

Most of us are worried about the new coronavirus.
**DON'T IGNORE HEART SYMPTOMS,
ESPECIALLY IF YOU HAVE A HEART CONDITION.**



GETTING CARE IS CRITICAL



You'll get better faster.
You'll limit damage to your health.

HEART ATTACK

- Chest pain
- Difficulty breathing
- Discomfort in chest, arms, back, neck, shoulder or jaw

STROKE

- Numbness, weakness or loss of movement in your face, leg or arm, especially on one side
- Confusion, trouble speaking or understanding
- Loss of balance

CALL 911

If you think you are having
a **HEART ATTACK** or **STROKE**.

Heart attacks and strokes don't stop
during a pandemic.

**Hospitals have safety measures
to protect you from infection.**

CALL YOUR DOCTOR if you have a heart condition
and have questions or think you need a health visit.
DON'T DELAY routine care. You may be able to get advice
over the telephone or use telehealth for a virtual visit.



For more information about the new coronavirus for people with heart conditions,
visit [CardioSmart.org/Coronavirus](https://www.cardiosmart.org/Coronavirus)

 @CardioSmart