



TOWN OF
VICTOR
NEW YORK

PARKS AND RECREATION

www.victorny.org • Phone: (585) 742-0140 • Fax: (585) 742-0142



Winter 2017

RECREATION | BROCHURE

REGISTRATION BEGINS NOVEMBER 28, 2016

Special Events

Family Programs

Preschool Programs

Youth Programs

Recess Programs

Pre-Teen & Teen Programs

Aquatics Programs

Inclusive Services Programs

Tennis Programs

Adult Programs

Active Adults Trips & Tours

Senior Programs



Leisure Lines from the Director of Parks and Recreation...

What types of weather await us this winter season? Will it be our traditional cold winter with one-hundred or more inches of snow or will it be like last winter when the sledding and snowman making wasn't so plentiful?

In September, I watched Peggy Zorn, our musical theatre program coordinator, meticulously put together the scripts and song sheets for her cast of "**Nanny Claus, The North Pole Nanny.**" This year's production shares the naughty antics of the Elf family children who have caused another nanny to quit; leading their mother and father to retain Nanny Clause! Peggy and her team of talented young and seasoned actors will perform on December 2nd and 3rd with both evening and matinee times. Please join us for this annual Holiday tradition!

In December, **Julie Vanderstynne**, our fitness instructor for over twenty-years will be leaving the Department. Julie has been an active and energetic instructor that has offered early morning aerobic and weight training programs for students, adults and senior citizens in Victor. Julie could often be found coming to the facility an hour prior to her class to do her own workout as well as to hone her workout routines or greet early arrivals! Julie would always take time during the holidays to help her participants burn some calories prior to sitting down to a family meal and celebration. We will really miss Julie and wish her well on the next chapter of her active life!

Our **Victor Recreational Afterschool Program (V-RAP)** kicked off this fall. Children in Grades K – 6th can take the afterschool bus to the Recreation Center on school days to enjoy games, arts & crafts, a healthy snack and help with their homework. This convenient and affordable program is supplemented with recess trips and schools out adventures during Victor Central School District holidays, conference days and breaks! Please stop in the Recreation Center or give us a call if you would like a copy of the V-RAP parent and participant handbook.

Regardless of the temperatures outside, we hope that you will find plenty of opportunities to recreate and participate in the many activities that your Department of Parks and Recreation has to offer this season!

All the Best,

Brian C. Emelson, CPRE • Director of Parks and Recreation



SPECIAL EVENTS

LOOK WHAT'S NEW!

ACTIVE OLDER ADULT EXERCISE See page 34

NEW! ADULT BARRE See page 29

ADULT LEARN TO SWIM See page 24

AFTER SCHOOL SLEDDING CLUB See page 12

BABY FEET GET THE BEAT See page 7

NEW! CARDIO/ AEROBICS/ WEIGHT TRAINING/ WORKOUT See page 27

COLORING ON CANVAS-ADULTS See page 32

COLORING ON CANVAS-KIDS See page 11

NEW! FAST AND FIERCE ALL STAR CHEERLEADING OPEN HOUSE/ TUMBLING DEMONSTRATION See page 9

TECHNIQUE AND TUMBLING CLASS See page 18

FUN & DELICIOUS ITALIAN COOKING See page 32

NEW! FUN WITH MY AMERICAN GIRL DOLL (RECESS PROGRAM) See page 18

NEW! HEALING AND TRANSFORMATIVE POWER OF MEDITATION See page 32

JEWELRY DESIGNING-ADULTS See page 30

JEWELRY DESIGNING-KIDS See page 13

KIDS GET THE BEAT See page 12

NEW! P90X – ADULT AEROBICS TOTAL BODY WORKOUT –See page 27

PIYO See page 28

POUND® ROCKOUT. WORKOUT. See page 28

NEW! PROJECT WILD! See page 15

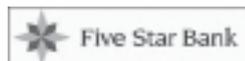
SENIOR HIGH SKI/SNOWBOARD CLUB
See page 22

SEWING FOR BEGINNERS See page 12 & 29

NEW! STUDIO ART WITH MRS. BRIGGS- PRINTMAKING, PAPIER MACHE OR 3-D PAINTING See page 14

NEW! VPR RECREATIONAL AFTER-SCHOOL PROGRAM (VPR-RAP) See page 8 & 17

THE FOLLOW SPECIAL EVENT IS SPONSORED IN PART BY:



THANK YOU FOR YOUR SUPPORT!

CHRISTMAS IN THE VILLAGE OF VICTOR

Santa Claus is coming to town...in cooperation with the Parks and Recreation Department, Victor Merchants Group, and Five Star Bank. Join your family and friends for a holiday celebration with music, food, costumed characters, activities, all situated throughout downtown Victor. Santa Claus will light the tree at Mead Square Park at 5:00 PM. Look for special coupons, maps and schedule of events.

LOCATION: Main Street Victor

AGES: Families are welcome

FEE: FREE

DAY/DATE: Saturday, 11/26/16

TIME: 10:00 AM – 5:00 PM

NANNY CLAU, THE NORTH POLE NANNY - WINTER MUSICAL

Victor Parks and Recreation is pleased to announce the 2016 winter musical production of "Nanny Claus, The North Pole Nanny". When the naughty antics of the Elf family children cause yet another nanny to quit, who do you suppose will care for them while Mother and Father are too busy with their North Pole Christmas jobs? Why, Nanny Claus, The North Pole Nanny, of course!

PERFORMANCES: Friday 12/2 @ 7:00 pm

Saturday 12/3 @ 12:00 pm, 3:00pm and 7:00pm

All performances at the Victor Early Childhood School Auditorium
Tickets are \$5 at the door.

VICTOR COMMUNITY BAND AND CHORUS CHRISTMAS CONCERT

Come listen to wonderful holiday sounds of the Victor Community Band and Chorus.

LOCATION: Eastview Mall

DAY/DATE: Thursday, 12/15/16

TIME: 7:00 PM

VPR WINTERFEST 2017

Bring your family and friends out to the New Victor Recreation Center, 7891 Lehigh Crossing to enjoy the 4th annual Winterfest. Try your skill at various outdoor activities such as x-country skiing, and snowing shoeing. Enjoy musical performance from Johnny Bauer, inflatables, big screen movie in the gym showing the movie The Secret Life of Pets, pony rides and other fun activities. Light refreshments will be provided by the Parks and Recreation Department.

LOCATION: Victor Recreation Center, 7891 Lehigh Crossing

DATE: Saturday, 2/11/17

TIME: 1:00 PM – 5:00 PM

SUMMARY OF SCHEDULE OF ACTIVITIES:

1:00 PM Johnny Bauer Concert

1:00 PM Inflatables in gym

3:30 PM Indoor Movie – The Secret Life of Pets

AND MORE! Light refreshments available all day.

SPECIAL EVENTS

Special Events

EASTER EGG HUNT

On Saturday, April 1 at 10:00 AM the Easter Bunny will be making a visit to Victor. Come join him and Victor Parks and Recreation at fields 19, 20, 21, 22 behind the Victor Primary School for a fun filled event. Dress appropriately for the weather. Children ages 3-4, 5-6, 7-8, and 9-11 are eligible to participate. No registration is necessary. In addition, join the Victor Lions Club and the Easter Bunny for the Annual Breakfast with the Easter Bunny. It takes place in the Primary Café from 8:30 – 11:00 am. All proceeds go to the Victor Lions Club.

VPR COMMUNITY GARDEN

Join us for our second season of growing. There will be a limited amount of 10x10 plots available for planting. The garden is located at MaryFrances Bluebird Haven on Victor Egypt Road. You can plant whatever you like. There is water available and the plots will be tilled and ready to go for the planting season which is usually early May. The plots are on a first come first served basis so hurry and get yours soon. Contact Mike Stockman 742-0147 for more information.

LOCATION: MaryFrances Bluebird Haven, 235 Victor Egypt Road
FEE: \$38/\$43 non-residents
PROGRAM #: 2017 Garden

6TH ANNUAL WEEK FOR HONOR FLIGHT

Join merchants, service organizations, and Victor residents as they raise money for our True American Heroes. Honor Flight Rochester flies, WWII, Korean, and Vietnam era military veterans to Washington DC to see their memorials. Take the time to shop at participating vendors, buy raffle tickets, or just donate to this worthy cause. Through the past 5 years of this fundraiser, over \$65,000 has been raised and 130 veterans have been able to take part in this once in a lifetime trip. This year's event takes place Friday, May 5 through Friday, May 12. Look for information on how you can help. For more info on Honor Flight Rochester go to www.honorflightrochester.org. Join the Town of Victor as we support our REAL LIFE HEROES!

MEMORIAL DAY PARADE

Our veterans who have paid the ultimate sacrifice are honored each year on Memorial Day. The Town of Victor and The American Legion James Cooke Post 931 honor those veterans with the annual Memorial Day Parade. The parade winds through Victor from the VCS campus to the Village of Victor parking lot followed by a poignant ceremony. Please come down to Main Street to pay respects to those who have paid the ultimate sacrifice for freedom. If you are interested in marching in the parade, please contact Mike Stockman, 585-742-0147.

WHEN: Monday, 5/29/17, 10 AM sharp start

FAMILY PROGRAMS

Family Programs

COMMUNITY BAND

Dust off your musical instrument and join Victor's group of talented musicians. Family groups are welcomed. No auditions are necessary. Call Victor Parks & Recreation for more information ((585) 742-0140).

LOCATION: Victor Intermediate School Band Room, 953 High Street
AGES: Open to all ages
INSTRUCTOR: Paul Mangiamele
FEE: Free
DAYS/TIMES: Wednesdays, 7:00 PM
DATES: Ongoing

COMMUNITY CHORUS

If you enjoy singing, this is the program for you. Call Victor Parks & Recreation for more information ((585) 742-0140).

LOCATION: St. John's Lutheran Church, 888 Victor Egypt Road
AGES: Open to all ages
INSTRUCTOR: Mary Ann Buneo
FEE: Free
DAYS/TIMES: Tuesdays, 7:00 PM
DATES: Ongoing

VICTOR ART CLUB See page 29

BIRTHDAY PARTIES (JANUARY-JUNE)

Do you want to have your party with your friends at Victor Parks & Recreation? Package does not include cake. We offer 2 birthday party packages: Silver and Gold. The silver party includes 2 staff, 2 rooms with games and activities. The gold party includes 2 staff, 2 rooms, games and activities, paper products and utensils, tablecloths, 1 sheet pizza, drinks. 2 parents required to stay and help with supervision.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: All
INSTRUCTOR: VPR Staff
FEE: Silver: \$100/\$105 non-residents for child and 14 friends. Additional children at \$5 each
Gold: \$140/\$145 non-residents for child and 14 friends. Additional children at \$5 each (Includes paper products and utensils, tablecloths, 1 sheet pizza, drinks)
DATES: Call for availability (585) 742-0140
Please register at least (1) week in advance.
Payment expected to hold your spot.
DAYS/TIMES: Saturdays, 1:00 – 3:00 PM or 4:00 – 6:00 PM
Sundays, 1:00 – 3:00 PM, or 4:00– 6:00 PM

PROGRAM#: Silver2017Winter

Gold2017Winter

HAVE YOU REGISTERED FOR YOUR FAVORITE ACTIVITY YET? NOTHING KILLS A PROGRAM FASTER THAN SLOW REGISTRATION. PLEASE REGISTER AT LEAST ONE (1) WEEK PRIOR TO THE START DATE!

PRESCHOOL PROGRAMS

FAST AND FIERCE ALL STAR CHEERLEADING OPEN HOUSE/TUMBLING DEMONSTRATION (12/11/16) See page 9

COME-N-PLAY

Come and enjoy the Victor Parks & Recreation Multipurpose Room and all the fun things you can do there. Balls, blocks, scooters, noodles and more. Bring your child and come and play – stay for the whole time or just a while. An adult must accompany and supervise children. Sneakers are required for both child and adult.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: Preschoolers with an adult

INSTRUCTOR: VPR Staff

FEE: \$7/\$14 non-residents per family per session.

TIMES: Wednesdays, 10:00 AM – 12:00 PM
Thursdays, 10:00 AM – 12:00 PM

DAY: DATES: PROGRAM #:

Session 1:

Wednesdays	1/4 – 2/8/17	V117WCP
Thursdays	1/5 – 2/9/17	V117THCP

Session 2:

Wednesdays	2/15 – 3/29/17 (no class 2/22)	V217WCP
Thursdays	2/16 – 3/30/17 (no class 2/23)	V217THCP

Session 3: (3 week session) FEE: \$3/\$6 non-residents

Wednesdays	4/5 – 4/26/17 (no class 4/19)	V417WCP
Thursdays	4/6 – 4/27/17 (no class 4/20)	V417THCP

INTRO TO ICE SKATING AND YOUTH HOCKEY (STARTING 1/8/17) See page 9



ONCE UPON A TUNE MUSIC TOGETHER®

An innovative approach to early childhood music learning based on the premise that all children are inherently musical. Children explore and express music alongside their most important role models; parents, caregivers and teachers. Nurture your child's natural enthusiasm for music and movement during this early childhood stage of most rapid growth.

LOCATION: Victor Parks & Recreation,
7891 Lehigh Crossing Road.

AGES: Newborns – Age 5 with Adult, siblings under 8 months free – still register

INSTRUCTOR: Yelena Shapiro of Once Upon a Tune Music Together,
585-224-6244

FEE: \$100/\$110 non-residents, additional child over 8 months \$75
infants under 8 months free with sibling.
\$41 Service fee payable to Yelena Shapiro (Once Upon A Tune) due at 1/17 class.
Includes CD, songbook and parent education resources.

DAYS: Tuesdays

DATES:	TIMES:	PROGRAM #:
1/10/17	10:45 – 11:30 AM	YS117MAD

Free Demo class (Please register)		
1/17 – 3/14/17	10:45 – 11:30 AM	YS117MA

(no class 2/21, makeup 3/21)		
1/10/17	5:30 – 6:15 PM	YS117MPD

Free Demo class (Please register)		
1/17 – 3/14/17	5:30 – 6:15 PM	YS117MP

(no class 2/21, makeup 3/21)		
4/4/17	10:45 – 11:30 AM	YS417MAD

Free Demo class (Please register)		
4/11 – 6/6/17	10:45 – 11:30 AM	YS417MA

(no class 4/18, makeup 6/13)		
4/4/17	5:30 – 6:15 PM	YS417MPD

Free Demo class (Please register)		
4/11 – 6/6/17	5:30 – 6:15 PM	YS417MP

(no class 4/18, makeup 6/13)		
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LITTLE DRIBBLERS

Attention 4 and 5 year old boys and girls. Come and begin to learn the fundamentals of basketball while having fun! You can come be a part of a team and begin to dribble, pass and shoot. Class size is limited so sign up early.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 4 & 5 year olds

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$39/\$49 non-residents

DAY/DATES: Tuesdays, 1/10 – 2/28/17 (no class 2/21)

TIMES:	PROGRAM #
4:00 – 5:00 PM	V117LD4
5:00 – 6:00 PM	V117LD5



Register Online
It's only a point and click away
at www.victoryny.org

PRESCHOOL PROGRAMS

BUMPER BOWLING

Join the excitement as your child knocks down pins. Bumpers will assist the ball towards the target, the pins. One game played each week. Parent/guardian must assist the child. Shoe rental included. Please list lane mates on registration form (3 children maximum per lane.) Space is limited bowling begins promptly at specified times. Please arrive 15 minutes early to get shoes, ball, etc.

LOCATION: Roseland Bowl, 4357 Recreation Dr, Canandaigua, NY

AGES: 3 – 6 years

INSTRUCTOR: VPR Staff

DAYS/TIMES: Fridays, 9:45 – 10:45 AM

DATES:	FEE:	PROGRAM #:
1/13, 1/20, & 1/27/17 (3 weeks)	\$14/\$17 non-residents	V117BB

List one date (from above) in add'l info	\$7/\$10 non-residents	V117BBX
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2/3, 2/10, & 2/17/17 (3 weeks)	\$14/\$17 non-residents	V217BB
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List one date (from above) in add'l info	\$7/\$10 non-residents	V217BBX
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FLOOR HOCKEY

Learn the fundamentals of floor hockey, learn to stick handle, pass and shoot. Space is limited to 16 participants. Register early!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 4 & 5 years old

INSTRUCTOR: Coach Steve & VPR Staff

FEE: \$37/\$47 non-residents

DAYS/DATES: Thursdays, 1/19 – 3/2/17 (no class 2/23)

TIMES:	PROGRAM #:
4:00 – 5:00 PM	V117FH4
5:00 – 6:00 PM	V117FH5

AROUND THE WORLD SPORTS WITH ADULT

Get ready, get set... this fun class is only offered in the winter so don't miss out! We'll practice skills and drills from a variety of international sports like basketball, baseball and soccer. No better way to grow strong all day long than games and sports that build fundamental coordination!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 2 – 3 year olds, with a participating adult

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

DAYS/TIMES: Mondays, 10:30 – 11:15 AM

DATES: 1/23 – 2/27/17 (no class 2/20)

PROGRAM#: MS117AW

HI FIVE GAMES & SPORTS

This is a fun class which requires bunches of kids and plenty of space! Offered only in winter, we will play everything from kickball to duck-duck-goose. We will learn sports fundamentals for throwing, running and kicking while we play some silly sports like Volley-balloon and Foot-bowl. Leave the snow outside and have dry sneakers for plenty of running, jumping and more!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 3 – 6 years olds

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

DAYS/TIME: Mondays, 12:40 – 1:25 PM

DATES: 1/23 – 2/27/17 (no class 2/20)

PROGRAM #: MS117HF

PRESCHOOL PAINTERS

Come and meet up with other creative kids like you as we explore color and texture. We will paint with watercolors and tempera paints and frame our artwork! We will also make masterpieces to take home each class, new projects daily. Smocks Recommended! \$5 materials, fee due to instructor 1st class. Children coming from the 12:40 pm class of High Five Games will be escorted by instructor.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 3 – 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents,

+ \$5 materials fee payable to instructor at the first class.

DAYS:	TIMES:	DATES:	PROGRAM #:
Mondays	1:30 – 2:15 PM	1/23 – 2/27/17 (no class 2/20)	MS117PPM
Wednesdays	12:40 – 1:25 PM	1/25 – 3/1/17 (no class 2/22)	MS117PPW

TUMBLING TIGERS

Grow strong this winter by tumbling! These progressive, beginner skills use gymnastic apparatus to build upper and lower body strength in girls and boys alike! There is no better sport for promoting coordination, strength and agility. Plus we have lots of fun playing tumbling games and active safe activities that you can do at home! Right-side up or up-side down, tumbling is too much fun to miss!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 3 – 6 years olds

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

DAYS/TIME: Wednesdays, 1:30 – 2:15 PM

DATES:	PROGRAM #:
1/25 – 3/1/17 (no class 2/22)	MS117TT
3/8 – 4/5/17	MS317TT

**Resident Registration Begins:
Monday, November 28, 2016.**

**Non-residents
Registration Begins:
Monday, December 5, 2016.**

PRESCHOOL PROGRAMS

BABY FEET GET THE BEAT

Channel youthful exuberance into fun with music and dance. Experience tap, ballet, jazz, and creative movement. Children gain rhythm, coordination, and confidence while learning to dance to various types of music. Please wear dance attire and have appropriate dance shoes.

Class requires at least 4 participants

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing Rd

AGES: 3 – 6 year olds

INSTRUCTOR: Tammy Allen Dance Academy Staff

FEES: \$54/\$64 non-residents

DAYS/TIMES: Wednesdays, 4:30 – 5:30 PM

DATES:

1/25 – 3/8/17 (no class 2/22)

3/15 – 4/26/17 (no class 4/19)

PROGRAM #:

TA117BF

TA317BF

PRESCHOOL PAINT & SCULPT

Come and meet up with other creative kids like you for sculpting with clay and new painting projects! We will also make masterpieces when we sculpt with our magic clay, paint and embellish with glitter and more!! New projects made daily. Smocks Recommended! \$5 materials fee due to instructor 1st class. Children coming from the 12:40 pm class of High Five Sports will be escorted by instructor.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 3 – 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

+ \$5 Materials fee payable to Mary at first class.

DAYS:

Mondays

Wednesdays

TIMES:

1:30 – 2:15 PM

12:40 – 1:25 PM

DATES:

3/6 – 4/3/17

3/8 – 4/5/17

PROGRAM#:

MS317PSM

MS317PSW

PRESCHOOL PAINTERS - EVENING CLASS

Come and meet up with other creative kids like you as we explore color and texture. We will paint with watercolors and tempera paints and frame our artwork! We will also make masterpieces to take home each class, new projects daily. Smocks Recommended! \$5 materials, fee due to instructor 1st class. Children going to the 6:15 pm class of Tumbling Tigers will be escorted by instructor.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 3 – 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

+ \$5 materials fee payable to instructor at the first class.

DAYS/TIMES: Thursdays, 5:30 – 6:10 PM

DATES: 4/27 – 5/18/17

PROGRAM#: MS417PP

TUMBLING TIGERS - EVENING CLASS

Grow strong this winter by tumbling! These progressive, beginner skills use gymnastic apparatus to build upper and lower body strength in girls and boys alike! There is no better sport for promoting coordination, strength and agility. Plus we have lots of fun playing tumbling games and active safe activities that you can do at home! Right-side up or up-side down, tumbling is too much fun to miss!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 3 – 6 years olds

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

DAYS/TIME: Thursdays, 6:15 – 7:30 PM

DATES: 4/27 – 5/18/17

PROGRAM #: MS417TTS

LITTLE DYNAMO DRIBBLERS & TUMBLERS

Parental Participation Required: Bring a grown-up and come to learn and play with other enthusiastic kids like you! We'll cover the fundamentals of Basketball and Tumbling. Practice is the key, so we'll do plenty of throwing, running and jumping! Exercising our coordination and using all that great toddler energy, what could be better!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 2 – 3 years olds, with a participating adult.

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

DAYS/TIMES: Mondays, 10:30 – 11:15 AM

DATES: 3/6 – 4/3/17

PROGRAM#: MS317LD

LITTLE OLYMPIANS

Come join this exciting track and field program for 4 and 5 year old boys and girls. Have fun learning the basics of running, jumping and throwing. Limited to first 16 participants, fills quickly.

LOCATION: Dryer Road Park, 7405 Dryer Road

AGES: 4 & 5 year olds

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$37/\$47 non-residents

DAYS/DATES: Mondays, 4/24 – 6/5/17 (no class 5/29)

TIMES:

4:00 – 5:00 PM

5:00 – 6:00 PM

PROGRAM #:

V417L04

V417L05

HI – FIVE! STARTER SPORTS

Come join a fun class that samples some of the games and sports that require fundamentals like throwing, running and kicking from Soccer, T-ball and Lacrosse! Leave the snow outside and have dry sneakers. Attend Paint & Sculpt class and get walk by instructor.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 3 – 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

DAYS/TIMES: Mondays, 12:40 – 1:25 AM

DATES: 3/6 – 4/3/17

PROGRAM#: MS317HF

LITTLE STRIKER SOCCER STARS

Learn the fundamentals of soccer learning to kick, head and pass during a fast paced outdoor soccer game. Limited to first 16 participants, fills quickly.

LOCATION: Dryer Road Park, 7405 Dryer Road

AGES: 4 & 5 years

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$37/\$47 non-residents

DAYS:

Tuesdays

Tuesdays

Saturdays

Saturdays

Saturdays

TIMES:

4:00 – 5:00 PM

5:00 – 6:00 PM

9:00 – 10:00 AM

10:00 – 11:00AM

5/6 – 6/17/17,

DATES:

4/25 – 5/30/17

4/25 – 5/30/17

5/6 – 6/17/17,

(no class 5/27)

5/6 – 6/17/17,

(no class 5/27)

PROGRAM:

V417LST4

V417LST5

V517LSS9

V517LSS10

PRESCHOOL PROGRAMS

Preschool Programs

SUPER STICKS LACROSSE

Come learn the local game of lacrosse, learn cradling, passing and team play in this exciting introductory class. Sticks will be provided. Mouthpiece required, can be purchased at the first class.

LOCATION: Dryer Road Park, 7405 Dryer Road

AGES: 4 & 5 year old

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$37/\$47 non-residents

DAYS/DATES: Wednesdays, 4/26 – 5/31/17

TIMES:

4:00 – 5:00 PM

5:00 – 6:00 PM

PROGRAM #:

V417SS4

V417SS5

HI – FIVE! SPORTS – SPRING TRAINING!

This is great spring fun as we gear up for summer! We'll use skills and drills for learning Track & Field, Baseball and T – Ball such as catching, throwing, and running and jumping... what could be better? Great for boys and girls alike with activities we will all be good at!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 3 – 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

DAYS/DATES: Mondays, 5/1 – 6/5/17 (no class 5/29)

TIMES:

9:45 – 10:30 AM

12:30 – 1:15 PM

PROGRAM#:

MS517HFA

MS517HFP

LIL' SLUGGERS – WITH PARENT

Parental Participation Required: "Batter up!" Come to learn and play with other enthusiastic kids just like you! We'll cover all the fundamentals of Baseball and T – ball! If you have a small baseball glove you are welcome to bring it. We'll supply the bats, balls and fun! So come learn and try out! Our last day we'll play a real t-ball game.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 2 – 3 year olds with a participating adult.

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

DAYS/TIME: Mondays, 10:30 – 11:15AM

DATES: 5/1 – 6/5/17 (no class 5/29)

PROGRAM #: MS517LS

NATURE AND ART

Paint with pinecones and draw with flowers? Yes! We use the things we hike outside and find to produce some really cool art projects, especially when we embellish with watercolors and put it in a frame! We'll do a new project each class and take it home each day! Paints and materials provided. Space is limited. (Children attending the 12:30 High-Five sports class will be escorted by teacher.)

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 3 – 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 non-residents

DAYS/TIMES: Mondays, 1:15 PM – 2:00 PM

DATES: 5/1 – 6/5/17, (No class 5/29)

PROGRAM #: MS517NA

YOUTH PROGRAMS

Youth Programs



VICTOR RECREATIONAL AFTER-SCHOOL PROGRAM (V-RAP)

Join Victor Parks and Recreation for some fun, games and activities after school. Wear sneakers for active games. Bring a snack. The Duck Bus can take the kids to the Victor Recreation Facility.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing Rd

AGES: K – 6th Graders

INSTRUCTOR: VPR Staff

DAYS: Mondays - Fridays

DATES: January 3 2016 – 6/21/2017

No V-RAP during VCS holidays, superintendent conferences and half days

See Recess Trip programs for most non-VWRAP days

TIMES:

3:45 – 6:00PM \$15/\$18 non-residents

per day if paid BEFORE the 1st of the month

\$16/\$19 non-residents

per day if paid ON or AFTER the 1st of the month

PROGRAM #:

V-RAP2016-17

***** Please see V-RAP packet at Victor Parks & Recreation for more information. *****

HORSEBACK RIDING

The Phelan Training Stable program introduces riders of all abilities to the challenges and responsibilities of taking care of horses under the supervision of a qualified instructor and assistants. Our program provides a balance between mounted instruction, talks and demonstrations. Each participant will receive a riding lesson every session. Riding instruction will be geared toward each individual's needs. Students will also learn many aspects of horse care, including grooming, feeding, anatomy and much more. The overall priorities of the Phelan Training Stable riding program are safety, fun and skill advancement. Horses can help us accomplish many of our goals: self-confidence, leadership, respect, responsibility and compassion. Horses also provide excitement, freedom, adventure and friendship. Our stable offers a very engaging and effective experience for growth and learning. For more information call Scot at (585) 657-6952 or visit www.phelantrainingstable.com

LOCATION: Phelan Training Stable, (Route 444)
2218 Victor-Bloomfield Road, Bloomfield, NY 14469

AGES: All Ages

INSTRUCTOR: Scot Phelan and Staff

FEE: \$110/\$120 Non-Residents

DATE: January - April (Indoor facility for bad weather)

DAY/TIME: Four 1-hour sessions
(Instructor will call to set up training days and times)

PROGRAM #: SP117HR

YOUTH PROGRAMS

NEW! EXPLORE ARCHERY - BEGINNER

This beginner archery program offers instruction in the basics of archery skills, safety, equipment identification, and proper form. The new archer will learn foundations necessary to properly execute an archery shot with consistent accuracy. Children have the opportunity to work with certified archers at Jim's Pro Shop! Archers will advance at their own pace. Each session is designed to build on the last to help the archers become familiar with the steps of the shot cycle. Beginners will be knowledgeable in safety and basic shot techniques by the end of this course.

LOCATION: Jim's Pro Shop, 4885 Route 96, Shortsville, NY 14548
AGES: 7 – 11 yrs
INSTRUCTOR: Jim's Prop Shop Staff
FEE: \$60/\$70 non-residents
DAYS/TIMES: Saturdays, 10:00 – 11:00 AM
DATES: 12/3 – 12/17/16
PROGRAM #: JP1216BA

NEW! EXPLORE BOWHUNTING YOUTH COURSE

Explore Bowhunting is an outdoor conservation education program focusing on interactions with people and wildlife around them. Bowhunter Education is required in New York State. The course not only teaches students how to interact with nature using ageless hunting skills but it also teaches an appreciation of what is around them and enhances enjoyment of the outdoors. Students will learn the safe handling and use of archery equipment as well as hunting techniques, safety in the field, harvesting and care of game, and the importance of conservation and management of our natural resources. The course is under the supervision of a New York State Certified Bow Hunter Instructor. Students will receive a handbook and items to be used throughout the course!

LOCATION: Jim's Pro Shop, 4885 Route 96, Shortsville, NY 14548
AGES: 9 – 16 yrs
INSTRUCTOR: Jim's Prop Shop Staff
FEE: \$115/\$120 non-residents
DAYS/TIMES: Saturdays, 11:00 AM – 1:00 PM
DATES: 12/3 – 12/17/16
PROGRAM #: JP1216EB



DON'T FORGET OUR RECESS PROGRAMS See pages 17-20

NEW! FAST AND FIERCE ALL STAR CHEERLEADING OPEN HOUSE/ TUMBLING DEMONSTRATION

Ready to join one of the top All Star Cheerleading programs in Victor NY?! Coach Jessica is highly accomplished coach and a certified cheer judge. At Fast and Fierce Elite All Star Cheer we offer teams for youth through adult levels. We also offer hip-hop teams for youth through adult's levels. Our half year teams will be starting in December! Please join us for our open house to find out more! We will include open tumbling with instructors on hand. A slice of pizza will be included in the price! Two of our teams will be on hand to perform.

LOCATION: Fast and Fierce Elite, Phoenix Mills Plaza
 6385 Route 96 Victor, NY
AGES: 3 year olds – Adult
INSTRUCTOR: Jessica Rapp
FEE: \$5.00 per child, adults are free
DAY/DATE: Sunday, 12/11/16
TIME: 4:00 – 6:00 PM
PROGRAM #: FF12160H

FAST AND FIERCE ALL STAR CHEERLEADING TECHNIQUE AND TUMBLING CLASS (STARTING 2/20/17) See page 18

YOUTH ROCK CLIMBING AT ROCKVENTURES

Participants will learn the basics or build upon the skills they already have. This class is ideal for participants of all skill levels. Students should bring a water bottle and their own helmet if they have one. Please wear comfortable loose fitting clothing. Additional paperwork required on the first day of class at Rock Ventures. All equipment is included in fee.

LOCATION: RockVentures, 1044 University Ave, Rochester, NY
AGES: 6 – 13 yrs
INSTRUCTOR: RockVentures Staff
FEE: \$149/\$159 non-residents
DAYS/TIMES: Saturdays, 10:00 – 11:30 AM
DATES: 1/7/17 – 2/18/17 (no class 1/28/17)
 3/4/17 – 4/8/17
 4/29 – 6/10 (no class 5/27/17)
PROGRAM #: RV117YR
 RV317YR
 RV417YR

RECESS ROCK CLIMBING AT ROCKVENTURES

See page 17

INTRO TO ICE SKATING AND YOUTH HOCKEY

A fun, safe, basic introduction to the sport of ice skating and hockey for new and/or inexperienced skaters. Emphasis will be on balance, forward skating, having fun, and becoming comfortable on the ice. Helmet, hockey pants, and protective pads are provided for use through Perinton Youth Hockey (players need to provide their own skates).

LOCATION: Thomas Creek Ice Arena
AGES: 4-8 years
INSTRUCTOR: Perinton Youth Hockey Coaches
FEE: \$80/\$90 non-residents
DAY/TIMES: Sundays, 7:15 – 8:15 AM
DATES: 1/8 – 2/12/17
PROGRAM #: PY117YH

YOUTH PROGRAMS

AFTERSCHOOL PROGRAM - LEGO AFTER SCHOOL CLUB

Join us for the Lego After School Club program for boys and girls. Using our imaginations and creativity we will explore, invent and construct new patterns, original objects and creatures. We will play games with Legos and weekly handouts will be sent home. This class will develop teamwork, creativity and problem-solving. Every child will bring home a mini figure at the end of the session. Maximum of 12 kids, so sign up early! The Duck Bus can take the kids to the Parks and Rec. Do not forget to bring a snack.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Boys and Girls Grade K-2nd

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$50/\$60 non-residents

DAYS/TIME: Mondays, 4:00 – 5:15 PM

DATES:

1/9 – 2/27/17 (no class 1/16 & 2/20)

3/13 – 4/24 (no class 4/27)

PROGRAM #:

SM117LC

SM317LC

K-1 HOOPS

Learn the fundamentals of basketball learning to dribble, pass and shoot. Sign up early space is limited.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing Road

AGES: K-1 Grade

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$45/\$55 non-residents

DAYS/DATES: Mondays, 1/9/17 – 2/27/17 (no class 1/16 or 2/20)

TIMES:

4:00 – 5:00 PM

5:00 – 6:00 PM

PROGRAM #:

V117KH4

V117KH5

Learn to Skate



**INTERESTED IN
"LEARN TO SKATE" ?
CALL STEVE
HENDRICKSON
AT 585-742-0143**

CONDITIONING AND BALLET FOR FIGURE SKATERS AND ATHLETES

This class is designed for a variety of athletes. Come and learn Pilates and other stretching exercises to obtain the edge over the competition in a fun and energetic atmosphere by strengthening your body's muscles, flexibility and sharpening your ballet skills. We will pay special attention to correct posture, proper execution of the arms and the fluidity and flow of the upper body, strengthening the legs and core muscles, enhancing one's balance and perfecting footwork. Note: Attire: Workout attire, tennis shoes and hair pulled back. Yoga mats are welcomed, but not required and please bring a drink each week.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Kids Ages 10 and up (or per dance Instructor's permission)

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$80 per session

+ \$10 non-resident fee for January-May 2017

DAYS/TIME: Tuesdays, 6:00 – 7:00 PM

DATES:

1/10 – 3/7/17 (no class 2/21)

3/14 – 5/9/17 (no class 4/18)

PROGRAM #:

SM117CB

SM317CB

ADVENTURES IN VIOLIN

Starting Violin at a young ages is one of the most powerful activities for developing the brain. Using the world renowned Suzuki Method, children learn to play violin as naturally as they learn to speak. In a fun class setting they master a new song each week and perform a concert by the end of the term. This is a great opportunity for children to explore the instrument and discover the fun of learning and playing together. Parents are invited to observe the class. Small sized violins can be rented from area music stores.

LOCATION: Lyric Arts Academy, 70 E. Main St

AGES: 5 – 10 years of age

INSTRUCTOR: Mary Cropley

FEE: \$200/\$210 non-residents

DAYS/TIME: Wednesdays, 4:30 – 5:15 PM

DATES: 1/11/17 – 5/24/17 following the school schedule

PROGRAM #: MC117AV

NOTE: Small violins can be rented from area music stores

SKI/SNOWBOARD CLUB

Enjoy the snow with friends at Bristol Mountain on Friday evenings. Buses leave from the Intermediate School at 3:00 pm and return between 9:30 pm and 9:45 pm. Lessons are required. There is a mandatory safety meeting Wednesday, January 4th, from 7:00 – 8:30 PM at the Victor Town Hall. Deadline to register is 12/19/16. A Half-Day program WILL be offered should one fall during the duration of this program. Information TBA. Once you sign up with us you will then be sent an email with information to purchase lift tickets, rental equipment and lessons from www.BristolMountain.com.

LOCATION: Depart from Victor Intermediate School then take the bus to Bristol Mountain

AGES: 4th – 6th Graders

INSTRUCTOR: Christine Winter and VPR Staff

FEE: \$75/\$85 non-residents (Transportation and Supervision fee)

DAYS/TIMES: Fridays, 3:00 – 9:30 PM

DATES: 1/13 – 2/10/17

PROGRAM#: V117SC46



Sous Chef

SOUS CHEFS SLOW COOKER JANUARY

Did you know that January is National Slow-cooker month? It also happens to be National soup month. So let's do both! Come to Parks and Rec to make a delicious home-made slow-cooker soup. And, while we're at it, why not make some home-made biscuits to go with it? And flavored butter too? I'm in! Bring your lunch (and have some soup) to enjoy from 12-1. Students will take home soup, biscuits and butter, and recipes to share! Register early; only 8 kids maximum!

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Boys & Girls, grades K-6,

INSTRUCTOR: Melissa McCabe

FEE: \$24/\$27 non-residents

+ \$5 ingredient fee payable to instructor

DAY/DATE: Monday, 1/16/17

TIME: 9:00 AM – 1:00 PM

PROGRAM #: MM117SC

YOUTH PROGRAMS



Sous Chefs

SOUS CHEFS BAKING

National Baking Month is January! Let's make some pie. Let's make two. One apple and one mystery flavor! Come to Parks and Rec to find out what it is! Students will be making their own pies to bring home and share with their families. Recipes included! Some chopping involved, under supervision. Instructor does all oven work. If you like to bake and if you love pie, this class is for you! Register early; only 8 kids maximum!

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Boys & Girls, grades K-6,

INSTRUCTOR: Melissa McCabe

FEE: \$24/\$27 non-residents
+ \$5 ingredient fee payable to instructor

DAY/DATE: Monday, 1/16/17

TIME: 1:00 – 4:00 PM

PROGRAM #: MM117B

FLOOR HOCKEY

Learn the fundamentals of floor hockey, learn to stick handle, pass and shoot. Space is limited to 16 participants. Register early!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: K – 2nd Grade, 3rd – 5th Grade

INSTRUCTOR: Coach Steve & VPR Staff

FEE: \$46/\$56 non-residents

DAYS/DATES: Wednesdays, 1/18 – 3/1/17 (no class 2/22)

AGES:	TIMES:	PROGRAM #:
3rd – 5th grade	4:00 – 5:00 PM	V117V4
K – 2nd grade	5:00 – 6:00 PM	V117V5

COLORING ON CANVAS-KIDS

Pick it! Paint it! Pop it!

This exciting and fun class includes unique hand illustrated drawing on a true artist's canvas. Kids will learn how to turn our illustrations into their very own works of art. We will be introducing the kids to the fun world of acrylic water based paint pens. Each child will be able to PICK their own canvas from our collection and use our wide array of colors to PAINT it. To really make it POP, we can add glitter, buttons, beads, stars, stickers and more.... We will teach the kids that art is in the eyes of the artist. Their One-of-a-Kind masterpiece will be something they can hang on their wall or give as a gift. What makes Art? THE ARTIST!!! This class will bring the artist out in Everyone!

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Children ages 5 & up

INSTRUCTOR: Collavanni McLeod

FEE: \$15/\$18 non-residents

DAYS/TIMES: Wednesdays, 4:00 – 5:15 PM

DATES:	PROGRAM #:
1/18/17	CM117CK
4/19/17	CM417CK

OLYMPIC YOUTH FENCING

This class is designed to teach the basics of Olympic Foil Fencing and is suitable for those who are new to the sport as well as those who have already had a few classes. Fencing activities and games are used to teach the fundamental footwork and blade work and improve fitness, agility and hand-eye coordination. Kids enjoy the challenge and strategy necessary to score a touch while parents praise the discipline and time-honored tradition of sportsmanship. Proper fencing etiquette and safety rules are strictly adhered to at all times. All equipment (mask, foil, chest plate, glove and jacket) is provided. Please wear a short-sleeved shirt, sweat pants, stretchy pants or biker shorts, and sneakers. Bring a water bottle.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 6 – 15 year olds

INSTRUCTOR: Rochester Fencing Center Staff

FEE: \$65/\$75 non-residents

DAYS/TIMES: Wednesdays, 6:30 PM – 7:30 PM

DATES:	PROGRAM #:
1/18 – 2/8/17	RF117FC
3/15 – 4/5/17	RF317FC

VIDEO ARCADE

Come play all the classics and even some new arcade hits for the Wii, Playstation 2 and X - Box! Maybe even play some old Atari with that Master Gamer, Coach Steve himself? Bring a small snack. Pizza is provided for dinner. Space is limited so sign up fast! If you want to share a game make sure it is labeled.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 1st – 8th Grade

INSTRUCTOR: VPR Staff

FEE: \$16/\$19 non-residents

DAY/TIME: Saturday, 4:00 – 9:30 PM

DATE:	PROGRAM #:
1/21/17	V117VA
4/1/17	V417VA



STUDIO ART WITH MRS. BRIGGS - PRINTMAKING

This class is an introduction to creative printmaking. Kids will explore and experiment with stamping, found objects, mono prints and collagraphs as well as creating their own image on a traditional printing plate. We will also explore rainbow rolls and color layering. Kids will complete several projects to take home and display. This is a fun art class emphasizing the creativity of a very unique art form! Please bring a snack.

LOCATION: Intermediate School Art Room 202

AGES: Grades 4, 5 & 6

INSTRUCTOR: Tracy Briggs, Intermediate School teacher.

FEE: \$45/ \$55 on resident
+ \$20 material fee paid to instructor first day of class

DAY/TIME: Mondays, Afterschool 3:30 – 5:00 PM parent pick up

DATES: 1/23, 1/30, 2/6, and 2/13/16

PROGRAM #: TB117SA

HAVE YOU REGISTERED FOR YOUR FAVORITE ACTIVITY YET? NOTHING KILLS A PROGRAM FASTER THAN SLOW REGISTRATION. PLEASE REGISTER AT LEAST ONE (1) WEEK PRIOR TO THE START DATE!

FAX A COMPLETED REGISTRATION FORM (WITH PAYMENT INFORMATION) TO: (585) (585) 742-0142

YOUTH PROGRAMS



The Victor Central Schools Parent Teacher Student Association (PTSA) serves as a powerful voice for all children, a relevant resource for families and communities, and a strong advocate for the education and well-being of every child. We collaborate with the teachers, administrators, parents, staff and students of Victor Central Schools (VCS) to meet the needs of the children and youth of our community.

Membership in the PTSA is open to all! This includes but is not limited to parents, teachers, staff, community members, and students of all ages. PTSA holds monthly meetings to keep you updated on all the PTSA programs and events for VCS throughout the school year. Membership allows you to be the first to know about these valuable programs that PTSA supports:

- Field Trips
- Book Fairs
- Author Visits
- Reflections Art Program
- Health & Wellness Events
- Grants
- Blood Drive
- Holiday Shoppe
- After School Programs
- Anti-Bullying Programs
- School Store
- Ice Cream Socials
- S.O.A.R.
- Red Ribbon Week
- Dances
- Link Crew

- Reading Programs
- Theater Experience
- Family Evening Events
- Staff Appreciation Days
- Language Club
- Turn off TV week
- March Spirit Week
- Community Forums
- Study Skills Program
- Senior Connection
- Simulated Crash
- Eco Fair
- Books at Breakfast
- Support of English Lang. Learners

Please visit our new website at VictorPTSA.org for online membership, volunteer registration section, meeting dates, and upcoming events listed by school. You can also "like" us on Facebook under VCS PTSA or email us any questions at victorptsa@gmail.com. We look forward to working with you and continuing to enhance the educational experience for the students, staff and the community of Victor.

NEW! AFTER SCHOOL SLEDDING CLUB

The winter season is here and it is the perfect time to enjoy some sledding after school! Sledding can be one of the best activities to enjoy on a snowy day with friends or for the entire family. What a great way to stay fit and have fun during the cold months! Each week we will explore an officially designated safe sledding area in and around the Rochester area! Remember to dress warm to enjoy these winter wonderlands.

LOCATION: Depart from Victor Intermediate School to take the VPR van to various area sledding hills!
AGES: 4th – 6th Grade
INSTRUCTOR: Christine Winter & VPR Staff
FEE: \$25/\$30 non-resident
DAY/TIME: Wednesdays, 3:15 pm – 6:30 pm
DATES: 1/25 – 2/15/17
PROGRAM #: CW117SC

NEW!

BABY FEET GET THE BEAT

Channel youthful exuberance into fun with music and dance. Experience tap, ballet, jazz, and creative movement. Children gain rhythm, coordination, and confidence while learning to dance to various types of music. Please wear dance attire and have appropriate dance shoes. Class requires at least 4 participants

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing Rd
AGES: 3 – 6 year olds
INSTRUCTOR: Tammy Allen Dance Academy Staff
FEES: \$54/\$64 non-residents
DAYS/TIMES: Wednesdays, 4:30 – 5:30 PM
DATES:
 1/25 – 3/8/17 (no class 2/22)
 3/15 – 4/26/17 (no class 4/19)

PROGRAM #:
 TA117BF
 TA317BF

NEW!

KIDS GET THE BEAT

A great introductory class for boys and girls who like to dance! Learn tap, jazz, and ballet in this combination class. Please wear dance attire and have appropriate dance shoes. Class requires at least 4 participants

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing Rd
AGES: 7 – 12 year olds
INSTRUCTOR: Tammy Allen Dance Academy Staff
FEES: \$54/\$64 non-residents
DAYS/TIMES: Wednesdays, 5:30 – 6:30 PM
DATES:
 1/25 – 3/8/17 (no class 2/22)
 3/15 – 4/26/17 (no class 4/19)

PROGRAM #:
 TA117KB
 TA317KB

NEW!

SEWING FOR BEGINNERS

Whether you just want to brush up on sewing or have never touched a sewing machine before, this is the class for you! We will work on a new project each week. Tentative projects include: pillow case, pouch, and tote bag and much more! All materials and instruction are included in the fee. Register early, maximum of 8 participants!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: Ages 10 and Up
INSTRUCTOR: Lindsay Karl
FEE: \$90/\$95 non-residents
DAY/TIME: Thursdays, 6:00 – 8:00 PM
DATES: 1/26 – 2/23/17
PROGRAM #: LK117SB



SOUS CHEFS EDIBLE VALENTINES

There's nothing sweeter than a yummy Valentine made with love! Come out to Parks and Rec and create some edible Valentines for the special people in your life. Take home the recipe and you're your treats again! Cupid's got nothing on you! Register early; only 12 kids maximum!

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: Boys & Girls, grades K-6,
INSTRUCTOR: Melissa McCabe
FEE: \$18/\$21 non-residents
 + \$5 ingredient fee payable to instructor
DAY/DATE: Friday, 2/3/17
TIME: 12:45 – 4:00 PM
PROGRAM #: MM217EV

YOUTH PROGRAMS

BROADWAY BOUND – SONG & DANCE PROGRAM WITH MRS. LEWIS

Calling all 2nd, 3rd, 4th, 5th, and 6th graders! You asked for it, and IT'S HERE!! We are going to enjoy the winter season Broadway Bound style! We will meet EVERY DAY for one week just like in the summer, with a performance on Friday for your friends and family!! Students will learn choreography to a few songs and perform at the end of the week! CAN'T WAIT TO SEE ALL OF MY OLD FRIENDS and I hope you bring some new ones to join you!!! Please bring a snack and water bottle each day!!

LOCATION: Victor Primary School, Music Room #155

AGES: Grades 2 – 6

INSTRUCTOR: Mrs. Lewis, VPS Music Teacher

FEE: \$55/\$65 non-residents

DAY/TIME: Monday – Friday, 3:30 PM – 5:00 PM

DATES:

2/6/17 – 2/10/17

4/3/17 – 4/7/17

PERFORMANCES: Friday February 6th at 5:00 and Friday April 7th at 5:00-BOTH in Primary Auditorium

PROGRAM #:

JL217BB

JL417BB



AT VICTOR PARKS & RECREATION

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: K – 6th Grade

INSTRUCTOR: VPR Staff

FEE: \$12/\$15 non residents

DAYS/TIMES: Fridays, 7:00 PM – 9:30 PM

DATES:

2/3/17

3/3/17

4/7/17

5/5/17

PROGRAM#:

V217YN

V317YN

V417YN

Y517YN Youth Night for Life – American Cancer Society Fundraiser

EPIC BABYSITTERS TRAINING COURSE

Taught through classroom discussion, instructor lecture and supplemented by an interactive video presentation; this 5 hour class for boys and girls ages 11 and older. Teaches participants roles and responsibilities of a babysitter and includes skills in; accident prevention, first aid and abdominal thrusts for choking victims. Each student will receive a workbook and a certification card upon completion. Students are asked to bring a Lunch, Pencil and a Self-Addressed-Stamped-Envelope (for Card).

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 11 year olds and older

INSTRUCTOR: EPIC Instructors

FEE: \$60/\$70 non-residents

DAYS: Mondays

DATES: **TIMES:**

2/20/17 9:00 AM – 2:00 PM

4/17/17 11:00 AM – 4:00 PM

PROGRAM #:

EP217BS

EP417BS

FUN WITH MY AMERICAN GIRL DOLL (RECESS PROGRAMS) (STARTING 2/20 OR 4/17) See page 18

NEW!

JEWELRY DESIGNING -KIDS

Join us in making one of a kind jewelry pieces with renowned jewelry designer Collavanni. Each child will come away with a bracelet or necklace. Collavanni will teach the art of jewelry design with a fun upbeat spin for kids. Color, shapes, and the belief that everyone can create something amazing; no matter their age. Supplies will include high quality glass beads, clay beads, resin beads & findings. The children will learn how to properly use professional jewelry making tools.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Children ages 5 & up

INSTRUCTOR: Collavanni McLeod

FEE: \$10/\$13 non-residents

+ \$15 materials fee payable to the instructor at class

DAYS/TIMES: 12:15 – 1:45 PM (No School Day)

DAY: **DATE:**

Wednesday 2/22/17

Friday 3/24/17

PROGRAM #:

CM217JK

CM317JK

NEW!

STUDIO ART WITH MRS. BRIGGS - PAPIER MACHE

This class is designed to explore the versatility of papier-mache. Kids will get to use a variety of materials and learn techniques to create 3-dimensional art objects. Sculptures will include a personal treasure container &/or a fantastic animal. This is an exciting class emphasizing individual experimentation and creative expression. It's sure to be a favorite! Please bring a snack.

LOCATION: Intermediate School Art Room 202

AGES: Grades 4, 5 & 6

INSTRUCTOR: Tracy Briggs, Intermediate School teacher.

FEE: \$45/ \$55 on resident

+ \$20 material fee paid to instructor first day of class

DAY/TIME: Mondays, Afterschool 3:30 – 5:00 PM parent pick up

DATES: 3/6, 3/13, 3/20, and 3/27/16

PROGRAM #: TB317SA

K-1 HOOPS

Learn the fundamentals of basketball, learn to dribble, pass and shoot. Space is limited to 16 participants. Register early!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: K – 1st Grade

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$46/\$56 non-residents

DAYS/DATES: Mondays, 3/6 – 4/10/17

TIMES:

4:00 – 5:00 PM

5:00 – 6:00 PM

PROGRAM #:

V317KH4

V317KH5

DON'T FORGET OUR RECESS PROGRAMS See pages 17-20

YOUTH PROGRAMS

YOUTH VOLLEYBALL

Learn the fundamentals of volleyball, learn to bump, pass and set. Space is limited to 12 participants. Register early!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: K – 2nd Grade , 3rd – 6th Grade
INSTRUCTOR: Coach Steve & VPR Staff
FEE: \$46/\$56 non-residents
DAYS/DATES: Wednesdays, 3/8 – 4/12/17
AGES: **TIMES:** **PROGRAM #:**
 K – 2nd grade 4:00 – 5:00 PM V317V4
 3rd – 6th grade 5:00 – 6:00 PM V317V50

ORIGAMI

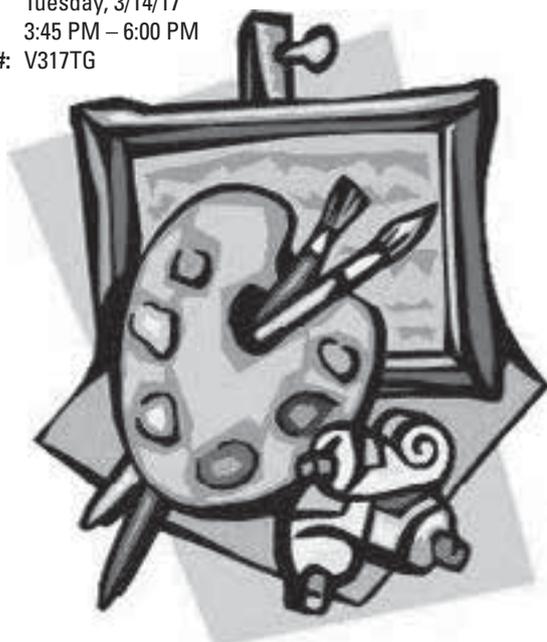
Learn the ancient art of paper folding with instructor Steve. You will be able to make a variety of creatures and things. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: 1st - 6th Grade
INSTRUCTOR: Steve Hendrickson
FEE: \$6/\$9 non-residents
DAYS/DATES: Thursday, 3/9/17
TIME: 3:45 PM – 6:00 PM
PROGRAM #: V317OR

TABLE GAMES

Come learn how to play Quarter Basketball, Quarter Hockey and Paper Football! Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack. Space is limited so sign up fast!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: 1st – 6th Grade
INSTRUCTOR: VPR Staff
FEE: \$6/\$9 non-residents
DAY/DATE: Tuesday, 3/14/17
TIME: 3:45 PM – 6:00 PM
PROGRAM #: V317TG



PAPER AIRPLANES

Learn to make all sorts of planes. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: 1st – 6th Grade
INSTRUCTORS: VPR Staff
FEE: \$6/\$9 non-residents
DAY/DATE: Thursday, 4/6/17
TIMES: 3:45 – 6:00 PM
PROGRAM #: V317PA

AFTERSCHOOL GYM GAMES

Join some friends after school to play some of your favorite gym games Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack. Space is limited so sign up fast!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: K - 6th Grade
INSTRUCTOR: VPR Staff
FEE: \$13/\$16 non-residents
DAYS/TIMES: Tuesdays, 3:45 PM – 6:00 PM
DATES: 3/21 & 3/28/17
PROGRAM #: V317AG



Sous Chef

SOUS CHEFS OATMEAL FOR DESSERT

Celebrate National Oatmeal Day with some classic oatmeal cookies and some fun oatmeal bars. Easy to make and even easier to eat! Learn some fun oatmeal facts and impress your family and friends with your oat knowledge AND your baking skills! Register early; only 12 kids maximum!

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: Boys & Girls, Grades 2 and up
INSTRUCTOR: Melissa McCabe
FEE: \$18/\$21 non-residents
 + \$5 ingredient fee payable to instructor
DAY/DATE: Wednesday, 3/22/17
TIME: 12:45 – 4:00 PM
PROGRAM #: MM317OD

BOATING – NEW YORK SAFE BOATING SAFETY COURSE (STARTING 3/28 OR 4/24/16) See page 23

NEW! STUDIO ART WITH MRS. BRIGGS – 3-DIMENSIONAL PAINTING

This class is a fantastic opportunity for the young artist who loves to express his/her ideas visually with color and texture. The kids will create and paint 3-D sculptural surfaces. The artists will use a variety of paints and painting techniques to bring their sculptures to life. This is a great choice for those daring to dabble with color! Please bring a snack.

LOCATION: Intermediate School Art Room 202
AGES: Grades 4, 5 & 6
INSTRUCTOR: Tracy Briggs, Intermediate School Art Teacher.
FEE: \$45/ \$55 on resident
 + \$20 material fee paid to instructor first day of class
DAY/TIME: Mondays, Afterschool 3:30 – 5:00 PM parent pick up
DATES: 4/3, 4/10, 4/24, and 5/1/16
PROGRAM #: SA417SA

YOUTH PROGRAMS

AFTERSCHOOL GAME MANIA

Join some friends after school for "Game Day". Play Sorry, Chess, Cards and More. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack. Space is limited so sign up fast!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: K – 6th Grade

INSTRUCTOR: VPR Staff

DAYS/TIMES: Tuesdays, 3:45 – 6:00 PM

DATES: **FEE:**

4/4/17 \$9/\$12 non-residents

4/11/17 \$9/\$12 non-residents

4/4 & 4/11/17 \$13/\$16 non-residents

PROGRAM #:

V417GMA

V417GMB

V417GMC



Sous Chefs

SOUS CHEFS SPRING HAS SPRUNG

Come to Parks and Rec and make some cute and yummy spring-themed treats. Make some extra for your family! Super cute and super-easy, what could be better? Hop on over and create some yourself! Register early; only 12 kids maximum!

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Boys & Girls, Grades K and up

INSTRUCTOR: Melissa McCabe

FEE: \$15/\$18 non-residents
+ \$5 ingredient fee payable to instructor

DAY/DATE: Wednesday, 4/12/17

TIME: 3:45 – 5:00 PM

PROGRAM #: MM417SS

HOME ALONE

This 2 hour class designed to teach children ages 7-12, who are home alone the importance of behaving responsibly. Topics include but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of miscellaneous emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you & your child. (2 hours)

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: Children ages 8 - 14

INSTRUCTOR: EPIC Instructors

FEE: \$32/\$35 non-residents

DAY/DATE: Monday, 4/17/17

TIMES: 9:00 – 11:00 AM

PROGRAM #: EP417HA

TRACK & FIELD

Come join us in getting excited about the sport of Track & Field. This program will introduce you to both short distance and long distance running events, plus a few basic field events such as discus, shot-put, and long jump.

LOCATION: Dryer Road Park, 7405 Dryer Road

AGES: 6 – 12 year olds

INSTRUCTOR: VPR Staff

FEE: \$40/\$50 non-residents

DAYS/DATES: Mondays, 4/24 – 6/5/17 (no class 5/29/17)

TIMES:

4:00 – 5:00 PM

5:00 – 6:00 PM

PROGRAM #:

V417T4

V417T5

NEW!

PROJECT WILD!

Owl Pellets, Orienteering, and the Outdoors, OH MY! This program is based off of interactive activities from the "Project Wild" K-12 Curriculum – an interdisciplinary conservation and environmental education program emphasizing wildlife. We will participate in various hands-on activities to develop awareness, knowledge, skills, and responsible behavior concerning wildlife and the environment. Each week will consist of hand-picked activities from the "Project Wild" K-12 Curriculum!

LOCATION: Victor Municipal Park Lodge, 6680 Paparone Drive, off of Brace

AGES: K – 4th Grade

INSTRUCTOR: Christine Winter, Recreation Supervisor

FEE: \$25/\$30 non-residents

DAY/TIME: Wednesdays, 6:00 – 7:00 PM

DATES: 4/26 – 5/10/17

PROGRAM #: V417PW

SPORTASTIC

Learn skills and play games in three exciting sports. Soccer, Basketball and T-Ball for boys and girls. VPR staff will pick up child at Primary School cafeteria. Please send a note in to your child's teacher releasing them to VPR staff.

LOCATION: Victor Central School Fields (Weather permitting)

AGES: 1st – 3rd Grade

INSTRUCTORS: Coach Steve and VPR Staff

FEE: \$45/\$55 non-residents

DAYS/TIMES: Thursdays, 3:30 PM – 5:00 PM

DATES: 4/27 – 6/8/17

PROGRAM #: V417SP

AFTER SCHOOL YARD GAMES

Learn skills and play games like can jam, ladder ball, bocce, horseshoes, croquette and volleyball. Kids can ride the special activity bus to Victor Parks & Recreation then we will take a van ride to Fishers Park, rain location VPR. Please write a permission note to your child's teacher for this to occur. Bring a small snack. Space is limited so sign up fast!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: K – 6th Grade

INSTRUCTOR: Coach Steve and VPR Staff

FEE: \$6/\$9 non-residents

DAYS/TIMES: Fridays, 3:45 – 5:30 PM

DATES: 4/28 – 5/12/17

PROGRAM #: V417YG

Visit us on Facebook!



You can keep up to date by "liking" the *Town of Victor* and the *Victor Parks & Recreation* facebook pages. See pics from programs and learn about upcoming programs and special events.

YOUTH PROGRAMS

PITCH, HIT & RUN SPONSORED BY SCOTT'S

Victor Parks and Recreation Department (VPR), in cooperation with Major League Baseball, are proud to announce this exciting hit, pitch and run contest. Participants will showcase their skills at the local level with winners advancing to regional competitions and possibly the finals. Each participant takes approximately 8 minutes to complete. Participants will compete in three baseball skills:

Batting: Hit from a tee as far and straight as possible.

Throwing: 6 chances to hit a target strike zone.

Base Running: Timed in a sprint from second base, around third to home plate.

LOCATION: Field #24, Victor Central Schools across from the Victor Educ. Center.

AGES: Four Divisions, boys and girls by age:
7 and 8 year olds
9 and 10 year olds
11 and 12 year olds
13 and 14 year olds

INSTRUCTOR: VPR Staff and Volunteers

FEE: No cost, but please register so we know you are planning on coming.

TIME: 10:00 AM

DAY/DATE: Saturday, 4/29/17 (rain date: 5/6/17)

PROGRAM #: V417PHR

REGISTRATION: Forms are available at the Parks and Recreation office. Bring completed registration form and a copy of participant's birth certificate to the competition. Volunteers needed. Please call Steve at 742-0143.



Sous Chefs

SOUS CHEFS MOTHER'S DAY TREAT

Show your mom, grandma, aunt, or any awesome lady in your life some love with this yummy treat.

Surprise her with a lovely creation you made yourself. Nothing beats a homemade treat made with love! Register early; only 12 kids maximum!

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Boys & Girls, Grades 2 and up

INSTRUCTOR: Melissa McCabe

FEE: \$15/\$18 non-residents
+ \$5 ingredient fee payable to instructor

DAY/DATE: Friday, 5/12/17

TIME: 3:45 – 5:00 PM

PROGRAM #: MM517MD

DISC GOLF TRIP

Come join some friends on a trip to the Apple Farm to play disc golf. Bring a bag dinner or money for dinner.

LOCATION: Meet the van at Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 2nd – 8th Grade

INSTRUCTOR: VPR Staff

FEE: \$15/\$20 non-residents

DAY/DATE: Friday, 5/19/17

TIMES: 3:45 – 6:30 PM

PROGRAM #: V517DG

HERSHEY'S RUN JUMP THROW TRACK MEET

Victor Parks and Recreation Department (VPR), in cooperation with USATF and Hershey's, are proud to announce this exciting run, jump, and throw track meet. Participants will showcase their skills at the local level with winners advancing to regional competitions and possibly the finals. Each participant showcases their skills in running events, jumping events, and throwing events.

LOCATION: VCS Track

AGES: 6 – 12 year olds

INSTRUCTOR: VPR Staff and Volunteers

FEE: Free, but please register so we know how many are participating.

DAY/DATE: Saturday, 6/17/17

TIME: 2:00 PM

PROGRAM #: V617RJT

REGISTRATION: Register online or at the Victor Recreation Office at 7891 Lehigh Crossing. Volunteers needed. Please call Steve at 742-0143.

SAVE THE DATE!

CHALLENGER SPORTS BRITISH SOCCER CAMP

****AUGUST 7TH – AUGUST 11TH, 2017****

Challenger Sports, the #1 Soccer Camp provider in the United States and Canada, is coming to Victor this summer! Challenger Sports recruit the most talented coaches from Britain and have a genuine interest in providing each player with a memorable and positive experience! Challenger has developed one of the most innovative methods of coaching in the U.S. focusing on teaching key techniques and technical components of soccer while developing the whole child.

Respect * Responsibility * Integrity * Leadership * Sportsmanship



RECESS PROGRAMS



VICTOR RECREATIONAL AFTER-SCHOOL PROGRAM (V-RAP)

Join Victor Parks and Recreation for some fun, games and activities after school. Wear sneakers for active games. Bring a snack. The Duck Bus can take the kids to the Victor Recreation Facility.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing Rd

AGES: K – 6th Graders

INSTRUCTOR: VPR Staff

DAYS: Mondays - Fridays

DATES: January 3 2016 – 6/21/2017

No V-RAP during VCS holidays, superintendent conferences and half days

See Recess Trip programs for most non-VWRAP days

TIMES: 3:45 – 6:00PM **FEES:** \$15/\$18 non-residents **PROGRAM #:** V-RAP2016-17

per day if paid BEFORE the 1st of the month

\$16/\$19 non-residents

per day if paid ON or AFTER the 1st of the month

***** Please see V-RAP packet at Victor Parks & Recreation for more information. *****

RECESS ROCK CLIMBING AT ROCKVENTURES

Led by the Rock Ventures Staff, your child will learn the basics or build upon the skills they already have. This full day class is ideal for participants of all levels. Participants will be split by ability so that they can progress at their own pace and skill level. Along with rock climbing, students will be traversing the indoor high ropes course, rappelling from a 42ft platform, learning climbing knots, and climbing additional high elements. All equipment will be provided including: Shoes, harness and bike helmet. Students should bring a water bottle and their own helmet if they have one. Please wear comfortable loose fitting clothing. Additional paperwork required on the first day of class at Rock Ventures.

LOCATION: RockVentures, 1044 University Ave, Rochester, NY

AGES: 6 – 13 years

INSTRUCTOR: RockVentures Staff

FEE: \$90/\$100 non-residents

TIMES: 8:00 AM – 5:00 PM

DAY/DATES:

Wednesday 11/23/16 (Thanksgiving)

Friday 11/25/16 (Thanksgiving)

Monday 1/16/17 (MLK Day)

Monday 2/20/17 (February Break)

Tuesday 2/21/17 (February Break)

Wednesday 2/22/17 (February Break)

Thursday 2/23/17 (February Break)

Friday 2/23/17 (February Break)

PROGRAM #:

RV1116RR2

RV1116RR3

RV117RR

RV217RR1

RV217RR2

RV217RR3

RV217RR4

RV217RR5

PARENT-TEACHER CONFERENCE DAYS

Come play with some friends at Victor Parks & Recreation on those Parent/Teacher Conference half days. Space is limited! Bring Bag Lunch and sneakers.

LOCATION: Meet at Victor Parks & Recreation, 7891 Lehigh Crossing Road

AGES: K – 6th Graders

INSTRUCTOR: VPR Staff

TIMES: 11:45 AM – 6:00 PM

FEE: \$36/\$39 non-residents, PER DAY

DAY: Thursday

12/1/16

Friday 12/2/16

Thursday 12/8/16

Friday 12/9/16

PROGRAM #:

VWRAPH1

VWRAPH2

VWRAPH3

VWRAPH4

TWAS THE DAY BEFORE RECESS

Come join Victor Parks and Recreation on the day before holiday festivities. Wear sneakers for active games. Bring a bag lunch and a snack.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing Rd

AGES: K – 6th Graders

INSTRUCTOR: VPR & Game Gamut Staff

DAY/DATE: Friday, 12/23/16

TIMES: 8:30 AM – 12:00 PM, \$16/\$19 non-residents

1/2 day option only!!

8:30 AM – 5:30 PM, \$32/\$35 non-residents

Full day games/activities, bring bag lunch!

PROGRAM #:

V1216TRA

V1216TRP

SKI/SNOWBOARD AT BRISTOL MOUNTAIN

Enjoy the day skiing/snowboarding at Bristol Mountain. Bring extra money for lunch. Dress appropriately. Please list ski or snowboard under additional information.

LOCATION: Meet at Victor Parks & Recreation, 7891 Lehigh Crossing Road

AGES: 2nd – 8th Graders

DAY/DATE: Tuesday, 12/27/16

TIMES: 8:00 AM – 5:30 PM

PACKAGES INCLUDING: Lift, Lesson,

FEE: \$66/\$69 non-residents

PROGRAM #:

V1216BMA

Rental and Transportation

Lift, Lesson

\$56/\$59 non-residents

V1216BMB

& Transportation (no rental)

Lesson & Transportation

\$31/\$34 non-residents

V1216BMC

(Season Pass Holder)

CHRISTMAS RECESS DAYS

Come play with some friends at Victor Parks & Recreation during the holidays. Space is limited! Bring Bag Lunch and sneakers.

LOCATION: Meet at Victor Parks & Recreation, 7891 Lehigh Crossing Road

AGES: K – 6th Graders

INSTRUCTOR: VPR Staff

DAY/DATE:

Tues., 12/27 8:30 AM – 12:00 PM

Tues., 12/27 8:30 AM – 5:30 PM

Wed., 12/28 8:30 AM – 12:00 PM

Wed., 12/28 8:30 AM – 5:30 PM

Thurs., 12/29 8:30 AM – 12:00 PM

Thurs., 12/29 8:30 AM – 5:30 PM

Friday 12/30 8:30 AM – 12:00 PM

Friday 12/30 8:30 AM – 5:30 PM

Tuesday - Friday, 12/27 – 12/30/16

FEE: \$24/\$27 non-res

\$48/\$51 non-res

\$24/\$27 non-res

\$48/\$51 non-res

\$24/\$27 non-res

\$48/\$51 non-res

\$24/\$27 non-res

\$48/\$51 non-res

PROGRAM #:

V1216CRTA

V1216CRTP

V1216CRWA

V1216CRWP

V1216CRHA

V1216CRHP

V1216CRFA

V1216CRFP

RECESS PROGRAMS

GLACIER RIDGE SNOW TUBING

Enjoy the day at Glacier Ridge Snowtubing. Bring extra money or pack a lunch. Dress appropriately for weather.

LOCATION: Meet the bus at Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 2nd – 8th Grade

INSTRUCTOR: VPR Staff

FEE: \$33/\$38 non-residents

DAY/DATE: Monday, 1/16/17

TIMES: 8:30 AM – 5:30 PM

PROGRAM #: V117GR

NEW!

FAST AND FIERCE ALL STAR CHEERLEADING TECHNIQUE AND TUMBLING CLASS

Looking to work on your cheerleading and tumbling skills during break week? We have the program for you! Coach Jessica is a well-recognized Cheer coach throughout New York State and is a certified Cheer Judge. Please join us on break week to work on your cheer jumps, stunts, motions, tumbling and more

LOCATION: Fast and Fierce Elite, Phoenix Mills Plaza 6385 Route 96 Victor, NY

AGES: 6 – 18 year olds

INSTRUCTOR: Jessica Rapp

FEE: \$100/\$110 non-residents

DAYS/TIME: Monday, Wednesday, and Friday, 9:00 AM – 12:00 PM

DATES: 2/20, 2/22, and 2/24/16

PROGRAM #: FF217TT

EPIC BABYSITTERS TRAINING COURSE

Taught through classroom discussion, instructor lecture and supplemented by an interactive video presentation; this 5 hour class for boys and girls ages 11 and older. Teaches participants roles and responsibilities of a babysitter and includes skills in; accident prevention, first aid and abdominal thrusts for choking victims. Each student will receive a workbook and a certification card upon completion. Students are asked to bring a Lunch, Pencil and a Self-Addressed-Stamped-Envelope (for Card).

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 11 year olds and older

INSTRUCTOR: EPIC Instructors

FEE: \$60/\$70 non-residents

DAYS: Mondays

DATES: 2/20/17 9:00 AM – 2:00 PM

4/17/17 11:00 AM – 4:00 PM

PROGRAM #: EP217BS

EP417BS

NEW!

FUN WITH MY AMERICAN GIRL DOLL

Bring your favorite American Girl doll or your favorite doll to this recess program and enjoy time with your doll that is perfect for doll-loving girls! Class will be filled with crafts, stories, games and a tea party. All, of course, centered around your favorite dolls! Please label your child's doll and accessories. Notes: Bring your American Girl Doll or your Favorite Doll each week. Please label your child's doll and accessories.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Girls 6 -10 years old

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$45/\$50 non-residents

DAYS/TIME: Monday – Thursday, 10:00 – 11:00 AM

DATES: February Recess 2/20 – 2/23/17

Spring Recess 4/17 -4/20/17

PROGRAM #:

SM217AG

SM417AG

BOWLING

Enjoy a day of bowling with friends Roseland Bowl. Bring extra money for games and snacks. Must wear socks.

LOCATION: Meet bus at Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: K - 8th Grade

INSTRUCTOR: VPR Staff

DAY/DATE: Monday, 2/20/17

TIMES: 8:30 AM – 1:00 PM, \$19/\$24 non-residents

Trip only. **PROGRAM #:** V217BA

8:30 AM -5:30 PM, \$29/\$34 non-residents **PROGRAM #:** V217BP

Trip & extra games and activities at VPR

BOARD GAME BONANZA WITH THE GAME GAMUT

Join Victor Parks & Recreation and the Game Gamut for some board games and puzzles. Try some new games out and see if you want to buy them. Wear sneakers for active games. Bring a bag lunch and a snack.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: K – 6th Grades

INSTRUCTOR: VPR Staff & The Game Gamut

DAYS/DATE: Tuesday, 2/21/17

TIMES: 8:30 AM – 12:00 PM \$19/\$21 non-residents – ½ day **PROGRAM#:** SB217GA

8:30 AM – 5:30 PM \$34/\$37 non-residents – FULL DAY **PROGRAM#:** SB217GP

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RECESS PROGRAMS

FEBRUARY BREAK SKI TRIP BRISTOL MOUNTAIN

Enjoy the day skiing at Bristol Mountain. Bring extra money or pack a lunch. Dress appropriately for weather. Please write if skiing or snowboarding under additional information on registration form.

LOCATION: Meet the bus at Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 2nd – 6th Grade

INSTRUCTOR: VPR Staff

TIMES: 8:00 – 5:30 PM

DAY/DATE: Wednesday, 2/22/17

DESCRIPTION:	FEE:	PROGRAM #:
Lift, lesson, Rental & Transportation	\$66/\$71 non-residents	V217BMA
Lift, Lesson & Transportation (no rental)	\$56/\$61 non-residents	V217BMB
Lesson & Transportation (Season pass Holder)	\$36/\$41 non-residents	V217BMC

NEW!

JEWELRY DESIGNING -KIDS

Join us in making one of a kind jewelry pieces with renowned jewelry designer Collavanni. Each child will come away with a bracelet or necklace. Collavanni will teach the art of jewelry design with a fun upbeat spin for kids. Color, shapes, and the belief that everyone can create something amazing; no matter their age. Supplies will include high quality glass beads, clay beads, resin beads & findings. The children will learn how to properly use professional jewelry making tools.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Children ages 5 & up

INSTRUCTOR: Collavanni McLeod

FEE: \$10/\$13 non-residents
+ \$15 materials fee payable to the instructor at class

DAYS/TIMES: 12:15 – 1:45 PM (No School Day)

DAY:	DATE:	PROGRAM #:
Wednesday	2/22/17	CM217JK
Friday	3/24/17	CM317JK

FEBRUARY BREAK SKI TRIP - HUNT HOLLOW

Enjoy the day skiing at Hunt Hollow. Bring extra money or pack a lunch. Dress appropriately for weather. Please write if skiing or snowboarding under additional information on registration form.

LOCATION: Meet Bus at Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 4 – 8th Grade

INSTRUCTOR: VPR Staff

DAYS/DATES: Thursday, 2/23/17

TIMES: 8:00 – 5:00 pm

DESCRIPTION:	FEE:	PROGRAM #:
Lift Lesson, Ski Rental and Transportation	\$66/\$71 non-residents	V217HHA
Lift, Lesson, Snow Board Rental & Transportation	\$71/\$76 non-residents	V217HHB
Lift & Transportation (no rental)	\$51/\$56 non-residents	V217HHC

LASER TAG

Come enjoy the fast pace game of laser tag with friends at Laser Quest in Greece, NY. Have a pizza and soda for lunch. Bring extra money for video games.

LOCATION: Meet bus at Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 2nd - 9th Grade

INSTRUCTOR: VPR Staff

DAYS/DATES: Friday, 2/24/17

TIMES:	FEE:	PROGRAM #:
8:30 AM – 2:00 PM, Trip only.	\$32/\$37 non-residents	V217LTA
8:30 AM – 5:30 PM, Trip & extra games and activities at VPR	\$37/\$42 non-residents	V217LTP

PARENT-TEACHER CONFERENCE DAYS (AND 1 EXTRA HALF DAY)

Come play with some friends at Victor Parks & Recreation during the holidays. Space is limited! Bring Bag Lunch and sneakers.

LOCATION: Meet at Victor Parks & Recreation, 7891 Lehigh Crossing Road

AGES: K – 6th Graders

INSTRUCTOR: VPR Staff

TIMES: 11:45 AM – 6:00 PM

FEE: \$30/\$33 non-residents, PER DAY

DAY:	DATE:	PROGRAM #:
Thursday	3/16/17	VRAPH1
Friday	3/17/17	VRAPH2
Wednesday	3/22/17	VRAPH3
Thursday	3/23/17	VRAPH4
Friday	6/9/17	VRAPH5

SUPERINTENDENT CONFERENCE DAY WITH THE GAME GAMUT

Join Victor Parks & Recreation and the Game Gamut for some board games and puzzles. Try some new games out and see if you want to buy them. Wear sneakers for active games. Bring a bag lunch and a snack.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: K – 6th Grades

INSTRUCTOR: VPR Staff & The Game Gamut

DAYS/DATE: Friday, 3/24/17

TIMES:	FEE:	PROGRAM#:
8:30 AM – 12:00 PM	\$19/\$21 non-residents – ½ day	SB317GGA
8:30 AM – 5:30 PM	\$34/\$37 non-residents – FULL DAY	SB317GGP

WONDER WORKS TRIP

Come join some friends as we travel to Destiny USA in Syracuse to Wonder Works then back to Parks & Recreation for some Gym/ Board Games. Bring extra money for lunch & snacks.

LOCATION: Meet the van at Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 2 – 8th Grade

INSTRUCTOR: VPR Staff

DAY/DATE: Friday, 4/14/17

TIMES:	FEE:	PROGRAM #:
8:30 AM – 3:30 PM, Trip only.	\$30/\$35 non-residents	V417WWA
8:30 AM -5:30 PM, Trip & extra games and activities at VPR	\$40/\$45 non-residents	V417WWP

RECESS PROGRAMS

HOME ALONE

This 2 hour class designed to teach children ages 7-12, who are home alone the importance of behaving responsibly. Topics include but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of miscellaneous emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you & your child. (2 hours)

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: Children ages 8 - 14
INSTRUCTOR: EPIC Instructors
FEE: \$32/\$35 non-residents
DAY/DATE: Monday, 4/17/17
TIMES: 9:00 – 11:00 AM
PROGRAM #: EP417HA

ALTITUDE TRAMPOLINE PARK

Come join some friends as we bounce and play our way through recess week then back to Parks & Recreation for some Gym/Board Games. Bring extra money for lunch & snacks or bring a bag lunch. Special socks required. Parent must visit web site and sign electronic waiver. Visit <https://altituderochester.pfestore.com/waiver/>

LOCATION: Meet the bus at Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: K – 6th Grade
INSTRUCTOR: VPR Staff
DAY/DATE: Monday, 4/17/17

TIMES:	FEE:	PROGRAM #:
8:30 AM – 1:30 PM,	\$29/\$34 non-residents	V417ATA
Trip only.		
8:30 AM -5:30 PM,	\$39/\$44 non-residents	V417ATP
Trip & extra games and activities at VPR		

SENECA PARK ZOO

Visit the sea lions, penguins, polar bears and the rest of our animal friends as we tour the zoo. Bring a bag lunch. Dress for weather.

LOCATION: Meet the bus at Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: K - 6th Grade
INSTRUCTOR: VPR Staff
DAYS/DATES: Tuesday, 4/18/17

TIMES:	FEE:	PROGRAM #:
9:00 AM – 1:30 PM,	\$17/\$22 non-residents	V417SZA
Trip only.		
8:30 AM -5:30 PM,	\$27/\$32 non-residents	V417SZP
Trip & extra games and activities at VPR		

HORIZON FUN FX

Spend the day roller skating and playing in the jungle gym at Horizon Fun FX..

LOCATION: Meet the bus at Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: K - 6th Grade
INSTRUCTOR: VPR Staff
DAY/DATE: Wednesday, 4/19/17

TIME:	FEE:	PROGRAM #:
8:30 AM – 2:30 PM,	\$29/\$34 non-residents	V417HFA
Trip only.		
8:30 AM – 5:30 PM,	\$39/\$44 non-residents	V417HFP
Trip & extra games and activities at VPR		

GO KARTING AT MINNEHANS

Big and small alike can drive!! Hit a few in the batting cages, play a round of mini golf or climb in the ball pit. Bring extra money for lunch, snacks and video games, (or bag lunch)

LOCATION: Meet the bus at Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: K - 6TH Grade
INSTRUCTOR: VPR Staff
DAY/DATE: Thursday, 4/20/17

TIMES:	FEE:	PROGRAM #:
8:30 AM – 3:30 PM,	\$27/\$32 non-residents	V417GKA
Trip only.		
8:30 AM – 5:30 PM,	\$32/\$37 non-residents	V417GKP
Trip & extra games and activities at VPR		

RMSC AND PLANETARIUM TRIP

Come join some friends on a trip to the museum, then a "show" at the Planetarium. Bring a bag lunch or money to buy.

LOCATION: Meet the bus at Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: 1st – 8th Grade
INSTRUCTOR: VPR Staff
DAYS/DATES: Friday, 4/21/17

TIME:	FEE:	PROGRAM #:
8:30 AM – 2:00 PM,	\$27/\$32 non-residents	V417RPA
Trip only.		
8:30 AM – 5:30 PM,	\$37/\$42 non-residents	V417RPP
Trip & extra games and activities at VPR		



PRE-TEEN & TEEN PROGRAMS

HORSEBACK RIDING

The Phelan Training Stable program introduces riders of all abilities to the challenges and responsibilities of taking care of horses under the supervision of a qualified instructor and assistants. Our program provides a balance between mounted instruction, talks and demonstrations. Each participant will receive a riding lesson every session. Riding instruction will be geared toward each individual's needs. Students will also learn many aspects of horse care, including grooming, feeding, anatomy and much more. The overall priorities of the Phelan Training Stable riding program are safety, fun and skill advancement. Horses can help us accomplish many of our goals: self-confidence, leadership, respect, responsibility and compassion. Horses also provide excitement, freedom, adventure and friendship. Our stable offers a very engaging and effective experience for growth and learning. For more information call Scot at (585) 657-6952 or visit www.phelantrainingstable.com

LOCATION: Phelan Training Stable, (Route 444)
2218 Victor-Bloomfield Road, Bloomfield, NY 14469

AGES: All Ages

INSTRUCTOR: Scot Phelan and Staff

FEE: \$110/\$120 Non-Residents

DATE: September–December (Indoor facility for bad weather)

DAY/TIME: Four 1-hour sessions
(Instructor will call to set up training days and times)

PROGRAM #: SP117HR

ADVENTURE CLUB

Come and join the adventure club to develop some relationships and take part in adventurous activities. Meetings are one Thursday a month in the Junior High Library. Take part in some adventurous activities of your choice. Call Steve for information and activity schedule 737-7457

LOCATION: Victor Junior High Library, 953 High Street

AGES: 12 years old and up

INSTRUCTOR: Steve & VPR Staff

DAYS: Thursdays

DATES: next meeting 1/19/17, meetings once a month

TIMES: 2:15 PM – 3:00 PM (during Activity Period Meetings)

PROGRAM #: Adventure Club Members 2016-17
** Sign-up as an Adventure Club Member and stay informed!

Our next scheduled trips are:

Monday, January 16, 2017	Glacier Ridge Snow Tubing
Saturday, February 11, 2017	Rock climbing
Thursday, February 23, 2017	Hunt Hollow Ski Trip
Friday, March 10, 2017	Laser Tag
Friday, March 31, 2017	Teen Night / Midnight Bowl
Sunday, April 30, 2017	White Water Rafting
Friday, May 19, 2017	Disc Golf
Sunday, May 21, 2017	Horseback Riding
Friday, June 9, 2017	Go carting at Minnehan's

**FAX A COMPLETED REGISTRATION
FORM (WITH PAYMENT INFORMATION)
TO: (585) (585) 742-0142**

YOUTH ROCK CLIMBING AT ROCKVENTURES (STARTING 1/7, OR 3/4 OR 4/29/17) See page 9

CONDITIONING AND BALLET FOR FIGURE SKATERS AND ATHLETES

This class is designed for a variety of athletes. Come and learn Pilates and other stretching exercises to obtain the edge over the competition in a fun and energetic atmosphere by strengthening your body's muscles, flexibility and sharpening your ballet skills. We will pay special attention to correct posture, proper execution of the arms and the fluidity and flow of the upper body, strengthening the legs and core muscles, enhancing one's balance and perfecting footwork. Note: Attire: Workout attire, tennis shoes and hair pulled back. Yoga mats are welcomed, but not required and please bring a drink each week.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Kids Ages 10 and up (or per dance Instructor's permission)

INSTRUCTOR: Sharon Trubisky-Mikulec

FEE: \$80 per session
+ \$10 non-resident fee for January-May 2017

DAYS/TIME: Tuesdays, 6:00 – 7:00 PM

DATES: 1/10 – 3/7/17 (no class 2/21)
3/14 – 5/9/17 (no class 4/18)

PROGRAM #: SM117CB
SM317CB

SKI/SNOWBOARD CLUB

Enjoy the snow with friends at Bristol Mountain on Friday evenings. Buses leave from the Intermediate School at 3:00 pm and return between 9:30 pm and 9:45 pm. Lessons are required. There is a mandatory safety meeting Wednesday, January 4th, from 7:00 – 8:30 PM at the Victor Town Hall. Deadline to register is 12/19/16. A Half-Day program WILL be offered should one fall during the duration of this program. Information TBA. Once you sign up with us you will then be sent an email with information to purchase lift tickets, rental equipment and lessons from www.BristolMountain.com.

LOCATION: Depart from Victor Intermediate School then take the bus to Bristol Mountain

INSTRUCTOR: Christine Winter and VPR Staff

FEE: \$75/\$85 non-residents (Transportation and Supervision fee)

DAYS/TIMES: Fridays, 3:00 – 9:30 PM

DATES: 1/13 – 2/10/17

AGES: 4th – 6th Graders
7th & 8th Graders

PROGRAM#: V117SC46
V117SC78

NEW THIS YEAR!!



PRE-TEEN & TEEN PROGRAMS

NEW!

SENIOR HIGH SKI/SNOWBOARD CLUB

Enjoy the snow with friends at Bristol Mountain on Monday evenings. Buses leave from the Senior High School at 3:00 pm and return between 9:30 pm and 9:45 pm. There is a mandatory safety meeting Wednesday, January 4th, from 7:00 – 8:30 PM at the Victor Town Hall. Deadline to register is 12/19/16. Once you sign up with us you will then be sent an email with information to purchase lift tickets, rental equipment and lessons from www.BristolMountain.com.

LOCATION: Depart from Senior High School North Parking Lot then take the bus to Bristol Mountain

AGES: 9th – 12th Graders

INSTRUCTOR: Jeffrey Schraver and VPR Staff

FEE: \$145/\$155 non-residents for transportation and supervision fee

DAYS/TIMES: Mondays, 3:00 – 9:30 PM

DATES: 1/9 – 2/13/17

PROGRAM #: V117SC9

OLYMPIC YOUTH FENCING

This class is designed to teach the basics of Olympic Foil Fencing and is suitable for those who are new to the sport as well as those who have already had a few classes. Fencing activities and games are used to teach the fundamental footwork and blade work and improve fitness, agility and hand-eye coordination. Kids enjoy the challenge and strategy necessary to score a touch while parents praise the discipline and time-honored tradition of sportsmanship. Proper fencing etiquette and safety rules are strictly adhered to at all times. All equipment (mask, foil, chest plate, glove and jacket) is provided. Please wear a short-sleeved shirt, sweat pants, stretchy pants or biker shorts, and sneakers. Bring a water bottle.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 6 – 15 year olds

INSTRUCTOR: Rochester Fencing Center Staff

FEE: \$65/\$75 non-residents

DAYS/TIMES: Wednesdays, 6:30 PM – 7:30 PM

DATES:

1/18 – 2/8/17

3/15 – 4/5/17

PROGRAM #:

RF117FC

RF317FC



VIDEO ARCADE

Come play all the classics and even some new arcade hits for the Wii, Playstation 2 and X - Box! Maybe even play some old Atari with that Master Gamer, Coach Steve himself? Bring a small snack. Pizza is provided for dinner. Space is limited so sign up fast! If you want to share a game make sure it is labeled.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 1st – 8th Grade

INSTRUCTOR: VPR Staff

FEE: \$16/\$19 non-residents

DAY/TIME: Saturday, 4:00 – 9:30 PM

DATE: 1/21/17

4/1/17

PROGRAM #:

V117VA

V417VA

SEWING FOR BEGINNERS (STARTING 1/26/17)

See page 12

TEEN NIGHT AT VICTOR PARKS & RECREATION

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 6th – 10th Grade

INSTRUCTOR: VPR Staff

FEE: \$13/\$16 non-residents

DAY/DATE: Friday, 3/31/17

TIMES: 7:00 – 9:30 PM

PROGRAM#: AC317TN

Then.....

MIDNIGHT BOWLING

Come enjoy a late night bowl with your friends! Bring extra money for snacks.

LOCATION: Meet at Victor Parks & Recreation, 7891 Lehigh Crossing then take the bus to Roseland Bowl, Canandaigua pickup at Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 6th – 10th Grade

INSTRUCTOR: VPR Staff

FEE: \$17/\$22 non-residents

DAY/DATES: Friday, 3/31/17

TIMES: 9:30 PM – 1:00 AM

PROGRAM#: AC317MB

BOTH TEEN NIGHT & MIDNIGHT BOWLING

FEE: \$27/\$32 non-residents

TIMES: 7:00 PM – 1:30 AM

PROGRAM #: AC317TB

PRE-TEEN & TEEN PROGRAMS

BOATING – NEW YORK SAFE BOATING SAFETY COURSE

New York State requires all individuals born on or after 5/1/96 to successfully complete an approved course in boater education in order to operate a motorboat. This course requires a minimum of 8 hours of classroom instruction. Students must pass a final exam with a score of 76%. Students will receive a temporary boating safety certificate upon completion of the course. Students 18 years of age and older will be required to pay a \$10 fee to NYS for issuance of a permanent boating safety certificate. Permanent boating safety certificates do not expire. A minimum of 6 participants needed for the program to run. Check the Victor Parks and Recreation web site for additional class dates.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: 10 years and older
INSTRUCTOR: Hank Holden
FEE: \$40/\$45 non-residents
TIMES: 5:00 – 9:00 PM (both days) – this is a two day course
DATES: **DAYS:** **PROGRAM #:**
3/28 & 3/30 Tuesday & Wednesday HH317B
4/24 & 4/26 Monday & Wednesday HH417B

DISC GOLF TRIP

Come join some friends on a trip to the Apple Farm to play disc golf. Bring a bag dinner or money for dinner.

LOCATION: Meet the van at Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: 2nd – 8th Grade
INSTRUCTOR: VPR Staff
FEE: \$15/\$20 non-residents
DAY/DATE: Friday, 5/19/17
TIMES: 3:45 – 6:30 PM
PROGRAM #: V517DG

HAVE YOU REGISTERED FOR YOUR FAVORITE ACTIVITY YET? NOTHING KILLS A PROGRAM FASTER THAN SLOW REGISTRATION. PLEASE REGISTER AT LEAST ONE (1) WEEK PRIOR TO THE START DATE!

AQUATICS PROGRAMS

PARENT & ME SWIMMING INSTRUCTION

Child, parent and instructor work together to help children adjust to the water. This program includes basic safety practices to help parents keep children ages 6 months to 3 years safe in and around water. An adult must accompany child in the water. Please do not bring any other children to class.

LOCATION: Victor Schools Aquatic Center, 953 High Street
AGES: 6 months – 3 years
INSTRUCTOR: VPR Certified Aquatics Staff
FEE: \$55/\$65 non-residents
DAYS/TIME: Saturdays, 4:30 – 5:00 PM
DATES: 3/4 – 4/8/17
PROGRAM#: AQ317PM

TOT SWIMMING INSTRUCTION

Preschool age children will receive an introduction to water in a controlled and comfortable environment. Using a "Tot Dock," children will be in shallow water in a fun, friendly and safe environment. This is for children only (not parent/child) with a small class size. Register early!

LOCATION: Victor Schools Aquatic Center, 953 High Street
AGES: 3 – 5 year olds (must be 3 by 3/4/17)
INSTRUCTOR: VPR Certified Aquatics Staff
FEE: \$55/\$65 non-residents
DAYS/DATES: Saturdays, 3/4 – 4/8/17
TIME: **PROGRAM#:**
3:30 – 4:00 PM AQ317TS1
4:00 – 4:30 PM AQ317TS2

WINTER AQUATIC PROGRAMS

Victor Parks and Recreation Swim Programs provide a fun and friendly atmosphere for children to learn water adjustment and safety skills and to be introduced to basic and advanced swimming strokes. Our certified staff is anxious to teach your child to swim and be safe around water. Parents do not stay in the swim area.

INTRO TO COMPETITIVE SWIM (LEVEL 5 AND UP)

This program is designed for those who are considering doing competitive swimming and have a basic understanding of butterfly, backstroke, breaststroke and freestyle (Level 5 and up). Participants will be introduced to the basics of competitive swimming workouts while continuing to refine stroke technique.

LOCATION: Victor Schools Aquatic Center, 953 High Street
INSTRUCTOR: VPR Certified Aquatics Staff
FEE: \$55/\$65 non-residents
DAY/TIME: Saturdays, 3:30 – 4:30 PM
DATES: 3/4 – 4/8/17
PROGRAM#: AQ317CS



FAX A COMPLETED REGISTRATION FORM (WITH PAYMENT INFORMATION) TO: (585) (585) 742-0142

AQUATICS PROGRAMS

WINTER SWIM LESSONS (INTRO TO LEVEL 1 – LEVEL 4)

Children will explore swimming beginning with learning how to float on their front and back, putting their faces in the water as well as rhythmic breathing through stroke development in a fun, friendly and safe environment. Not sure which level your child belongs in? Check the descriptions below:

LOCATION: Victor Schools Aquatic Center, 953 High Street

AGES: 6 years and over

INSTRUCTOR: VPR Certified Aquatics Staff

FEE: \$55/\$65 non-resident

DAYS/DATES: Saturdays, 3/4 – 4/8/17

LEVEL:	TIME:	PROGRAM#:
Intro to Level 1	2:30 – 3:30 PM	AQ317L1A
Level 1	3:30 – 4:30 PM	AQ317L1B
Level 2	2:30 – 3:30 PM	AQ317L2
Level 3	2:30 – 3:30 PM	AQ317L3
Level 4	3:30 – 4:30 PM	AQ317L4

SWIM LESSON LEVELS DESCRIPTIONS

Introduction to Level 1: This is for children 4-5 years old who are unable to stand in the shallow end but are ready for more independence than the tot program. They will work on floating independently, flutter kicking and rolling over onto their back. These skills are essential in keeping this age group safe in both pools and lakes. Upon passing this level, it is possible the child may be ready for level 2 (instructor's discretion).

Level 1 (Beginner 1): If your child is under the age of 6, please refer to Intro to Level 1. This group is for children who are able to stand in the shallow end independently. They will work on putting their face in the water, blowing bubbles and floating on their front or back.

Level 2 (Beginner 2): Children in this group can float a little and feel comfortable with their faces in the water, but are still working on making progress through the water.

Level 3 (Beginner 3): This group can swim in the shallow end with their faces in the water, but continue to work on the confidence to feel comfortable in water over their head.

Level 4 (Advanced Beginner): Children can swim in the deep end but are working on rhythmic breathing on front crawl and performing the elementary backstroke.

NEW! ADULT LEARN TO SWIM

This program is designed for the adult who has not previously taken swim lessons at any level or who may not feel comfortable around water. Basic water safety techniques will be covered as well as beginner stroke development. Strokes that will be covered are: front crawl, elementary backstroke and sidestroke. Please contact Christine Winter with additional questions at (585) 742-0145

LOCATION: Victor Schools Aquatic Center, 953 High Street

AGES: 18 and up

INSTRUCTOR: VPR Certified Aquatics Staff

FEE: \$55/\$65 non-residents

DAYS/TIME: Saturdays, 2:30 – 3:30 PM

DATES: 3/4 – 4/8/17

PROGRAM#: AQ317AS

LAP SWIMMING IN THE EARLY AM

Come join us at the Victor Aquatics Center for your morning workout! The Victor High School Pool is available for lap swimming. The pool locker rooms and showers will be available for your convenience. Purchase a 20 visit punch pass on-site or at the Parks and Recreation office. Drop-ins are welcome. No online registrations. Participants in this program must demonstrate appropriate lap swim etiquette as recommended by the Victor Schools Aquatics Director. Visit www.victorschool.org for more information. Please Note: It is mandatory that ALL participants sign-in upon entering the facility.

LOCATION: Victor Schools Aquatic Center, 953 High Street

AGES: Open to All

INSTRUCTOR: VPR Certified Lifeguards

DAYS/TIMES: Monday – Friday, 5:30 AM – 7:30 AM

DATES: School Days & Some additional days

PASS:	FEE:	PROGRAM #:
Walk-in Pass	\$2 Victor School District residents/ \$3 non-VSD residents	V117LSW
20 Visit Punch Pass	\$35 Victor School District residents/ \$55 non-VSD residents	V117LSP

** Senior Citizen (55+) discount for a 20 Visit Punch Pass: \$5 (\$30/\$50)

GENESEE VALLEY MASTERS SWIM CLUB

A US Masters registered program offering high-quality coaching and instruction for everyone – competitive swimmers, triathletes, lap swimmers, and anyone else interested in this lifelong sport. The program meets at the Victor Central School District (VCS D) Aquatic Center and Perinton Aquatic Center. Workouts and coaching for all levels (it is suggested you be able to swim 100-200 yards continuously). Please contact Matt Steffen at msteffen@perinton.org or (585) 223-5050 x1190 for information on a 2-week free trial, registration details or additional information to get started. Workout times and locations (may attend however many you want):

LOCATION:	DAYS:	TIMES:
VCS D Aquatics Center:	Tues/Thurs	5:30 – 7:00 AM
Perinton Aquatics Center:	Mon/Wed/Fri	6:00 – 7:30 AM
	Tues/Thurs	11:30 AM – 1:00 PM
	Mon/Wed	7:30 – 9:00 PM



INCLUSIVE SERVICES PROGRAMS

WORKING IN CONJUNCTION WITH ONTARIO COUNTY ARC



SOCK HOP

Slick back your hair, put on your jeans, and come and dance to the music of the 50's with all your friends. Music will be played by DJ's Mike and Wade, and a light snack will be provided.

LOCATION: Victor Municipal Park Lodge, 6680 Paparone Drive, off of Brace Road

AGES: 18 and up

FEE: \$6 per person

DAY/DATE: Friday, 4/7/17

TIME: 6:00 – 8:30 PM

PROGRAM #: ARC417SH

NOTE: Please register and pay by 3/31/17

VOLUNTEERS NEEDED

The Autism Center at Ontario ARC is seeking volunteers for Active Academy After School and for their Social Skills groups. Active Academy After School is in need of volunteers for the Canandaigua and Victor School sites. The after school program runs from 2:15 PM to 6:00 PM, Monday – Friday in the Canandaigua Middle School and Victor Primary School, and follows each school district's calendar. The Social Skills groups are seeking volunteers for a variety of days and times. Any time that you can donate to these programs is appreciated. If you are interested in volunteering, please contact Donna Auria at dauria@ontarioarc.org.

ONTARIO ARC ACTIVE ACADEMY

Developed by Ontario ARC, Active Academy offers children ages 8 through 21 a safe, nurturing environment to meet each child's unique and dynamic needs. The program's engaging activities are fun and support children as they boost their social, sensory, reading and academic skills. This healthy balance of recreational and academic support from a Special Education Teacher gives each student the tools to enjoy more independence and experience success in and out of the classroom.

Eligibility Requirements:

Students must meet the following criteria:

- Eligible for services through OPWDD
- Be between the ages of 8 and 21
- Have the ability to adapt to a new environment without a high level of support

Location/Days & Times:

Canandaigua Active Academy – Canandaigua School District

- Monday –Friday, 2:15 - 6:00pm*

*Follows the Canandaigua School District calendar

Victor Active Academy – Victor School District

- Monday –Friday, 2:15 - 6:00pm*

*Follows the Victor School District calendar

The cost of the program is \$125 per month.

Registration Information:

Contact Diane Van Derwater, dvanderwater@ontarioarc.org, 585-919-2148

SOCIAL SKILLS GROUPS

The Autism Center at Ontario ARC offers children, teens and young adults on the spectrum an assortment of programs designed to enhance their social and communication skills while building their self-esteem, confidence and independence. Programs are held at The Autism Center located at 3071 County Complex Drive in Canandaigua, New York. Social Skills Groups include Lego, Brick Building, RYUU, NextStep Prep, Girls Just Want To Have Fun, Empower Yourself, RESPECT: Healthy Love, Yoga, Munch & Mingle, Power of Play/Play Therapy Group, Out and About, SibShops, and more. To join one of these groups, or for more information, please contact Diane Van Derwater at dvanderwater@ontarioarc.org or 585-919-2148.

FEEL THE BEAT

Feel the Beat is Ontario ARC's autism movement therapy program that provides people of all ages and abilities the opportunity to express themselves through movement and dance. Our program is expanded to include all individuals regardless of diagnosis. Led by an autism movement therapy instructor, these classes combine music, dance patterns and rhythm, connecting the left and right sides of the brain promoting cognitive thinking, speech and language skills, academics and positive behavior. Upcoming sessions can be found on Ontario ARC's website, www.ontarioarc.org, or contact Diane Van Derwater at dvanderwater@ontarioarc.org or 585-919-2148.

OUT & ABOUT

Get Out & About with The Autism Center at Ontario ARC. Each month the group offers different community activities for children/teens/teens/young adults with and without disabilities. Previous group outings have been at SkyZone, Laser Quest, The Rochester Museum & Science Center, and Roseland Bowl. Future planning includes: trips to Letchworth State Park, swimming, introduction to various sports, Red Wings game, Buffalo Bills Training Camp, water and hiking safety courses, Sea Breeze, and more! For more information, contact Diane Van Derwater at (585) 919-2148 or dvanderwater@ontarioarc.org.

MINECRAFT

The popular electronic game joins The Autism Center's growing menu of innovative programs available for the community. Each player will become an admin in this electronic world and will learn the rules of social etiquette, communication and responsibility. Players will work together to gather food for the community, build stores to supply necessary items, build parks and engineer new cities. The group will utilize Minecraft Edu, a version of the original game designed by teachers for use in classroom and group settings. Ages 8 & up are welcome to register. Each 8-week session is held at Ontario ARC's Main Facility in Canandaigua, NY. The cost for one 8-week session is \$80 and registration is required. To register for an upcoming session, please contact Diane Van Derwater at (585) 919-2148 or dvanderwater@ontarioarc.org.

HAVE YOU REGISTERED FOR YOUR FAVORITE ACTIVITY YET? NOTHING KILLS A PROGRAM FASTER THAN SLOW REGISTRATION. PLEASE REGISTER AT LEAST ONE (1) WEEK PRIOR TO THE START DATE!

INCLUSIVE SERVICES PROGRAMS

Inclusive Services Programs

CHILDREN'S RECREATION

Ontario ARC offers a year-round weekend recreation program for children and teens that have varying needs. Children participate in a variety of activities run by our highly trained recreation staff. Programs focus on fun and balanced exploration, building friendships, and social and motor skills. Transportation is available for participants in Ontario County. Activities vary each recreation calendar cycle and are dependent on availability of options in the community during those times, but can include swimming, crafts, games, lunch, sporting events, and other age appropriate activities. Program is held two Saturdays a month from 10 am – 3 pm at the Eberhardt Center located at 2975 County Road 48 in Canandaigua.

Applicable ages:
 Children 5-13yrs
 Teens 14-18yrs
 Contact: JoEllen Schaefer at 585.919.2118




Register Online
 It's only a point and click away
 at www.victoryny.org

Tennis Programs

TENNIS PROGRAMS

NEW! EMPIRE TENNIS ACADEMY – TENNIS INSTRUCTION

With convenient times and locations, Empire Tennis has programs for both Youth and Adults. Whether you are just getting into the sport, or fine-tuning your skills, we have the right class for you. Headquartered out of the Harley School, Empire Tennis Academy strives to help you improve your game, gain confidence, stay fit, and foster long lasting friendships and bonds with other fellow players.

Jason Speirs, Director of Empire Tennis Academy, will coordinate the program and his staff will be teaching it. Having refined his teaching and administrative skills in New York City's popular Roosevelt Island Racquet Club, Jason earned his way to Director of Tennis and now returns home to Rochester after 12 years to continue the tradition created by Rochester Hall of Famer Dave Strebel. This tennis program is set up to accommodate all levels of play.

The goal of the program will be to teach basic strokes and later to put them into drills and games that will show tennis can be a lot of fun to play. Come join us and have fun while you learn the sport of tennis.

INDOOR TENNIS INSTRUCTION – YOUTH

LOCATION: Harley School (Indoor Tennis Courts)
 1981 Clover Street, Brighton

AGES: 4 – 7 year olds

INSTRUCTOR: Jason Speirs, Empire Tennis Academy and Staff

FEE: \$65/\$75 non-residents

DAY:	DATES:	TIME:	PROGRAM #:
Mondays	1/2 – 1/23/17	5:00 – 6:00 PM	ET117YM
Monday	3/6 – 3/27/17	5:00 – 6:00 PM	ET317YM
Mondays	5/1 – 5/22/17	5:00 – 6:00 PM	ET517YM
Wednesdays	1/4 – 1/25/17	4:30 – 5:30 PM	ET117YW
Wednesdays	3/8 – 3/29/17	4:30 – 5:30 PM	ET317YW
Wednesdays	5/3 – 5/24/17	4:30 – 5:30 PM	ET517YW

INDOOR TENNIS INSTRUCTION – ADULT BEGINNER

LOCATION: Harley School (Indoor Tennis Courts)
 1981 Clover Street, Brighton

AGES: 18 yrs & over (Junior and Adult)

INSTRUCTOR: Jason Speirs, Empire Tennis Academy and Staff

FEE: \$65/\$75 non-residents

DAY:	DATES:	TIME:	PROGRAM #:
Mondays	1/2 – 1/23/17	6:00 -7:00 PM	ET117AM
Mondays	3/6 – 3/27/17	6:00 -7:00 PM	ET317AM
Mondays	5/1 – 5/22/17	6:00 -7:00 PM	ET317AM
Wednesdays	1/4 – 1/25/17	7:00 – 8:00 PM	ET117AW
Wednesdays	3/8 – 3/29/17	7:00 – 8:00 PM	ET317AW
Wednesdays	5/3 – 5/24/17	7:00 – 8:00 PM	ET317AW

INDOOR TENNIS INSTRUCTION -- ADULT INTERMEDIATE

LOCATION: Harley School (Indoor Tennis Courts) – 1981 Clover Street, Brighton

AGES: 18 yrs & over (Junior and Adult)

INSTRUCTOR: Jason Speirs, Empire Tennis Academy and Staff

FEE: \$95/\$105 non-residents

DAYS/TIME: Mondays, 6:00 – 7:30 PM

DATES:

1/2 – 1/23/17	ET117I
3/6 – 3/27/17	ET317I
5/1 – 5/22/17	ET317I

Directions are provided on the website. For more information contact Jason at 697-7766 or www.empiretennisacademy.com. Other tennis programs are available through Jason Speirs.

FAX A COMPLETED REGISTRATION FORM (WITH PAYMENT INFORMATION) TO: (585) (585) 742-0142

ADULT PROGRAMS

Active Adults Programs

LAP SWIMMING IN THE EARLY AM (ONGOING) See page 24

ZUMBA®

Zumba® combines high energy and motivating music with unique moves and combinations that are combined to tone and sculpt your body while burning fat. It is based on the principle that a workout should be 'FUN AND EASY TO DO.' Zumba® is not only great for the body, but it is also great for the mind. It is a 'feel happy' workout. Zumba® is very infectious and is definitely the latest, most exciting fitness sensation!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: 15 years & up

INSTRUCTOR: Heather Ottnod Zumba® certified instructor

DAYS:	TIME:
Tuesday	6:30 – 7:30 PM
Thursday	5:30 – 6:15 PM
Saturday	9:00 – 10:00 AM

DATES:	FEE:	PROGRAM #:
Ongoing		
30 Day	\$45 per pass • NEW OPTION !!	Z117-30

Unlimited Visits Pass	FEE:	PROGRAM #:
(1) Class Pass:	\$7/\$8 non-residents	Z117-1
(5) Class Pass:	\$25/\$30 non-residents	Z117-5
(10) Class Pass:	\$45/\$55 non-residents	Z117-10
(20) Class Pass:	\$90/\$100 non-residents	Z117-20

NON-RESIDENT FEE: \$10 per season (January – April)

ZUMBA® GOLD (LOW IMPACT CLASSES) See page 33

NEW! CARDIO/ AEROBICS/ WEIGHT TRAINING/ WORKOUT

Enjoy a high quality workout with our instructor Bettina Kalish who will be keeping things fresh and enjoyable. Wear comfortable workout clothes, and shoes as you will be getting a great workout. Routines will offer: weight training; slide; step and more. Sign up fast space is limited!

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Adults 18 and over

INSTRUCTOR: Bettina Kalish

FEE: \$52/\$62 non-residents

DAYS/TIME: Mondays, 6:00 – 7:00 PM

DATES:	PROGRAM #
1/9 – 3/13/16 (no 1/16, 2/20)	BK117C
3/20 – 5/15/16 (no 4/17)	BK317C
6/5 – 7/31/16 (no 7/3)	BK617C

NEW!

P90X – ADULT AEROBICS TOTAL BODY WORKOUT

P90X® LIVE is a group-focused total-body strength and cardio class that incorporates proven principles from personal training and functional strength coaching. Get ready to workout with buddies, bust through personal plateaus together, rock out to hardcore music, and give it your all as you encourage each other to get in the best shape of your lives! Modifications for every move will be shown so it's perfect for any fitness level from beginner to advanced.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

INSTRUCTOR: Valerie Siciliano, Certified Instructor

AGES: Adults 18 and over

TIME: 9:15 AM – 10:15 AM

COST: \$48 for 1 day per session

\$85 for 2 days per session

+\$10 non-residents per season (January-April 2017)

DAYS:	DATES:	PROGRAM #
Session 1		
Tuesday	1/10/17 – 3/7/17, (no 2/21, 8 classes)	VS117AA
Thursdays	1/12/17 – 3/9/17, (no 2/23, 8 classes)	VS117AB
Tuesday & Thursday	1/10/17 – 3/9/17, (no 2/21, 23, 16 classes)	VS117AC
Session 2		
Tuesdays	3/14/17 – 5/2/17, (no 4/18, 8 classes)	VS317AA
Thursdays	3/9/17 – 5/4/17, (no 4/20, 8 classes)	VS317AB
Tuesday & Thursday	3/14/17 – 5/2/17 (no 4/18, 20, 16 classes)	VA317AC
Session 3		
Tuesday	5/9/17 – 6/27/17 (8 classes)	VS517AA
Thursdays	5/11/17 – 6/29/17 (8 classes)	VS517AB
Tuesday & Thursday	5/9/17 – 6/29/17 (16 classes)	VS517AC

PICKLEBALL (STARTING 1/10/17) See page 34



Visit us on Facebook!



You can keep up to date by "liking" the *Town of Victor* and the *Victor Parks & Recreation* facebook pages. See pics from programs and learn about upcoming programs and special events.

ADULT PROGRAMS

NEW! YOGA FOR BEGINNERS/INTERMEDIATE

Yoga fit: This class overcomes the mystery of yoga by delivering a practical, user-friendly style, which is accessible, understandable, and doable by individuals at any level of fitness. It blends balance, strength, flexibility and power in a fitness format. The YogaFit style reduces the risk of injury and augments recovery for conditions including stress, lower back pain and tension. Participants should wear comfortable clothing and bring a yoga mat with a small blanket or a large towel.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Adults 18 and over

INSTRUCTOR: Heather Ottnod, Certified YogaFit Instructor

FEE: \$64/\$74 non-residents (Students and seniors \$10 discount.)

DAYS/TIMES: Tuesdays, 5:30 – 6:20 PM

DATES:

1/10/17 – 3/7/17, (no 2/14)

3/14/17 – 5/2/17

PROGRAM #:

H0117Y

H0317Y

NEW! POUND® ROCKOUT. WORKOUT.

Pound is a full-body cardio jam session, combining light resistance simulated drumming. The workout fuses cardio, Pilates, strength movements, plyometrics, and isometric poses. Through continual upper body motion using our lightly weighted exercise drumsticks, called Ripstix®, you'll turn into a calorie-torching drummer, POUNDing off the pounds as each song flies by! All fitness levels welcome!

Class size limited to 14 people Class requires at least 4 participants Ripstix are provided.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing Road

AGES: 16-over

INSTRUCTOR: Tammy Allen Dance Academy Staff

FEES: \$48/\$58 non-residents

DAYS:	DATE:	TIME	PROGRAM #
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Monday	1/23 – 3/6/17 (no class 2/20)	12:00 – 12:45 PM	TA117PM
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Tuesday	1/24 – 3/7/17 (no class 2/21)	7:15 – 8:00 PM	TA117PT
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Monday	3/13 – 4/24/17 (no class 4/17)	12:00 – 12:45 PM	TA317PM
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Tuesday	3/14 – 4/25/17 (no class 4/18)	7:15 – 8:00 PM	TA317PT
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ADULT PICK-UP BASKETBALL – MONDAY NIGHTS (30 AND OLDER)

This program is designed for recreational pick-up basketball on Monday evenings for those avid players. This is a 3-season program (Fall, Winter and Spring). Call 742-0147 for more information. Please note there is no drop in for this program. You must be registered to participate. Program is limited to the first 25 participants.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Adult (30 and older)

FEE: \$36/\$46 non-residents (12-week session)

DAY/TIME: Mondays, 7:30 – 9:30 PM

DATES: 1/23 – 4/24/17 (no 2/20, 4/17)

PROGRAM #: V117AB

NEW! PIYO

Take your workout to the next level with this mat, yes I said MAT, class!! Created by fitness celebrity, Charlene Johnson, PiYo LIVE is inspired by Pilates & Yoga but is 100% original. PiYo is a fun, challenging class fusing Pilates and Yoga. You will burn calories, tone muscles, work on balance and get a great stretch. It is suitable for ALL because of the many different modifications. Students supply their own mat. Class requires at least 4 participants.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing Road

AGES: 18 and over

INSTRUCTOR: Tammy Allen Dance Academy Staff

FEES: \$50/\$60 non-residents

DAYS:	DATES:	TIME:	PROGRAM #:
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Tuesday	1/24 – 3/7/17 (no class 2/21)	6:30 – 7:15 PM	TA117PYT
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Thursday	1/26 – 3/9/17 (no class 2/23)	6:30 – 7:15 PM	TA117PYR
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Tuesday	3/14 – 4/25/17 (no class 4/18)	6:30 – 7:15 PM	TA317PYT
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Thursday	3/16 – 4/27/17 (no class 4/20)	6:30 – 7:15 PM	TA317PYR
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ADULT CO-ED PICK-UP SOCCER – TUESDAY NIGHTS (18 AND OLDER)

Have fun, stay fit and meet new people. Games are for those who enjoy recreation pick-up soccer. Program is for players 18 and older. All skill levels are welcome. Instructor will form different teams each week. Program is limited to 30 participants.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Adult (18 and older)

INSTRUCTOR: Jeff Tay

FEE: \$36/\$46 non-residents (12-week session)

DAY/TIME: Tuesdays 7:45 – 9:45 PM

DATE: 1/24 – 4/25/17, (no 2/21, 4/18)

PROGRAM #: V117AS

ACTIVE OLDER ADULT EXERCISE (STARTING 1/23 OR 3/13) See page 34



HAVE YOU REGISTERED FOR YOUR FAVORITE ACTIVITY YET? NOTHING KILLS A PROGRAM FASTER THAN SLOW REGISTRATION. PLEASE REGISTER AT LEAST ONE (1) WEEK PRIOR TO THE START DATE!

ADULT PROGRAMS

NEW! ADULT BARRE

Come and relax at the Barre! This class is a simple ballet-inspired fitness class that incorporates a ballet barre and some plies and pirouettes here and there into the workout. Barre classes mix elements of Pilates, dance, yoga and functional training, and the moves are choreographed to motivating music.

Class requires at least 4 participants

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing Road

AGES: 18 and over

INSTRUCTOR: Tammy Allen Dance Academy Staff

FEES: \$54/\$64 non-residents

DAYS/TIMES: Wednesdays, 6:30 – 7:30 PM

DATES:

1/25 – 3/8/17 (no class 2/22)

3/15 – 4/26/17 (no class 4/19)

PROGRAM #:

TA117AB

TA317AB

ADULT CO-ED VOLLEYBALL – WEDNESDAY NIGHTS (25 AND OLDER)

Have fun, stay fit and meet new people. Games are for those who enjoy competitive recreational volleyball rather than power volleyball. Program is for players 25 and older. All skill levels are welcome. Instructor will form different teams each week. Program is limited to 30 participants.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Adult (25 and older)

INSTRUCTOR: Chris O'Connor

FEE: \$36/\$46 non-residents (12-week session)

DAY/TIME: Wednesdays, 7:30 – 9:30 PM

DATE: 1/25 – 4/26/17

PROGRAM #: V117AV

ADULT LEARN TO SWIM (STARTING 3/4/17)

See page 24



Instructional Programs

NEW! 5 TECHNOLOGY TIPS TO GROW YOUR WEALTH

Do you have that familiar feeling that there is not enough time in the day? You're not alone. This course is designed to educate you on the latest and most effective tools to help grow your wealth and free up your time. This course is not designed to make you a computer programmer, but to introduce the tools that will help make your finances easier and bring more confidence to growing your wealth. The course will cover the following areas:

- Apps and websites for tracking where your money goes each month.
- Apps and websites to keep your finances organized.
- Tips for tracking your investments.
- How to package these technology tools together.

Don't waste your valuable time doing the work technology can do for you!

LOCATION: This is an online course. You will watch from a computer at home

AGES: 18 and Older

INSTRUCTOR: Brian J. Imrich, CFP® Financial Planner Founder, GPS Financial

FEE: Night of – Free through blank date.

After \$50 to purchase

TIME: 8:30 PM to 9:30 PM

DAY/DATE:

Tuesday, 3/28/17

Wednesday, 3/29/17

PROGRAM #:

BI317TT

BI317TW

VICTOR ART CLUB

Join other adults who want to share their talent, learn different techniques, meet new people, and grow the art community in Victor. The group meets once a month during the winter and then every other Tuesday starting in March. During the meeting demonstrations are given in different art disciplines and techniques. Enjoy the company of other who share your passion. For more information just stop by a meeting or go to their website <http://vicartgroup.wix.com/victor-art-group>

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Adults 18 and over

FEE: Free

DAY/TIME: Tuesdays at 7:00 PM

DATES: 12/6/16, 1/10/17, 2/14/17

Then every other Tuesday starting 3/7/17

NEW! SEWING FOR BEGINNERS

Whether you just want to brush up on sewing or have never touched a sewing machine before, this is the class for you! We will work on a new project each week. Tentative projects include: pillow case, pouch, and tote bag and much more! All materials and instruction are included in the fee. Register early, maximum of 8 participants!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing

AGES: Ages 10 and Up

INSTRUCTOR: Lindsay Karl

FEE: \$90/\$95 non-residents

DAY/TIME: Thursdays, 6:00 – 8:00 PM

DATES: 1/26 – 2/23/17

PROGRAM #: LK117SB

ADULT PROGRAMS



CHRISTMAS COOKIE DECORATING

Want to give a beautiful gift from your own hands? In this class you will learn easy decorating design techniques. They taste as great as they look and you will get to take home about a dozen "samples". They are a perfect hostess gift. Please bring \$5.00 to class for supplies fee.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: Ages 16 and over
INSTRUCTOR: Peggi Heissenberger
FEE: \$20/\$23 non-resident
 +\$5 supplies fee payable to instructor first day of class
DAY/DATE: Wednesday, 12/7/16
TIME: 6:30 – 8:30 PM
PROGRAM #: PH1216CC



PARTY ANIMALS

In these two classes you will use polymer clay and sheep's wool to create a "party animal" sheep. This is a fun project to introduce you to the skill of needle-felting. Please bring \$5 to class to pay for materials (provided.)

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGE: 16 years old and up
INSTRUCTOR: Peggi Heissenberger
FEE: \$20/\$23 non-residents
 + \$5 materials fee payable to instructor at class
DAYS/DATES: Friday 1/13 and Monday 1/16/17
TIME: 6:30 – 8:30 PM
PROGRAM #: PH117PA

NEW!

JEWELRY DESIGNING-ADULTS

Join us in making one of a kind jewelry pieces with renowned jewelry designer Collavanni. Each person will come away with a finished ready to wear piece of jewelry. You will have your choice of a bracelet, necklace or pair of earrings. Collavanni will teach the art of jewelry design with her unique upbeat, stylish and fun spin. You will learn how to match colored stones or beads with metal findings to complement one another. Color, shapes, and textures are all as different as their designers. Find your inner fashion designer with Collavanni.

Supplies will include high quality findings, natural gem stones, glass beads, clay beads, & resin; with wire or high density elastic options. You will learn how to properly use professional jewelry making tools.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: Adults
INSTRUCTOR: Collavanni McLeod
FEE: \$15/\$18 non-residents
 + \$20 materials fee payable to the instructor at class
DAYS/TIMES: Saturdays, 10:30 AM – 12:00 PM

DATES: 1/14/17
 3/18/17
PROGRAM #: CM117JA
 CM317JA

MAXIMIZE YOUR ELIGIBILITY FOR COLLEGE FINANCIAL AID

John Summers from Summers Financial Services Victor NY will be teaching hands-on approach to understanding "the game" of financial aid. This unique seminar will teach parents how to maximize their eligibility. Don't be fooled by the myth that you can't qualify for aid because of your income. Learn specific proven strategies, and avoid costly mistakes, which eliminate or reduce aid for your child. What really determines your expected family contribution for college? Everyone attending will receive all application forms, booklets, and guides needed to apply for college financial aid. We will also discuss the 10 best ways to Save for your child's college education, and its impact on qualifying for Financial Aid. This will cover 529 plans, Coverdell savings plans, Roth IRA's, EE & I bonds, Gifts to minors (UGMA's, UTMA's), Annuity's, Life insurance, 401K's, and Home Eq-uity. How much college will cost and why you should be saving for it now.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: Adults 18 and over
INSTRUCTOR: John Summer
FEE: \$10 per family
DAY/DATE: Tuesday, 1/24/17
TIME: 6:00 – 7:00 PM
PROGRAM #: JS117CF

SOCIAL SECURITY SEMINAR

November 2, 2015, President Obama signed, and thereby enacted into law, the Bipartisan Budget Act of 2015 significant changes to Social Security benefits. This workshop is for individuals 60- 70 years old. With careful planning, a strategy can be developed to improve potential lifetime benefits of Social Security by structuring the benefits to begin at optimal times based on your financial plan. This class will help clarify Social Security basics, early retirement benefits, working during retirement, delayed benefits, spousal and survivor benefits, strategies for collecting benefits, taxation of Social Security benefits are also included in this free seminar.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: Adults 18 and over
INSTRUCTOR: John Summer
FEE: \$10 per person
DAY/DATE: Wednesday, 1/25/17
TIME: 6:00 – 7:00 PM
PROGRAM #: JS117SS

WILL YOU OUTLIVE YOUR RETIREMENT SAVINGS?

The average person spends 17 years in retirement, but the average account can fund only 2 years. This workshop is for individuals within 10 years of retirement or recently retired. Learn how to plan income from your portfolio so that your money will last longer than you do. We will discuss and give examples of asset allocation, time horizon, and money management. The class will explain different types of investment and insurance products such as Mutual Funds, Annuities, UIT's, Life Insurance and Long Term Care. You have spent your entire working career building up your assets. Now let your assets work for you. Do you know how many years of retirement you can fund?

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: Adults 18 and over
INSTRUCTOR: John Summer
FEE: \$10 per person
DAY/DATE: Tuesday, 1/31/17
TIME: 6:00 – 7:00 PM
PROGRAM #: JS117RS

ADULT PROGRAMS

INTRODUCTION TO WEALTH MANAGEMENT

This one night course provides an introduction into the 5 key areas of Wealth Management. Those close to retirement, just starting out or anywhere in between are welcome.

- **Investments** – Explores stocks, bonds, mutual funds, ETFs, UITs and the relationship between risk and return.
- **Risk Management and Insurance** – Life, Disability & Long Term Care.
- **Income Tax Planning*** – Learn to understand your tax return and the tax aspects of different investments, insurance, annuities and account types.
- **Retirement Planning** – Covers planning for individuals as well as business owners. Learn how to conduct a retirement needs analysis and about the various plan options like 401K, ROTH 401K, 403B, ROTH 403B, IRA, ROTH IRA, 457, SEP & SIMPLE.
- **Estate Planning** – Learn about wills, trusts, probate, property ownership & powers of attorney

Call Nick Lennon at (585) 423-2144 if you have questions about the seminar. Program is limited to the first 20 participants.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: Adult
INSTRUCTOR: Nick Lennon, CFP®, Financial Advisor, RBC Wealth Management
FEE: \$5 (bring a spouse or friend for free)
TIME: 6:30 – 8:30 PM
DAY: **DATE:** **PROGRAM #:**
Tuesday 1/31/17 NL117WM
Wednesday 3/15/17 NL317WM

*RBC Wealth Management does not provide tax or legal advice. We will work with your independent tax/legal advisor to help create a plan tailored to your specific needs.

WIDOWED, DIVORCED OR SEPARATED?

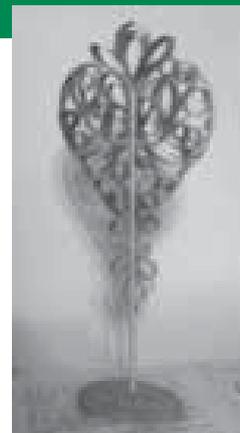
These major changes in your lifestyle have a substantial effect on your financial wellbeing. This workshop will help gain the strategies for getting out of debt quickly, along with investment opportunities. Why retirement income planning is different than growing and compounding your investments. This all can have an effect on your social security. How to invest in mutual funds, annuities, UIT's, life insurance and beneficiary changes, are also included in this seminar. This is a great time to learn how to get your financial life in order.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: Adults 18 and over
INSTRUCTOR: John Summer
FEE: \$10 per person
DAY/DATE: Wednesday, 2/1/17
TIME: 6:00 – 7:00 PM
PROGRAM #: JS217WD

QUILLED HEART SCULPTURE

This free-standing heart centerpiece is a favorite creation of mine. Especially since it can be used year after year. It is basically paper quilling on a large scale. Each person will build their own heart using double-sided, heavy cardstock. If you have your own hot glue gun bring it along. Please bring \$5 to class for materials fee.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGE: Adults 18 and over
INSTRUCTOR: Peggi Heissenberger
FEE: \$25/\$28 non-residents
+ \$5 materials fee payable to instructor at class
DAY/DATE: Friday, 2/3/17
TIME: 6:30 – 8:30 PM
PROGRAM #: PH217QH



HOW TO BUY YOUR FIRST HOME

Learn how to navigate the process of buying a home-whether it is the first time or you are a move-up buyer ready for great refresher. We will cover mortgages, inspections, and negotiations. Participants will learn the Top Mistakes People Make when Buying a Home. Save money and find the home of your dreams!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: Adults 18 and over
INSTRUCTOR: Rob Opett
FEE: \$7/\$10 non-residents
DAY/DATES: Tuesday, 2/7/17
TIME: 7:00 – 8:30 PM
PROGRAM #: RO217FH

DOWNSIZING IN TODAY'S MARKET

This class will show participants who are experiencing a life change (such as loss of a job, disability, loss of a spouse, or simply becoming "empty nesters") how to properly downsize their single family residence in today's real estate market. Staging, pricing, and updates will be discussed to obtain the maximum profit in the shortest amount of time for the Seller. Discussion will include strategies and options such as reverse mortgage. Participants will also learn tips on vacation purchases both within the and abroad. Discussion will include mortgage options, benefits of Buy agency, pitfalls, inspections, and certain legal issues.

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: Adults 18 and over
INSTRUCTOR: Rob Opett
FEE: \$7/\$10 non-residents
DAY/DATES: Wednesday, 2/8/17
TIME: 7:00 – 8:30 PM
PROGRAM #: RO217DS

**Resident Registration Begins:
Monday, November 28, 2016.**

**Non-residents
Registration Begins:
Monday, December 5, 2016.**



Register Online

It's only a point and click away
at www.victoryny.org

ADULT PROGRAMS



VALENTINE COOKIE DECORATING

You will learn easy techniques to create cookies that look more like art than food...but we will eat them anyway! Aside from learning this crazy fun skill, you get to take home at least a dozen

samples. You will also take home the recipes to recreate them at home. They make wonderful gifts or just a special dessert to show your family how much you love them.

Please bring \$7 to class for materials fee.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGE: Adults 18 and over

INSTRUCTOR: Peggi Heissenberger

FEE: \$20/\$23 non-residents

+ \$7 materials fee payable to instructor at class

DAY/DATE: Saturday, 2/11/17

TIME: 10:00 AM – 12:00 PM

PROGRAM #: PH217VC

NEW!

COLORING ON CANVAS-ADULTS

Pick it! Paint it! Pop it!

This exciting and fun class includes unique hand illustrated drawing on a true artist's canvas. You will learn how to turn this illustration into your very own work of art. We will be introducing you to acrylic paint pens that allow you to create a One-of-a-Kind masterpiece you can be proud to hang on your wall or give as a gift. What makes Art? THE ARTIST!!! This class will bring the artist out in you. Each person will be able to PICK their own canvas from our collection and use our wide array of colors to PAINT it. You will also have the option to POP IT! at the end; with glitter paint and glitter glue rhinestones & more...for that extra Pizzazz!!!

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Adults

INSTRUCTOR: Collavanni McLeod

FEE: \$25/\$28 non-residents

DAYS/TIMES: Saturdays, 10:30 AM – 12:00 PM

DATE:

2/18/17

4/22/17

PROGRAM #:

CM217CA

CM417CA

NEW!

FUN & DELICIOUS ITALIAN COOKING

Having lived in Italy, I learned the Mediterranean Diet.

Cooking is simple and nutritious. Classes will include Homemade Gnocchi, Spaghetti alla Carbonara, Chicken Marsala, Sugo alla Bolognese, Lentil Soup, Risotto alla Milanese. We will discuss topics such as Olive Oil, vegetables, Parmigiano

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

INSTRUCTOR: Carol Mancini, CHC

AGES: Adults age 18 and over

FEE: \$58/63 non-residents

+ \$15 ingredient fee payable to instructor

DAYS/TIMES: Thursdays, 7:00 – 8:15 PM

DATES: 3/9 – 3/30/17

PROGRAM #: CM317FD

BOATING – NEW YORK SAFE BOATING SAFETY COURSE (STARTING 3/28 OR 4/24/16) See page 23

NEW!

HEALING AND TRANSFORMATIVE POWER OF MEDITATION

Meditation is not just about being quiet nor is it about the absence of challenges. It is about being the witness or observer of one's life experiences. Through increasing awareness, we learn to transcend the ego that thrives on drama, pain and suffering. Meditation develops concentration and promotes deep relaxation, with the brain emitting alpha and theta waves. These waves have the power to calm the mind, relax the body and balance and harmonize the discordant energies within us. When we allow meditation to become a part of our lives, we are in reality reconnecting to the sacred silence that resides in us and allows the inner peace to permeate in our outer life. The sessions will include the use of the crystal singing bowls and how these sounds can expedite one's healing and transformation.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing

AGES: Adult

INSTRUCTOR: Usha Shaw

FEE: \$50/\$55 non-residents (5 weeks)

DAY/TIME: Saturdays, 10:00 AM – 11:15 AM

DATES: 4/1 – 4/29/2017

PROGRAM #: US417M

Adult Trips & Tours

CORTLAND COUNTRY MUSIC PARK

Tour includes: Guided tour of New York State Country Music Hall of Fame, Chicken Cordon Bleu (sit down) luncheon at Cortland Country Music Park, Afternoon performance, Donna and the Country Mystics Christmas Show, Destiny USA - dinner on own with time to shop & browse, Lights on the Lake at Onondaga Lake Park

LOCATION: Meet at 70 East Main Street, behind Victor Presbyterian Church

AGES: Adults 18 and up

FEE: \$88/\$93 non-residents

Victor Seniors 55 and up, \$66

DAY/DATE: Thursday, 12/8/16

TIMES: 8:45 AM – 8:45 PM

PROGRAM: V1216CC

All tours include round trip transportation and driver gratuity.



SENIOR PROGRAMS

BRIDGE CLUB

Join our new group of bridge players. Intermediate and advanced players are welcome. Come by and enjoy the fun, no need to bring anything.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: Adults age 55 and over
FEE: Free
DAY/TIME: Wednesdays, 12:30 PM
DATES: Ongoing

WII BOWLING

Get active with the Nintendo Wii Virtual Bowling system. Enjoy bowling fun without the heavy ball and stinky shoes. Come and experience all this popular game has to offer.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: Adults age 55 and over
FEE: Free
DAY/TIME: Thursdays, 10:00 – 11:30 AM
DATES: Ongoing

THURSDAY EUCHRE CLUB

Come join our group of card players whose game is euchre. Have lots of fun with old friends and friends you have yet to make! No need to bring anything. We will even make the coffee.

LOCATION: Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: Adults age 55 and over
FEE: Free
DAY/TIME: Thursdays, 12:00 PM
DATES: Ongoing

LET'S DO A "MYSTERY LUNCH"

We will depart from the Recreation center for an afternoon of fun and food. You will be given clues regarding the lunch destination and you will try to figure it out before arriving.

LOCATION: Depart Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: 55 years and older
FEE: \$6/\$8 non-residents plus your individual lunch cost.

DAY:	DATE:	TIME:	PROGRAM#:
Thursday	12/1/16	11:30 AM – 2:00 PM	SR1216ML
Wednesday	3/8/17	11:30 AM – 2:00 PM	SR317ML

HOLIDAY DINNER AND LIGHTS TOUR

We will have a quick bite to eat at the Distillery Restaurant and then tour the neighborhoods throughout the area and view the beautiful holiday light displays. We recommend that participants dress warmly and comfortably. Trip is subject to cancellation due to adverse or unfavorable weather and road conditions.

LOCATION: Depart Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: 55 years and older
FEE: \$6/\$8 non-residents plus your individual dinner cost.

DAY/DATE: Monday, 12/12/16
TIME: 4:00 – 7:30 PM
PROGRAM #: SR1216HL

"OUT TO LUNCH" BUNCH

Join us as we take a break from life and enjoy lunch. We will be visiting restaurants in and around the Rochester area. You cover your lunch fee and we will worry about the transportation. Space is limited so sign up early.

LOCATION: Depart Victor Parks and Recreation, 7891 Lehigh Crossing
AGES: 55 years and older
FEE: \$6/\$8 non-residents plus your individual lunch cost.

DAY:	DATES:	TIME:	LOCATION:	PROG#:
Friday	12/16/16	11:30 AM-2:00 PM	Keenan's Restaurant	SR1216LB
Thursday	1/26/17	11:30 AM - 2:00PM	Cerame's Italian Restaurant	SR117LB
Friday	2/24/17	11:30 AM - 2:00PM	Pittsford Pub	SR217LB
Thursday	3/30/17	9:00 AM – 1:00 PM	Cartwright's Maple Tree Inn	SR317LB
Friday	4/21/17	11:30 AM – 2:00 PM	Red Lobster	SR417LB



INTERESTED IN FORMING A CARD GROUP?
 We would be happy to provide you space to play your card game. We will even make the coffee! Call Jerry LaVigne at (585) 742-0144 for details.

ZUMBA® GOLD

Zumba® Gold is designed for the active older adults, the true beginner, and/or people who are not used to exercising, or people who may be limited physically. Zumba Gold is a much lower intensity. The same great Latin/International style of music and dance are used AND it is just as fun as regular Zumba® classes. Zumba® Gold classes strive to improve our balance, flexibility, and will strengthen your body, heart & mind!

LOCATION: Victor Parks & Recreation, 7891 Lehigh Crossing
AGES: 55 years & up
INSTRUCTOR: Heather Ottmod Zumba® certified instructor
DAYS/TIME: Mondays and Thursdays, 9:00 – 9:40 AM
DATES: Ongoing

PASS:	FEE:	PROGRAM #:
30 Day	\$45 per pass • NEW OPTION !!	Z117-30
Unlimited Visits Pass.		
(1) Class Pass:	\$7/\$8 non-residents	Z117-1
(5) Class Pass:	\$25/\$30 non-residents	Z117-5
(10) Class Pass:	\$45/\$55 non-residents	Z117-10
(20) Class Pass:	\$90/\$100 non-residents	Z117-20

NON-RESIDENT FEE: \$10 per season (January – April)

Visit us on Facebook!



You can keep up to date by "liking" the *Town of Victor* and the *Victor Parks & Recreation* facebook pages. See pics from programs and learn about upcoming programs and special events.

SENIOR PROGRAMS

SENIOR LUNCHEONS

Our lunches are back. Below are the dates and themes for each month. Fee includes a full lunch, dessert, and drink! Menu and speaker line-up will be available in late December.

LOCATION:	Victor Recreation Center, 7891 Lehigh Crossing	
AGES:	55 years and older	
FEE:	\$5 per person	
DAYS/TIMES:	Wednesdays, 12:00 – 1:00 PM	
DATES:	THEME:	PROGRAM #
12/21/16	Christmas	SR1216L
1/18/17	Superbowl Party	SR117L
2/15/17	Valentine's Day	SR217L
3/15/17	Spring Time	SR317L
4/19/17	Birthday Party	SR417L

PICKLEBALL

This is a drop-in event and people take turns playing. Players must register in advance. Paddles and balls are available at the recreation office to borrow, or you can bring your own.

LOCATION:	Victor Parks and Recreation, 7891 Lehigh Crossing	
AGES:	55 years and older	
FEE:	\$35/\$40 non-residents	
DAYS/TIME:	Tuesdays, 11:00 AM – 1:00 PM	
DATES		PROGRAM#
1/10 – 2/28/17		SR117PB
3/7 – 4/25/17		SR317PB

NEW!

ACTIVE OLDER ADULT EXERCISE

Low Impact exercise, a cardio workout with a focus on balance and strength. Exercise will consist of some dance, cardio, yoga elements and stretching. Come join in the fun and get healthy!

LOCATION:	Victor Parks and Recreation, 7891 Lehigh Crossing	
AGES:	Adults ages 55 and over	
INSTRUCTOR:	Kathy Eychner, ACE Certified Instructor	
FEE:	\$30/\$40 non-residents (6 weeks)	
DAY/TIME:	Mondays, 8:45 – 9:45 AM	
SESSION:	DATES:	PROGRAM #:
Session 1	1/23 – 3/6/17 (no 2/20)	KE117A0
Session 2	3/13 – 4/24/17 (no 4/17)	KE317A0

“EARLY BIRD DINNER CLUB”

Join us as we visit local restaurants for their early bird dinners throughout the area. Dinner prices are usually higher than our normal lunch outings.

LOCATION:	Depart Victor Parks and Recreation, 7891 Lehigh Crossing	
AGES:	55 years and older	
FEE:	\$6/\$8 non-residents plus your individual dinner cost.	
DAY/TIME:	Tuesdays, 4:30 PM – 7:00 PM	
DATE:	LOCATION:	PROGRAM #:
1/31/17	Michael's Valley Grill, Penfield	SR117EB
2/28/17	Depot 25, Shortsville	SR 217EB
3/28/17	Mr. Dominic's, Fairport	SR317EB
4/25/17	Wegman's Next Door Grill	SR417EB

SHOPPING LEO'S DELI & LUNCH AT CHARLIE BROWNS

Join us for a trip to Leo's Deli where you can buy their famous pastries and cookies. After shopping we will stop at Charlie Browns for lunch.

LOCATION:	Depart Victor Parks and Recreation, 7891 Lehigh Crossing	
AGES:	55 years and older	
FEE:	\$6/\$8 non-residents plus your individual lunch cost.	
DAY/DATE:	Thursday, 2/2/17	
TIME:	11:00 AM – 1:30 PM	
PROGRAM #:	SR217LD	

NEW!

TOUR OF THE ARTIZANNS ART GALLERY IN NAPLES

The Artizanns Gallery features over 200 Finger Lakes Artists that present everything from pottery, hand-blown glass, wood works, paintings, jewelry, all natural candles and soaps, and much more. We will stop at Bob and Ruth's Restaurant for lunch before visiting the Gallery.

LOCATION:	Depart Victor Parks and Recreation, 7891 Lehigh Crossing	
AGES:	55 years and older	
FEE:	\$6/\$8 non-residents plus your individual lunch cost.	
DAYS/DATES:	Thursday, 3/2/17	
TIME:	11:00 AM – 4:00 PM	
PROGRAM #:	SR317AA	



Share your photos!

Victor Parks and Recreation is looking for some great photos of you and your family taken while participating in our programs or events! Just e-mail them to parksandrec@town-

victor-ny-us. Please identify the program and the participants. By e-mailing your photos, you consent to Victor Parks and Recreation Department the right to use your photo as it deems appropriate.



PARKS INFORMATION



NEW! PICNIC PLAY PACKS AVAILABLE

Let the **Department of Parks and Recreation** help you organize the field games for your next family gathering or party in the park! Our convenient Picnic Play Packs include a **variety of balls and sporting goods equipment, a bocce set and a set of horseshoes**. These are available for rental at the Parks and Recreation Department main office for \$15.00 Call (585) (585) 742-0140 for availability.



Auburn Trail

The Town received Transportation Enhancement Program (TEP) grants totaling \$2.3 million dollars for the design and construction of this multi-use trail. Construction will continue through 2014. In 2014 we will design and install interpretive and way-finding signage, plazas and benches along the newly established trail. The recently completed bridge over Irondequoit Creek now provides trail connectivity from Fishers Road to Railroad Mills Road.



Boughton Park • Stirnie Road & Boughton Road

Located in the Town of East Bloomfield, Boughton Park is owned by Victor, East Bloomfield, and West Bloomfield. Run by an independent Board of Directors with representation from all three towns, the park covers 330 acres with 56 acres of ponds. Permits for the park can be obtained at Victor Town Clerks office, 85 East Main Street. Please bring proof of residency (NYS ID and car registration). The permits are free to Victor Residents.



Dryer Road Park • 7405 Dryer Road

This 132-acre park is the site of athletic fields and a box sports rink. There is a multiage playground for children, year-round restrooms facilities, and a picnic shelter, which is available for casual use or reservation. There are 15 miles of multi-use trails for a variety of skill levels and abilities. Please sign in at the trailhead kiosk and pick up a trail map prior to setting out to explore the trails. The park links Victor's Native American past with our future with pathways to Ganondagan State Historic Site. Trail maps can also be downloaded at www.mygroc.com and www.VictorNY.org.

PARKS INFORMATION



Fishers Park • 7929 Main Street, Fishers

Located in the hamlet of Fishers, this 93 acre park is a diversity of passive and active recreation opportunities. Visitors can see a multitude of wildlife from deer, squirrels, and other woodland creatures to waterfowl and trout that spawn in the spring. Two tennis courts are available for the tennis players in your family. The extensive trail system is a great place to hike. Trails meander through the park across wooded ridges, through wetland areas, and along the banks of Irondequoit Creek. New acreage off Old Dutch Road provides you with many new trails with beautiful vistas. The extensive trail system is a great place to hike, snowshoe or cross-country ski.

Lehigh Crossing Park • 7350 State Route 251

Lehigh Crossing Park is located off of Victor-Mendon Road (State Route 251) near Cork Road and Route 96. This 54 acre park plays host to several miles of multi-use trails, vehicle parking area and gazebo. With woods, wetlands and ponds located within this passive park, numerous birds, waterfowl and critters find this park an exceptional place to call home. Bring binoculars!



Lehigh Valley Trail

This newly improved trail has a stonedust surface, which is suitable for hiking, running, biking, snowshoeing and cross country skiing. The Town's portion of the former Lehigh Valley Railroad corridor is approximately two miles in length and travels from the Auburn Trail Connection at Phillips Road to the Victor-Mendon town line. There are convenient parking areas located at road crossings. The Town and Victor Hiking Trails completed construction of a pedestrian and a bicycle bridge on the former Lehigh Valley Railroad trestle at Phillips Road in November 2007 enables trail users to enter the rear of Lehigh Crossing Park and enjoy its many recreational opportunities.

MaryFrances Bluebird Haven • 235 County Route 9

Located on Victor -Egypt Road (County Road 9), across from the Valentown Road intersection, this living classroom has an emphasis on preservation and restoration of New York State's official bird, the Bluebird. A one mile trail looped trail traverses the property through open fields and woods. This trail enables park visitors to see bluebirds in their natural habitat. The renovated Butler Cottage is available for family gatherings, parties or business meetings. Included is a newly constructed handicapped accessible fishing dock. For reservations, please contact the Department of Parks and Recreation at (585) (585) 742-0140.

Victor Municipal Park

6680 Paparone Drive, off of Brace Road

Victor's newest park features a multi-age playground, enclosed lodge, picnic shelter, outdoor fitness stations, sand volleyball court, bocce ball court, horseshoe pits, stocked fishing pond and trails. The park bandshell and amphitheater host many special events including our summer concert series. For lodge and shelter rentals please contact the Department of Parks and Recreation at (585) (585) 742-0140.



REGISTRATION PROCEDURE

How to Register

Resident Registration Begins: Monday, November 28, 2016

Non-resident Registration Begins: Monday, December 5, 2016

Programs beginning in September 2016 are open to everyone for registration now.

FOR REGISTRATION FORM SEE PAGE 38

Bring completed forms in person with cash, check, Visa, MasterCard, Discover Card or American Express Card during regular business hours. Monday thru' Thursday 8:30 AM – 7:30 PM & Friday until 4:30 PM at 7891 Lehigh Crossing, Victor NY 14564

Fax a completed registration form (with payment information) to:
(585) (585) 742-0142

Scan a completed registration form (with payment information) and email the scan to: parksandrec@town-victor-ny.us

REGISTER EARLY! If a class does not meet its minimum requirements 1 week prior to start date, we will cancel the class

REGISTER ON-LINE AT: www.victorny.org, click on the Parks & Rec tab and then choose Register Online. On-line registration closes out 1 week prior to start date of the program.

IMPORTANT REGISTRATION TIPS:

- Registrations forms may be photocopied.
- Be sure to fill out all information on your form.
- Assume you are enrolled unless you are notified by phone.
- Please sign the waiver on registration form.
- We recommend consulting with your physician prior to signing up for a program requiring physical exertion.



Ontario ARC is proud to partner with the

Town of Victor Parks and Recreation Department

to provide unique and inclusive recreational opportunities for people with intellectual and developmental disabilities in our community!

- Autism Services
- Day Services
- Employment Services
- Pet Connections
- Recreation Programs
- Residential Options
- Service Coordination
- Transition Services



3071 County Complex Drive • (585) 394-7500
Canandaigua, NY • 14424 • www.ontarioarc.org

PARTICIPANT CODE OF CONDUCT:

- We will always strive to provide a place where fun things happen.
- Should our friends not be able to have fun with others, we will discuss other leisure opportunities.

PROGRAM

FEES: Cash, Checks, Money Orders, Visa, MasterCard and Discover or American Express Cards are accepted. There is a 2.65% fee or \$3.00 minimum charge for debit/credit cards.

RETURN POLICY:

There will be a \$20.00 fee for any returned check.

CANCELLATIONS AND REFUND POLICY:

- If a class is cancelled by our department a refund of the program cost will be provided
- You need to withdraw from a program at least 5 business days prior to the start of the program. A refund will be issued for the amount minus a \$5 processing fee.
- **No** refunds will be issued once a program has started.

TRANSFER POLICY

Requests to transfer from one program to another must be made prior to class start date.

INCLEMENT WEATHER & PROGRAM STATUS INFORMATION

We strive to operate our programs regardless of weather – cancelling is our last resort. However:

- While most activities will be held despite the weather, schedules may change.
- Should lightning be a potential threat, outdoor activities may be moved indoors or cancelled, the Department of Parks and Recreation activities operated at Victor Central School District facilities will be cancelled if school facilities are closed.
- **When in doubt about program status, call the Department of Parks and Recreation at (585) (585) 742-0140.** Program supervisors, directors or instructors will provide information about possible make-up dates for cancelled sessions.



WINTER 2017 REGISTRATION FORM

Registration

PLEASE PRINT CLEARLY

Participant Name	Grade 2016-2017	Birth Date	Sex	Program #	Program Name	Program Dates/ Times	Amount

HOUSEHOLD INFORMATION

Last Name: _____ First Name: _____

Address: _____ City/Town: _____ Zip: _____

Primary Phone (name): _____ Alternate Phone (name): _____

E-Mail(s): _____

Emergency Contact (relationship): _____ Emergency #: _____

Special Medical Needs? Yes No If yes, please describe: _____

Additional Program Information: _____

The Town of Victor Parks & Recreation takes pictures in classes for use in future publications and on the internet. Please contact us if you do not wish to have your child's photo included in these materials.

WAIVER FOR PARTICIPATION

I HEREBY UNCONDITIONALLY RELEASE THE Town of Victor Parks and Recreation Department from any and all responsibility or liability for any injuries which may be sustained by me or my minor child(ren) in relation to participation in any of the Victor Parks and Recreation programs or activities with the Parks and Recreation Department. I acknowledge that neither I nor my child(ren) suffer from any physical impairments and have no limitations upon engaging in activities with the Parks and Recreation Department. I unconditionally release the Town of Victor and its agents or employees from any and all liability for injuries and understand and acknowledge that the Town of Victor Parks and Recreation Department carries no liability or accident insurance. In the event that my child(ren) is injured, I authorize the party or person in charge of my child(ren)'s activities to seek medical care. I acknowledge and understand that I will be solely responsible to pay the cost of such care. And I further release and hold harmless the Town of Victor and its Parks and Recreation Department for any medical arrangements or care provided me or my minor child(ren).

SIGNATURE REQUIRED: _____ **DATE:** _____
SIGNATURE OF PARTICIPANT, PARENT OR GUARDIAN

PROGRAM FEES: payable to "Town of Victor" Please note additional fee for debit/credit card use below.

Method of Payment: Cash: _____ Check # : _____ Visa: Mastercard: Discover: AMEX: Total Amount: _____

Credit Card # : _____ Expiration Date: _____ Amount: _____

Card Holder Name: _____ Signature: _____

By signing above I agree to pay the Town of Victor for the amount above and understand that a Third Party convenience fee will apply to my transaction in order for the Town to accept payment via credit card. I agree that such convenience fee shall be billed to my credit card by Nationwide Payment Solutions (NPS) as a separate transaction and equal to 2.65% (\$3.00 minimum) of the total amount being paid.

Registration forms can be **faxed to** (585) (585) 742-0142, **emailed to** parksandrec@town-victor-ny.us, **mailed to** the Town of Victor Department of Parks and Recreation, 7891 Lehigh Crossing, Victor, NY 14564 or you can register on-line at www.victoryny.org.

Please call (585) (585) 742-0140 for more information or visit us at: www.victoryny.org then choose the Parks & Rec tab.

38 • WINTER 2017 (585) 742-0140 ■ Fax: (585) 742-0142 www.victoryny.org

PARKS & RECREATION

MISSION STATEMENT

The Town of Victor Parks and Recreation Department is dedicated to offering residents a balanced system of parklands, preservation of open space, and broad-based leisure opportunities that will foster growth of healthy lifestyles.

SERVING YOUR LEISURE NEEDS

Brian Emelson, C.P.R.E.

Director of Parks and Recreation
(Certified Parks and Recreational Executive)
bemelson@town-victor-ny.us

Michael Stockman, C.P.R.P.

Assistant Director of Parks and Recreation
(Certified Parks & Recreation Professional)
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Jeff Rader

Parks Maintenance Assistant
jrader@town-victor-ny.us

Tim Hadden

Motor Equipment Operator

Keith Maynard

Motor Equipment Operator

Steve Hendrickson, C.P.R.P.

Recreation Supervisor
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Christine Winter, B.S., M.P.A.

Recreation Supervisor
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Felicia Skibinski, B.S., M.S.

Account Clerk/Typist
fskibinski@town-victor-ny.us

Sharon Kaisen, B.S., M.S.

Typist
skaisen@town-victor-ny.us

AMERICANS WITH DISABILITIES ACT COMPLIANCE

The Town of Victor Parks & Recreation Department offers programs for all residents regardless of differing abilities. If you have a question or a concern about program accommodations, call us at (585) 742-0140.

Youth Programs funded in part by a reimbursement from the New York State Office of Children and Families served through the Ontario County Bureau.

COMMUNITY SPORTS ORGANIZATIONS

Victor Parks and Recreation does not operate the following programs. However, we know parents are interested in the following names and numbers.

Victor Community Baseball & Softball

President, Victor Little League: Erik Morrell
www.victorbaseball.com or www.victorsoftball.com

Victor Little League – Challenger Baseball

Victor Little League (VLL) is proud to offer Challenger Baseball. Challenger Baseball enables boys and girls with physical and mental challenges to enjoy the game of baseball.

Ray Sullivan (585) 507-7193

Registration is available at the VLL website at www.victorbaseball.com

Victor Soccer Club

President: Scott Frutchey, Dir. Of Rec. Programs: Mark Pagano
www.victorsoccerclub.org

Victor Junior Blue Devils (Football & Cheerleading)

President: David Gleason
www.VictorJrBlueDevils.com

Victor Swim Club

VSC Program Director/Head Coach: Michael Murray
www.VictorSwimClub.org

Victor Blue Devils Youth Lacrosse

Youth Director: Andy Cooney
acooney@rochester.rr.com 585-507-5828
www.victorlax.com

Victor Girls Youth Lacrosse

Angelo Finocchiaro
www.leaguelineup.com/vgylax

PARKS & RECREATION CITIZENS' ADVISORY COMMITTEE

Gregory Richards, <i>Chairperson</i>	Cyndy Rochford
Larry Fisher, <i>Vice Chairperson</i>	Gary Hadden, <i>Village Board Liaison</i>
Christine Palmiere	David Tantillo, <i>Town Board Liaison</i>
Bonnie Rhodes	George Heltz, <i>Student Representative</i>
Lisa Roberts	

RESERVATION POLICY

All reservations made on a **Town of Victor Holiday** are **FULL DAY ONLY**. From **Memorial Day weekend through Labor Day (5/27 – 9/4/17)**, Saturday and Sunday reservations are **FULL DAY ONLY**.

FACILITY RENTALS

Are you looking for a place to hold a party or business meeting? All reservations must be made in person at the Parks and Recreation Office at 7891 Lehigh Crossing, Victor, NY 14564. Please contact us with any questions (585) 742-0140.

LOCATION	CAPACITY	FEE: RESIDENT	FEE: NON-RESIDENT
"Butler Cottage" at MaryFrances Bluebird Haven	45	\$60 Half Day / \$120 Full Day	\$70 Half Day / \$140 Full Day
"The Lodge" at Victor Municipal Park	100	\$90 Half Day / \$170 Full Day	\$115 Half Day / \$220 Full Day
Victor Municipal Park Rotary Pavilion	50	\$40 Full Day Only	\$50 Full Day Only
Dryer Road Park Pavilion	50	\$40 Full Day Only	\$50 Full Day Only

PARKS & RECREATION OFFICE	CAPACITY	FEE: VICTOR RESIDENT	FEE: NON-RESIDENT
Gymnasium (FULL)	400	\$55 per hour	\$65 per hour
Gymnasium (HALF)	200	\$30 per hour	\$40 per hour
Multipurpose Room (FULL)	60	\$35 per hour	\$45 per hour
Multipurpose Room (HALF)	30	\$20 per hour	\$30 per hour

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