hosting a Halloween Party in the new Lodge. Pizza, drinks, and all kinds of fun and games will be happening at this one of a kind event

LOCATION: Victor Municipal Park Lodge, 6680 Paporone Drive, off of Brace Road
AGES: Everyone
FEE: FREE
DAY/DATE: Saturday, 10/24/15
TIME: NEW TIME!!! 5:00 PM – 6:30 PM
NOTE: Please sign up as a Trick or Treater or a car to participate.

JACK-O-LANTERN TRAIL EVENT

Participate in the 10th annual Jack-O-Lantern Trail in Victor. Carve a pumpkin and drop it off at Memorial Field for free in Victor on Saturday, Oct 24th from Noon – 3 PM. Invite your friends and families to take a festive walk that same evening on one of Victor's trails. The trolley trail will be lit by creative Jack-O-Lanterns. This is a fun event for the whole family. Enjoy the walk in the moonlight. Half-mile trail is paved and good for strollers and wheelchairs. Proudly display your pumpkin masterpiece and have fun searching for it on the trail. Receive a free ticket to this event when you drop off your Jack-O-Lantern. Refreshments provided by the Firemen Ladies Auxiliary. Sorry, no pets allowed.

*The money raised will be donated to local charities including the Leukemia & Lymphoma Society, Victor Fire Department and Victor Hiking Trails.

LOCATION: Memorial Field - Maple Avenue, Victor
AGES: For all ages
FEE: \$4 adults, \$2 kids under 15, paid at the Trail Entrance
DAY/DATE: Saturday, 10/24/15
TIME: 7:00 – 8:30 PM
NOTE: In case of inclement weather, call 742-0140. (Rain date is Sunday, Oct 25th)



Register Online

It's only a point and click away at www.victoryny.org

SPECIAL EVENTS

THE FOLLOWING CHRISTMAS SPECIAL EVENTS ARE SPONSORED IN PART BY:



THANK YOU FOR YOUR SUPPORT!

CHRISTMAS IN THE VILLAGE OF VICTOR

Santa Claus is coming to town...in cooperation with the Parks and Recreation Department, Victor Chamber of Commerce, and Five Star Bank. Join your family and friends for a holiday celebration with music, food, costumed characters, activities, all situated throughout downtown Victor. Santa and Mrs. Claus will light the tree at Mead Square Park at 5pm. Look for special coupons and maps.

LOCATION: Main Street Victor
AGES: Families are welcome
FEE: FREE
DAY/DATE: Saturday, 11/28/15
TIME: 10:00 AM – 5:00 PM

TEA AND COOKIES WITH MRS. CLAU S

Enjoy a fun and enjoyable time hanging out with Mrs. Claus. You will have snack and a drink and enjoy a fun craft. Lots of Christmastime fun!

LOCATION: Victor Methodist Church, 106 E. Main Street
AGES: Children ages 7 – 12 years of age
FEE: \$7 per child
DAY/DATE: Saturday, 11/28/15
TIME: 2:00 – 3:00 PM
PROGRAM #: V1115TC

FAMILY PROGRAMS

NEW!

PICNIC PLAY PACKS AVAILABLE

Let the Department of Parks and Recreation help you organize the field games for your next family gathering or party in the park! Our convenient Picnic Play Packs include a variety of balls and sporting goods equipment, a bocce set and a set of horseshoes. These are available for rental at the Parks and Recreation Department main office for \$15.00 Call (585) 742-0140 for availability.

COMMUNITY BAND

Dust off your musical instrument and join Victor's group of talented musicians. Family groups are welcomed. No auditions are necessary. Call Victor Parks & Recreation for more information (742-0140).

LOCATION: Victor Intermediate School Band Room, 953 High Street
AGES: Open to all ages
INSTRUCTOR: Paul Mangiamele
FEE: Free
DAYS/TIMES: Wednesdays, 7:00 PM
DATES: Ongoing

COMMUNITY CHORUS

If you enjoy singing, this is the program for you. Call Victor Parks & Recreation for more information (742-0140).

LOCATION: St. John's Lutheran Church, 888 Victor Egypt Road
AGES: Open to all ages
INSTRUCTOR: Mary Ann Buneo
FEE: Free
DAYS/TIMES: Tuesdays, 7:00 PM
DATES: Ongoing

VICTOR ART CLUB

Join other adults who want to share their talent, learn different techniques, meet new people, and grow the art community in Victor. The group meets the 1st and 3rd Tuesdays of the month. During the meeting demonstrations are given in different art disciplines and techniques. Enjoy the company of other who share your passion. For more information just stop by a meeting or call our office at 585-742-0140.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: Adults 18 and over
FEE: Free
DAY/DATE: 1st and 3rd Tuesday evenings of the month
TIME: 7:00 PM

VICTOR HIKING TRAILS FALL HIKES



Sunday, September 27th

5th Annual Seneca Trail Challenge Hike. Hike the entire 14 miles on the Seneca Trail. Starting time and location to be determined. Check VHT website, www.victorhikingtrails.org, for details.

Saturday, October 10th

Hike a section of the Bristol Hills Branch of the Finger Lakes Trail. Meet at Victor Town Hall at 9:00 AM. to carpool to the trailhead.

Saturday, November 14th

Hike the trails at Boughton Park in East Bloomfield. Meet at Victor Town Hall at 9:00 AM to carpool to the park.

Saturday, December 12th

Hike the new trails at the north end of Ontario County Park. Meet at Victor Town Hall at 9:00 AM to carpool to the park.

VICTOR HIKING TRAILS – TRAIL SURVEY

The members of the Victor Hiking Trails Board are, as always, very interested in how, when, and by whom our trails are being used so we can make them even better for the users. As part of that effort a new edition of our survey of trail users -- and currently non-users -- is being conducted.

Please take the survey! It will improve the trail experience in Victor. You can participate online or by paper, either way it is the same survey. The online version is at <https://www.surveymonkey.com/s/KY3MNYK>.

The paper version is in this issue on page 33. It is also in the summer issue of the VHT Pathfinder Newsletter (available at www.victorhikingtrails.org). Hard copies are also available at the Town Hall, Village Hall, Victor Farmington Library and other locations.

Of course, your comments, ideas, and volunteering are always welcome. Among the ways of contacting us are (585) 234-8226 and through our website at www.victorhikingtrails.org/contact

While the survey window will be open all summer, please complete and return yours as soon as possible. Thank you.

FAMILY PROGRAMS

BIRTHDAY PARTIES (SEPTEMBER – DECEMBER)

Do you want to have your party with your friends at Victor Parks & Recreation? Package does not include cake. We offer 2 birthday party packages: Silver and Gold. The silver party includes 2 staff, 2 rooms with games and activities. The gold party includes 2 staff, 2 rooms, games and activities, paper products and utensils, tablecloths, 1 sheet pizza, and drinks. 2 parents required to stay and help with supervision.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: All
INSTRUCTOR: VPR Staff
TYPE: **FEE:** **PROGRAM#:**
Silver: \$100/\$105 non-residents Silver2015Fall
 for child and 12 friends
 Additional children at \$5 each.
Gold: \$140/\$145 non-residents Gold2015Fall
 for child and 12 friends
 Additional children at \$5 each
 (Includes paper products and
 utensils, tablecloths, 1 sheet pizza, drinks)
DATES: Call for availability 742-0140
 Please register at least (1) week in advance.
 Payment expected to hold your spot.
DAYS/TIMES: Saturdays, 1:00 – 3:00 PM or 4:00 – 6:00 PM
 Sundays, 1:30 – 3:30 PM or 4:30 – 6:30 PM

LEARN TO SKATE OPEN HOUSE

September is back to school time and back to skating! To start the skating season off, the GCCC will be holding an Open House. Free Lesson and Free Skate rental come join the fun and try us out!!!!

DAY/DATE: Sunday, 9/20/15
TIME: TBD
PROGRAM #: Please RSVP Pamela Warren at
 Gr8t2sk8t@yahoo.com.
 * You must register by Fri 9/18/15 *

OUR WOODS ARE ALIVE! NATURE WALK

Join us as we embark on an excursion through the woods to learn about nature and leaf peep! We will work together to learn and identify plants, trees, animals, and insects indigenous to Western New York! Participants are introduced to the Leafsnap Application for iPhone and have the option of completing the "What's in Our Woods?" scavenger hunt! Please wear comfortable shoes and bring a water bottle. All ages welcome. Children under 7 must be accompanied by an adult. Dress for the weather! Program will run rain or shine!

LOCATIONS: Town of Victor Parks
AGES: All Ages
INSTRUCTOR: Christine Winter
FEE: \$5/family per session
DAYS/TIMES: Saturdays, 11:00 AM – 12:00 PM
DATES: **LOCATION:** **PROGRAM #:**
 9/19/15 Dryer Rd Park CW915NW
 10/10/15 Boughton Park CW1015NW

LETTERS TO SANTA

Victor Parks and Recreation has direct communication with the North Pole. Children who send their letters to Santa in care of Victor Parks and Recreation will receive a personal letter back from Mr. Claus. To ensure a speedy reply, letters should be received by Monday, December 7, 2015, please include your return address.

Send letters to:
 Santa Claus
 C/O Victor Parks and Recreation
 85 East Main Street
 Victor, NY 14564

WINTER MUSICAL – A CHRISTMAS CAROL

Victor Parks and Recreation is please to announce the 2015 winter musical production of "A Christmas Carol". The music for this stage production is based on the movie "The Muppets Christmas Carol". Participants in the program will rehearse and perform this full-length musical. Auditions for placement will take place during the first rehearsal with all participants being cast. Please check the rehearsal schedule and your calendar, as attendance at rehearsals is required. This program is open to children and adults ages 5 and up. All ages are needed. This will be a fun experience for anyone wishing to perform in a production, from first timers to seasoned pros. This is a great program for families to do together.

This program will be offered in 2 sessions. Each session will perform the musical twice. Performances will be on Friday, December 4th and Saturday, December 5th.

Register early – each cast is limited to 40 actors per session.
LOCATION: Victor Early Childhood Auditorium, 953 High Street
AGES: 5 & up Adults Needed
INSTRUCTOR: Peggy Zorn
FEE: \$25 per person/\$40 per family
 + \$5 for non-residents
TIME: Rehearsals: 6:30 – 8:30 PM
DAY: **REHEARSALS:** **PROGRAM #:**
 Mondays 9/28, 10/5, 10/19, 10/26, 11/2, 11/9, PZ915MCC
 only except 11/16, 11/23, 11/30, 12/2, and 12/3
 for the
 Performance
 Week
Performances: Friday 12/4 @ 7:30 PM & Saturday 12/5 @ 3:00 PM
 Tuesdays 9/29, 10/6, 10/20, 10/27, 11/3, 11/10, PZ915TCC
 only except 11/17, 11/24, 12/1, 12/2 and 12/3
 for the
 Performance
 Week
Performances: Saturday 12/5 @ 12:00 PM and 7:00 PM

PRESCHOOL PROGRAMS

COME-N-PLAY

Come and enjoy the Victor Parks & Recreation Multipurpose Room and all the fun things you can do there. Balls, blocks, scooters, noodles and more. Bring your child and come and play – stay for the whole time or just a while. An adult must accompany and supervise children. Sneakers are required for both child and adult.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Preschoolers with an adult

INSTRUCTOR: Ms Theresa and Staff

FEE: \$6/\$12 non-residents per session.

TIME: Wednesdays: 10:45 AM – 12:15 PM ** NEW TIME **
Thursdays: 10:30 AM – 12:00 PM

DAY:	DATES:	PROGRAM #:
Wednesdays	9/9 – 10/14/15	V915CPW
Thursdays	9/10 – 10/15/15	V915CPT
Wednesdays	10/21 – 12/9/15 (no class 11/11 or 11/25)	V1015CPW
	* Note: Costume parade on 10/28/15	
Thursdays	10/22 – 12/10/15 (no class 11/26)	V1015CPT
	* Note: Costume Parade on 10/29/15	

MUSIC TOGETHER

Does your little one love music? Do you want your child to develop listening, turn taking and other pre-classroom readiness skills? The internationally known early childhood music program, Music Together will have you and your child singing, dancing and learning as a community. In this class we will sing songs, learn rhymes, play with percussion instruments and dance! All classes taught by NYS certified educator and teaching artist, Sarah Peters. Our weekly classes last forty-five minutes and are different every time! Join us for a playful and fun way to learn!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive.

AGES: Child with Adult, siblings under 8 months free

INSTRUCTOR: Sarah Peters

FEE: \$145/\$155 non-residents, additional child over 8 months \$75
infants under 8 months free with sibling.

DAYS/TIMES: Thursdays, 10:30 – 11:15 AM

DATES: 9/10 – 11/12/15 (makeup class 11/19)

PROGRAM #: SP915MT

LAUGH DANCE AND HAVE FUN WITH MISS SHARON

Miss Sharon is the Town of Victor Parks and Recreation's new dance instructor. She has been teaching dance for over 20 years on Ohio and New York, danced professionally and holds a B.A. in Dance and a M.A. in Dance History. My philosophy is children should be in a positive fun environment to teach them about dance. Building confidence is very important for all my students and having fun laughing is the best part of class.

TODDLER JAM

A fun, exciting movement and music class designed for your child. Learn through creative movement, dance, music and your imagination how to move, groove and have loads of fun. Each class offers a new and exciting theme. Parent/Caregiver must be present and dress is loose comfortable clothing. Don't forget to tell your friends!

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 3 – 5 year olds

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$40/50 non-residents

DAY/TIME: Saturdays, 9:00 – 10:00 AM

DATES: 9/12 – 10/17/15

PROGRAM #: SM915TJ

LITTLE DRIBBLERS

Attention 4 and 5-year-old boys and girls. Come and begin to learn the fundamentals of basketball while having fun! You can come be a part of a team and begin to dribble, pass and shoot. Class size is limited so sign up early.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 4 & 5 year olds

INSTRUCTOR: Coach Steve & VPR Staff

FEE: \$35/\$45 non-residents

DAYS/DATES: Tuesdays, 9/15 – 10/27/15

TIMES:

4:00 – 5:00 PM

5:00 – 6:00 PM

PROGRAM #:

V915LD4

V915LD5

BUDDING BALLERINAS AND CHARMING PRINCES

This is a ballet only class and we have so much fun so tell a friend about it. It is a fun, exciting and a welcoming introduction to ballet. Girls and boys will learn how to act like a ballerina or a dashing prince, the basics of a ballet class and read stories about ballet. The children will perform a short demonstration at the end of each session "Party". Dress is loose and comfortable clothing or dance attire. Ballet slippers are welcomed, but not required.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 4 – 6 year olds

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$50/\$60 non-residents

DAY/TIME: Fridays, 5:00 – 6:00 PM

DATES:

9/18 – 10/16/15

10/23 – 11/20/15

PROGRAM #:

SM915BB

SM1015BB

DON'T FORGET OUR RECESS PROGRAMS See page 16



PRESCHOOL PROGRAMS

SPORTY SPROUTS

Sporty Sprouts is a preschool, tri-sports program for boys and girls ages 3 - 5 years. In this six-week session, children will be introduced to basketball, soccer and tennis in a fun, fast-paced setting. Our goal is to spark your child's curiosity for sports by teaching them the basic skills through use of age adaptive equipment and games. Come have fun! Please note this is not a parent participation class.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 3 - 5 year olds

INSTRUCTOR: Cathy Downs

FEE: \$66/\$76 non-residents

DAY/TIME: Tuesdays, 10:00 - 10:45 AM

DATES:

9/22 - 10/27/15

11/3 - 12/15/15, (no class 11/24)

PROGRAM #:

CD915SS

CD1115SS

OUTDOOR EXPLORERS

Enjoy the last of summer! We will be exploring, scavenger hunting and using binoculars and a compass to map our way to FUN with friends! Try coloring with flowers and painting with berries too! 2-year olds must have adult participate with them. Anyone enrolled in Animal Adventures zoo mobile class can stay through to that class with teacher.

LOCATION: MaryFrances Bluebird Haven Butler Cottage, 235 Victor-Egypt Road

AGES: 2 - 6 year olds

INSTRUCTOR: Mary Slaughter

FEE: \$36/\$41 non-residents

DAY/TIME: Tuesdays, 12:45 - 1:30 PM

DATES: 9/22 - 10/13/15

PROGRAM #: MS9150T

ANIMAL ADVENTURES

The Zoo is coming to see you! Seneca Park's Zoo has teamed up for this class of creatures, crafts and creative play! We are all hands-on for getting to know these new, real-live friend! Zoomobile be here with four animals to touch and feel while we explore our wild side! Animal craft projects, furry puppets and two visits from the zoo, what could be better? Two year olds welcome with an adult (no extra charge). Bring a favorite stuffed animal of yours each week to join in on the fun! Don't miss this unique class!

LOCATION: MaryFrances Bluebird Haven Butler Cottage, 235 Victor-Egypt Road

AGES: 2 - 6 year olds

INSTRUCTOR: Mary Slaughter

FEE: \$45/\$50 non-residents

DAY/TIME: Tuesdays, 1:30 - 2:15 PM

DATES: 9/22 - 10/13/15

PROGRAM #: MS915AA

LITTLE DYNAMO KICKERS AND SHOOTERS

Fun, foundational sports skills for your tot! This session introduces SOCCER and LACROSSE. We will be running, kicking and shooting goals to develop solid hand-eye coordination and agility! Begin learning the basics of teamwork and sportsmanship with Coach Mary and other enthusiastic kids just like you!

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 2 - 3 year olds, plus a participating adult

INSTRUCTOR: Mary Slaughter

FEE: \$44/\$54 non-residents

DAY/TIME: Mondays, 10:30 - 11:10 AM

DATES: 9/28 - 11/2/15 (no class 10/12)

PROGRAM #: MS915KS

HIGH-FIVE! FALL SPORTS

Two sessions of fun with new activities in each! Check out our games for learning SOCCER, FOOTBALL and TUMBLING! Strengthen: upper and lower body muscles, as well as the necessary skills and essential coordination specific to these sports. Learn from the Coach and work with teammates! Best of all, activities are geared to the littlest athletes and the biggest smiles! Children staying for 1:30 Art classes will be escorted by Coach.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 3 - 5 year olds

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

DAY/TIME: Mondays, 12:45 - 1:30 PM

DATES: 9/28 - 11/2/15 (no class 10/12)

11/9 - 12/14/15 (no class 11/30)

PROGRAM #:

MS915FS

MS1115FS

ART TIME TO CELEBRATE!

Celebrate the seasons with all its colors and textures! Try new kids of paint and all the fun ways we put it on creative canvases! Great for busy fingers and curious minds! Two year olds welcome with participating adult. Smocks recommended.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 3 - 5 year olds, 2 year olds with a participating adult

INSTRUCTOR: Mary Slaughter

FEE: \$48/\$58 non-residents

+ \$5 for materials due to the instructor on first day

DAY/TIME: Mondays, 1:30 - 2:15 PM

DATES: 9/28 - 11/2/15 (no class 10/12)

PROGRAM #: MS915AT

**Have you registered for
your favorite activity yet?**

**Nothing kills a program faster than slow
registration. Please register at least one (1)
week prior to the start date !**

Visit us on Facebook!



You can keep up to date by "liking" the *Town of Victor* and the *Victor Parks & Recreation* facebook pages. See pics from programs and learn about upcoming programs and special events.

PRESCHOOL PROGRAMS

BABY BLADES

This class is designed to get kids excited about getting on the ice! For itty bitty "Learn to Skaters".

LOCATION: Greater Canandaigua Civic Ctr, 250 N. Bloomfield Road, Canandaigua

AGES: 18 months – 3 years old

INSTRUCTOR: Pamela Bossar Warren & Friends

FEE: \$45/\$55 non-residents
+ \$14 USFS registration fee payable to USFS
+ \$4 daily skate rental fee payable each week to the

rink

DAY/TIMES: Wednesdays, 5:30– 6:20 PM

DATES:

9/30 – 11/4/15

11/11 – 12/16/15

PROGRAM #:

PW915BB

PW1115BB

BUMPER BOWLING

Join the excitement as your child knocks down pins. Bumpers will assist the ball towards the target, the pins. One game played each week. Parent/guardian must assist the child. Shoe rental included. Please list lane mates on registration form (3 children maximum per lane.) Space is limited bowling begins promptly at specified times. Please arrive 15 minutes early to get shoes, ball, etc.

LOCATION: Roseland Bowl

AGES: 3 – 6 year olds

INSTRUCTOR: VPR Staff

DAYS/TIMES: Fridays, 9:45 – 10:45 AM

DATES: **FEE:**

10/2, 10/9 & \$14/\$17 non-residents

10/16/15 (3 weeks)

1 Day: \$8/\$11 non-residents

list date you want in add'l info.

PROGRAM #:

V1015BB

V1015BB1

NEW!

ROCKIN WITH PETE THE CAT

Do your children love Pete the Cat books? Then this is the class just for you. We will have fun reading a new Pete the Cat book each week and learn the his lesson of the day, explore the book through movement and make a simple craft to take home and share with your family. Come join us and explore your child's creativity and art skills. All supplies are included in your class fee.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 3 – 5 year olds

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$40/50 non-residents

DAY/TIME: Saturdays, 10:00 – 11:00 AM

DATES: 10/3 – 10/24/15

PROGRAM #: SM1015PC

NEW!

LITTLE FEET DANCE CLASS

Welcome to our new age-appropriate program with a new instructor, Miss Sharon, in which boys and girls are introduced to all the fundamentals of 3 basic forms of dance: Ballet, Tap and Jazz. Throughout this new and exciting program, students will learn the correct disciplines of body positioning and simple steps in Ballet, develop a magnificent sense of rhythm and musicality through Tap, and introduced to the fun and fast tempo of Jazz.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 3 – 4 year olds

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$60/\$70 non-residents (6 weeks)

DAY/TIME: Saturdays, 9:00 – 10:00 AM

DATES: 10/28 – 12/9/15 (no class 11/25/15)

PROGRAM #: SM1015LF

KINGS & QUEENS OF THE COURT

Learn the fundamentals of volleyball learning to bump, set and spike. Equipment sized for their level.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 4 & 5 year olds

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$29/\$39 non-residents

DAYS/DATES: Tuesdays, 11/3 – 12/8/15

TIME:

4:00 – 5:00 PM

5:00 – 6:00 PM

PROGRAM#:

V1115KQ4

V1115KQ5

LITTLE DYNAMO QB'S, KICKERS & TUMBLERS

Fun, foundational sports skills for your tot! This session introduces FOOTBALL and TUMBLING and builds on SOCCER from previous session; we will be throwing, running, jumping and kicking to develop s hand-eye coordination overall gross motor abilities and agility! Begin learning the basics of teamwork and sportsmanship with Coach Mary and other enthusiastic kids just like you!

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 2 – 3 year olds, plus a participating adult

INSTRUCTOR: Mary Slaughter

FEE: \$44/\$54 non-residents

DAY/TIME: Mondays, 10:30 – 11:10 AM

DATES: 11/9 – 12/14/15 (no class 11/30)

PROGRAM #: MS1115QK

FESTIVE FRIENDS ART

Is someone excited for the Holidays? We will create artwork to celebrate them all! Great fun for girls and boys alike, keeping active with paints, clay dough, glue & glitter! Create masterpieces, experiment mixing colors and leave the mess behind! Bring a smock to each class.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 3 – 5 year olds

INSTRUCTOR: Mary Slaughter

FEE: \$48/\$58 non-residents

+ \$5 for materials due to the instructor on first day

DAY/TIME: Mondays, 1:30 – 2:15 PM

DATES: 11/9 – 12/14/15 (no class 11/30)

PROGRAM #: MS1115FF

**Resident Registration Begins:
Monday, August 24, 2015**

**Non-Resident
Registration Begins:
Monday, August 31, 2015**

PRESCHOOL PROGRAMS

LITTLE STRIKER SOCCER STARS

Learn the fundamentals of soccer learning to kick, head and pass during a fast paced indoor soccer game.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 4 & 5 year olds

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$29/\$39 non-residents

DAYS:	DATES:	TIMES:	PROGRAM #:
Mondays	11/9 – 12/14/15	4:00 – 5:00 PM	V1115LSM4
Mondays	11/9 – 12/14/15	5:00 – 6:00 PM	V1115LSM5
Fridays	11/6 – 12/18/15,	4:00 – 5:00 PM	V1115LSF4
	no class 11/27/15		



YOUTH PROGRAMS

14th ANNUAL
VICTOR YMCA 5K
 KIDS FUN RUN and FITNESS WALK
 Saturday, September 12, 2015



For more information or to register: rochesterymca.org/victor-5k

HORSEBACK RIDING

The Phelan Training Stable program introduces riders of all abilities to the challenges and responsibilities of taking care of horses under the supervision of a qualified instructor and assistants. Our program provides a balance between mounted instruction, talks and demonstrations. Each participant will receive a riding lesson every session. Riding instruction will be geared toward each individual's needs. Students will also learn many aspects of horse care, including grooming, feeding, anatomy and much more. The overall priorities of the Phelan Training Stable riding program are safety, fun and skill advancement. Horses can help us accomplish many of our goals: self-confidence, leadership, respect, responsibility and compassion. Horses also provide excitement, freedom, adventure and friendship. Our stable offers a very engaging and effective experience for growth and learning. For more information call Scot at (585) 657-6952 or visit www.phelantrainingstable.com

LOCATION: Phelan Training Stable, (Route 444)
 2218 Victor-Bloomfield Road, Bloomfield, NY 14469

AGES: All Ages

INSTRUCTOR: Scot Phelan and Staff

FEE: \$110/\$120 Non-Residents

DATE: September – December
 (Indoor facility for bad weather)

DAY/TIME: Four 1-hour sessions
 (Instructor will call to set up training days and times)

PROGRAM #: SP915HR

BALLET & CONDITIONING (ONGOING CLASS)

(FOR FIGURE SKATERS, DANCERS CHEERLEADERS AND ATHLETES)
 This class is designed for a variety of athletes. Come and learn exercises to obtain the edge over the competition in a fun and energetic atmosphere by strengthening your body's muscles and sharpening your ballet skills. We will pay special attention to correct posture, proper execution of the arms and the fluidity and flow of the upper body, strengthening the legs, enhancing your balance and perfecting your footwork. The class will also consist of Pilates and other stretching exercises on mats to improve your core strength, leg strength and flexibility. Yoga mats are welcomed, but not required and please bring a drink each week.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 10 and up (or per Instructor's permission)

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$80/\$90 non-residents (8 weeks)

DAY/TIME: Mondays and/or Fridays, 6:00-7:00 PM

DAY:	DATES:	PROGRAM #:
Mondays	9/21-11/2 (no class 10/12)	SM915BCM
Fridays	9/25-10/30	SM915BCF
Mondays	11/9-12/14	SM1115BCM
Fridays	11/6-12/18 (no class 11/27)	SM1115BCF

ATTIRE: Workout attire, tennis shoes and hair pulled back



YOUTH PROGRAMS

SINGLETRACK 101 – FOUNDATIONAL PROGRAM

Singletrack 101 is a fun, foundational program for young mountain bike riders that want to give this exciting sport a try. Participants in this program know how to ride a bike, but have little experience riding off-road. Each session will be spent focused on learning important bike handling skills and applying these skills on the trails. Upon completion, students will be safe, more competent trail riders. In addition, this program promotes healthy living and a love / respect of the outdoors. Small student / instructor ratios ensure individualized attention and safety. Participants must have a properly fitting helmet, water bottle, and mountain bike that has been inspected by a bike mechanic to ensure brakes and all gears are functioning. Participants are split up by age: 9-11 & 12-15.

For more information about this program visit us at: www.SingletrackAcademy.com.

LOCATION: Dryer Rd. Park, 7405 Dryer Road

INSTRUCTOR: Singletrack Academy Staff

FEE: \$150/\$160 non-residents

DAYS/TIMES: Tuesdays, 4:00 – 6:00 PM

DATES: 9/8 – 10/13/15

AGES:

9 – 11 years old

12 – 15 years old

PROGRAM #:

SA915ST1

SA915ST2

STUDIO ART WITH MISS MURPHY

Thursday art extravaganza! Come join us to explore paint – clay – drawing media – fibers – sculpting and more. We meet directly after dismissal in room 166 – Victor Primary School -I will provide smocks and a fun filled afternoon. Please send a snack with your child. If they forget a snack I will provide one. I will provide the smocks! Hope to see you there!

LOCATION: Victor Primary School, Room #166

AGES: Grades 1 -6 (6 – 12 years of age)

INSTRUCTOR: Miss Murphy, Victor Central School Art Teacher

FEE: \$85 per person per session/\$95 non residents
+\$35 materials fee payable to instructor first day of class

DAY/TIME: Thursdays, 3:30 – 5:00 PM

DATES:

9/10 – 10/29/15

11/5/15 – 1/14/16

* No Classes – Nov. 26th and Dec. 24th & 31st *

PROGRAM #

AM915SA

AM1115SA

NEW!

GAME INVENTOR

Come play at Victor Parks & Recreation. Turn off those video games and get back to basics. Create your own game out of everyday materials, play and take it home. Who knows maybe Milton Bradley or Hasbro might come calling? Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 6th grade

INSTRUCTOR: VPR Staff

FEE: \$10/\$13 non-residents

DAYS/TIMES: Friday, 3:45 – 5:30 PM

DATES:

9/11/15

PROGRAM #:

V915GI

NFL PEPSI PUNT, PASS AND KICK

Compete in the 3 events punt, pass and place kick. Registration form completed by parent or guardian. Copy of birth certificate required.

Interested in Volunteering? Call Steve at 742-0143.

LOCATION: Victor Central Schools' Field #8

AGES: Boys and Girls 6 – 15 years

(Age cut off 12/31 of current year)

INSTRUCTOR: VPR Staff & Volunteers

FEE: No cost but please register so we know you are planning on coming.

DAY/DATE: Saturday, 9/12/15

TIMES: 10:00 AM – 1:00 PM

PROGRAM #: V915PPK

YOUTH ROCK CLIMBING AT ROCKVENTURES

Participants will learn the basics or build upon the skills they already have. This class is ideal for participants of all skill levels. Students should bring a water bottle and their own helmet if they have one. Please wear comfortable loose fitting clothing. Additional paperwork required on the first day of class at Rock Ventures All equipment is included in fee.

LOCATION: RockVentures, 1044 University Ave, Rochester, NY 14607

AGES: 6 – 13 yrs

INSTRUCTOR: RockVentures Staff

FEE: \$129/\$139 non-residents

DAYS/TIMES: Saturdays, 10:00 – 11:30 AM

DATES:

9/12 – 10/17/15

11/7 – 12/19/15 (no class 11/28)

PROGRAM #:

RV915YRC

RV1115YRC

SPORTASTIC

Learn skills and play games in three exciting sports, soccer, flag football and floor hockey. Space is limited, please register by: 9/10/15

LOCATION: Willowbrook Church, 619 High Street

AGES: 5 – 8 year olds

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$45/\$55 non-residents

DAYS/DATES: Mondays, 9/14 – 11/2/15 (no class 10/12/15)

REGISTER BY: Thursday, 9/10/15 at 3 PM

TIMES:

4:00 – 5:00 PM

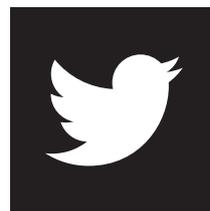
5:00 – 6:00 PM

PROGRAM #

V915S4

V915S5

Check us out on Twitter!



Keep up-to-date with late-breaking Parks & Recreation news @VictorParksRec.

Youth Programs

YOUTH PROGRAMS

Youth Programs

AFTER SCHOOL MUSIC WITH MRS. LEWIS

In this program kids will sing and play the Orff instruments-Xylophones and Drums, and put together a fun filled performance for their families on the last day of the session. We meet directly after dismissal in the Victor Primary Music Room 155. This program is offered to kids in 2nd – 6th grade and is instructed by a familiar face: Mrs. Lewis, Primary School Music teacher. Bring a snack! Performance Day will be the last day of the session, 11/9, 5:00-5:30pm, location TBD.

LOCATION: Victor Primary School, Music Room #155
AGES: Grades 2 – 6
INSTRUCTOR: Mrs. Lewis, VPS Music Teacher
FEE: \$85 per person per session/\$95 non residents
DAY/TIME: Mondays, 3:30 – 5:00 PM
DATES: 9/14 – 11/9/15 (No class on 10/12 – Columbus Day)
PROGRAM #: JL915AM

GIRLS OUT PLAYING - MOUNTAIN BIKING

Get out and explore the Victor Parks – on your bike! We will ride on grass or hard-packed trail. Biking is great exercise and FUN! No prior off-road experience necessary, but you do need to be comfortable riding a bicycle. Bring your mountain bike, helmet, and water bottle. Give us a call if you are not sure your bike is appropriate for trail riding. Interested, but don't have a bike? Let us know and we will try to find a bike for you to ride (limited availability). Meeting places indicated below; pick up location will be the same unless otherwise noted.

AGES: Grades 4 – 6
INSTRUCTOR: Nicole Fulle
FEE: \$35/\$40 non-residents
DAYS/TIMES: Mondays, 3:45 – 5:15 PM
LOCATION & DATES: 9/14/15 @ Lehigh Crossing Park
 9/21/15 @ Auburn Trailhead near Mickey Finn's (ending at Mertensia Park)
 9/28/15 @ Dryer Rd Park
PROGRAM #: NF915G46

AFTER SCHOOL ART WITH MR. MARSHALL

In this program kids will explore materials and expand their creativity. We'll paint and build with clay. We'll draw, fold and cut our way through experiences designed to challenge thinking and problem solving skills. But most of all we will have fun. This program is offered to kids in 1st – 6th (6 – 12 yrs) and is instructed by a familiar face: Mr. Marshall, Primary School Art teacher. We will gather in his art room, (# 125 Primary School) after school from 3:30 – 5:00 PM each Tuesday or Wednesday. Bring a snack.

LOCATION: Victor Primary School, Room #125
AGES: Grades 1 -6 (6 – 12 years of age)
INSTRUCTOR: Mr. Marshall, Victor Central School Art Teacher
FEE: \$85 per person per session/\$95 non residents
 +\$35 materials fee payable to instructor first day of class
TIME: 3:30 – 5:00 PM, Please meet at Mr. Marshalls room #125 Primary School.

DAY:	DATES:	PROGRAM #:
Session 1:		
Tuesdays	9/15 – 11/3/15	IM915TA
Wednesdays	9/16 – 11/4/15	IM915WA
Session 2:		
Tuesdays	11/17/15 – 1/19/16	IM1115TA
Wednesdays	11/18/15 – 1/20/16	IM1115WA

* No Classes – Nov. 24th & 25th and Dec. 29th & 30th *

SUZUKI BOOK I CLASS

This Class is for Suzuki Book I violin students who wish to augment their school lessons with weekly group lessons. At each class our students cover the entire Suzuki Book I, reviewing songs, techniques, playing Suzuki Games and enjoying playing together. Students benefit tremendously from a full hour of supervised practice and from weekly exposure to the entire volume of music. Playing with musical friends at and above their performance level inspires dedicated practice! Many performance opportunities for every student!

LOCATION: Lyric Arts Academy, 70 E Main Street
AGES: Grades 4 – 6
INSTRUCTOR: Marg Dilmore
FEE: \$120/\$130 non-residents
DAY/TIME: Tuesdays, 6:00 – 7:00 PM
DATES: 9/15 – 12/8/15
PROGRAM #: MD915SB
NOTE: Violin required
 (can be rented from area music stores)



VICTOR CENTRAL



Victor Parks and Recreation and the Victor PTSA are partners in offering quality programs for youth and families in Victor.

Join Victor PTSA

The Victor Central PTSA provides a wide variety of programs that support, enrich, and enhance the Victor Central School experience for all of our students and families. Your involvement and financial support are essential to the successful operation of our organization.

Box Tops/Campbell Soup Labels

Ever wonder what these are and what to do with them? Cut them out and give them to the Victor PTSA! We earn money for the Box Tops and can purchase equipment for the school with Campbell Soup Labels. These donations can be dropped off at any of the schools or Victor Parks & Rec.

YOUTH PROGRAMS

PAPER FOOTBALL

Do you have what it takes to play table top paper football? Come challenge your friends to some football. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 1st – 6th Grade
INSTRUCTOR: Steve Hendrickson
FEE: \$10/\$13 non-residents
DAY/DATE: Wednesday, 9/16/15
TIMES: 3:45 – 5:30 PM
PROGRAM #: V915PF

NEW!

DANCE SAMPLER (AFTER SCHOOL PROGRAM)

Kids do you love to dance and have a busy schedule with sports and other activities, then this is a great class for you with no long term commitment. Girls and boys will have the opportunity to sample and explore 4 exciting styles of dance. Throughout each weekly class, Jazz, Tap, Ballet, or Contemporary/Modern dance will be introduced to fun music. The attire is comfortable clothes with socks and sneakers. Please bring a drink and small snack. Bus can take students to the Parks and Recreation facility. Please send a note to school.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: K – 5 grade
INSTRUCTOR: Sharon Trubisky-Mikulec
FEE: \$80/\$90 non-residents (8 weeks)
DAY/TIME: Wednesdays, 4:00 – 5:30 PM
DATES: 9/16 – 11/4/15
PROGRAM #: SM915DS

ADVENTURES IN VIOLIN

Starting violin at a young age is one of the most powerful activities for developing the brain. Using the world renowned Suzuki Method, children learn to play violin as naturally as they learn to speak. In a fun class setting they master a new song every week and perform a full concert by the end of the term! This is a great opportunity for children to explore the instrument and to discover the fun of playing and learning together. Parents are invited to observe the class if they wish. Small sized violins can be rented from area music stores.

LOCATION: Lyric Arts Academy, 70 E Main Street
AGES: Children ages 5 – 9
INSTRUCTOR: Marg Dilmore
FEE: \$140/\$150 non-residents
DAY/TIME: Wednesdays, 6:00 – 7:00 PM
DATES: 9/16 – 12/9/15
PROGRAM #: MD915AV
NOTE: Small violin required
(can be rented from area music stores)

INTRODUCTION TO DISC GOLF

Learn the fundamentals of the popular sport of disc golf in this 5 week introductory program! This course will cover techniques such as driving, approach shots, putting, and basic rules of gameplay. On the last day of the class, we will take a trip to Look-Up Disc Golf Park in Henrietta to put what we've practiced into action! Participants will receive a free disc with registration!!

LOCATION: Field #2 (Soccer) at Dryer Rd. Park, 7405 Dryer Road
AGES: 10 yrs & over
INSTRUCTOR: Tim Bayer and VPR Staff
FEE: \$57/\$67 non-residents
DAYS/TIMES: Thursdays, 4:30 – 5:30 PM
DATES: 9/17 – 10/15/15 (Rain date 10/22)
PROGRAM #: TB9151D

BOARD GAMES

Come play at Victor Parks & Recreation. Turn off those video games and get back to basics. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: K – 6th grade
INSTRUCTOR: VPR Staff
FEE: \$10/\$13 non-residents
DAYS/TIMES: Friday, 3:45 – 5:30 PM
DATES: 9/18/15
PROGRAM #: V915G

BUDDING BALLERINAS AND CHARMING PRINCES

This is a ballet only class and we have so much fun so tell a friend about it. It is a fun, exciting and a welcoming introduction to ballet. Girls and boys will learn how to act like a ballerina or a dashing prince, the basics of a ballet class and read stories about ballet. The children will perform a short demonstration at the end of each session "Party". Dress is loose and comfortable clothing or dance attire. Ballet slippers are welcomed, but not required.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: 4 – 6 year olds
INSTRUCTOR: Sharon Trubisky-Mikulec
FEE: \$50/\$60 non-residents
DAY/TIME: Fridays, 5:00 – 6:00 PM
DATES: 9/18 – 10/16/15
10/23 – 11/20/15
PROGRAM #: SM915BB
SM1015BB

**Resident Registration Begins:
Monday, August 24, 2015**

**Non-Resident
Registration Begins:
Monday, August 31, 2015**



Register Online

It's only a point and click away
at www.victoryny.org

YOUTH PROGRAMS

Youth Programs



BIRDING FOR BEGINNERS – AUTUMN SERIES

Birding, also known as birdwatching, is a hobby in which individuals identify and observe wild birds in their natural habitats while also enjoying the challenge of bird study or other general activities involving bird life. New to this great recreational activity? We can help you get started! Whether you are interested in developing or furthering your skills – this is the class for you! Each session will meet twice a month. The first class of each session meets at the Butler Cottage at MaryFrances Bluebird Haven, 253 Victor-Egypt Road. The second class will meet at a park in the Town of Victor based on the discretion of the instructor.

LOCATION: Town of Victor Parks

AGES: 10 yrs and over

INSTRUCTOR: Elijah Kruger, Rochester Birding Association

FEE: \$30/\$40 non-residents

DAYS/TIMES: Saturdays, 8:30– 10:30 AM

DATES:

9/19 & 9/26/15

10/17 & 10/24/15

11/7 & 11/14/15

PROGRAM#:

EK915BB

EK1015BB

EK1115BB

GYM GAMES

Come play at Victor Parks & Recreation. What kid doesn't like the gym? Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 3rd Graders

INSTRUCTOR: VPR Staff

FEE: \$20/\$25 non-residents

DAY/TIME: Wednesdays, 3:45 – 5:30 PM

DATES: 9/23 – 10/7/15 (3 weeks)

PROGRAM #: V915GG

INTRO AND CONTINUING FENCING – NEW DAY

What kid hasn't wanted to be a swashbuckling pirate or a dueling Musketeer? Fencing games are used to improve fitness, balance, and agility and hand/eye coordination. The class is designed for people new to fencing as well as those who have had a few classes. All safety equipment provided.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive.

AGES: 6 – 12 year olds

INSTRUCTOR: Rochester Fencing Center Instructor

FEE: \$65/\$75 non-residents

DAYS/TIMES: Wednesdays, 6:00 – 7:00 PM

DATES:

9/23 – 10/14/15

10/21 – 11/18/15 (no class 11/11)

PROGRAM #:

RFC915F

RFC1015F

MINI CHEFS-HONEY-LOVERS RECIPE

September is National Honey Month! Buzz on over to Parks and Rec to celebrate and cook up a recipe using this sweet ingredient. Your creation will be the bee's knees! Kids can ride the activity bus from school to VPR. Write a note to child's teacher.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Children in grades K-5

INSTRUCTOR: Melissa McCabe

FEE: \$18/\$21 non-residents
+ \$5 ingredient fee day of class

DAY/DATE: Friday, 9/25/15

TIME: 3:45 – 5:00 PM

PROGRAM #: MM915HL

NOTE: Maximum of 8 kids, so sign up early!

MINI CHEFS-HALLOWEEN TREATS

Don't be scared! You can make some frightfully delicious Halloween goodies to share with your family and friends. No tricks, all treats! Lots of decorating fun! Kids can ride the activity bus from school to VPR. Write a note to child's teacher.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Children in grades K-5

INSTRUCTOR: Melissa McCabe

FEE: \$18/\$21 non-residents
+ \$5 ingredient fee day of class

DAY/DATE: Friday, 10/30/15

TIME: 3:45 – 5:00 PM

PROGRAM #: MM1015HT

NOTE: Maximum of 12 kids, so sign up early!

MINI CHEFS-THANKSGIVING DESSERTS

Learn some new Autumn-themed desserts—besides pumpkin pie! You will create fun and tasty desserts that everyone will love. Keep the recipe and re-create for your special Thanksgiving feast! Kids can ride the activity bus from school to VPR. Write a note to child's teacher.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Children in grades K-5

INSTRUCTOR: Melissa McCabe

FEE: \$18/\$21 non-residents
+ \$5 ingredient fee day of class

DAY/DATE: Tuesday, 11/24/15

TIME: 12:45 – 2:15 PM

PROGRAM #: MM1115TD

NOTE: Maximum of 8 kids, so sign up early!



Register Online

It's only a point and click away
at www.victoryny.org

YOUTH PROGRAMS

MINI CHEFS- HEALTHY THANKSGIVING SIDES

Keep it healthy AND delicious this Thanksgiving with some fresh side dishes to serve up next to those sugar-laden yams and cranberries. All your guests will be giving thanks for your nutritious and fun recipes!

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: Children in grades K-5
INSTRUCTOR: Melissa McCabe
FEE: \$18/\$21 non-residents
 + \$5 ingredient fee day of class
DAY/DATE: Tuesday, 11/24/15
TIME: 2:15 – 4:45 PM
PROGRAM #: MM1115TS
NOTE: Maximum of 8 kids, so sign up early!

MINI CHEFS- HOLIDAY COOKIES

Holidays are bare without those traditional yummy cookies! Come celebrate the season with cute and tasty holiday favorites that you create yourself. Peppermint, lemon, cherry, chocolate, vanilla...mix and match to come up with your own signature frosting and decorate till your heart's content! Kids can ride the activity bus from school to VPR. Write a note to child's teacher.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: Children in grades K-5
INSTRUCTOR: Melissa McCabe
FEE: \$18/\$21 non-residents
 + \$5 ingredient fee day of class
DAY/DATE: Wednesday, 12/23/15
TIME: 3:45 – 5:00 PM
PROGRAM #: MM1215HC
NOTE: Maximum of 12 kids, so sign up early!

LEARN TO SKATE

Instruction in the basic elements of skating. Come and join a fun and safe experience, wear warm, comfortable clothing, including loose-fitting pants, sweaters, hats and gloves. Helmets are optional.

LOCATION: Greater Canandaigua Civic Ctr, 250 N. Bloomfield Road, Canandaigua
AGES: 5 years – Adult
INSTRUCTOR: Pamela Bossar Warren & Friends
FEE: \$84/\$94 non-residents
 + \$14 USFS dues payable to GCCC
 + \$4 daily skate rental fee payable each week to the rink
TIMES: 2:00 – 3:50 PM
DAY: **DATES:** **PROGRAM #:**
 Saturdays 9/26 – 10/31/15 PW915LS1
 Sundays 9/27 – 11/1/15 PW915LS2
 Saturdays 11/7 – 12/12/15 PW1115LS1
 Sundays 11/8 – 12/13/15 PW1115LS2

GEOCACHING – “TOUR DE VICTOR”

This week long program introduces participants to the fun recreational game of Geocaching! Join Recreation Supervisor Christine Winter to learn all about Geocaching and explore a different park in the Town of Victor! Class will run RAIN or SHINE! Please dress for the weather, wear sneakers, and bring a snack and water bottle! It is recommended that participants have access to a smartphone, tablet, or iPod to download the FREE Geocaching App! Transportation to each park is provided by the Victor Parks & Recreation Department. Class will meet and depart from Victor Parks and Recreation (1290 Blossom Drive) and will return at 5:30 pm. Please arrive promptly at 3:45 pm to start our adventure on time! Kids can ride the activity bus from school to VPR. Write a note to child's teacher. Friday will be used as a rain date.

LOCATION: Meet at Victor Parks & Recreation, 1290 Blossom Drive to drive to Town of Victor Parks
AGES: 8 years & over
INSTRUCTOR: Christine Winter
FEE: \$36/\$41 non residents
DAYS/TIMES: Monday – Thursday, 3:45 – 5:30 PM
DATES: 9/28– 10/1/15
PROGRAM #: CW915GC (10/2 rain date)

AMERICAN RED CROSS BABYSITTING CERTIFIED COURSE

This course is designed to provide youth (ages 11-15), who are planning to babysit, with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe, and help children behave. Through hands on practice, the successful candidate will receive certification as an American Red Cross babysitter. An email address is required for certificate of completion. Brown bag lunches are encouraged.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
INSTRUCTOR: Ready to Respond Staff
AGES: Youth ages 11 – 15 years
FEE: \$75/\$78 non-residents
DAYS/DATES: Saturday, 10/3/15
TIMES: 9:00 AM – 3:00 PM
PROGRAM #: RR1015BS



DON'T FORGET OUR RECESS PROGRAMS See page 16

YOUTH PROGRAMS

Youth Programs

PROJECT WILD!

Owl Pellets, Orienteering, and the Outdoors, OH MY! This program is based off of interactive activities from the "Project Wild" K-12 Curriculum – an interdisciplinary conservation and environmental education program emphasizing wildlife. We will participate in various hands-on activities to develop awareness, knowledge, skills, and responsible behavior concerning wildlife and the environment. Each week will consist of hand-picked activities based on the age level, K-4th Grade or 5th- 8th Grade!

LOCATION: Victor Municipal Park Lodge, 6680 Paparone Drive, off of Brace Road

INSTRUCTOR: Christine Winter

FEE: \$35/\$45 non-residents

DAY/DATES: Wednesdays, 10/7 – 10/28/15

AGES: **TIMES:**

K – 4th Grade 6:00 – 7:00 PM

5th – 8th Grade 7:00 – 8:00 PM

PROGRAM #:

V1015PW6

V1015PW7

VIDEO ARCADE

Come play at Victor Parks & Recreation. Turn on those video games and get back to basics try WII, Nintendo 64, Play Station 2, X Box or maybe even some old Atari. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 6th grade

INSTRUCTOR: VPR Staff

FEE: \$10/\$13 non-residents

DAYS/TIMES: Friday, 3:45 – 5:30 PM

DATES: 10/9/15

PROGRAM #: V1015VA

ORIGAMI

Learn the ancient art of paper folding with instructor Steve. You will be able to make a variety of creatures and things. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive.

AGES: 1st – 6th Graders

INSTRUCTOR: Steve Hendrickson

FEE: \$10/\$13 non-residents

DAY/DATE: Wednesday, 10/14/15

TIMES: 3:45 – 5:30 PM

PROGRAM #: V10150

SAFETY FIRST FOR CHILDREN

This course will teach students how to answer the door, make a 911 call, fire safety, house rules, stranger danger, internet safety, and some basic first aid. The program includes take-home reference information for the children.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Youth 6 – 13 years

INSTRUCTOR: Ready to Respond Staff

FEE: \$30/\$33 non residents

DAY/DATE: Saturday, 10/17/15

TIME: 9:00 – 10:30 AM

PROGRAM #: RR1015SF

PAPER AIRPLANES

Learn to make all sorts of planes with instructor Steve. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive.

AGES: 1st – 6th Graders

INSTRUCTOR: Steve Hendrickson

FEE: \$10/\$13 non-residents

DAY/DATE: Wednesday, 10/21/15

TIMES: 3:45 – 5:30 PM

PROGRAM #: V1015PA

YOUTH NIGHT

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 6th Graders

INSTRUCTOR: VPR Staff

FEE: \$12/\$15 non-residents

DAYS/TIMES: Fridays, 7:00 – 9:30 PM

REGISTER BY: Thursday at 3 PM the week of

DATES:

10/23/15

11/13/15

12/11/15

PROGRAM #:

V1015YN

V1115YN

V1215YN

INTRO TO ICE SKATING AND HOCKEY

A fun, safe, basic introduction to the sport of ice skating and hockey for new and/or inexperienced skaters. Emphasis will be on balance, forward skating, having fun, and becoming comfortable on the ice. Helmet, hockey pants, and protective pads are provided for use through Perinton Youth Hockey (players need to provide their own skates).

LOCATION: Thomas Creek Ice Arena, 80 Lyndon Rd, Fairport 14450

AGES: 4-8 years

INSTRUCTOR: Perinton Youth Hockey Coaches

FEE: \$80/\$90 non-residents

DAY/TIMES: Sundays, 7:15 – 8:15 AM

DATES:

10/25 – 12/13/15

1/10 – 2/14/16

PROGRAM #:

PY1015YH

PY116YH

K-2 INDOOR SOCCER

Learn the fundamentals of Soccer learning to dribble, pass and shoot. Sign up early space is limited.

LOCATION: Willowbrook Church, 619 High Street

AGES: K – 2nd Graders

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$45/\$55 non-residents

DAYS/DATES: Wednesdays, 10/28 – 12/16/15

(No Class 11/11 or 11/25)

TIMES:

4:00 – 5:00 PM

5:00 – 6:00 PM

PROGRAM #:

V1115KS4

V1115KS5

YOUTH PROGRAMS

MAKE YOUR OWN LIP GLOSS

Come learn how to make your own lip gloss craft! This simple "recipe" is fun and easy to make! Participants are provided with the recipe to take home for their own use. Please wear something to get messy in!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 6 – 9 yrs
INSTRUCTOR: Christine Winter
FEE: \$10/\$13 non-residents
DAY/DATE: Wednesday, 11/18/15
TIME: 6:00 – 7:00 PM
PROGRAM #: CW1115LG

BEGINNER ARCHERY FOR YOUTH

This beginner archery program offers instruction in the basics of archery skills, safety, equipment identification, and proper form. The new archer will learn foundations necessary to properly execute an archery shot with consistent accuracy. Coaches will give archers increasing challenges at greater distances but each archer will advance at their own pace. Each session is designed to build on the last to help the archers become familiar with the steps of the shot cycle. Beginners will be knowledgeable in safety and basic shot techniques by the end of this course.

LOCATION: Jim's Pro Shop, 4885 Route 96, Shortsville, NY 14548
AGES: 7 – 11 yrs
INSTRUCTOR: Jim's Prop Shop Staff
FEE: \$60/\$70 non-residents
DAYS/TIMES: Saturdays, 10:00 – 11:00 AM
DATES: 12/5 – 12/19/15
PROGRAM #: JPS1215BA

K-1 HOOPS

Learn the fundamentals of basketball learning to dribble, pass and shoot. Sign up early space is limited.

LOCATION: VPR Recreation Facility
AGES: K-1 Grade
INSTRUCTOR: Coach Steve and VPR Staff
FEE: \$45/\$55 non-residents
DAYS/DATES: Mondays, 1/4/16 – 2/22/16 (No Class 1/18 or 2/15)
TIMES: 4:00 – 5:00 PM
5:00 – 6:00 PM
PROGRAM #: V115KH4
V115KH5



SKI/SNOWBOARD CLUB

Enjoy the snow with friends at Bristol Mountain on Friday evenings. Buses leave from the Intermediate School and return at 9:30pm. Lessons are required. There is a mandatory safety meeting Wednesday, January 6th, from 7:00 – 8:30 PM at the Victor Town Hall. Deadline to register is 12/18/15. Once you sign up with us you will then be sent an email with information to purchase lift tickets, rental equipment and lessons from www.BristolMountain.com

LOCATION: Depart from Victor Intermediate School then take the bus to Bristol Mountain
AGES: 4th – 6th Graders
INSTRUCTOR: Christine Winter and VPR Staff
FEE: \$75/\$85 non-residents (Transportation and Supervision fee)
DAYS/TIMES: Fridays, 3:00 – 9:30 PM
DATES: 1/8 – 2/5/16 (make up day: 2/12/16)
PROGRAM #: V116SC

YOUTH WRESTLING

You will build individual wrestling skills and fitness concepts through this fun instructional program. The final session will be a tournament for the wrestlers. Wrestling starts in January 2016 for beginning wrestlers, December 2015 for veteran wrestlers and runs through March 2016. The Victor Lion's Club is running a local tournament in April, TBD. See the Winter 2016 brochure for more information.

RECESS PROGRAMS

RECESS ROCK CLIMBING AT ROCKVENTURES

Led by the Rock Ventures Staff, your child will learn the basics or build upon the skills they already have. This full day class is ideal for participants of all levels. Participants will be split by ability so that they can progress at their own pace and skill level. Along with rock climbing, students will be traversing the indoor high ropes course, rappelling from a 42ft platform, learning climbing knots, and climbing additional high elements. Lunch and all equipment will be provided including: Shoes, harness and bike helmet. Students should bring a water bottle and their own helmet if they have one. Please wear comfortable loose fitting clothing. Additional paperwork required on the first day of class at Rock Ventures.

LOCATION: RockVentures, 1044 University Ave, Rochester, NY 14607
AGES: 6 – 13 years
INSTRUCTOR: RockVentures Staff
FEE: \$75/\$85 non-residents
TIMES: 8:00 AM – 5:00 PM
DAY/DATES: Friday, 9/4 (No School)
Monday, 9/7 (Labor Day)
Friday, 10/9 (Conference Day)
Monday, 10/12 (Columbus Day)
Wednesday, 11/11 (Veteran's Day)
PROGRAM #: RV915RRC
RV915RRC1
RV1015RRC
RV1015RRC1
RV1115RRC

RECESS PROGRAMS

COLUMBUS DAY

Join Victor Parks and Recreation for an adventure to Long Acre Farm Market. Take a wagon ride and pick a small pumpkin. Travel through the corn maze to find your way out. Dress for the weather.

LOCATION: Meet at Victor Parks & Recreation, 1290 Blossom Drive

AGES: Kindergarten – 6th Graders

INSTRUCTOR: VPR Staff

DAY/DATE: Monday, 10/12/15

TIMES: **FEE:**
9:00 AM-1:30 PM, \$16/\$19 non-residents
Trip only!

PROGRAM #:
V915CDA

8:30 AM – 5:30 PM \$32/\$35 non-residents
Trip & games/activities, bring bag lunch!

V915CDP

OUTDOOR ADVENTURES – BRISTOL MTN AERIAL ADVENTURES

Zip line through the forest canopy, cross over rope bridges...these are just a few of the fun challenges that await you at Bristol Mountain! There are 7 courses total each with 12-15 elements that will challenge you but offer many thrills! There is something for everyone at Bristol Mountain Aerial Adventures! Fee includes transportation, supervision, and 3 hours in the park. Class will meet and depart from Victor Parks and Recreation (1290 Blossom Drive) at approximately 12:15 pm and will return at 4:45 pm. Groups must arrive to the Aerial Adventures Park at least 15 minutes before scheduled reservation time. Please arrive promptly at 12:15 pm to start our adventure on time!

LOCATION: Meet at Victor Parks & Recreation, 1290 Blossom Dr. then take the van to Bristol Mountain Aerial Adventures

tures

AGES: Grades 9 – 12

INSTRUCTOR: Nicole Fulle & VPR Staff

FEE: \$65/\$75 non-residents

DAYS/TIMES: Monday, 10/12/15,

TIMES: 1:00 – 4:00 PM

PROGRAM #: NF1015BM

VETERANS DAY

Off to bowl a 300 at Roseland Bowl in Canandaigua. Space is limited! Bring extra money for games.

LOCATION: Meet at Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 8th Graders

INSTRUCTOR: VPR Staff

DAY/DATE: Wednesday, 11/11/15

TIMES: **FEE:**
9:00 AM – 1:00 PM \$16/\$19 non-residents
Trip only!

PROGRAM #:
V1115VDA

8:30 AM – 5:30 PM \$32/\$35 non-residents
Trip & games/activities, bring bag lunch!

V1115VDP

SUPERINTENDENT'S DAY WITH GAMEGAMUT

Join Victor Parks and Recreation and The Game Gamut for some board games and puzzles. Try some new games out and see if you want to buy them. Wear sneakers for active games. Bring a bag lunch and a snack.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: K – 6th Graders

INSTRUCTOR: VPR & Game Gamut Staff

DAY/DATE: Wednesday, 11/25/15

TIMES: **FEE:**
8:30 AM – 12:00 PM \$16/\$19 non-residents
½ day option only!

PROGRAM #:
SB1115GGA

8:30 AM – 5:30 PM \$32/\$35 non-residents
Full day games/activities, bring bag lunch!

SB1115GPP

SKI/SNOWBOARD AT BRISTOL MOUNTAIN

Enjoy the day skiing/snowboarding at Bristol Mountain. Bring extra money for lunch. Dress appropriately. Please list ski or snowboard under additional information.

LOCATION: Meet at Victor Parks & Recreation, 1290 Blossom Drive

AGES: 2nd – 8th Graders

DAY/DATE: Tuesday, 12/29/15

TIMES: 8:00 AM – 5:30 PM

PACKAGES INCLUDING: **FEE:** **PROGRAM #:**
Lift, Lesson, Rental \$66/\$69 non-residents V1215BMA
and Transportation

Lift, Lesson & \$56/\$59 non-residents V1215BMB

Transportation (no rental)

Lesson & Transportation \$31/\$34 non-residents V1215BMC

(Season Pass Holder)



Register Online

It's only a point and click away
at www.victoryny.org

PRETEEN & TEEN PROGRAMS

BALLET & CONDITIONING (ONGOING CLASS)

(FOR FIGURE SKATERS, DANCERS CHEERLEADERS AND ATHLETES)
This class is designed for a variety of athletes. Come and learn exercises to obtain the edge over the competition in a fun and energetic atmosphere by strengthening your body's muscles and sharpening your ballet skills. We will pay special attention to correct posture, proper execution of the arms and the fluidity and flow of the upper body, strengthening the legs, enhancing your balance and perfecting your footwork. The class will also consist of Pilates and other stretching exercises on mats to improve your core strength, leg strength and flexibility. Yoga mats are welcomed, but not required and please bring a drink each week.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: 10 and up (or per Instructor's permission)
INSTRUCTOR: Sharon Trubisky-Mikulec
FEE: \$80/\$90 non-residents (8 weeks)
DAY/TIME: Mondays and/or Fridays, 6:00-7:00 PM
DAY: **DATES:** **PROGRAM #:**
 Mondays 9/21-11/2 (no class 10/12) SM915BCM
 Fridays 9/25-10/30 SM915BCF
 Mondays 11/9-12/14 SM1115BCM
 Fridays 11/6-12/18 (no class 11/27) SM1115BCF
ATTIRE: Workout attire, tennis shoes and hair pulled back

SINGLETRACK 101 – FOUNDATIONAL PROGRAM

Singletrack 101 is a fun, foundational program for young mountain bike riders that want to give this exciting sport a try. Participants in this program know how to ride a bike, but have little experience riding off-road. Each session will be spent focused on learning important bike handling skills and applying these skills on the trails. Upon completion, students will be safe, more competent trail riders. In addition, this program promotes healthy living and a love / respect of the outdoors. Small student / instructor ratios ensure individualized attention and safety. Participants must have a properly fitting helmet, water bottle, and mountain bike that has been inspected by a bike mechanic to ensure brakes and all gears are functioning. Participants are split up by age: 9-11 & 12-15. For more information about this program visit us at: www.SingletrackAcademy.com.

LOCATION: Dryer Rd. Park, 7405 Dryer Road
AGES: 12 – 15 years old
INSTRUCTOR: Singletrack Academy Staff
FEE: \$150/\$160 non-residents
DAYS/TIMES: Tuesdays, 4:00 – 6:00 PM
DATES: 9/8 – 10/13/15
PROGRAM #: SA915ST2

BIRDING FOR BEGINNERS – AUTUMN SERIES

Birding, also known as birdwatching, is a hobby in which individuals identify and observe wild birds in their natural habitats while also enjoying the challenge of bird study or other general activities involving bird life. New to this great recreational activity? We can help you get started! Whether you are interested in developing or furthering your skills – this is the class for you! Each session will meet twice a month. The first class of each session meets at the Butler Cottage at MaryFrances Bluebird Haven, 253 Victor-Egypt Road. The second class will meet at a park in the Town of Victor based on the discretion of the instructor.

LOCATION: Town of Victor Parks
AGES: 10 yrs and over
INSTRUCTOR: Elijah Kruger, Rochester Birding Association
FEE: \$30/\$40 non-residents
DAYS/TIMES: Saturdays, 8:30– 10:30 AM
DATES: 9/19 & 9/26/15
 10/17 & 10/24/15
 11/7 & 11/14/15

PROGRAM#:
 EK915BB
 EK1015BB
 EK1115BB

GIRLS OUT PLAYING - MOUNTAIN BIKING

Get out and explore the Victor Parks – on your bike! We will ride on grass or hard-packed trail. Biking is great exercise and FUN! No prior off-road experience necessary, but you do need to be comfortable riding a bicycle. Bring your mountain bike, helmet, and water bottle. Give us a call if you are not sure your bike is appropriate for trail riding. Interested, but don't have a bike? Let us know and we will try to find a bike for you to ride (limited availability).

AGES: Grades 7 – 9
INSTRUCTOR: Nicole Fulle
FEE: \$35/\$40 non-residents
DAYS/TIMES: Thursdays, 3:45 – 5:15 PM
LOCATION & 9/17/15 @ Lehigh Crossing Park (ending at Mr. Twister's in Mendon (optional: bring \$ for ice cream!))
DATES: 9/24/15 @ Fishers Run Park (parking lot off Main St., Fishers)
 10/1/15 @ Dryer Rd Park
PROGRAM #: NF915G79



PRETEEN & TEEN PROGRAMS

ADVENTURE CLUB

Come and join the adventure club for a planning meeting. Take part in some adventurous activities of your choice. Call Steve for a current schedule if unable to attend. 742-0140.

LOCATION: Victor Junior High Library, 953 High Street

AGES: 12 years old and up

INSTRUCTOR: Steve & VPR Staff

DAYS: Thursdays

DATES: starting 9/17/15, meetings every other week

TIMES: 2:15 PM – 3:00 PM

(during Activity Period Meetings)

PROGRAM #: Adventure Club Members 2015-16

** Sign-up as an Adventure Club Member and stay informed!

Tentative Fall Activities:

DAY:	DATE:	ACTIVITY:	TIME:	PROGRAM:
Saturday	10/3/15	Rock Ventures	4:00-8:00 PM	#AC1015RV
Friday	10/16/15	Haunted Canal Ride	5:00-11:00 PM	#AC1015HR
Friday	11/20/15	Teen Night	7:00-9:30 PM	#AC1115TN
		Midnight Bowl	10:00 PM-1:30 AM	#AC1115MB
		both Teen Night & Midnight Bowl	7:00 PM-1:30 AM	#AC1115TB
Friday	12/4/15	LaserQuest	5:30-10:00 PM	#AC1215LQ

OUTDOOR ADVENTURES – BRISTOL MTN AERIAL ADVENTURES

Zip line through the forest canopy, cross over rope bridges...these are just a few of the fun challenges that await you at Bristol Mountain! There are 7 courses total each with 12-15 elements that will challenge you but offer many thrills! There is something for everyone at Bristol Mountain Aerial Adventures! Fee includes transportation, supervision, and 3 hours in the park. Class will meet and depart from Victor Parks and Recreation (1290 Blossom Drive) at approximately 12:15 pm and will return at 4:45 pm. Groups must arrive to the Aerial Adventures Park at least 15 minutes before scheduled reservation time. Please arrive promptly at 12:15 pm to start our adventure on time!

LOCATION: Meet at Victor Parks & Recreation, 1290 Blossom Dr. then take the van to Bristol Mountain Aerial Adventures

AGES: Grades 9 – 12

INSTRUCTOR: Nicole Fulle & VPR Staff

FEE: \$65/\$75 non-residents

DAYS/TIMES: Monday, 10/12/15,

TIMES: 1:00 – 4:00 PM

PROGRAM #: NF1015BM

TEEN NIGHT

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 6th – 10th Grade

INSTRUCTOR: VPR Staff

FEE: \$13/\$16 non-residents

DAY/DATE: Friday, 11/20/15

TIMES: 7:00 – 9:30 PM

PROGRAM #: AC1115TN

MIDNIGHT BOWL

Come out and enjoy a night of late night bowling! Bring extra money for snacks.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 6th – 10th Graders

INSTRUCTOR: VPR Staff

FEE: \$17/\$20 non-residents

DAY/DATE: Friday, 11/20/15

TIMES: 10:00 PM – 1:30 AM

PROGRAM #: AC1115MB

Both TEEN NIGHT & MIDNIGHT BOWL

FEE: \$27/\$32 non-residents

TIMES: 7:00 PM – 1:30 AM

PROGRAM #: AC1115TB

BOATING – NEW YORK SAFE BOATING SAFETY COURSE

New York State requires all individuals born on or after 5/1/96 to successfully complete an approved course in boater education in order to operate a motorboat. This course requires a minimum of 8 hours of classroom instruction. Students must pass a final exam with a score of 76%. Students will receive a temporary boating safety certificate upon completion of the course. Students 18 years of age and older will be required to pay a \$10 fee to NYS for issuance of a permanent boating safety certificate. Permanent boating safety certificates do not expire. A minimum of 6 participants needed for the program to run. Check the Victor Parks and Recreation web site for additional class dates.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 10 years and older

INSTRUCTOR: Hank Holden

FEE: \$40/\$45 non-residents

TIMES: 5:00 – 9:00 PM (both days) – this is a two day course

DATES:	DAYS:	PROGRAM #:
9/28 & 9/30	Monday and Wednesday	HH915BS
10/27 & 10/29	Tuesday and Thursday	HH1015BS

PROJECT WILD!

Owl Pellets, Orienteering, and the Outdoors, OH MY! This program is based off of interactive activities from the "Project Wild" K-12 Curriculum – an interdisciplinary conservation and environmental education program emphasizing wildlife. We will participate in various hands-on activities to develop awareness, knowledge, skills, and responsible behavior concerning wildlife and the environment. Each week will consist of hand-picked activities based on the age level, K-4th Grade or 5th- 8th Grade!

LOCATION: Victor Municipal Park Lodge, 6680 Paparone Drive, off of Brace Road

AGES: 5th – 8th Grade

INSTRUCTOR: Christine Winter

FEE: \$35/\$45 non-residents

DAY/DATES: Wednesdays, 10/7 – 10/28/15

TIMES: 7:00 – 8:00 PM

PROGRAM #: V1015PW7

AQUATICS PROGRAMS

FALL SWIM LESSONS

Victor Parks & Recreation Swim Programs provide a fun and friendly atmosphere for children to learn water adjustment and safety skills and to be introduced to basic and advanced swimming strokes. Our Red Cross certified staff is anxious to teach your child to swim and be safe around the water. Parents do NOT stay in the swim area.

LOCATION: VCS Swimming Pool, 953 High Street entrance located adjacent to the Junior High entrance by the Auditorium

INSTRUCTOR: VPR Certified Aquatics Staff

FEE: \$75/\$85 non-residents

DATES: 10/3 – 12/19/2015 (no program 11/7 & 11/28)

DAYS: Saturday Afternoon

LEVEL:	TIME:	PROGRAM #:
Level 1	2:30 – 3:30 PM	AQ915L1
Level 2	3:30 – 4:30 PM	AQ915L2
Level 3	2:30 – 3:30 PM	AQ915L3
Level 4	2:30 – 3:30 PM	AQ915L4
Level 5	3:30 – 4:30 PM	AQ915L5
Level 6	3:30 – 4:30 PM	AQ915L6

SWIM LESSON LEVELS DESCRIPTIONS

Level 1 (Beginner 1): This group is made up of kids independent of their parents (parent's don't stand by water) who are working on putting their face in the water, holding their breath underwater or floating on their front or back.

Level 2 (Beginner 2): Children in this group can float a little and feel comfortable with their faces in the water, but are still working on making progress through the water.

Level 3 (Beginner 3): This group can swim in the shallow end with their faces in the water, but continue to work on the confidence to feel comfortable in water over their head.

Level 4 (Advanced Beginner): Children can swim in the deep end but are working on rhythmic breathing on front crawl and performing the elementary backstroke.

Level 5 (Intermediate): Swimmers can rhythmic breathe on front crawl and perform the elementary backstroke, but are working on the breaststroke, sidestroke, and/or back crawl.

Level 6 (Swimmer): This group can perform the six basic strokes: front crawl, elementary backstroke, breaststroke, sidestroke, back crawl and butterfly. Level 6 now has four components that will be covered in the lesson: personal Water Safety, Lifeguard Training, Fitness Swimmer and Fundamentals of Diving.

LAP SWIMMING IN THE EARLY AM

Come join us at the Victor Aquatics Center for your morning workout! The Victor High School Pool is available for lap swimming. The pool locker rooms and showers will be available for your convenience. Purchase a 20 visit punch pass on-site or at the Parks and Recreation office. Drop-ins are welcome. No online registrations. Participants in this program must demonstrate appropriate lap swim etiquette as recommended by the Victor Schools Aquatics Director. Visit www.victorschools.org for more information. Please Note: It is mandatory that ALL participants sign-in upon entering the facility.

LOCATION: Victor Schools Aquatic Center

AGES: Open to All

INSTRUCTOR: VPR Certified Lifeguards

DAYS/TIMES: Monday – Friday, 5:30 AM – 7:30 AM

DATES: School Days & Some additional days

PASS:	FEE:	PROGRAM #:
Walk-in Pass	\$2 Victor School District residents	V915LSW
	\$3 non-VSD residents	
20 Visit	\$35 Victor School District residents	V915LSP
Punch Pass	\$55 non-VSD residents	
Senior Citizen (55+) discount for a 20 Visit Punch Pass: \$5 (\$30/\$50)		

VICTOR MASTERS SWIM CLUB

This USA Swimming Masters registered program offers high-quality instruction for competitive swimmers, triathletes, lap swimmers, and anyone else interested in getting or staying shape in this sport for a lifetime! Participants have multiple options for practices at the Victor Central School District (VCSD) Aquatics Center or Perinton Aquatics Center. The team attends meets throughout the year and supports local triathlons as well. Please contact Matt Steffan at msteffan@perinton.org or (585) 223-5050 x1190 for registration details and more information.

VCSD Aquatics Center	Tuesday & Thursday, 5:30 – 7:00 AM
Perinton Aquatics Center	Mon/Wed/Fri, 6:00 – 7:30 AM. & Mon/Wed; 7:30 – 9:00 PM

AQUA FITNESS

Join us in this great new fitness program that is guaranteed to energize you, boost your heart rate, kick calories out the door and, put a smile on your face. We will build cardio health and endurance while improving strength, flexibility, muscle tone and coordination. We will work in shallow and deep water, using flotation aids and resistance equipment. Come prepared to work hard and leave feeling great! Purchase a punch pass on-site or at the Parks and Recreation office. Drop-ins are welcome. No online registrations.

LOCATION: VCS Aquatics Center, 953 High Street Entrance

AGES: Adults

INSTRUCTOR: VPR Certified Aquatics Staff & Lifeguards

DAYS/TIMES: Mondays & Wednesdays, 8:00 – 9:00 AM

DATES: 9/14 – 11/9/2015 (no program 10/12)

PASSES:	FEE:	PROGRAM #:
1 class pass	\$8/\$10 non-residents	V915AF-1
4 class pass	\$32/\$37 non-residents	V915AF-4
8 class pass	\$64/\$74 non-residents	V915AF-8

BASKETBALL PROGRAMS

K-1 HOOPS (starting 1/4/16) See page 15

BASKETBALL SKILLS AND DRILLS

This program has an instructional focus with an emphasis on fundamentals. Children will build individual skills and learn basic team concepts with a progression toward competitive play. Separate sessions for boys and girls. Basketball and t-shirt included. Registration Deadline: 11/6/15

LOCATION: Victor Primary School Gymnasium

AGES: 1st – 3rd graders

INSTRUCTOR: VPR Staff

FEE: \$60/\$70 non-residents

DAYS: Saturdays

DATES: 11/14 – 2/13/16 (no basketball 11/28, 12/26 and 1/2)

GENDER: **TIMES:** **PROGRAM #:**

Boys 8:00 – 9:15 AM BB15SDB

Girls 9:15 – 10:30 AM BB15SDG

Parent coaches make this program possible. If interested in volunteering please include this under additional information on your registration form or call 742-0145.



Share your photos!

Victor Parks and Recreation is looking for some great photos of you and your family taken while participating in our programs or events! Just e-mail them to

parksandrec@town-victor-ny-us. Please identify the program and the participants. By e-mailing your photos, you consent to Victor Parks and Recreation Department the right to use your photo as it deems appropriate.

YOUTH BASKETBALL LEAGUE INFORMATION

3rd and 4th Grade BOYS

- Registration deadline: 10/19/15 Register Early! Space is Limited.
- Sibling team placements will be the only requests taken.
- Please be sure to fill out basketball skill, height, t-shirt size etc. under additional information on the registration form.
- **Youth sports coaches, officials, and phone tree contacts are needed to run a successful program. If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form.**
- MANDATORY player evaluations will be conducted on Saturday, October 24th OR Monday October 26th, which will help in team selection. Location indicated below:

Boys Evaluation #1

ECS – Sat. October 24th from 9:00 – 10:30 AM

Boys Evaluation #2

ECS – Mon. October 26th from 7:00 – 8:00 PM

Note: For your convenience, we are offering TWO Evaluation Dates this year. Your child is required to attend only **ONE** date (#1 on 10/24 OR #2 on 10/26).

Please indicate your chosen evaluation date upon registering.

YOUTH BASKETBALL LEAGUE (3RD AND 4TH GRADE BOYS)

This program is designed to help boys improve basketball fundamentals and to learn to play in game situations. There will be a one-hour practice during the week and ten or eleven games on Saturday mornings.

LOCATION: ECS Gymnasium and Intermediate Gymnasium

AGES: 3rd – 4th grade boys

INSTRUCTOR: VPR Staff

FEE: \$70/\$80 non-residents

DATES: 10/24 – 2/6/16
(no basketball: 11/7, 11/28, 12/26 and 1/2)

(If Victor Schools are closed, basketball is cancelled)
DAYS: Practice: Wednesday evenings (ECS Gymnasium)
Games: Saturday mornings

TIMES: TBA

PROGRAM #: BB15B34

Parent coaches make this program possible. If interested in volunteering please include this under additional information on your registration form or call 742-0145.

**Resident Registration Begins:
Monday, August 24, 2015**

**Non-Resident
Registration Begins:
Monday, August 31, 2015**

BASKETBALL PROGRAMS

YOUTH BASKETBALL LEAGUE INFORMATION

5th and 6th Grade BOYS & 4th – 6th Grade GIRLS

- Registration deadline: 10/19/15 Register Early! Space is Limited.
- Sibling team placements will be the only requests taken.
- Please be sure to fill out basketball skill, height, t-shirt size etc. under additional information on the registration form.
- **Youth sports coaches, officials, and phone tree contacts are needed to run a successful program. If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form.**
- MANDATORY player evaluations will be conducted on Saturday, October 24th OR Monday, October 26th which will help in team selection. Location indicated below:

Boys Evaluation #1

ECS Gym – Sat. October 24th from 10:00 am – 12:30 PM

Boys Evaluation #2

ECS Gym – Mon. October 26th from 8:00 – 9:00 PM

Girls Evaluation #1

Primary Gym – Sat. October 24th from 9:00 AM – 10:30 AM

Girls Evaluation #2

ECS Gym – Mon. October 26th from 7:00 – 8:00 PM (if needed)

Note: For your convenience, we are offering TWO Evaluation Dates this year. Your child is required to attend only ONE date (#1 on 10/24 OR #2 on 10/26).

Please indicate your chosen evaluation date upon registering.

YOUTH BASKETBALL LEAGUE INFORMATION

7th and 8th Grade BOYS & 7th – 12th Grade GIRLS

- Registration deadline: 11/7/15 Register Early! Space is Limited.
- Sibling team placements will be the only requests taken.
- Please be sure to fill out basketball skill, height, t-shirt size etc. under additional information on the registration form.
- **Youth sports coaches are needed to run a successful program. If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form.**

Player evaluations will be conducted in the ECS and Primary School Gymnasium.

The evaluation will help in team selection.

GIRLS Evaluation

Primary Gym – Saturday, November 14th from 10:30 – 11:45 AM

BOYS Evaluation

ECS Gym – Sunday, November 15th from 7:00 – 9:00 PM

YOUTH BASKETBALL LEAGUE – 7TH AND 8TH GRADE BOYS

This program is designed to help players improve basketball fundamentals and to continue to play in game situations. There are no practices, just games!!! All games are held on Sunday evenings (7:00 – 8:00 PM or 8:00 – 9:00 PM).

Boys Evaluation: ECS Gym – Sunday, November 15th from 7:00 – 9:00 PM

LOCATION: ESC Gymnasium

AGES: 7th – 8th graders

INSTRUCTOR: VPR Staff

FEE: \$60/\$70 non-residents

DATES: 11/15 – 2/28/16

(no basketball 11/29, 12/27, 1/3 and 2/21)

(If Victor Schools are closed, basketball is cancelled)

DAYS: Sundays

TIMES: 7:00 – 8:00 PM or 8:00 – 9:00 PM

PROGRAM #: BB15B78

YOUTH BASKETBALL LEAGUE – 7TH – 12TH GRADE GIRLS

This program is designed to help players improve basketball fundamentals and to continue to play in game situations. There will be half-hour practices with 45-minute games to follow during each Saturday time slot. All practices/games are held on Saturday mornings (10:30-11:45 AM).

Girls Evaluation: Primary Gym – Saturday, November 14th from 10:30-11:45 AM

LOCATION: Primary Gymnasium

AGES: 7th – 12th graders

INSTRUCTOR: VPR Staff

FEE: \$60/\$70 non-residents

DATES: 11/14 – 2/13/16

(no basketball 11/28, 12/26, and 1/2)

(If Victor Schools are closed, basketball is cancelled)

DAYS: Saturdays

TIMES: 10:30-11:45 AM

PROGRAM #: BB15G712

YOUTH BASKETBALL LEAGUE (5TH AND 6TH GRADE BOYS)

This program is designed to help boys improve basketball fundamentals and to learn to play in game situations. There will be a one-hour practice during the week and ten or eleven games on Saturday mornings.

LOCATION: ECS Gymnasium and Intermediate Gymnasium

AGES: 5th – 6th grade boys

INSTRUCTOR: VPR Staff

FEE: \$70/ \$80 nonresident

DATES: 10/24 – 2/6/16

(no basketball: 11/7, 11/28, 12/26 and 1/2)

(If Victor Schools are closed, basketball is cancelled)

DAYS: Practice: Monday evenings (ECS Gymnasium)

Games: Saturday mornings

TIMES: TBA

PROGRAM #: BB15B56

YOUTH BASKETBALL LEAGUE (4TH – 6TH GRADE GIRLS)

This program is designed to help girls improve basketball fundamentals and to learn to play in game situations. There will be a one-hour practice during the week and ten or eleven games on Saturday mornings.

LOCATION: ECS Gymnasium and Intermediate Gymnasium

AGES: 4th – 6th Grade

INSTRUCTOR: VPR Staff

FEE: \$70/\$80 non-residents

DATES: 10/24 – 2/6/16

(no basketball: 11/7, 11/28, 12/26 and 1/2)

(If Victor Schools are closed, basketball is cancelled)

DAYS: Practice: Tuesday evenings (Primary Gymnasium)

Games: Saturday mornings

TIMES: TBA

PROGRAM #: BB15G46

BASKETBALL PROGRAMS

YOUTH BASKETBALL LEAGUE INFORMATION

9th – 12th Grade BOYS

- Registration deadline: 11/7/15 Register Early! Space is Limited
- Sibling team placements will be the only requests taken.
- Please be sure to fill out basketball skill, height, t-shirt size etc. under additional information on the registration form.
- **Youth sports coaches are needed to run a successful program. If you have time to share, please contact us at 742-0145 or fill out the appropriate section on the registration form.**

Player evaluations will be conducted in the ECS Gymnasium. The evaluation will help in team selection.

Evaluation Date: Saturday, November 14th from 7 – 9 PM

YOUTH BASKETBALL LEAGUE – 9TH – 12TH GRADE LEAGUE

This program is designed to help players improve basketball fundamentals and to continue to play in game situations. There are no practices, just games!!! All games are held on Saturday evenings (7:00 – 8:15 pm or 8:15 pm – 9:30 pm).

Evaluation Date: Saturday, November 14th from 7 – 9 PM

LOCATION: ECS Gymnasium

AGES: 9th – 12th graders

INSTRUCTOR: VPR Staff

FEE: \$60/\$70 non-residents

DATES: 11/14 – 2/27/15 (no basketball 11/28, 12/26, 1/2 and 2/20)
(If Victor Schools are closed, basketball is cancelled)

DAYS: Saturdays

TIMES: TBA

PROGRAM #: BB15B912

TENNIS PROGRAMS

FALL/EARLY WINTER - TENNIS INSTRUCTION

Dave Strebel, USPTA Pro, will coordinate the programs and his staff will be teaching them. Dave has been a Rochester area Tennis Pro for 40 years and a Certified USPTA teaching professional for 35 years. He was named New York State Tennis Coach of the Year in 1994.

FALL - JUNIOR AND ADULT – SATURDAY AFTERNOONS

LOCATION: Victor Senior High School, Tennis Courts, 953 High Street

AGES: 4 year olds & older (Junior and Adult)

INSTRUCTOR: Dave Strebel, USPTA Teaching Professional and Assistants

FEE: \$85/\$95 non-residents

DAY:	TIME:	DATES:	PROGRAM #:
Saturdays	1:00 – 2:30 PM	9/12 – 10/17 (No program 10/3)	DS915JASA

Sundays	1:00 – 2:30 PM	9/13 – 10/18 (No program 10/4)	DS915JASU
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EARLY WINTER - INDOOR TENNIS FOR JUNIORS AND ADULTS – SESSION 1

LOCATION: Harley School, 1981 Clover Street, Brighton, NY (between Elmwood and Allen's Creek Road)

AGES: 4 year olds & older (Junior and Adult)

INSTRUCTOR: Dave Strebel, USPTA Teaching Professional and Assistants

DAY	TIME:	DATES:	FEE:	PROGRAM #:
Tuesdays	7:30 – 9:30 PM	9/15 – 10/13	\$175/\$185 non-residents	DS915TT

Wednesdays	5:30 – 7:00 PM	9/16 – 10/14	\$140/\$150 non-residents	DS915WT
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Saturdays	2:00 – 3:30 PM	9/19 – 10/17	\$140/\$150 non-residents	DS915AT
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Sundays	1:00 – 2:30 PM	9/20 – 10/18	\$140/\$150 non-residents	DS915UT
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EARLY WINTER - INDOOR TENNIS FOR JUNIORS AND ADULTS – SESSION 2

LOCATION: Harley School, 1981 Clover Street, Brighton, NY (between Elmwood and Allen's Creek Road)

AGES: 4 year olds & older (Junior and Adult)

INSTRUCTOR: Dave Strebel, USPTA Teaching Professional and Assistants

DAY	TIME:	DATES:	FEE:	PROGRAM #:
Tuesdays	7:30 – 9:30 PM	10/20 – 11/17	\$175/\$185 non-residents	DS1015TT

Wednesdays	5:30 – 7:00 PM	10/21 – 11/18	\$140/\$150 non-residents	DS1015WT
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Saturdays	2:00 – 3:30 PM	10/24 – 11/21	\$140/\$150 non-residents	DS1015AT
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Sundays	1:00 – 2:30 PM	10/25 – 11/22	\$140/\$150 non-residents	DS1015UT
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INDIVIDUAL LESSON

LOCATION: Harley School (Indoor Tennis Courts) 1981 Clover Street, Brighton, NY 14618

AGES: 4 year olds & older (Junior and Adult)

INSTRUCTOR: Dave Strebel, USPTA Teaching Professional and Assistants

DATES: Call Dave @ (585) 697-7766 to make arrangements

Visit us on Facebook!



You can keep up to date by "liking" the *Town of Victor* or the *Victor Parks & Recreation* facebook page. See pics from programs and learn about upcoming programs and special events.

MARTIAL ARTS PROGRAMS

LITTLE DRAGONS MARTIAL ARTS INTRODUCTORY PROGRAM

Looking for the perfect activity to build confidence, respect, cooperation and athletic ability? Karate does all that and more! Safe, fun and energetic games help kids develop focus, discipline and respect. This package includes an introductory meeting, a free uniform, and a month of classes. All classes take place at our professional 7200 square foot facility. Students take two classes a week and can choose from multiple options. Transportation from Victor schools is available.

LOCATION: United Martial Arts Center - 160 School St.

AGES: 4 – 7 years old

INSTRUCTOR: UMAC Staff

FEE: \$99/\$109 non-residents

TIME/DATES: Students can begin their 1 month at any time.

DAYS: Monday – Thursday; & Saturday

PROGRAM #: UM915LD

JUNIOR KARATE INTRODUCTORY PROGRAM

Looking for an activity that will build respect, assertiveness and confidence? Challenging drills, high-flying kicks, and effective techniques keep our students excited and involved. Students are transformed into confident, fit, respectful and disciplined individuals. This package includes an introductory meeting, a free uniform, and a month of classes. Students take two classes a week and can choose from multiple options. All classes take place at our professional 7200 square foot facility. Transportation from Victor schools is available.

LOCATION: United Martial Arts Center - 160 School St.

AGES: 8 – 13 years old

INSTRUCTOR: UMAC Staff

FEE: \$99/\$109 non-residents

TIME/DATES: Students can begin 1 month at any time.

DAYS: Monday – Thursday; & Saturday

PROGRAM #: UM915JK

GRACIE JUNIOR JIU-JITSU/BULLYPROOF INTRODUCTORY PROGRAM

Gracie Jiu-Jitsu is an excellent world-renowned program for students. In this class, our goal is to instill unshakable confidence in your child. We will prepare your child with a combination of leverage-based control holds to neutralize threats without violence. Your child will be prepared to defend themselves against bullies without turning them into one. This package includes an introductory meeting and a month of classes. Students take two classes a week and can choose from multiple options. Your child can start the program at any time and participate in any class without previous experience.

LOCATION: United Martial Arts Center - 160 School St.

AGES: 8 – 13 years old

INSTRUCTOR: UMAC Staff

FEE: \$99/\$109 non-residents

TIME/DATES: Students can begin 1 month at any time.

DAYS: Monday - Thursdays

PROGRAM #: UM915GJ

GRACIE ADULT JIU-JITSU INTRODUCTORY PROGRAM

Gracie Jiu-Jitsu is our beginner program for adults. In this program, you will learn the 36 core techniques of Gracie Jiu-Jitsu in a fun, safe, and cooperative environment. Each one-hour lesson addresses one standing and one ground self-defense technique. You can start the program at any time and participate in any class without previous experience and, since safety is our number one concern, there is no competitive sparring in this program. Upon successful completion of the Gracie beginner program you will be eligible for a Gracie Jiu-Jitsu Blue Belt and you will qualify for advancement to the Master Cycle program. Students take two classes a week and can choose from multiple options, including daytime classes.

LOCATION: United Martial Arts Center - 160 School St.

AGES: 14 years and older

INSTRUCTOR: UMAC Staff

FEE: \$99/\$109 non-residents

DATES: Students can begin 1 month at any time.

DAYS: Mondays - Thursdays, & Saturdays

PROGRAM #: UM915GA

ADULT KARATE INTRODUCTORY PROGRAM

Looking for a way to get in shape while learning a martial art and having fun? Karate is the class for you. Martial arts will help you develop the determination, focus, and self-discipline to achieve success in any endeavor you attempt. Karate at the United Martial Arts Center is the place to be if you are interested in getting in shape and looking your best while learning to defend yourself and your loved ones. It's a great overall fitness program for men and women – no experience necessary. All classes taught by Black Belt instructors.

LOCATION: United Martial Arts Center - 160 School St.

AGES: 14 years and older

INSTRUCTOR: UMAC Staff

FEE: \$99/\$109 non-residents

DATES: Students can begin 1 month at any time.

DAYS/TIMES: Tuesdays & Thursdays, 7:00 – 8:30PM

PROGRAM #: UM915AK

TINY TIGERS KARATE

Tiny Tigers is an action packed martial arts program for pre-school aged students. This outstanding eight week program is designed for three and four year olds. Classes take place once a week for 30 minutes. Students learn traditional karate basics and self-defense, while developing balance, coordination, and timing, using an exciting and fun age-appropriate curriculum! The program is designed so that it is fun and consistent with the child's developmental level. The children stay excited and engaged, and they look forward to their next class!

This package includes a martial arts uniform.

LOCATION: United Martial Arts Center - 160 School St.

AGES: 3 and 4 year old students

INSTRUCTOR: UMAC Staff

FEE: \$115/\$125 non-residents

DATES: Students sign up for 8 weeks sessions.

Call for the start date of the next session.

DAYS/TIMES: Call UMAC for available days and times – 924-7450

PROGRAM #: UM915TT

INCLUSIVE SERVICES PROGRAMS

WORKING IN CONJUNCTION WITH ONTARIO COUNTY ARC.



HALLOWEEN BASH

Dress up in your favorite costume and come enjoy dancing and refreshments as we celebrate Halloween. Music will be played by DJ's Mike and Wade, and a light snack will be provided.

LOCATION: Victor Municipal Park Lodge, 6680 Paparone Drive, off of Brace Road

AGES: 18 and up

FEE: \$6.00

DAYS/DATES: Friday, 10/23/15

TIME: 6:00 - 8:30 PM

PROGRAM #: ARC1015HB

HOLIDAY HAPPENING

Come out and experience the wonders of the Festive Holiday Season. We will enjoy holiday decorations, dance to tunes provided by our DJ's Wade and Mike, and snack on refreshments as we turn the lodge into a winter wonderland.

LOCATION: Victor Municipal Park Lodge, 6680 Paparone Drive, off of Brace Road

AGES: 18 and up

FEE: \$6.00

DAYS/DATES: Friday, 12/11/15

TIME: 6:30 - 8:30 PM

PROGRAM #: ARC1215HH

ONTARIO ARC AUTISM CENTER'S AFTER SCHOOL PROGRAM ACTIVE ACADEMY

Developed by Ontario ARC, Active Academy offers children ages 8 through 14 a safe, nurturing environment to meet each child's unique and dynamic needs. The program's engaging activities are fun and support children as they boost their social, sensory, reading and academic skills. This healthy balance of recreational and academic support from a Special Education Teacher gives each student the tools to enjoy more independence and experience success in and out of the classroom.

Eligibility Requirements:

Students must meet the following criteria:

- Eligible for services through OPWDD
- Be between the ages of 8 and 14 years
- Have the ability to adapt to a new environment without a high level of support

Location/Days & Times:

Canandaigua Active Academy – Canandaigua School District

Monday –Friday, 2:15 - 6:00 *

*Follows the Canandaigua School District calendar

Victor Active Academy – Victor School District

Monday –Friday, 2:15 - 6:00pm*

*Follows the Victor School District calendar

The cost of the program is \$125 per month.

Registration Information:

Contact Diane Van Derwater, dvanderwater@ontarioarc.org, 585-919-2148

SOCIAL SKILLS GROUPS

The Autism Center at Ontario ARC offers children, teens and young adults on the spectrum an assortment of programs designed to enhance their social and communication skills while building their self-esteem, confidence and independence. Programs are held at The Autism Center located at 3071 County Complex Drive in Canandaigua, New York. Social Skills Groups include RYUU, NextStep Prep, Girls Just Want To Have Fun, Empower Yourself, RESPECT: Healthy Love, Power of Play/Play Therapy Group, Out and About, SibShops, and more. To join one of these groups, or for more information, please contact Diane Van Derwater at dvanderwater@ontarioarc.org or 585-919-2148.

OUT & ABOUT

Get Out & About with The Autism Center at Ontario ARC. Each month the group offers different community activities for children/tweens/teens/young adults with and without disabilities. Previous group outings have been at SkyZone, Laser Quest, The Rochester Museum & Science Center, and Roseland Bowl. Future planning includes: trips to Letchworth State Park, swimming, introduction to various sports, Red Wings game, Buffalo Bills Training Camp, water and hiking safety courses, Sea Breeze, and more!

For more information, contact Diane Van Derwater at (585) 919-2148 or dvanderwater@ontarioarc.org.

MINECRAFT

The popular electronic game joins The Autism Center's growing menu of innovative programs available for the community. Each player will become an admin in this electronic world and will learn the rules of social etiquette, communication and responsibility. Players will work together to gather food for the community, build stores to supply necessary items, build parks and engineer new cities. The group will utilize Minecraft Edu, a version of the original game designed by teachers for use in classroom and group settings. Ages 8 & up are welcome to register.

Each 8-week session is held at Ontario ARC's Main Facility in Canandaigua, NY. The cost for one 8-week session is \$80 and registration is required. Registration for 2015 sessions is open now. To register for an upcoming session, please contact Diane Van Derwater at (585) 919-2148 or dvanderwater@ontarioarc.org.

MONDAY SESSIONS, 6:30 – 7:30 PM

August 10 – September 28

October 12 – December 7*

WEDNESDAY SESSIONS, 6:00 – 7:00 PM

August 12 – September 30

October 14 – December 9*

* There will not be class the week of November 23-27, 2015.

INCLUSIVE SERVICES PROGRAMS

FEEL THE BEAT

Feel the Beat is Ontario ARC's autism movement therapy program that provides people of all ages and abilities the opportunity to express themselves through movement and dance. Our program is expanded to include all individuals regardless of diagnosis. Led by an autism movement therapy instructor, these classes combine music, dance patterns and rhythm connecting the left and right sides of the brain promoting cognitive thinking, speech and language skills, academics and positive behavior.

Upcoming sessions can be found on Ontario ARC's website, www.ontarioarc.org.

VOLUNTEERS NEEDED

The Autism Center at Ontario ARC is always recruiting volunteers for Active Academy After School and for their Social Skills groups. Active Academy After School is in need of volunteers for the Canandaigua and Victor School sites. The after school program runs from 2:15 PM to 6:00 PM, Monday – Friday in the Canandaigua and Victor primary schools, and follows each school district's calendar. The Social Skills groups are seeking volunteers to assist with weekly groups and outings. We value your time, skills and commitment, any time that you can donate to these programs is greatly appreciated. If you are interested in volunteering, please contact Donna Auria at dauria@ontarioarc.org.

ADULT PROGRAMS

Fitness Programs



NEW! **ADULT BALLET BARRE WORKOUT**

A fun and easy blend of ballet, fitness, stretching and Pilates inspired movements to improve your balance, flexibility, and range of motion. This dynamic workout not only will burn fat and calories but will also tone and elongate your muscles, slim your thighs and sculpt your upper body. We workout to fun music from the 70's, 80's and 90's through current day hits. Please bring a yoga mat and light hand weights if you have them. Try your first class for free and tell

a friend. We had a great turnout and so much fun because most people brought a friend! This will be in ongoing class throughout the year.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: 16 years and up

INSTRUCTOR: Sharon Trubisky-Mikulc

FEE: \$50/\$60 non-residents

DAY/TIME: Wednesdays, 7:00 – 8:00 PM

DATES: **PROGRAM #**

9/9 – 10/21/15 SM915AB

10/28 – 12/16/15 (no class 11/25 & 12/23) SM1015AB

ATTIRE: Comfortable workout clothes, sneakers or ballet shoes

AEROBIC AND WEIGHT TRAINING WORKOUT – FALL 2015

Come join our fitness experts for a total body approach to fitness. This is a year round program. Wear comfortable clothes, sneakers, and a smile and get ready to get that heart pumping! Participants must register and purchase a convenient and economical "Fitness Pass" for all aerobic programs. Fitness passes can be purchased in the Parks and Recreation office Monday - Thursday from 8:30am to 7:30pm and Fridays from 8:30am to 4:30pm. Class walk-ins are welcome as well.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Open to all ages

INSTRUCTOR: Julie Vanderstynne, AFAA CERTIFIED
Bettina Kalish and Kathy Eychner

High/Low, Step, Slide and Body Sculpting (Babysitting included – M-F AM class only)

DAYS: **TIMES:**

Mon-Fri (Babysitting included) 8:00 – 9:00 AM until 8/28/15

Mon-Fri (Babysitting included) 9:15 – 10:15 AM starting 8/30/15

Mon, Wed, Thurs – evening classes 6:30 – 7:30 PM starting 8/30/15

Saturdays – Circuit 8:00 – 9:00 AM

FEES: **PROGRAM #:**

Fitness Pass: **Adults 18 - 54 yrs** **Students & Seniors**

(4) Class Pass \$28 \$25 A915-04

(8) Class Pass \$51 \$44 A915-08

(16) Class Pass \$75 \$64 A915-16

(32) Class Pass \$105 \$95 A915-32

WALK-IN FEE: \$8 (all classes)

NON-RESIDENT FEE: \$10 per season (September – December)

AQUA FITNESS (Mon. & Wed. starting 9/14) See page 19

ADULT PROGRAMS

Adult Programs

BEGINNERS/INTERMEDIATE YOGA

Yoga can provide you with the tools you need to reduce stress, improve flexibility and increase self-awareness. Each class will include forms of meditation, breathing techniques, stretching and yoga postures. Participants should wear comfortable clothing and bring a Yoga sticky mat and blanket. Bolsters and props will be provided.

LOCATION: Butler Cabin, MaryFrances Bluebird Haven
AGES: 16 years and over
INSTRUCTOR: Mary Capozzi, Certified Kripalu Yoga Teacher
FEE: \$72/\$82 non-residents for each Tuesday Session (8-week sessions)
 Students and Seniors \$10.00 Discount

DAYS/TIMES: Tuesdays, 5:30 – 6:30 PM

DATES:

9/1 – 10/20/15
 10/27 – 12/15/15

PROGRAM #:
 MC915TY
 MC1015TY

ZUMBA®

Zumba® combines high energy and motivating music with unique moves and combinations that are combined to tone and sculpt your body while burning fat. It is based on the principle that a workout should be 'FUN AND EASY TO DO.' Zumba® is not only great for the body, but it is also great for the mind. It is a 'feel happy' workout. Zumba® is very infectious and is definitely the latest, most exciting fitness sensation!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 15 years & up
INSTRUCTOR: Heather Ottnod Zumba® certified instructor

DAYS: Tuesday 6:30 – 7:30 PM
 Thursday 5:25 – 6:25 PM
 Saturday 9:15 – 10:15 AM

DATES: Ongoing

PASS: **FEE:** **PROGRAM #:**
 (1) Class Pass: \$7/\$8 non-residents Z915-1
 (5) Class Pass: \$25/\$30 non-residents Z915-5
 (10) Class Pass: \$45/\$55 non-residents Z915-10
 (20) Class Pass: \$90/\$100 non-residents Z915-20

NON-RESIDENT FEE: \$10 per season (September – December)

ADULT PICK-UP BASKETBALL – MONDAY NIGHTS (30 AND OLDER)

This program is designed for recreational pick-up basketball on Monday evenings for those avid players. This is a 3-season program (Fall, Winter and Spring). Call 742-0145 for more information. Please note there is no drop if for this program. You must be registered to participate. Program is limited to the first 30 participants.

LOCATION: Victor Junior High Gymnasium
AGES: Adult (30 and older)
INSTRUCTOR: Donnie Gullace
FEE: \$30/\$35 non-residents (12-week session)
DAY/TIME: Mondays, 7:30 – 9:30 PM
DATE: 9/14 – 12/7/15
 (Closed 10/12, if VCS is closed basketball is canceled)

PROGRAM #: V915AB

ADULT CO-ED VOLLEYBALL – WEDNESDAY NIGHTS (25 AND OLDER)

Have fun, stay fit and meet new people. Games are for those who enjoy competitive recreational volleyball rather than power volleyball. Program is for players 25 and older. All skill levels are welcome. Instructor will form different teams each week. Program is limited to 35 participants.

LOCATION: Victor Intermediate School Gymnasium
AGES: Adult (25 and older)
INSTRUCTOR: Chris O'Connor
FEE: \$30/\$35 non-residents (13-week session)
DAY/TIME: Wednesdays, 7:30 – 9:30 PM
DATE: 9/9 – 12/9/15
 (Closed 11/25, if VCS is closed volleyball is canceled)

PROGRAM #: V915AV

INTERMEDIATE/ADVANCED DISC GOLF

Take next step in disc golf! This course is for those that already play disc golf, have their own discs and want to advance their skill and lower their scores. There will be instruction on techniques to increase your driving distance and shot accuracy. Advanced throwing techniques will be taught including: Forehand, thumber, hammer, rollers, straddle putts and jump putts. Bring your discs to learn to throw what you own. There will a limited number of over stable discs and under stable discs to borrow and test fly. Rain date is scheduled October 29th, 2015.

LOCATION: Field #2 (Soccer) at Dryer Rd. Park, 7405 Dryer Road
AGES: 18 yrs & over
INSTRUCTOR: Tim Bayer and VPR Staff
FEE: \$49/\$59 non-residents
DAYS/TIMES: Thursdays, 6:00 – 7:00 PM
DATES: 9/17 – 10/22/15 (no program 10/15, rain date 10/29)
PROGRAM #: TB915AD

**Resident Registration Begins:
 Monday, August 24, 2015**

**Non-Resident
 Registration Begins:
 Monday, August 31, 2015**

ADULT PROGRAMS



SAVE THE DATE

THE NORTH FACE

NOVEMBER 7, 2015
**The North Face Victor
3rd Anniversary
Celebration & 5K Fun Run**
More information coming soon!
Questions? Please call (585) 398-2477

Instructional Programs

MAXIMIZE YOUR ELIGIBILITY FOR COLLEGE FINANCIAL AID

John Summers from Summers Financial Services Victor NY will be teaching hands-on approach to understanding “the game” of financial aid. This unique seminar will teach parents how to maximize their eligibility. Don’t be fooled by the myth that you can’t qualify for aid because of your income. Learn specific proven strategies, and avoid costly mistakes, which eliminate or reduce aid for your child. What really determines your expected family contribution for college? Everyone attending will receive all application forms, booklets, and guides needed to apply for college financial aid.

We will also discuss the 10 best ways to Save for your child’s college education, and its impact on qualifying for Financial Aid. This will cover 529 plans, Coverdell savings plans, Roth IRA’s, EE & I bonds, Gifts to minors (UGMA’s, UTMA’s), Annuity’s, Life insurance, 401K’s, and Home Equity. How much college will cost and why you should be saving for it now.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: Adults 18 and over
INSTRUCTOR: John Summer
FEE: \$10 per family
DAY/DATE: Wednesday, 9/9/15
TIME: 7:00 – 9:00 PM
PROGRAM #: JS915CF

NATURAL HEALTH AND WELLNESS: DIY FOR HOME & FAMILY

Join us for a seminar series on improving your health and wellness at home this fall! We’re making natural remedies for cold and flu season, as well as helping you replace expensive household cleaners with nature alternatives for the kitchen, bath, and bedroom. Plan on making cough tonics, therapeutic bath oils, carpet deodorizers, linen drawer sachets, non-toxic hand sanitizers, and more! Leave with the products and the instructional know-how to make your own healthy household cleaning solutions and be able to get started on your road to wellness right away!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: 18 and up, if attending with a personal aide, 2 registrations are required
INSTRUCTOR: Gayle Rachford, Instructor & DIY Enthusiast
FEE: \$35/\$38 non-residents
DAY/TIME: Tuesdays, 6:00 – 8:00 PM
DATE: **PROGRAM #:**
9/15/15 GR915HW
10/20/15 GR1015HW

VIOLIN FOR ADULTS!

If you played violin when you were young...or wish you did, this class is for you. And don’t worry, there is no such thing as “tone deaf”! The Suzuki Violin Method is a gentle approach to learning to play ~ and we do it in a fun, relaxed setting. You’ll learn a song at your first lesson, and perform a concert for family and friends at the end of the session. You just might be amazed at your talent! Violins can be rented from an area music store.

LOCATION: Lyric Arts Academy, 70 Main St, Victor
AGES: Adults 18 and over
INSTRUCTOR: Marg Dilmore
FEE: \$150/\$160 non-residents
DAY/TIME: Mondays, 7:00 – 8:00 PM
DATES: 9/15 – 12/7/15
PROGRAM #: MD915VA
NOTE: Violin required (can be rented from area music stores)

THE TRAILS OF VICTOR - A GUIDED HIKING EXPERIENCE AND MORE

Chauncy Young, an experienced hiker, will lead the group on guided hikes taking the time to point out items of interest be they historic, flora and/or fauna. Additionally he will discuss good hiking practices plus tips to improve the hiking experience. Each week will be a different destination and will consist of a 5 – 6 mile hike. Take this opportunity to learn about the trails of Victor and more from an expert and longtime member of Victor Hiking Trails.

LOCATION: Trails throughout Victor
AGES: Adults 18 and over
INSTRUCTOR: Chauncy Young
FEE: \$48/\$58 non-residents
DAY/TIME: Wednesdays, starting at 8:00 AM
DATES: 9/16/15 – 11/4/15, 8 weeks
PROGRAM #: CY915GH

ADULT PROGRAMS

THE BIGGEST RETIREMENT WAVE IN HISTORY IS ABOUT TO BREAK...ARE YOU READY?

This workshop is for individuals within 10 years of retirement or recently retired. Learn how to plan income from your portfolio so that your money will last longer than you do. We will discuss and give examples of asset allocation, time horizon, and money management. The class will explain different types of investment and insurance products such as Mutual Funds, Annuities, CD's, Life Insurance and Long Term Care. You have spent your entire working career building up your assets. Now let your assets work for you.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: Adults 18 and over
INSTRUCTOR: John Summer
FEE: \$10 per person
DAY/DATE: Wednesday, 9/16/15
TIME: 6:30 – 7:30 PM
PROGRAM #: JS915RW

TRANSFORMING SOCIAL SECURITY INTO A SUCCESSFUL RETIREMENT STRATEGY

This workshop is for individuals 55- 70 years old. With careful planning, a strategy can be developed to improve potential lifetime benefits of Social Security by structuring the benefits to begin at optimal times based on your financial plan. This class will help clarify Social Security basics, early retirement benefits, working during retirement, delayed benefits, spousal and survivor benefits, strategies for collecting benefits, taxation of Social Security benefits, You've spent your entire working career building up your Social Security and now it's time to optimize your benefits.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive
AGES: Adults 18 and over
INSTRUCTOR: John Summer
FEE: \$10 per person
DAY/DATE: Wednesday, 9/23/15
TIME: 6:30 – 7:30 PM
PROGRAM #: JS915SS

HOW TO BUY YOUR FIRST HOME

Learn how to navigate the process of buying a home-whether it is the first time or you are a move-up buyer ready for great refresher. We will cover mortgages, inspections, and negotiations. Participants will learn the Ten Mistakes People Make when Buying a Home. Save money and find the home of your dreams!

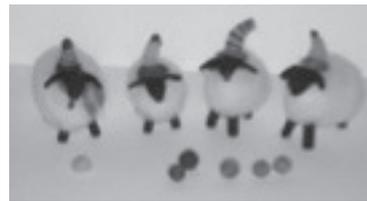
LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: Adults 18 and over
INSTRUCTOR: Rob Opett
FEE: \$7/\$10 non-residents
DAY/DATES: Tuesday, 10/6/15
TIME: 7:00 – 8:30 PM
PROGRAM #: RO1015BH

DOWNSIZING IN TODAY'S MARKET

This class will show participants who are experiencing a life change (such as loss of a job, disability, loss of a spouse, or simply becoming "empty nesters") how to properly downsize their single family residence in today's real estate market. Staging, pricing, and updates will be discussed to obtain the maximum profit in the shortest amount of time for the Seller. Discussion will include strategies and options such as reverse mortgages. Participants will also learn tips on vacation purchases both within the US and abroad. Discussion will include mortgage options, benefits of Buyer agency, pitfalls, inspections, and certain legal issues.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: Adults 18 and over
INSTRUCTOR: Rob Opett
FEE: \$7/\$10 non-residents
DAY/DATES: Wednesday, 10/7/15
TIME: 7:00 – 8:30 PM
PROGRAM #: RO1115DS

NEEDLE FELTED SHEEP



In these 2 sessions you will learn polymer clay sculpting and how to needle-felt sheep's wool. You will create and take home 2 "party animals". I call these my

"smile-makers" and try to keep some in every room. They are wonderful gifts from your own hands. This event is even more fun when you bring a friend.

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive
AGES: Adults 18 and over
INSTRUCTOR: Peggi Heissenberger
FEE: \$25/\$28 non-residents
+\$10 materials fee payable to instructor at class
DAY/TIME: Mondays, 6:30 – 8:30 PM
DATES: 10/19 – 10/26/15
PROGRAM #: PH1015FS



Register Online

It's only a point and click away at www.victoryny.org

ADULT PROGRAMS

MUSIC TREE

We will create a beautiful, unique accent piece for your home using antique sheet music with a sweet bird on top. All materials will be at the class but please bring a glue gun if you have one to limit sharing wait time.

LOCATION: Victor Parks & Recreation,
1290 Blossom Drive

AGES: Adults 18 and over

INSTRUCTOR: Peggi Heissenberger

FEE: \$20/\$23 non-residents
+\$5 materials fee payable
to instructor at class

DAY/DATES: Monday, 11/9/15

TIME: 12:30 – 2:30 PM

PROGRAM #: PH1115MT



DIY BATH & BODY PRODUCTS FOR THE HOLIDAYS!

Join us before the holiday rush! We're making lotions, shampoo, lip balms, and bath salts & fizzy balls to give as gifts this holiday season. Plan on creating your own custom blends using essential oils, organic coconut oil, sweet almond and jojoba oils, inside the best glass and stainless steel gift jars! Are you ready to give a gift that your friends and family will ask for again and again? These lotions and potions are so much fun to make you're not going to want to give them away!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 18 and up, if attending with a personal aide,
2 registrations are required

INSTRUCTOR: Gayle Rachford, Instructor & DIY Enthusiast

FEE: \$35/\$38 non-residents

DAY/TIME: Tuesdays, 6:00 – 8:00 PM

DATE: **PROGRAM #:**

11/17/15 GR1115BB

12/15/15 GR1215BB

COOKIE DECORATING CLASS

In this single session you will decorate exquisite cut out cookies. You will look like an artist when you learn these techniques, but . . . shhh . . . it's easy. An impressive gift from your kitchen and your heart. Each student will take home a dozen "samples."

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: Adults 18 and over

INSTRUCTOR: Peggi Heissenberger

FEE: \$20/\$23 non-residents
+ \$8 materials fee payable to instructor at class

DAY/DATES: Friday, 12/4/15

TIME: 12:30 – 2:30 PM

PROGRAM #: PH1215CD



Your opinion matters to us!
If you have comments or ideas for one of the programs or events through Victor Parks and Recreation, we would love to hear from you. Please give us a call at 585-742-0140, e-mail parksandrec@town-victor-ny.us or use the Town of Victor's official comment card at www.victoryny.org/ with your comments or ideas.

Adult Trips & Tours

BIRDS, BLOSSOMS AND BLOOM, ITHACA, NY

This trip begins with a visit to The Cornell Lab of Ornithology and Sapsucker Woods for a presentation and video in the auditorium, free time to enjoy the facility and grounds and visit the gift shop. Lunch at the Boatyard Grill before a guided driving tour of Cornell Plantations and a visit to the Botanical Gardens and Nevin Welcome Center. On the way home we will stop at Buttermilk Falls for a photo op and on to the Purity Ice Cream Company for an ice cream treat. Gratuity for restaurant staff, and bus driver is included.

LOCATION: Meet at 70 East Main Street,
behind Victor Presbyterian Church

ADULTS: 18 and up

FEE: \$82/\$87 non-residents
Victor Seniors 55 and up \$62

DAY/DATE: Friday, 9/18/15

TIMES: 8:00 AM – 8:30 PM

PROGRAM #: V915BBB

COOPERSTOWN, NY

This overnight trip will include accommodations at the Country Inn & Suites in Milford, NY, admission to the Farmers' Museum, National Baseball Hall of Fame & Museum and the Fenimore Art Museum. We will also visit the Fly Creek Cider Mill and the Ommegang Brewery for a tasting. The fee includes one breakfast, two luncheons (one at the historic Otesaga Hotel), hotel taxes, baggage handling and gratuities for restaurant wait staff and bus driver.

LOCATION: Meet at 70 East Main Street, behind Victor Presbyterian Church

ADULTS: 18 and up

DAY/DATE: Monday, 10/5 through Tuesday 10/6/15

TIMES: 8:30 AM on Monday through Tuesday at 9:00 PM

FEE: The rate is per person per room **PROGRAM #:**

Triple \$212/\$217 non-residents V1015CT

Double \$232/\$237 non-residents V1015CD

Single \$282/\$287 non-residents V1015CS

Victor Seniors 55 and up

Triple \$160 V1015CT

Double \$174 V1015CD

Single \$212 V1015CS

ADULT PROGRAMS

A MERRY CHRISTMAS TO ALL, WATKINS GLEN

Enjoy the Christmas Season with a sit-down luncheon and live holiday musical entertainment at the Seneca Harbor Station restaurant overlooking Seneca Lake. There will be shopping stops at the Christmas House, Oak Hill Bulk Foods, and Lakewood Vineyards (including a wine tasting). Gratuity for restaurant staff and bus driver is included.

LOCATION: Meet at 70 east Main Street, behind Victor Presbyterian Church

ADULTS: 18 and up

FEE: \$91/\$96 non-residents
Victor Seniors 55 and up \$72

DAY/DATE: Wednesday, 12/2/15

TIMES: 8:30 AM – 7:15 PM

PROGRAM #: V1215WG

Check us out on Twitter!



Keep up-to-date with late-breaking Parks & Recreation news
@VictorParksRec.

SENIOR PROGRAMS

BRIDGE CLUB

Join our new group of bridge players. All levels are here to have fun. Come by and no need to bring anything.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Adults age 55 and over

FEE: Free

DAY/TIME: Wednesdays, 12:30 PM

DATES: Ongoing

WII BOWLING

Get active with the Nintendo Wii Virtual Bowling system. Enjoy bowling fun without the heavy ball and stinky shoes. Come and experience all this popular game has to offer. Register as a team or independently. Prizes will be awarded!

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Adults 55 and older

FEE: Free

DAY/TIME: Thursdays, 10:00 AM – 11:30 AM

DATES: Ongoing

THURSDAY EUCHRE CLUB

Come join our group of card players whose game is euchre. Lots of fun with old friends and friends you have yet to make! No need to bring anything. We will even make the coffee.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Adults age 55 and over

FEE: Free

DAY/TIME: Thursdays, 12:00 PM

DATES: Ongoing

FRIDAY MORNING PINOCHLE

Have lots of fun with great people every Friday morning. Come by for a competitive game of cards. No need to bring anything. We will even make the coffee.

LOCATION: Victor Parks and Recreation, 1290 Blossom Drive

AGES: Adults age 55 and over

FEE: Free

DAY/TIME: Fridays, 9:30 AM

DATES: Ongoing

AQUA FITNESS (Mon. & Wed. starting 9/14) See page 19

ZUMBA® GOLD

Zumba® Gold is designed for the active older adults, the true beginner, and/or people who are not used to exercising, or people who may be limited physically. Zumba Gold is a much lower intensity. The same great Latin/International style of music and dance are used AND it is just as fun as regular Zumba® classes. Zumba® Gold classes strive to improve our balance, flexibility, and will strengthen your body, heart & mind!

LOCATION: Victor Parks & Recreation, 1290 Blossom Drive

AGES: 55 years & up

INSTRUCTOR: Heather Ottnod Zumba® certified instructor

DAYS/TIME: Monday & Thursdays, 9:30 – 10:10 AM

DATES: Ongoing

PASS:	FEE:	PROGRAM #:
(1) Class Pass:	\$7/\$8 non-residents	Z915-1
(5) Class Pass:	\$25/\$30 non-residents	Z915-5
(10) Class Pass:	\$45/\$55 non-residents	Z915-10
(20) Class Pass:	\$90/\$100 non-residents	Z915-20

NON-RESIDENT FEE: \$10 per season (September – December)

FALL SENIOR GOLF

This is a six-week fun league on the executive course. There will be an end of the league lunch on the last day at the Thirsty Turtle. Sign up as a single or a twosome. (Carts are available for \$5.00/per person each day.) Tee times start at 9:00 am.

LOCATION: Victor Hills Golf Course (Executive Course)

AGES: 52 years and older (coed)

FEE: \$60/\$65 non-residents

plus your individual league lunch cost

DATES: 9/8 – 10/13/15 (rain make-up 10/20)

DAYS/TIMES: Tuesdays, starting at 9:00 AM

PROGRAM #: SR915GL

REGISTER ONLINE AT:
www.victoryny.org

SENIOR PROGRAMS

“EARLY BIRD DINNER CLUB”

Join us as we visit local restaurants for their early bird dinners throughout the area. Please note that dinner prices are usually higher than our normal lunch outings.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive
AGES: 55 years and older
FEE: \$6/\$8 non-residents plus your individual dinner cost
DAY: **DATES:** **TIME:** **LOCA-**
TION: **PROGRAM #:**
 Tuesday 9/8/15 4:00 – 7:00 PM
 Pier House, Seneca Lake SR915EB
 Tuesday 10/13/15 3:00 – 7:00 PM
 Red Osier, Stafford SR1015EB

SENIOR LUNCHEONS

Join your fellow seniors for a lunch catered by the Legacy Kitchen staff. Below are the dates for each month. Fee includes a full lunch, dessert, and drink! Speakers will be based on availability.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive
AGES: 55 years and older
FEE: \$5 per person
DAYS/TIMES: Wednesdays, 12:00 – 1:00 PM
DATE: **THEME:** **LOCATION:** **PROGRAM#**
 9/16/15 Bye to Summer Victor Municipal Lodge SR915L
 10/21/15 Halloween Victor Municipal Lodge SR1015L
 11/18/15 Thanksgiving 1290 Blossom Drive SR1115L
 12/16/15 Christmas 1290 Blossom Drive SR1215L

ROCHESTER PUBLIC MARKET TRIPS

The fresh fall harvest is finally here. Join us as we enjoy all that the Rochester Public Market has to offer. You will be able to stock up on fresh vegetables, fish, breads, and many other interesting items. Enjoy the ride downtown and leave the driving to us.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive
AGES: 55 years and older
FEE: \$6/\$8 non-residents
DAYS/TIMES: Thursdays, 9:00 AM – 12:00 PM
DATE: **PROGRAM:**
 9/24/15 SR915PM
 10/22/15 SR1015PM

NAPLES GRAPE FESTIVAL

Come to Naples to celebrate the areas grape harvest, talented artisans, wine makers, local and regional music and cuisine. Lunch will be on your own at one of the food vendors.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive
AGES: 55 years and older
FEE: \$6/\$8 non-residents plus your individual lunch cost
DAYS/DATES: Saturday, 9/26/15
TIME: 8:30 AM – 1:30 PM
PROGRAM #: SR915GF

GUIDED TOUR OF THE HISTORIC AIRCRAFT MUSEUM

Description: Come visit the Historic Aircraft Museum in Geneseo, and see the aircraft of the World War II and Korean War eras. After the tour, we will stop at the Geneseo Family Restaurant for lunch.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive
AGES: 55 years and older
FEE: \$6/\$8 non-resident plus \$6.00 for the entrance fee and your individual lunch cost.
DAY/DATE: Thursday, 10/8/15
TIME: 9:30 AM – 2:00 PM
PROGRAM #: SR1015AM

FALL FOLIAGE TOUR OF THE FINGER LAKES REGION

Description: Come with your fellow seniors as we take a ride through the Finger Lakes Region to view the beautiful fall foliage. On the way home, we will stop at a local restaurant for lunch.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive
AGES: 55 years and older
FEE: \$6/\$8 non-residents plus your individual lunch cost
DAYS/DATES: Tuesday, 10/20/15
TIME: 9:30 AM – 2:00 PM
PROGRAM #: SR1015FF

“OUT TO LUNCH BUNCH”

Join us as we take a break from life and enjoy lunch. We will be visiting restaurants in and around the Rochester area. You cover your lunch fee and we will worry about the transportation. Space is limited so sign up early.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive
AGES: 55 years and older
FEE: \$6/\$8 non-residents plus your individual lunch cost
DAY: **DATES:** **TIME:** **LOCATION:** **PROGRAM#:**
 Friday 9/25/15 11:30 AM – 1:30 PM Fairport SR915LB
 Village Inn
Thursday 10/15/15 11:30AM – 1:30 PM Rohrbach’s, SR1015LB
(Please note day change) Rochester
 Friday 11/20/15 11:30 AM – 1:30 PM Giuseppe’s, SR1115LB
 Gates
 Friday 12/18/15 11:30 AM – 2:00 PM Fireside Grill, R1215LB
 Henrietta

SENIOR PROGRAMS

WINE TASTING AND LUNCH AT CASTLE GRISCH WINERY

Come and join us for a wine tasting at Castle Grisch Winery. En route to the winery, we will drive along the west side of beautiful Seneca Lake. After the tasting, we will have lunch at their restaurant located on the premises

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive

AGES: 55 years and older

FEE: \$6/\$8 non-residents plus wine tasting & your individual lunch cost.

DAYS/DATES: Friday, 10/30/15

TIME: 9:30 AM – 3:30 PM

PROGRAM #: SR1015CG



LECTURE, SHOPPING SPREE & LUNCH AT THE GENESEE REGIONAL MARKET

We will learn how the Market came into existence and how it functions today. The talk will be given by Bill Mulligan, Director of the Genesee Regional Market. After the presentation, we will spend time shopping at the Christmas Tree Shop, Lori's Natural Foods, and other stores at the Regional Market. We'll then stop at Sticky Lips Restaurant for lunch.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive

AGES: 55 years and older

FEE: \$6/\$8 non-residents plus your individual lunch cost

DAYS/DATES: Thursday, 11/5/15

TIME: 10:00 AM – 2:30 PM

PROGRAM #: SR1115RM

LET'S DO A "MYSTERY LUNCH"

We will depart from the Recreation center for an afternoon of fun and food. You will be given clues regarding the lunch destination and you will try to figure it out before arriving.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive

AGES: 55 years and older

FEE: \$6/\$8 non-residents plus your individual lunch cost

DAY:	DATES:	TIME:	PROGRAM #:
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Tuesday	11/10/15	11:00 AM – 2:00 PM	SR1115ML
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Monday	12/7/15	11:00 AM – 2:00 PM	SR1215ML
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SHOPPING AND LUNCH AT LEO'S DELI

Join us for a trip to Leo's Deli where you can buy their famous pastries and cookies. After shopping we will stop at the deli for a quick bite to eat.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive

AGES: 55 years and older

FEE: \$6/\$8 non-residents plus your individual lunch cost

DAYS/DATES: Tuesday, 12/1/15

TIME: 11:00 AM – 1:30 PM

PROGRAM #: SR 1215LD

HOLIDAY DINNER AND LIGHTS TOUR

We will have a quick bite to eat at the Distillery Restaurant and then tour the neighborhoods throughout the area and view the beautiful holiday light displays. We recommend that participants dress warmly and comfortably. Trip is subject to cancellation due to adverse or unfavorable weather and road conditions.

LOCATION: Depart from Victor Parks & Recreation, 1290 Blossom Drive

AGES: 55 years and older

FEE: \$6/\$8 non-residents plus your individual dinner cost

DAYS/DATES: Wednesday, 12/9/15

TIME: 4:00 PM – 7:30 PM

PROGRAM #: SR1215HL



Share your photos!

Victor Parks and Recreation is looking for some great photos of you and your family taken while participating in our programs or events! Just e-mail them to

parksandrec@town-victor-ny-us. Please identify the program and the participants. By e-mailing your photos, you consent to Victor Parks and Recreation Department the right to use your photo as it deems appropriate.

VICTOR HIKING TRAILS – TRAIL SURVEY

1. What is your Zip Code? _____
2. Please identify your age group: 15 & under 16-25 26-35 36-45 46-55 56-65 Over 65
3. What is your gender? Male Female
4. Are you aware the Town of Victor has a network of multi-use trails? Yes No
5. If you answered yes to 4, how did you hear about the trails? (Please check all that apply)
 Word of mouth Driving past Fitness Center Local Sporting Goods Store
 Signage Newspaper Parks Rec. Department Internet
 Other, please specify _____.
6. Are you aware of the Victor Hiking Trails Organization (www.VictorHikingTrails.org) that manages, maintains, and promotes the extensive trail system in the Town? Yes No
7. Have you ever used the trail system in the Town of Victor? Yes No (If no please skip to Question 17)
8. How often, on average, do you use trails in the Town of Victor? (Please select one)
 Daily 1 or 2 times a week A couple of times a month A few times a year
 3-5 times a week Once a week Once a month
9. What trails have you used most often? (Please select up to five)
 Apple Farm Trail Dryer Rd. Park Trails Fishers Landing Victor Municipal Park
 Seneca Trail Domine Trails Royal View Trail Village on the Park
 Auburn Trail 100 Acre Woods Trail Boughton Park Ganondagan Park
 Trolley Trail Monkey Run Trails Lehigh Crossing Park
 Lehigh Trail Blue Bird Trail Fishers Park
10. What is your primary activity on the trails? (Check all that apply)
 Walking/Hiking Jogging/Running Inline Skating Nature Appreciation
 Biking Horseback riding Walking pet XC skiing/Snowshoeing
 Other activity (specify) _____.
11. Generally, when do you use the trail? (Please check one) Weekdays Weekends Both
12. How much time do you generally spend on the trail each visit? (Please check one)
 Less than 30 minutes 30 minutes to 1 hour 1 to 2 hours More than 2 hours
13. What do you use trails for? (Please check all that apply)
 Recreation Health and Exercise Commuting to Work Alternative Transportation
 Other (specify) _____.
14. If you use the trail to commute or for alternative transportation, where do you travel to:
 Downtown Rochester Pittsford/Fairport/Perinton Canandaigua
 Other (specify) _____.
15. In your opinion, the maintenance of the trails are (Please check one) Excellent Good Fair Poor
16. In your opinion, the safety and security along the trails are (Please check one)
 Excellent Good Fair Poor
17. Do you support improving existing trails in Victor? Yes No
18. Do you support developing new trails in Victor? Yes No
19. Would you be interested in becoming a volunteer for the Victor Hiking Trails Organization? Yes No
If yes, please provide your contact information _____
or contact us at (585) 234-8226 or <http://www.victorhikingtrails.org/contact>.
20. Would you be interested in being part of a focus or stakeholder groups to help our group? Yes No
If yes, please provide your contact information _____
or contact us at (585) 234-8226 or <http://www.victorhikingtrails.org/contact>.
21. Additional comments:

Please drop off or mail your survey to the Victor Town Hall, 85 E. Main Street, by 9/11/15
or contact us at (585) 234-8226 or take the survey on line at www.victorhikingtrails.org
THANK YOU!

PARKS INFORMATION



NEW! PICNIC PLAY PACKS AVAILABLE

Let the **Department of Parks and Recreation** help you organize the field games for your next family gathering or party in the park! Our convenient **Picnic Play Packs** include a **variety of balls and sporting goods equipment, a bocce set and a set of horseshoes**. These are available for rental at the Parks and Recreation Department main office for \$15.00 Call (585) 742-0140 for availability.

Auburn Trail

The Town received Transportation Enhancement Program (TEP) grants totaling \$2.3 million dollars for the design and construction of this multi-use trail. Construction will continue through 2014. In 2014 we will design and install interpretive and way-finding signage, plazas and benches along the newly established trail. The recently completed bridge over Irondequoit Creek now provides trail connectivity from Fishers Road to Railroad Mills Road.

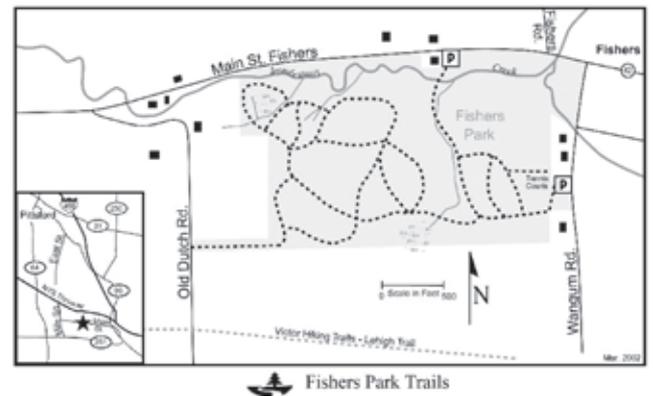


Boughton Park • Stirnie Road & Boughton Road

Located in the Town of East Bloomfield, Boughton Park is owned by Victor, East Bloomfield, and West Bloomfield. Run by an independent Board of Directors with representation from all three towns, the park covers 330 acres with 56 acres of ponds. Permits for the park can be obtained at Victor Town Clerks office, 85 East Main Street. Please bring proof of residency (NYS ID and car registration). The permits are free to Victor Residents.

Dryer Road Park • 7405 Dryer Road

This 132-acre park is the site of athletic fields and a box sports rink. There is a multiage playground for children, year-round restrooms facilities, and a picnic shelter, which is available for casual use or reservation. There are 15 miles of multi-use trails for a variety of skill levels and abilities. Please sign in at the trailhead kiosk and pick up a trail map prior to setting out to explore the trails. The park links Victor's Native American past with our future with pathways to Ganondagan State Historic Site. Trail maps can also be downloaded at www.mygroc.com and www.VictorNY.org.



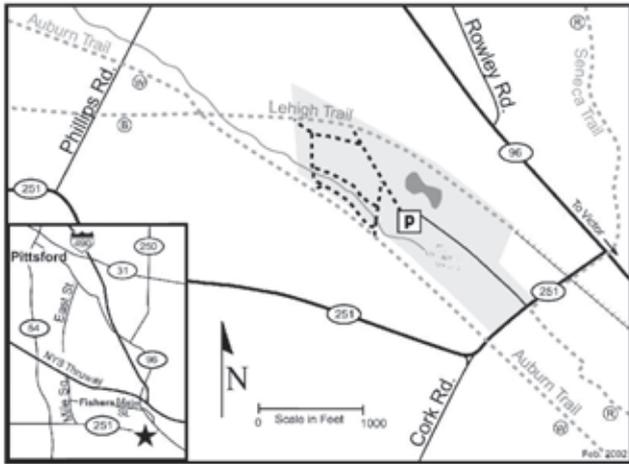
Fishers Park • 7929 Main Street, Fishers

Located in the hamlet of Fishers, this 93 acre park is a diversity of passive and active recreation opportunities. Visitors can see a multitude of wildlife from deer, squirrels, and other woodland creatures to waterfowl and trout that spawn in the spring. Two tennis courts are available for the tennis players in your family. The extensive trail system is a great place to hike. Trails meander through the park across wooded ridges, through wetland areas, and along the banks of Irondequoit Creek. New acreage off Old Dutch Road provides you with many new trails with beautiful vistas. The extensive trail system is a great place to hike, snowshoe or cross-country ski.

PARKS INFORMATION

Lehigh Crossing Park • 7350 State Route 251

Lehigh Crossing Park is located off of Victor-Mendon Road (State Route 251) near Cork Road and Route 96. This 54 acre park plays host to several miles of multi-use trails, vehicle parking area and gazebo. With woods, wetlands and ponds located within this passive park, numerous birds, waterfowl and critters find this park an exceptional place to call home. Bring binoculars!



 Lehigh Crossing Park

Lehigh Valley Trail

This newly improved trail has a stonedust surface, which is suitable for hiking, running, biking, snowshoeing and cross country skiing. The Town's portion of the former Lehigh Valley Railroad corridor is approximately two miles in length and travels from the Auburn Trail Connection at Phillips Road to the Victor-Mendon town line. There are convenient parking areas located at road crossings. The Town and Victor Hiking Trails completed construction of a pedestrian and a bicycle bridge on the former Lehigh Valley Railroad trestle at Phillips Road in November 2007 enables trail users to enter the rear of Lehigh Crossing Park and enjoy its many recreational opportunities.



Mary Frances Bluebird Haven • 235 County Route 9

Located on Victor-Egypt Road (County Road 9), across from the Valentown Road intersection, this living classroom has



an emphasis on preservation and restoration of New York State's official bird, the Bluebird. A one mile trail looped trail traverses the property through open fields and woods. This trail enables park visitors to see bluebirds in their natural habitat. The renovated Butler Cottage is available for family gatherings, parties or business meetings. Included is a newly constructed handicapped accessible fishing dock. For reservations, please contact the Department of Parks and Recreation at (585) 742-0140.



Victor Municipal Park

6680 Paparone Drive, off of Brace Road

Victor's newest park features a multi-age playground, enclosed lodge, picnic shelter, outdoor fitness stations, sand volleyball court, bocce ball court, horseshoe pits, stocked fishing pond and trails. The park bandshell and amphitheater host many special events including our summer concert series. For lodge and shelter rentals please contact the Department of Parks and Recreation at (585) 742-0140.



LAP SWIM SURVEY

**Town of Victor Department of Parks & Recreation
Early AM Lap Swimming Program
Participant Survey**

1. What days do you usually visit the Victor Parks & Recreation AM Lap Swim Program at the Victor Aquatics Center?
 Monday Tuesday Wednesday Thursday Friday

2. What time do you usually visit the Victor Parks & Recreation AM Lap Swim Program at the Victor Aquatics Center?
Please select all that apply.
 5:30 am – 6:00 am 6:00 am – 6:30 am 6:30 am – 7:00 am 7:00 am – 7:30 am

3. How do you pay for your visits?
 Resident Walk-In (\$2) Non-Resident Walk-In (\$3)
 Resident VSD 20 Visit Punch Pass (\$30/\$35) Non VSD Resident 20 Visit Punch (\$55)

4. Please rate the Victor Aquatics Center Facilities:

Satisfaction of swimming environment	Poor	Adequate	Good	Excellent
Quality of equipment used	Poor	Adequate	Good	Excellent
Cleanliness of pool area	Poor	Adequate	Good	Excellent
Cleanliness of locker rooms	Poor	Adequate	Good	Excellent
Overall cleanliness of facilities	Poor	Adequate	Good	Excellent

Comments: _____

5. Please rate customer service at the Early AM Lap Swim Program:

Knowledge and experience of staff/lifeguards	Poor	Adequate	Good	Excellent
Enthusiasm and response of staff/lifeguards	Poor	Adequate	Good	Excellent
Communication of information to swimmers	Poor	Adequate	Good	Excellent

Comments: _____

6. Please rate overall enforcement of lap swimming etiquette:

Poor Adequate Good Excellent

Comments: _____

7. Are there any other aquatics programs you would like added to the existing Victor Parks and Recreation Department programs?

THANK YOU for taking the time to complete this short survey. With your help, we are able to make the proper adjustments to improve our programs!

Please return survey responses to:

Town of Victor Department of Parks & Recreation
85 East Main Street
Victor, NY 14564
Attn: Christine Winter

How did you hear about this Victor Parks & Recreation program?

- Word of mouth Print media (newspaper, etc.) Town website
 Brochure mailed to me Social media (Facebook, Twitter) Flyer posted at: _____

REGISTRATION PROCEDURE

How to Register

Resident Registration Begins: Monday, August 24, 2015

Non-resident Registration Begins: Monday, August 31, 2015

FOR REGISTRATION FORM SEE PAGE 37

Please **mail** completed registration form to:
Victor Parks and Recreation, 85 East Main Street, Victor NY 14564

Bring completed forms in person with cash, check, Visa, AMEX, MasterCard, or Discover Card during regular business hours.
Monday thru' Thursday 8:30am – 7:00pm & Friday until 4:30pm.

REGISTER EARLY! If a class does not meet its minimum requirements 1 week prior to start date, we will cancel the class

REGISTER ON-LINE AT: www.victoryny.org

On-line registration closes out 1 week prior to start date of the program.

IMPORTANT REGISTRATION TIPS:

- Registrations forms may be photocopied.
- Be sure to fill out all information on your form.
- Assume you are enrolled unless you are notified by phone.
- Please sign the waiver on registration form.
- We recommend consulting with your physician prior to signing up for a program requiring physical exertion.

PARTICIPANT CODE OF CONDUCT:

- We will always strive to provide a place where fun things happen.
- Should our friends not be able to have fun with others, we will discuss other leisure opportunities.



Ontario ARC is proud to partner with the

*Town of Victor Parks and
Recreation Department*

to provide unique and inclusive recreational opportunities for people with intellectual and developmental disabilities in our community!

- Autism Services
- Day Services
- Employment Services
- Pet Connections
- Recreation Programs
- Residential Options
- Service Coordination
- Transition Services



3071 County Complex Drive • (585) 394-7500
Canandaigua, NY • 14424 • www.ontarioarc.org

PROGRAM

FEES: Cash, Checks, Money Orders, Visa, MasterCard and Discover or American Express Cards are accepted. There is a 2.45% fee or \$3.00 minimum charge for credit cards.

RETURN POLICY:

There will be a \$20.00 fee for any returned check.

CANCELLATIONS AND REFUND POLICY:

- If a class is cancelled by our department a refund of the program cost will be provided
- You need to withdraw from a program at least 5 business days prior to the start of the program. A refund will be issued for the amount minus a \$5 processing fee.
- **No** refunds will be issued once a program has started.

TRANSFER POLICY

Requests to transfer from one program to another must be made prior to class start date.

INCLEMENT WEATHER & PROGRAM STATUS INFORMATION

We strive to operate our programs regardless of weather – cancelling is our last resort. However:

- While most activities will be held despite the weather, schedules may change.
- Should lightning be a potential threat, outdoor activities may be moved indoors or cancelled, the Department of Parks and Recreation activities operated at Victor Central School District facilities will be cancelled if school facilities are closed.
- **When in doubt about program status, call the Department of Parks and Recreation at (585) 742-0140.** Program supervisors, directors or instructors will provide information about possible make-up dates for cancelled sessions.



FALL/WINTER 2015 REGISTRATION FORM

Registration

PLEASE PRINT CLEARLY

Participant Name	Grade 2015-2016	Birth Date	Sex	Program #	Program Name	Program Dates/ Times	Amount

HEAD OF HOUSEHOLD INFORMATION

Last Name: _____ First Name: _____

Address: _____ City/Town: _____ Zip: _____

Primary Phone (Name): _____ Alternate Phone (Name): _____

E-Mail(s): _____

Emergency Contact (relationship): _____ Emergency #: _____

Special Medical Needs? Yes No If yes, please describe: _____

Additional Program Information: _____

The Town of Victor Parks & Recreation takes pictures in classes for use in future publications and on the internet. Please contact us if you do not wish to have your child's photo included in these materials.

WAIVER FOR PARTICIPATION

I HEREBY UNCONDITIONALLY RELEASE THE Town of Victor Parks and Recreation Department from any and all responsibility or liability for any injuries which may be sustained by me or my minor child(ren) in relation to participation in any of the Victor Parks and Recreation programs or activities with the Parks and Recreation Department. I acknowledge that neither I nor my child(ren) suffer from any physical impairments and have no limitations upon engaging in activities with the Parks and Recreation Department. I unconditionally release the Town of Victor and its agents or employees from any and all liability for injuries and understand and acknowledge that the Town of Victor Parks and Recreation Department carries no liability or accident insurance. In the event that my child(ren) is injured, I authorize the party or person in charge of my child(ren)'s activities to seek medical care. I acknowledge and understand that I will be solely responsible to pay the cost of such care. And I further release and hold harmless the Town of Victor and its Parks and Recreation Department for any medical arrangements or care provided me or my minor child(ren).

SIGNATURE REQUIRED: _____ **DATE:** _____

SIGNATURE OF ADULT PARTICIPANT, PARENT OR GUARDIAN

PROGRAM FEES: payable to "Town of Victor" Please note additional fee for credit card use below.

Method of Payment: Cash: _____ Check # _____ Visa: _____ Mastercard: _____ Discover: _____ AMEX: _____ **Total Amount:** _____

Credit Card #: _____ **Expiration Date:** _____ **Amount:** _____

Card Holder Name: _____ **Signature:** _____

By signing above I agree to pay the Town of Victor for the amount above and understand that a Third Party convenience fee will apply to my transaction in order for the Town to accept payment via credit card. I agree that such convenience fee shall be billed to my credit card by Nationwide Payment Solutions (NPS) as a separate transaction and equal to 2.45% (\$3.00 minimum) of the total amount being paid.

FOR BASKETBALL ONLY:

I would like to volunteer coach (Name): _____

Volunteer Coach Email: _____

All volunteer coaches will need to be background checked prior to volunteering.

PLAYER INFORMATION:

Name: _____ Height: _____ Yrs. Experience: _____ Circle Skill Level: 1 Beginner 2 Average 3 Above Average

Name: _____ Height: _____ Yrs. Experience: _____ Circle Skill Level: 1 Beginner 2 Average 3 Above Average

Circle evaluation Date for Boys 3rd/4th, Boys 5th/6th, OR Girls 4th-6th Sat 10/24/15 OR Mon 10/26/15

Registration forms can be **faxed to** (585) 742-0142, **emailed to** parksandrec@town-victor-ny.us, **mailed to** the Town of Victor Department of Parks and Recreation, 85 East Main Street, Victor, NY 14564 or you can register on-line at www.victoryny.org.

Please call (585) 742-0140 for more information or visit us at: www.victoryny.org then choose the Parks & Rec tab.

PARKS & RECREATION

MISSION STATEMENT

The Town of Victor Parks and Recreation Department is dedicated to offering residents a balanced system of parklands, preservation of open space, and broad-based leisure opportunities that will foster growth of healthy lifestyles.

SERVING YOUR LEISURE NEEDS

Brian Emelson, C.P.R.E.

Director of Parks and Recreation
(Certified Parks and Recreational Executive)
bemelson@town-victor-ny.us

Michael Stockman, C.P.R.P.

Assistant Director of Parks and Recreation
(Certified Parks & Recreation Professional)
mastockman@town-victor-ny.us

Jeff Rader

Parks Maintenance Assistant
jrader@town-victor-ny.us

Tabatha Chastang, C.P.S.I.

Motor Equipment Operator, Light
(Certified Playground Safety Inspector)
tchastang@town-victor-ny.us

Tim Hadden

Motor Equipment Operator, Light
thadden@town-victor-ny.us

Steve Hendrickson, C.P.R.P.

Recreation Supervisor
srhendrickson@town-victor-ny.us

Christine Winter, B.S., M.P.A.

Recreation Supervisor
cwinter@town-victor-ny.us

Felicia Skibinski, B.S., M.S.

Account Clerk/Typist
fskibinski@town-victor-ny.us

Sharon Kaisen, B.S., M.S.

Typist
skaisen@town-victor-ny.us

PARKS & RECREATION CITIZENS' ADVISORY COMMITTEE

Larry Fisher, <i>Chairperson</i>	Cyndy Rochford
Terryn Maybeck	Gary Hadden, <i>Village Board Liaison</i>
Christine Palmiere	David Tantillo, <i>Town Board Liaison</i>
Bonnie Rhodes	Anna Christman, <i>Student Representative</i>
Gregory Richards, <i>Vice Chairperson</i>	

FACILITY RENTALS

Are you looking for a place to hold a party or business meeting? All reservations must be made in person at the Parks and Recreation Office at 1290 Blossom Drive. Please contact us with any questions 742-0140.

LOCATION	CAPACITY	FEE: RESIDENT	FEE: NON-RESIDENT
"Butler Cottage" at MaryFrances Bluebird Haven	45	\$60 Half Day / \$120 Full Day	\$70 Half Day / \$140 Full Day
"The Lodge" at Victor Municipal Park	100	\$90 Half Day / \$170 Full Day	\$115 Half Day / \$220 Full Day
Victor Municipal Park Rotary Pavilion	50	\$40 Full Day Only	\$50 Full Day Only
Dryer Road Park Pavilion	50	\$40 Full Day Only	\$50 Full Day Only

PARKS & RECREATION OFFICE	CAPACITY	FEE
Large Multipurpose Room	105	\$18 per hour
Medium Multipurpose Room	45	\$16 per hour
Small Group Instruction	30	\$14 per hour
Kitchen	20	\$12 per hour

NEW RESERVATION POLICY

All reservations made on a Town of Victor holiday are FULL DAY ONLY. For reservations at the "The Lodge" or at "Butler Cottage" from Memorial Day weekend through Labor Day, Saturday and Sunday reservations are FULL DAY ONLY.

AMERICANS WITH DISABILITIES ACT COMPLIANCE

The Town of Victor Parks & Recreation Department offers programs for all residents regardless of differing abilities. If you have a question or a concern about program accommodations, call us at 742-0140.

Youth Programs funded in part by a reimbursement from the New York State Office of Children and Families served through the Ontario County Bureau.

SportsNet: Inclusive Sports and Recreation Network for People with Physical Disabilities. SportsNet is sponsored by Rochester Rehabilitation Center. It is about creating opportunities for people with physical disabilities to participate in mainstream sports and recreation activities. If you or someone you know has a physical disability and is interested in participating in exercise, active recreation or sports, please contact: Nancy Steinkamp, SportsNet Manager, 271-2520 ext. 674.

COMMUNITY SPORTS ORGANIZATIONS

Victor Parks and Recreation does not operate the following programs. However, we know parents are interested in the following names and numbers.

Victor Community Baseball & Softball

President, Victor Little League: Erik Morrell
www.victorbaseball.com or www.victorsoftball.com

Victor Soccer Club

President: Scott Frutchey, Dir. Of Rec. Programs: Mark Pagano
www.victorsoccerclub.org

Victor Junior Blue Devils (Football & Cheerleading)

President: David Gleason
www.VictorJrBlueDevils.com

Victor Swim Club

VSC Program Director/Head Coach: Michael Murray
www.VictorSwimClub.org

Victor Blue Devils Youth Lacrosse

Youth Director: Andy Cooney
acooney@rochester.rr.com 585-507-5828

Victor Girls Youth Lacrosse

Steve Hersh/Mark Bruno
www.leaguelineup.com/vgylax

Hockey

Tim Maher 924-5366

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